

INSIDE

Annual grant activity.....	2
RIC wins awards.....	3
EOC enhances Skills Center.....	3
CPA donates books.....	6
Do you have a problem.....	7
Holiday extravaganza.....	8

For RIC's Peter Allen next semester it's:

Bon Voyage!

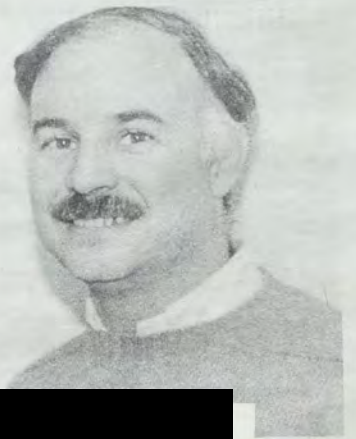
by George LaTour

While most of us will have to put up with the after-holiday doldrums which aren't helped any by winter's icy winds, snow, slush and often the resultant seasonal sniffles, one Rhode Island College employee will be putting up his feet on the deck railing of an 18,000-ton air conditioned ocean liner as it sets sail on a 102-day world cruise.

Dr. Peter S. Allen of Providence, a professor of anthropology/geography, assures, however, that it won't be a vacation for him. He'll actually be working, he says (none too convincingly).

You see, he has been invited to participate in the Semester at Sea program of the University of Pittsburgh's Institute for Shipboard Education. His ship will come in and then depart Feb. 12 from Port Everglades, Florida

(continued on page 6)



What's

NEWS

@ Rhode Island College

Vol. 5, No. 15 December 10, 1984

Alcohol can do it:

Getting 'wasted' may waste a life

By Laurence J. Sasso, Jr.

College and alcohol. Do they go together like aging athletes and beer commercials?

Time was popular culture seemed to convey the idea that they do. Today, a different perspective, or at the very least a heightened awareness, seems to be emerging.

According to a 1983 survey of more than 5000 college students at 93 institutions across the country 82 percent of those questioned said that they used alcohol. Twenty-one percent of the respondents said that they considered themselves heavy drinkers. The term heavy drinker was defined as someone who consumes six or more drinks at one sitting.

Colleges are recognizing the significance of such statistics and increasingly are taking measures to inform students of the

dangers associated with excessive drinking and what options they have should they feel drinking has become a problem for them.

Marietta College, for example, set up a model program five years ago in an attempt to deal effectively with problem drinkers. Funded through a student health grant from the Metropolitan Life Foundation, the program includes the services of a certified alcohol counselor and the training of residence hall staff members in the detection of alcohol abuse.

Determining just who is a problem drinker or an alcohol abuser requires some sophistication, however.

There are numerous definitions of the term alcoholic. Universal agreement is not possible to arrive at. However, the definition advanced by the World Health Organization has the virtue of brevity and clearness. It says: "an alcoholic is anyone whose drinking seriously interferes with his or her work, family, social activities or health."

The impact of alcoholism on the drinker and on those who are close to him or her is not only vast, it is also subtle. Patterns of behavior can develop in which family and friends of the alcoholic become enmeshed in a web of deceptions and denials designed to "protect" the alcoholic from detection.

Rather than containing the problem, these patterns snare the well-meaning intimates of the drinker and draw them into the world of hangovers, excuses, missed appointments, guilt trips, depression and all of the various permutations and combinations of woe which can afflict the alcoholic.

Darla (not her real name) is 25. Her experience and that of Edwin (also not his real name) reflect the type of disruption and pain the disease of alcoholism can cause.

Darla is what alcohol counselors have termed an "adult child." She is suffering the effects as an adult of being raised as the child of an alcohol troubled parent (or parents).

"I didn't really know at the time that I was growing up in an alcoholic family," she points out. "There was a lot of craziness but not evident drinking."

(continued on page 7)



OH HAPPY DAY: Donna Fournier is congratulated by Dean David Greene (left) and Acting President John Nazarian as she is about to receive her certificate of completion of the RIC General Education Honors Program.

RIC Honors Program awards certificates

Some 16 Rhode Island College General Education Honor students—most of them juniors—were presented certificates of completion of the honors program in ceremonies at the president's house Nov. 30.

The parents of many of the students as well as college faculty and administrators

attended the reception and presentations which marked a first for the college.

The students are the first to complete the General Education Honors program of eight specially-selected courses instituted three years ago when they were freshmen.

"What we hope will happen," says Dr.

(continued on page 6)

Stress assistance available

Two Rhode Island College nursing students, Elizabeth Birney and Pamela Demenezes, will offer a stress management workshop on Tuesday, Dec. 11, at 8 p.m. in the upper lounge of Browne Hall dormitory.

As part of a senior health promotion project for one of their nursing classes, seniors Birney and Demenezes will provide students with methods of managing the stress that often accompanies those last few weeks near final exams.

Birney, a two-year resident assistant at Browne Hall, said she has "noticed a change in behavior around this time."

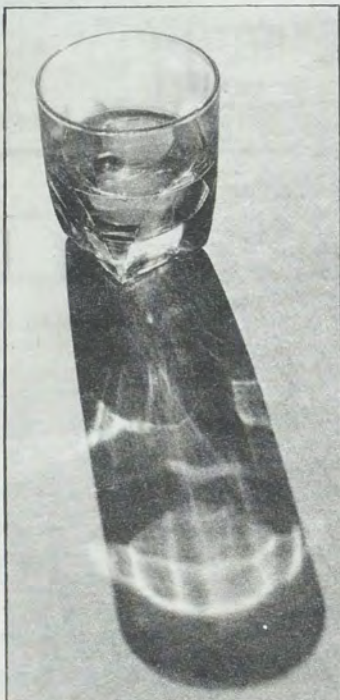
According to Birney, students become irritable, short-tempered and the added stress often leads to something short of hostili-

ty. Stress management is a theoretical method of channeling those energies to do productive work while minimizing the anxiety that abounds.

The workshop is open to the public and free of charge. Refreshments will be served.

