Vol. 72, No. 03

Rhode Island College's Student-Run Newspaper

September 7, 1999

Project New Urban Arts seeks 9 art mentors for Urban Build 1999-2000

In October 1999, Project New Urban Arts will kick-off the third year of Urban Build. Urban Build is the after-school art mentoring program that matches a college age mentor with a small group of high school students at Project New Urban Arts. Art mentors lead groups in photography, dance, poetry, or visual art. Passionate, confident, and caring art mentors are critical to Project New Urban Arts for building creative minds for the

Under the direction of the Program Director, each art mentor leads and manages a group of local teens in weekly after-school art and relationship-building activities at Project New Urban Arts. Art mentors will participate in planning and evaluating mentor groups and Living Museum events for teens at Project New Urban

Art mentors must commit an average of 6 hours a week (plus transportation time) to Project New Urban Arts for the duration of one school year (October 1 to May 25). Project New Urban Arts provides training, support resources, and additional incentives

Applications for art Mentors are available beginning August 30 by contacting Marcus Civin at Project New Urban Arts at 751-4556. Applications are due by September 16 to be followed by interviews for some applicants for views for some applicants from September 22 to September 24. Mentor training is September 30 from 4 p.m. to 9 p.m., October 3 from 9 a.m. to 5 p.m., and October 5 from 4 p.m. to 5 p.m., and October 5 from 4 p.m. to 5 p.m. and October 5 from 4 p.m. to 6 p.m. ber 5 from 4 p.m. to 6 p.m. Kickoff for mentor groups is October 8. Applying does not guarantee

placement as an art mentor; Project New Urban Arts has other volunteer opportunities within the organization for some applicants.

Art mentors

- must exhibit and perform their own work in the Project New Urban Arts Staff Show at the Living
- · are given incentives and re-
- ward for their work

 are invited to two dinners hosted by the Project New Urban Arts Executive Director
- · benefit from the art mentor training initiative, which provides useful skills, a Boston trip, and en-
- joyable activities in Providence
 are members of the Project New Urban Arts community, interacting with students, families, artists, and community members in Urban Build and the Living Mu-

Cooperative Playgroup offers relief for parents at RIC

by Erica DiNuccio Staff Writer

The Co Op is an educational facility located near Whipple Hall. It is a Preschool and day care center for parents attending classes at Rhode Island College. The Co Op is for students, faculty, and staff of RIC. There are programs at the Co Op for children who are between

the ages of three and six.
"About 23 to 24 kids learn with the educational program at the Co Op each year," stated the teacher, Mrs. Dwyer. Dwyer herself is on duty from 8 a.m. to 2 p.m. "All students must be toilet-trained to become a member of the Co Op.

Mrs. Dwyer get involved when

she graduated from RIC. She has a B.A. in Elementary Education, and a masters in early childhood development. This is her fourth year with the Co Op.

"Getting an education wouldn't be possible without the Co Op. I can't say enough good things about it.

The Co Op itself has been around for 30 years. It costs about \$30 a month for children to be enrolled. For mothers who volunteer their time to help out, however, a reduced rate is available.

The Co Op, which is located by the Whipple Computer lab, currently has work-study jobs available, and can be contacted at 456-

How Counseling Works

by Dr. Tom Lavin Director, Counseling Center

Last year 1 wrote several articles for this column in which I tried to address common myths that lead people to procrastinate about, or altogether avoid, counseling. The last myth I discussed was the idea that talking about one's problems doesn't do any good, that it doesn't change anything. My argument, in a nutshell, was that talking, the use of language that occurs in counseling and psychotherapy, can in fact be very powerful because it can al-low us to change our perspective, how we see things, including how we see ourselves. This, at least, has been my experience, both as a therapist and a client. This summer, as I was reading Daniel Goleman's bestseller "Emotional Intelli-gence," I came across a passage that I thought added to these ideas. Here is what Goleman said (and my comments on those ideas are in italics):

"In "The Merry Adventures of Robin Hood," Robin advises a young follower: 'Tell us thy troubles and speak freely. A flow of words doth ever ease the heart of sorrows; it is like opening the waste where the mill dam is overfull." This bit of folk wisdom has great merit; unburdening a troubled heart appears to be good medicine. The scientific corroboration of Robin's advice comes from James Pen-nebaker, a Southern Methodist University psychologist, who has shown in a series of experiments that getting people to talk about the thoughts that trouble them most has a beneficial medical effect. His method is remarkably simple: He asks people to write, for fifteen to twenty minutes a day over five or so days, about, for example, 'the most traumatic experience of your pressentire life,' or some ing sorry of the moment. What people write can be kept entirely to themselves if they like.

I would contend that whether you keep it to yourself or not make.s a big difference. I think almost all of us have had the experience that when we say something, or in some way communicate to another person, the experience is somehow intrinsically different from thinking, saying, or even writing, the same ideas to oneself.

"The net effect of this confessional is striking: Enhanced immune function, significant drops in health center visits in the following six months, fewer days missed from work, and even improved liver enzyme function.