S. Claus is coming

Rhode Island College's radio station, WXIN, is bringing Santa Claus to the Annual Holiday Fair and Craft Sale in the Student Union Building on Wednesday, Dec. 12, and Thursday, Dec. 13 from 9 a.m. to 4 p.m. to entertain the young and the young at heart.



(What's News Photo by Gordon E. Rowley)

HBS kids learn at special centers

Jimmy Farrell (below), a second grader in the class of Joyce Jarvis at Rhode Island College's Henry Barnard School (HBS), learns about space travel while sitting in the "Out of This World" learning center at HBS.

Designed and constructed by RIC senior Nancy DePalma (right in photo), the center is used to introduce various concepts to children through the medium of space exploration.

Different areas of instruction are tied to the subject and integrated into the learning experience. The learning center focuses the children on the topic and allows the teacher to expose the pupils to many areas of learning.

Similar center utilizing idea of submarine (right) is tried out by second grader Elizabeth Potter. Submarine was designed and built by RIC student teacher Karen Hague (left in photo) and Gloria Simoneau (not shown).



Robert Browning dies at 77

Ninety-five years ago, on Dec. 12 Robert Browning died in Venice. On the same day his work *Asolando* was published in England. Owing to the fact that the small cemetery where his wife was buried 28 years before had been closed to further burials, he was interred in Westminster Abbey.



What's News @ Rhode Island College

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Focus on the Faculty and Staff

SEVEN MEMBERS of the Rhode Island College Mathematics/Computer Science Department gave invited talks at the annual meeting of the Association of Teachers of Mathematics in New England on Nov. 30-Dec. 1 in Providence.

The faculty and their presentations are: Dr. Henry P. Guillotte, "Enrichment Rather than Acceleration"; Dr. Ann E. Moskol, "Operations Research"; Dr. Patrick J. O'Reagan, "On 'Understanding' a Problem"; Dr. Mariano Rodrigues, "The Golden Mean"; Helen E. Salzberg, "Can There Be Fair Elections"; Barry Schiller, "What is 'Liberal Arts' Mathematics"; Dr. James T. Sedlock, "Algorithms in the Classroom."

In addition, Guillotte and Dr. Arthur F. Smith headed meeting committees.

Of note...

GERALD L. SUGGS, acting admissions minority recruiter, and his wife, Alison, are the parents of a daughter, Tracie, born Dec. 1. The baby weighed in at 8 lbs., 5 ozs.



RIDGWAY F. SHINN JR., professor of history and distinguished service professor at RIC, has been elected president of the New England Historical Association for 1985-86. Shinn, who will assume duties after NEHA spring meeting in April, was an original organizer of the association.

For faculty, staff in 1984:

Bureau lists grant activity

by R.N. Keogh, Director
Bureau of Grants/Sponsored Projects

We all-too-often take for granted the good works and scholarly activity of our faculty members who take the time to pursue acquisition of additional funds for their scholarly pursuits.

In addition, some members of the college community are under the erroneous impression that extremely few grant proposals are being funded or that funds just aren't available to support sponsored projects.

Perhaps the following list of proposals submitted by faculty and staff between Jan. 1 and Dec. 1 will help dispel this notion, and, simultaneously, acknowledge the fine work of these individuals.*

The project directors and the grants for which they have applied are: Anthony, E., Sloan Fellowship, agency: Sloan Foundation; Antosh, A., Preparation of Professional Personnel (funded), agency: USDE; and Applied Research Project, agency: New Hampshire Development District.

Botelho, J., Bilingual Education Training (funded), agency: USDE; Bromley, M., S.E. Asian Graduate Fellowship, agency: USDE; Brisson, H., Innovation: Clay and Glass (funded), agency: RISCA.

Budner, L., Homegrown Photoplays (funded), agency: RICH; and Silent Film (funded) agency: RISCA; Carey, R., SAP 1984-85 (funded), agency: RIDE; Conforti, D., Improvement in Math Education (funded), agency: RIDE.

Crocker, W., Applied Genetics Supplemental (funded), agency: NERGG; and Clinical Genetics Awareness, agency: NERGG; Custer, J., Elisa Monte and Dancers (funded), agency: RISCA; and Thompson Dance Company (funded), agency: RISCA.

DiMeo, J., Building specific In-Service Training (funded), agency: RIDE; Enteman, W., Value Added Project (funded), agency: FIPSE (UCLA); Glasheen, P., and Turley, J., Revitalization of Teacher Education, agency: USDE.

Gonzalez, R., Rhode Island Educational Opportunity Center (funded), agency: USDE; and MAP/Urban Educational Center, agency: AAC; Hayes, K., Adult Literacy Project (funded), agency: RIDE; Project Communicate (funded), agency: R.I. Department of Community Affairs; Project VITAL, agency: Old Stone Bank; and Project GROW, agency: JTPA.

Hoffman, T., Village and Its Family (funded), agency: RICH; Hazards: Production, agency: RICH; and Hazards: Script, agency: RICH; Hutchinson, W., and Picozzi, R., R.I. Young Playwrights (funded), agency: RISCA; Kochanek, T., Investigation-Perinatal (funded), agency: March of Dimes; Birth-to-Five (funded), agency: RIDE; and Applied Research Project, agency: New Hampshire Development District.

Lisbon, V., Special services (funded), agency: USDE; Upward Bound (funded), agency: USDE; and Project "A" Plus, agency: Office of Refugee Resettlement.

Livneh, H., Rehabilitative Counseling (funded), agency: RSA/ED; Marciniak, F., American Band Record; Matsumoto, L., Replication of Bovine Satellite DNA (funded), agency: NIH; Metrey, G., Child Welfare Traineeships (funded), agency: HHS; Case Plan Review, agency: HHS; and Career Preparation in Aging Traineeship, agency: OHDS.

McCrystal, J., Educators in Education, agency: G.E. Foundation; Moffitt, C., Project Vica, agency: RIDE; Morenon, P., Archaeological Investigation of Rt. 4 (funded), agency: RIDOT; Mueller, S., Case Plan Review, agency: OHDS.

Murray, K., Black After Brown, agency: RICH; Olsen, L., Child Welfare Traineeship Project, agency: OHDS; and Case Plan Review, agency: OHDS; Olsen, R., State Library Grant (funded), R.I. Department of State Library Services and College Library Resources, agency: USDE.

O'Regan, P., Projects with Industry 1984-85, agency: RIDSR; Paquette, E., Co-op Education Supplemental 1984-85 (funded), agency: USDE; Profughi, V., Taft Institute Summer Seminar, agency: Taft Institute.

Rallis, S., Humane Education Resources Handbook (funded), agency: R.I. Foundation; and Math/Science Preparation Study (funded), agency: RIDE; Rickabaugh, C., U.S. Constitution, agency: NEH; Sykes, L., Our Voices, Our Words, Our Vision, agency: RICH; Thomas, D., Digital History Project, agency: Digital Corporation; Zajano, N., SAP 1983-84 (summer) (funded), agency: RIDE; and Special Education Self Study, agency: RIDE.

*This list does not include contracts, many of which are initiated by CERRIC.

Happy Holidays!



The Second Front Page

What's News @ Rhode Island College



CITATION: Mary Olenn (right) holds the citation from the American Cancer Society for her Collegiate Colorectal Education Program. Sandra Coyle (left), R.N. from Central Falls, worked with Olenn on the project last year along with Theresa Perry, R.N. of West Greenwich.

Win national cancer award

The American Cancer Society has presented its highest education award—their National Honor Citation—to Rhode Island College and its office of health promotion for its Collegiate Colorectal Education Program.

The pilot program—initiated at RIC in 1983—promotes colorectal cancer education and detection. It has since been adopted by at least five other campuses in the state.

"This is the second award to the college and Mary Olenn, health education consultant in the office of health promotion, and Sandra Coyle, R.N. of Central Falls and Theresa Perry, R.N. of West Greenwich, who work with Olenn as senior nursing students to implement the program.

On Oct. 30 the National Association of Student Personnel Administrators, Region 1, presented its Program of the Year Award.

Olenn, Coyle and Perry spent about three months on the initial project. The nursing students operated a health-watch table on campus and offered free of charge packets comprised of information pertaining to the warning signs of colorectal cancer, a proper diet to follow before and after screening, a stool-blood test kit with instructions, and resource material from the Cancer Society.

Those persons on campus who participated in the self-screening returned the kits to health services which, in turn,

notified them of the results.

Olenn says four positive results were found from the 29 tests returned. "We found one person with a very early stage of cancer. This person was subsequently treated. The prognosis was that his cancer was 95 percent curable. Now he is well," she reports.

Another person had a condition diagnosed as pre-cancerous and a couple of others had non-cancerous problems detected, says Olenn.

She says in 1984, some 900 people in Rhode Island will be diagnosed as having colorectal cancer which is the second most frequent form of lethal cancer in the United States. Lung cancer is the first.

"It is estimated that this year in Rhode Island 400 people will die from colorectal cancer," says Olenn.

"Through our program of cancer education and early detection we hope to decrease the death rate, says Olenn.

She points out that the "at-risk" age is 40 and over and "dramatically so for those over age 50." Some 93 percent of the cancer strikes those over 50 and it strikes men and women equally, says the health education consultant.

The question arises: if the age group most affected is 40 and over, why conduct the education/detection project on a college campus?

Olenn points out that the college population is changing with more older students

EOC enhances skills center

Educational Opportunity Center, a program of the Urban Educational Center of Rhode Island College, is in the process of beefing up its skills center operation from basically a reading and writing assistance center to one offering assistance and enhancement of reading, writing, mathematics, study skills and English as a second language.

In addition, it now offers pre-tutoring and general academic appraisals through diagnostic testing to any Rhode Islander who intends to pursue post-secondary education.

The target population for the program is disadvantaged adults. The UEC itself offers community-based adult and continuing education programs for minority and low income persons to help them prepare for higher education or a vocational career.

The EOC's skills center service (appraisals and tutoring) is free and offers those in post-secondary schools or those intending to pursue post-secondary education a chance to remedy academic problems and get an edge on career preparation that otherwise would be unavailable.

Students have been registering during November, coming on referral from UEC instructors and EOC counselors mostly.

From here on, student referrals will be taken from agencies, from instructors from any post-secondary schools in the state, including those from RIC, as well as from advertising which the EOC plans to conduct.

Funding for the skills center program comes from the initial \$1 million three-year federal grant awarded to the EOC almost three years ago. This is the last year in the three-year funding cycle, but additional funding is expected, according to Roberto Gonzalez, EOC director.

Tony Affigne, a graduate of Brown University with a degree in sociology-of-education and formerly a high school equivalency instructor for the EOC, heads the skills center. He began this new post on Oct. 29.

The center will be fully operational next semester. Currently, it operates four days a week, but has been flexible to accommodate students' needs.

When "fully operational" next semester, the skills center will also offer computer-assisted guidance information for students covering such areas as job placement, financial aid and college selection, says Affigne.

The computers, partially set up now, will also be used in the tutoring process, he says.

Each year the EOC serves about 3,500 students statewide of which some 800 are placed in post-secondary schools. About 150 students are served by the skills center on a yearly basis, reports Gonzalez, adding, "very succinctly, the change now (in the skills center) is that more things are happening in one room."

Up until this fall, the skills center was assigned to a handful of UEC courses such as the writing lab, for a total of about six hours a week.

Now, there will be more programs, more students and more hours of service offered, says Gonzalez.

Students coming to the skills center will "go through an assessment of skills, and if they need help, they'll be given it." They may stay in the skills center program for as long as they need, but "goals will be set for them," says Affigne.

For further information or to sign up for the skills center, call 456-8185.

SECCC incentives announced

The following are the gifts that will be prizes for the incentive drawing for the State Employees' Combined Charitable Campaign:

- Two tickets to the Parallel Fifth group.
- Two tickets to the Vienna Boys Choir (Providence Performing Arts Center.)
- Two tickets to the RIC Dance Company.
- Two tickets to *Hello Dolly* at RIC.
- Two season tickets to RIC men's basketball.
- One set of crystal Pilsner Glasses (2/set).
- One authentic English Christmas pudding.
- Two tickets Chinese dumpling dinner—International House.
- One pair earrings by Steve Sasco.