The reference to the 'confessional,' of course, suggests a not unfamiliar parallel between the role of the minister/priest/rabbi/witch doctor, and the therapist. There is certainly some truth to that. Boston psychoanalyst Arnold Modell has discussed the metaphorical comparison of the psychotherapist to the primitive witch doctor who sucks out the blood of the sick patient, and takes the illness into himself—which may explain why therapists sometimes take on some of the "craziness" of their patients, or at least seem that way by the end of the day. But, overall, I think the reference to counseling as "confeserence to counseling as "confessional" is too limited. My counseling clients often tell me as much about others "sins" as about their

own.
"Moreover, those whose writing showed most evidence of turbulent feelings had the greatest improvement in their immune function.

In other words, the further down you are, the more room to go up!

"A specific pattern emerged as the "healthiest" way to ventilate troubling feelings: At first expressing a high level of sadness, anxiety,

anger - whatever troubling feelings the topic brought up; then, over the course of the next several days weaving a narrative, finding some meaning in the trauma or travail.

And here is where the connection to counseling comes in. By assisting the client to place their feelings or issues in a context, one does enable the person to see or create the story, to make sense out of feelings or experiences that may at first have seemed senseless. That is certainly one kind of shifting of per-spective. And Goleman goes on to make the same point:

"That process, of course, seems akin to what happens when people explore such troubles in psychotherapy. Indeed, Pennebaker's findings suggest one reason why other studies show medical patients given psychotherapy in addition to surgery or medical treatment often fare better *medically* than do those who receive medical treatments alone.

To which I would add that there is a body of evidence to suggest that those college students who avail themselves of the free, confidential, and high quality counseling that is offered by their college's counseling service generally fare better academically than do those who receive educational treatments (i.e. classes) alone.

(This article is part of a regular.series in which The Counseling Center staff address mental health issues. The Counseling Center provides free, confidential, professional counseling, and groups and workshops for any currently enrolled RIC student. The Center its open 8:30 a.m. to 4:30 p.m., Monday through Friday. The phone number is 456-8094. You can get more information at our website: www.ric.edu/student/counsel/ccl.h



Anchor Photo by Adam D. Plante

The Cooperative Playgroup, located near Whipple.

The Music School offers research studies and internships

The Music School, Rhode Island's only non-profit community music school, is proud to announce two opportunities of interest to professors and students at area colleges and universities.
The Music School's students make up a diverse community, covering a wide range of age, skill, an personal backgrounds.

1) The Music School is interested in participating with area researchers in studies seeking to explore issues in music education and cognitive, social, and/or emotional development. The school has participated in such studies in the past, most notably with Dr. Martin Gardiner, for his article "Arts Training and Academic Achievement," which ran in the MMA Journal, March 1997, and the letter "Learning Improved By Arts Training," which was printed in the May 1996 issue of *Nature*.

2) Beginning this fall, The Music School will offers two 10hour-per-week office internships

for students interested in music education, office operations, graphic design, non-profit development work, and/or computer networking/troubleshooting. Interns will assist in grant writing, coordinating the school's annual campaign, as well some computer management, graphic design, and general office management. This position will be based at The Music School's Executive Offices in Wayland Square on the East Side of Providence. Hours are flexible (within the parameters of the general office hours) with a minimum of 10 hours per week expected. Office hours are Monday through Friday from 9 a.m. to 5 p.m. The starting date for these positions is October 14, and applications will be accepted beginning September and cover letter.

For more information, or to apply for internships, please call (401) 273-8475 and speak to either Catherine or Kathy.

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ampus Tidbits

Cruise down the Nile

The annual Egyptian study-tour departs on January 10 and returns two weeks later. Pyramids, tombs, temples, and a glorious river cruise on the Nile and on Lake Nasser will beat some winter weather. For details, call Richard Lobban, ext. 8784.

Social Sciences Research Council **Grant Programs** Announced

The Social Sciences Research Council has announced several

1999/2000 fellowship and grant programs for training in social sciences and humanities. All programs are available on the Council's web site. A link to this web site can be accessed via the funding and resources page of the Office of Research and Grants Adwebsite ministration (www.ric.edu/grants/index.html).

Subscriptions for the 1999/2000 Performing Arts Series on sale

Subscriptions for 1999/2000 Performing Arts Series are now on sale. For more information on the artists and the fall schedule, turn to the Arts and Entertainment section of this Anchor. To obtain a subscription form, please call the Performing Arts Series office at ext. 8194.

Creating a New Service Agenda

Student Perspective

The following dates have been scheduled for the student workshops for the fall semester: Friday, September 17 from 9 a.m. to noon; Tuesday, September 21, from 1 to 4 p.m.; Wednesday, September 22, from noon to 3 p.m.; Friday, October 1, from 9 a.m. to noon; and Wednesday, October 6, from noon

Please call the Human Resource Department, ext. 8443, in order to schedule your student workers. Additional dates will be scheduled as needed. We urge you to encourage your students to participate in these excellent programs. Students will be paid for their time and receive a certificate upon completion of the program.