Two passes Providence Preservation Society "Walk through Providence."

Two passes Providence Preservation Society "Walk through College Hill."

One mini-vacation at the Biltmore Plaza for two.

Brunch at the Marriott for 2.

Donors to the campaign will receive three tickets for their gift and two additional tickets if that gift is by payroll deduction. Donors may then place any or all of their tickets in the jar labeled with their choice of prize. Tickets are available from departmental representatives. The jars will be displayed in the College Faculty Center.

The drawings for the prizes will be held on Tuesday, Dec. 11, in the Faculty Center.

these days. Then there are the faculty and staff personnel also.

"RIC can serve as a role model and is one of the state's largest employers," she affirms.

Since graduating from RIC, Coyle has been employed as a nurse at the state Institute of Mental Health in Cranston and Perry at St. Joseph's Hospital in Providence.

Counselor Ed Dept:

Wins best program award

Rhode Island College Counselor Education Department program has been singled out as the best in a 10-state area by the North Atlantic Region Association for Counselor Education and Supervision.

Dr. Murray H. Finley, associate professor of counselor education and department chair, was awarded a plaque indicating the RIC program's overall leadership in counselor education at a regional conference in Harrisburg, Pa. in November.

This is the first time in four years that such recognition has been given to a college program in the North Atlantic region, says Finley.

As regional winners, the RIC program will automatically be in contention with the winners in the four other regions nationwide for national recognition which will be bestowed by the Association for Counselor Education and Supervision in April in New York City.

Counselor education at RIC is the professional training on the graduate level of

persons who plan to work with those who have mental, physical or emotional problems.

The RIC department has seven fulltime faculty members, all with appropriate terminal (doctorate) degrees and has the largest program in the 10-state area, says Finley.

All its programs are graduate level compared with those of some other colleges and universities which are combined with the undergraduate study of psychology or special education, reports Finley.

He says the RIC program is the only non-doctoral-granting program to have won this award.

All RIC's programs in counselor education are fully accredited but one, and this is because it does not have an accrediting body.

Finley says department members are gratified with this recognition as "we have worked extremely hard to maintain professional standards for each of the programs."



AWARD: John Salesses, dean of academic affairs (left) congratulates Murray Finley, chair of the counselor education department, for the department's winning the award for best program in the North Atlantic Region Association for Counselor Education and Supervision.

'Messiah' is sixth a

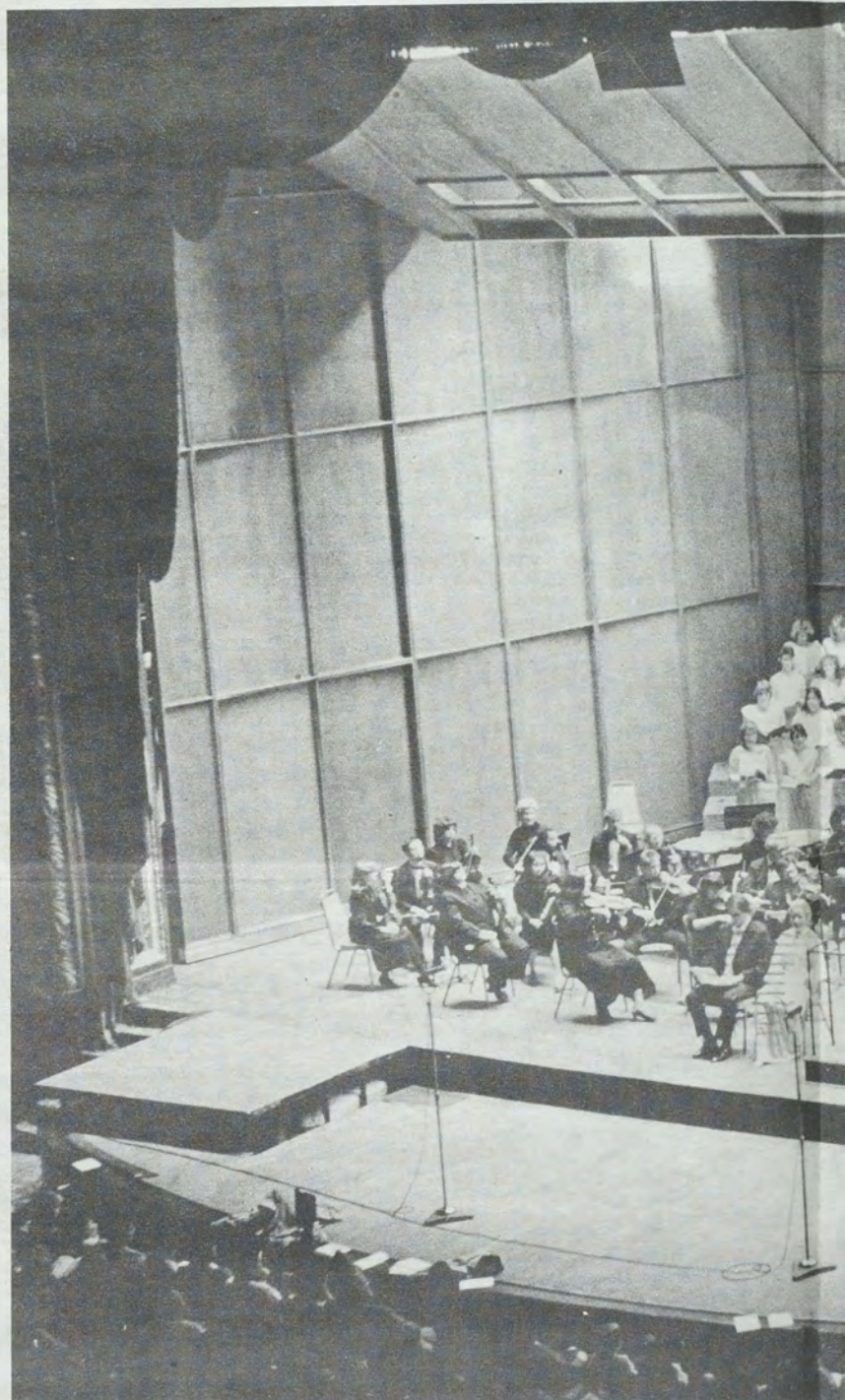


Dec. 3 witnessed Rhode Island College's sixth annual Holiday Gift to the Community, a performance of Handel's *Messiah* by the RIC Chorus and Symphony Orchestra at the Providence Center for the Performing Arts.

The concert (in progress center photo) was dedicated to the memory of Dr. David Emery Sweet, sixth president of the college.

Sweet introduced the concept of bringing "holiday gifts" to the Rhode Island public in appreciation for support of RIC and its programs.

Dr. Edward Markward (far right top photo) conducts the choral and orchestral groups in the performance. As in past years a reception followed the concert. This year festivities were at the Biltmore Plaza Hotel where John S. Foley (left in first photo to right) displays enthusiasm on meeting several guests at the event. Other celebrants at reception are Doris Norton (left in second photo to right) and Kathryn Sasso, director of conferences and special events at RIC. Sasso organized the fete. Soloists Karen Hunt, soprano, and Malcolm Arnold, baritone, (in bottom photo far right) enjoy opportunity to relax at the Biltmore reception after appearing in *The Messiah*.



What's News Photos by Gordon E. Rowley

annual holiday gift



Photos by Gordon F. Fowles

★ BON VOYAGE

(continued from page 1)

exotic lands as Spain, Greece, Turkey, Egypt, India, China, Japan and Korea, and ...all in the name of higher education.

Allen and his wife, Susan, who will accompany him, will be teaching anthropology and archaeology to a portion of the estimated 500 students from throughout the United States who will take the world cruise for college credit.

"The Semester at Sea is designed to be a special global semester in a student's undergraduate career," according to the institute in its expensive-looking 36-page four-color brochure.

Students will study at classes on board that meet daily "except for occasional study days and Sunday" for an entire semester, selecting from among 60 courses in such disciplines as anthropology, art history, business communications, history, theater arts, ethnic music and dance, and, as one might expect, oceanography and marine biology.

"In addition to live lectures and discussions, the institute maintains an extensive closed-circuit television system utilizing programs relevant to the itinerary," says the institute. Probably for use during rain squalls.

While students may very well be sweating over their books during classes conducted on the decks of the S.S. Universe as the white sea-going college glides on glistening seas under a warm Mediterranean sun, that will be only half the fun.

Approximately 50 percent of the semester is spent at sea. The rest of the time is spent in various port calls which usually range from three to seven days each in duration.

Students normally engage in a wide variety of activities, including participation in several in-country academic programs for each course taken. Normal course load is 12 to 15 semester hours of transferable credit from the University of Pittsburgh.

"These practica relate directly to the academic program aboard ship and are designed to provide students practical examples of the principles taught aboard



S.S. UNIVERSE at dock in the Orient.

ship. Individual professors recommend practica selections for each port and confer with students regarding their selection," says the institute.

These programs include visits to museums and universities and performances of traditional music, dance and theater. "Integrating these field experiences with regular academic classroom work provides the unique learning situation available only on a Semester at Sea," explains the institute.

"In addition, a number of optional programs are offered in each port. These programs which often take the student away from the port city to sites of historical or cultural interest (like the Taj Mahal or Jerusalem), are not included in the tuition, and must be paid for separately," assures an institute promotion packet.

While in port, the ship serves as a dormitory for the students and a number of activities are also offered. Music and folkloric groups often perform, and as a special treat, U.S. State Department briefings by U.S. ambassadors or high-ranking political officers from the local U.S. embassy or consulate are conducted.

Just how does one go about getting on the faculty of Semester at Sea?

"My name has been on their list for about 10 years," confesses Allen, who will take a leave of absence without pay from RIC for the spring semester to teach a Semester at Sea.

"They did call me a couple of years ago and wanted me to go with them on a cruise, but they only gave me two weeks' notice and I couldn't do it," he says, explaining that that was unusual and probably could be explained by someone's cancelling out at the last minute, thus leaving an opening. For this spring's cruise, they gave him ample time to plan and make arrangements.

The RIC professor says he has "travelled very extensively" in Europe and lived in Greece for a time, but this opportunity to travel practically around the world on a luxury liner...well, he's "really looking forward to it."

While he will have to pay about \$1,500 toward his wife's passage (she will be doing "some teaching"), the Institute for Shipboard Education will be paying him to take the trip as a full faculty member. Susan is an archaeologist who at one time worked for the National Geographic Society.

"Actually, I'll lose a few thousand dollars (the difference from what he would have made at RIC next semester and what the institute will pay). Tough, isn't it?" he says with a twinkle in his eye and a broad smile on his lips.

There could be one problem for him, however: "I'm prone to sea-sickness," he admits, but adds, "I'm hoping to get used to it."

Semester at Sea, originated 18 years ago, is primarily for undergraduate students, 15,000 of whom have participated through the years, but older adults—in limited number—may also take the cruise. The only requirement for students is that they be in good standing with an accredited institution and have completed at least one full college term.

Allen says he knows of no RIC students who have ever participated in the Semester at Sea program, although Provost Willard F. Enteman's niece, Nancy Knight of Madison, N.J. did so during her 1982-83 academic year as a junior at Wheaton College. Enteman confirms this and adds: "As a matter of fact, Nancy will soon be marrying a man she met on board during the cruise."

Anyone interested in applying for admission to Semester at Sea may contact Professor Allen who "will be glad to talk to them about it" or, they may write Semester at Sea, Institute for Shipboard Education, University of Pittsburgh, 2E Forbes Quadrangle, Pittsburgh, PA 15260 for further information.

And what is the cost, you ask?

The spring 1985 price runs from \$8,845 to \$9,575 with an extra charge for any side trips in foreign ports. The cost then could run as high as \$12,000 to \$14,000, says Allen.

Why, it's just the perfect Christmas gift, one sure to change the pallor in a RIC student's cheeks!

★ HONORS

(continued from page 1)

Spencer Hall, professor of English and director of the honors program, "is that they (now) go on to do honors work in their respective majors."

Hall points out, however, that not all departments "as yet" have an honors program. "This is an area we have to strengthen," he adds.

The director reports that the honors program has had a "very high retention rate" of about 75 percent since the program started. Those that left the program did so mostly because they moved to another state, he says.

About the retention of most of the students throughout the program, Hall says "we feel very good about that."

Currently, there are about 80 students in the honors program.

Hall says that in addition to getting the certificates of completion, an entry will be made on each of the student's transcripts that they have completed the honors program

Acting President John Nazarian and Dr.

David L. Greene, dean of the Faculty of Arts and Sciences, congratulated the students and their parents in brief remarks before the presentations which they made. The reception was hosted by President Nazarian and Professor Hall and his wife, Marguerite, an alumna of RIC.

Seven or eight of the honors students formed an "honors program choral group" for the evening and sang several selections.

Honors program graduates and their hometowns are: Kristel B. Bagian of Cranston; Leah M. Balassone of Johnston; Amanda J. Brown of Weekapaug, Lisa A. Duquette of Pascoag, and Eric Forte of Slatersville.

Also, Donna M. Fournier of Pawtucket, Debra J. Godin of Providence, Mark F. Mancini of Providence, Diane M. Messere of North Providence, Pamela L. Milligan of Smithfield, and Angela M. Moretti of Warwick.

Also, Lynn M. Oliver of North Providence, David P. Pollak of Providence; Catherine J. Simon of Pascoag, Patricia L. Testa of Johnston, and Mary-Jo Whitaker of East Providence.

Econ/business management dept:

Gets donation of 700 books

Includes 500 on accounting law

Rhode Island College's Department of Economics and Business Management has received a donation of nearly 500 volumes of accounting law books and about 200 reference books.

Donated by recently-retired Providence certified public accountant, Quinlan J. Shea of Barrington, the volumes have been collected by him over the course of a successful career spanning more than 40 years in the state of Rhode Island.

A 1933 graduate of Northeastern University, Shea received his CPA certificate in 1941.

Upon his retirement, Shea was faced with the dilemma of how to dispose of his immense library. He stressed that "I never intended to sell them," but that he "wanted to donate them to an educational institution or something like the Rhode Island Bar Foundation."

He ultimately chose to divide his collection among RIC, Providence College, a former client, and the bar foundation.

David DiPalma, assistant professor at RIC, aided in the final acquisition of the books.

"I have known him for six or seven years from area meetings; he's a beautiful guy," DiPalma said of Shea.

"If we had to buy all these, it would have come to about \$18-20,000," commented DiPalma of the donation.

This new reservoir of knowledge, "a lifetime of tax literature," will be stored in Adams Library at RIC, according to DiPalma.

He adds that this will enable students to do 90 percent of their research work right

here at RIC. In recent years, they have been forced to use resources at other colleges.

This research aids in studying accounting techniques over the years as well as cases that have actually been tried.

"Even though he doesn't want to take credit," said Joel M. Fuerst, chairman of the department, "he does deserve it because we are in a position of using it in our new and growing program."

With over 20 Ph.D.'s in business and related fields, according to Fuerst, the department of economics and business management is one of the fastest growing at RIC.

DiPalma adds that an accounting major will be put in next year (at the earliest) and a corporate accounting major specializing in research is now possible.

The library will aid the college when it is considered for accreditation by the American Assembly of Collegiate Schools of Business (AACSB) of which only the University of Rhode Island is a member in this state.

Feast of writer's patron

Dec. 13 is the feast day of St. Lucy, the patron saint of writers. On that day in history Samuel Johnson died at age 75 in the year 1784. Also on Dec. 13, 1797 Heinrich Heine, German poet, satirist and journalist was born in Dusseldorf. Heine prophesied "wherever they burn books, they will also in the end burn human beings."

Getting 'wasted' may waste a life

(continued from page 1)

Later, however, as an adult she discerned the fact that her father had long exhibited the behavior and personality traits of an alcoholic. Her mother died and when her father remarried the drinking came out into the open.

"It took me a long while to recognize what was going on," she says.

Edwin, who is unacquainted with Darla, is in his mid-thirties. He is a professional man who has held a variety of jobs in which he has had substantial managerial responsibility.

"I started out drinking heavily from the first time I picked up a drink," he declares.

He observes that while some people slide into alcohol abuse he was "always a drunk."

Edwin started drinking heavily while still in college. He drank every weekend and during the week if the opportunity presented itself. All of his friends and acquaintances drank the same way. So he didn't see himself as different.

Peer groups are significant in the evolution of alcoholic behavior. No one can make the alcoholic drink or stop drinking, but friends and relatives can help create a context which delays the troubled person's confrontation with self.

Darla, for instance, turned to friends for support in crisis and then became dependent upon them. Her own social life and that of her siblings was, and to some extent still is, oriented toward alcoholics or drug addicted people.

"I asked more than normal people could ever give," says Darla. I tried to make a family of my friends since my own family was not supportive."

Edwin conversely found himself in the role of a family man who was not being fully supportive of his wife and young children.

In college drinking had become the central part of his social life. Often he would bring a case of beer to athletic events. It was typical of him to drink that much beer every day.

When he married and began a family after graduating from college, he continued the pattern he had begun as a student. His wife was employed in a position which required her to work nights. So every evening after work he stopped off at a bar.

"By the time my poor wife got home I would be asleep on the couch if I was home at all," he confides.

"At that time I wasn't a violent drunk, I was just three sheets to the wind most evenings," he says.

To escape the home environment which was inhospitable to her and which may have resembled the environment which Edwin was helping to create in his home, Darla went away to private school at age 14.

"It was to me a life saver," she observes. "I felt very little homesickness."

From private school she went on to Brown University where she "experienced praise and affirmation from (her) peers."

It was indispensable. Because of the denial aspects of growing up with alcoholic parents—children usually "cover" for their parents in such households—Darla had believed that the problems she was experiencing were in the way she perceived things, not with her parents and their alcohol abuse.

"There is an awful lot of self-doubt," she says. "Does someone really have a problem or is it mine?"

Edwin may have had dim intimations of his problem when he changed jobs and found that he could complete his tasks by mid-day. He was "on the road" and did not have to be in an office for any set amount of time. Once he was done with his day's work he headed for the barrooms. He was drinking by noon time just about every day.

His employment was, he recounts, a means of securing money with which to buy beer.

Edwin rationalized that he was meeting his family's needs. He paid his bills and was a good provider. If he wanted to drink as recreation that was his business. He wasn't hurting anyone, he told himself.

He never lost a job because of drinking. He always worked and he describes himself as having been a good employee, but not as good as he could have been.

Then things began to happen which were

more difficult to deny. At an office Christmas party he told off his boss. For many alcoholics the holidays can be particularly stressful and can exacerbate their drinking problem. Fortunately for Edwin his boss also had been drinking and the incident was forgotten. In fact, Edwin couldn't remember having done it.

"I didn't remember it at all," he says. "I was having many blackouts at that point. It was very scary."

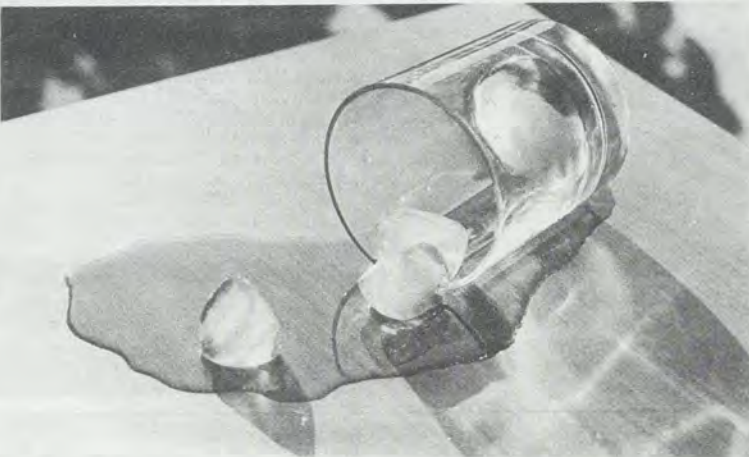
Darla also was troubled by frightening experiences which stemmed from alcoholism, not her own as in Edwin's case, but that of her family.

"I have a lot of fears about eventually abusing my children as I was abused or even physically abusing them," she confesses.

As a result of her feelings she says she will probably not marry or have children.

"I have very little trust that a relationship would last for any length of time," she says.

"I will say that the healthier I get the better I feel about not using my anger destructively. I was one of those who never expressed my anger, but always felt if I did I would end up shooting someone."



For Edwin fear continued to play a significant role in the progress toward a crisis in his alcoholism.

After the Christmas party episode the drinking did not abate. However, such incidents became more frequent. Guilt and remorse increased, but still he continued to drink.

Finally, though, there was a fright that he found difficult to ignore.

While driving in a company owned automobile in another state Edwin was stopped and arrested for drunk driving. Because it was in another state and the reciprocity agreement was not strictly enforced he didn't lose his license to drive.

It stopped his drinking for six weeks. When he resumed drinking he was careful not to drive while under the influence. After awhile, however, the memory of the arrest faded and he slipped back into the habits which he had adopted as a college student.

Then, nine months after the first incident, it happened again. He was arrested a second time for driving while intoxicated, this time in his home state. Something had to change, he realized.

For Darla the turning point came when she found herself in a relationship with a drug addict who was extremely obsessive about her. Her sister had been married to a violent alcoholic. She saw a family tendency emerging in herself.

"I was turning to friends and they couldn't help," she recalls. "I realized that when I was discarding friends daily there was something wrong with me, not them."

She took a long look at herself and decided that like her sister she would begin attending meetings of Al-Anon, the organization for family members of alcoholics.

Edwin also turned to an organization, Alcoholics Anonymous.

As a term of his probation from the second arrest he was required to attend a 10 week course on alcohol and driving and he had to attend AA.

Today, he says he is very grateful to the program. He hasn't had a drink since Oct. 26, 1974.

"I am an alcoholic," he says with utter candor. "I cannot have one drink of

alcohol. I wasn't a skid row bum. I belonged to a lot of organizations. I was a respected member of the community, but I am an alcoholic. I'm not cured. I am still an alcoholic. I just aim to get through each day."

Edwin says that he has the same fears as everyone but that his participation in AA has taught him to put the fears into perspective. Stopping the use of alcohol has changed his life in ways that weren't imaginable prior to his decision to quit, he says.

He used to be a worrier, he acknowledges. Nothing was minor to him. He was compulsive and suffered from anxiety.

"People and places and events can't make you drink. You make yourself drink. When people learn to stop making excuses for the alcoholic they'll all be a lot better off," he declares. "Drinking is not going to make any situation better."

Edwin believes that alcoholics have "huge egos." His contention is that an alcoholic thinks the world revolves around him or herself.

"You have to hit bottom—whatever bottom is for you—before you can do

anything about it," he asserts.

As a means of combating the disease Edwin attends AA meetings twice each week. He believes that he always will. He says that he listens to what they do at the meetings and has begun to go out and speak himself.

"I get on my knees every morning and ask God to let me get through one day without one drink of alcohol. At night I give thanks to him for succeeding," he reveals.

He says that if he should fail and drink again he will be one of three things: prematurely dead, permanently mentally incapacitated or in jail for life.

Darla, like Edwin, found the organization she turned to a saving force in her life.

"One of the things (Al-Anon) did for me was to make me realize I was not alone in this," she points out.

"Walking into a room of 30 people who have been in the same situation makes me feel understood and accepted. I was labeled in my family as the ugliest child. It gave me problems feeling attractive, presenting myself as an attractive child," she explains.

It is not the sort of thing which one can easily confide to friends or which friends can deal with constructively if it is confided. An organization like Al-Anon allows the opportunity to talk anonymously.

"Most of Al-Anon (for me) has been growing myself and feeling supported in the process. No one second guesses you," Darla says.

"The process is a process of looking at yourself. I have a lot of problems with 'stuffed' feelings and how to express them. Al-Anon helps."

At Rhode Island College Mary Olenn, the college's health educator, has helped organize an AA group which meets every Monday at noon time. She also has made it possible for the formation of a group for adult children of alcoholics. That group will begin meeting every Wednesday from 11:30 a.m. to 1 p.m. as of Jan. 23, 1985.

On request she will provide speakers to any group on campus. She can arrange for experts on all phases of alcoholism to be available.

In the past Olenn has organized special programs in the residence halls on topics such as drunk driving, alcohol and women and alcohol and sexuality.

She points out that there also exists on campus an employee assistance program which functions to provide peer support and counseling, as well as referrals. Olenn says she welcomes all calls and inquiries for assistance (her number is 456-8061).

When Friday night rolls around and the question of what to do includes the temptation to go out with some friends and "get wasted" the chance exists that the metaphor might become the reality. A life can be wasted through excessive alcohol consumption and the process can begin quite subtly as Edwin and Darla have borne witness.

As they also can testify it doesn't have to turn out that way.

Think you have a problem?

If you think that you might have a drinking problem it might benefit you to ask yourself the questions listed below which were developed by Johns Hopkins University. A yes answer to any question serves as a warning that you may have problems. Three yes answers or more signify alcoholism.

1. Do you require a drink the next morning?
2. Do you prefer to drink alone?
3. Do you lose time from work due to drinking?
4. Is drinking harming your family in any way?
5. Do you crave a drink at a definite time daily?
6. Do you get the inner shakes unless you continue drinking?
7. Has drinking made you irritable?
8. Does drinking make you careless of your family's welfare?
9. Have you thought less of your wife or husband since drinking?
10. Has drinking changed your personality?
11. Does drinking cause you bodily complaints?
12. Does drinking make you restless?
13. Does drinking cause you to have difficulty in sleeping?
14. Has drinking made you impulsive?
15. Have you less self-control since drinking?
16. Has your ambition decreased since drinking?
17. Has your initiative decreased since drinking?
18. Do you lack perseverance in pursuing a goal since drinking?
19. Do you drink to obtain social ease? (In shy, timid, self-conscious individuals.)
20. Do you drink for self-encouragement? (In persons with feelings of inferiority.)
21. Do you drink to relieve marked feelings of inadequacy?
22. Has your sexual potency suffered since drinking?
23. Do you show marked dislikes or hatreds since drinking?
24. Has your jealousy, in general, increased since drinking?
25. Do you show marked moodiness since drinking?
26. Has your efficiency decreased since drinking?
27. Has drinking made you more sensitive?
28. Are you harder to get along with since drinking?
29. Do you turn to an inferior environment since drinking?
30. Is drinking endangering your health?
31. Is drinking affecting your peace of mind?
32. Is drinking making your home life unhappy?
33. Is drinking jeopardizing your business—your job?
34. Is drinking clouding your reputation?
35. Is drinking disturbing the harmony of your life?

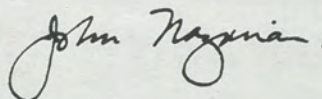
December 5, 1984

To the Rhode Island College Community,

The holiday season is rapidly descending upon us and another year is coming to an end. As we approach the holiday season and the beginning of a new year, let us strive to make the world a better place for all humankind.

Please accept my best wishes for a holiday season filled with peace, joy, happiness, and good health.

Sincerely,



John Nazarian
Acting President

It's the fifth annual holiday extravaganza

If the Grinch who stole Christmas plans to strike at Rhode Island College, the best plan to do it early!

On Dec. 13 the college dining services, Resident Student Association, RIC Programming, Residential Life, and the RIC Bookstore will present its fifth annual "Holiday Extravaganza" at the campus dining center starting at 4 p.m.

Hors d'oeuvres will start the festivities. Dinner will follow at 5 p.m. and a talent show with RIC students will cap off the evening at 7 p.m. The dinner will be buffet style and feature prime rib of beef au-jus, barbeque baby beef

of ribs, Polynesian chicken wings, baked Virginia ham with raisin sauce, roast Tom Turkey with cranberry sauce and assorted marinated vegetables and salad bar. Various Christmas desserts will be offered along with hot cider and cinnamon and other cold beverages.

And, to add insult to injury to the Grinch, those attending are asked to bring a wrapped toy or gift to benefit the needy.

The Christmas celebration is free to students boarding at the college. To others in the college community, it's a steal at \$7 each.

Calendar of Events

Dec. 10 - Dec. 17

MONDAY—THURSDAY, DEC. 10-13

Noon Mass. Student Union, Room 304.

MONDAY, DEC. 10

Noon to 1 p.m. *Alcoholics Anonymous Meeting*. Student Union, Room 310.
7 p.m. *Women's Basketball*. RIC vs. Clark University. Away.
8:15 p.m. *Rhode Island premiere of "Missa Brevis"* to be performed by the RIC Chamber Singers and Orchestra. Roberts Auditorium.

MONDAY-FRIDAY, DEC. 10-14

10 a.m. to 5 p.m. *Art Sale*. Various media will be sold such as painting, ceramics, fiber, metal, photos and prints. Sponsored by the Artists Cooperative. Student Union, Room 304.

TUESDAY, DEC. 11

7 p.m. *Women's Fencing*. Brandeis University. Home.

WEDNESDAY-THURSDAY, DEC. 12-13

9 a.m. to 4 p.m. *Holiday Fair*. All sorts of crafts and gift items will be sold. Student Union, Ballroom.

WEDNESDAY, DEC. 12

10 a.m. to noon *Peer Counselor Training Course*. Student Union, Room 310.
2 to 3 p.m. *AIESEC Weekly meeting*. All are invited to attend. Room 216A.
6 p.m. *Women's Basketball*. RIC vs. Worcester Poly Institute. Home.

SATURDAY, DEC. 15

5:30 p.m. *Women's Basketball*. RIC vs. University of Southern Maine. Home.
7:30 p.m. *Men's Basketball*. RIC vs. University of Southern Maine. Home.

SUNDAY, DEC. 16

10:30 a.m. *Sunday Mass*. Student Union, Ballroom.
7 p.m. *Sunday Evening Mass*. Browne Hall's Upper Lounge.

MONDAY, DEC. 17

Noon *Final Exams Begin*.
Noon to 1 p.m. *Mass. Student Union*, Room 304.
Alcoholics Anonymous Meeting. Student Union, Room 310.