Clothing Drive to benefit the families of Dorcas Place and Clothing Collaborative

Any new or used clothing in good condition is appreciated. Items most needed include children's clothing and career apparel. Items may be left in specially marked boxes in the School of Social Work, located on the East Campus. (Sponsored by Bachelor of School of Social Work Organization.)

First meeting of Psi Chi

The first meeting of Psi Chi and the Psychological Society will be held on Wednesday, September 15. Come, eat pizza, make new firneds and find out what events are planned for this year.

Welcome Back Bash!!!

FREE PIZZA!!! Refreshments will also be served!



\$2.00 w/ RIC ID \$3.00 to General Public Ladies Free before 10 pm



Date: Wednesday, September 10, 1999

Rhode Island College Place:

Student Union Ballroom

For info. contact us at 456.8523







The Anchor

Established 1928

Free access to ideas and full freedom of expression.

Student Union Room 308 Rhode Island College 600 Mount Pleasant Avenue Providence, R.I. 02908

Advertising......456-8544 Fax456-8792 Web.....scg.ric.edu/student_orgs/anchor E-mailanchor@grog.ric.edu

Executive editor Managing editor **News** editor **Editorial editor** Arts & Entertainment editor "Heartless" Jim Braboy Photography editor Layout editors Copy editor **Graphics editor Business editor Technology editor** Ads/Public Relations Faculty advisor Professional advisor

Peter "Rock" Forsstrom Alex "Glytch" Franco Daniel James Aznavorian Kevin Fox Nathaniel Grist Say Xiong

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Distribution Adam D. Aquilante

Photographers Jacqueline Vales, Michael Goodier

Katie Chadwick, Adam D. Plante

Office Support Staff Leocadia Lopes, Stephanie Vieira

The Anchor is student run and published weekly during the academic year. Editorial decisions for The Anchor are made by a majority vote of its student editorial board. No form of censorship will be imposed. Any material found to be unsuitable or unacceptable in the board's opinion will not be published. The views expressed in *The An*chor, unless otherwise noted, are those of the individual authors and do not necessarily represent those of *The Anchor* or of Rhode Island College's faculty, administration

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Opinion

Abuse of alcohol raises questions of immaturity and privacy

by Emily Harding Cavalier Daily University of Virginia

(U-WIRE) Charlottesville, VA – Daddy's little girl. That's me. I always will be, as long as a gazillion pictures of me – as a five-year-old, on my horse, and on every single first day of school – are scattered around the house. But Daddy's little girl is 20 now and in that limbo-land between adulthood and the legal drinking age. To most college administrators, I have entered the danger

I'm old enough to go to college, but not to participate in the alcohol culture so closely associated with student life. I'm old enough to set my own schedule and curfew, but not old enough to want to be home at midnight. I'm old enough and smart enough to procure what the law says I can't have, but am I old enough to handle it? The federal government doesn't think so.

As adults, we can order off QVC without parent permission. We can vote, serve in the military, buy cigarettes, and be hounded by credit card salesmen who call at eight in the morning after your friend's 21st birthday.

If you've joined me in limboland and you're under 21, you better have been sober at your friend's party. Thanks to Congress and general nationwide paranoia about underage drinking, the Higher Education Act now allows public colleges and universities to notify parents of underage alcohol abuse. The Family Educational Rights and Privacy Act, enacted in 1975, now includes an amendment allowing schools to involve parents in that same alcohol culture, but on the hangover side.

The original bill, FERPA, was meant to serve a purpose opposite that under contention today: It was meant to protect students from exposure, not open them to it. Kids will be kids, and kids occasionally

screw-up. But in the media age whose midwife was Watergate, those screw-ups became public knowledge. Suddenly public leaders were under scrutiny for their college years, and youthful indiscretions returned to haunt them.

Perhaps in a spirit of paternal love and sympathy for their future counterparts, lawmakers defined college students as independent, thus making release of their educational records a violation of privacy. Even parents could not request release of files.

Last year's amendment reversed the definition. Now, any undergraduate student is considered dependent. Thus their files are open to those who still have financial control over them – in most cases, parents. Parental poking into undergraduate files is no longer considered a breach of privacy.

As such, the gag is untied, and universities can use varying degrees of parental notification polices to deter students, appease lawmakers, and comfort parents.

The toughest policy in Virginia is that of Longwood College – all violations of underage drinking are relayed to parents. If an Old Dominion University student is convicted of an alcohol violation by the school's judiciary system, the student must call a parent in the presence of an administrator.

The University of Delaware's program is even stricter: The administration notifies parents of any breach of the code of conduct, and after the third strike, students are out. for one year

are out ... for one year.

The University of Delaware has reported a dramatic drop in binge drinking, and, amazingly enough, they still have a student body in attendance. But is this the sort of glorified high school atmosphere we want here at the University?

Dean of Students Penny Rue assures us that the University's policy will not change. Administrators only notify parents when a student puts his or her health at serious risk, or when a pattern of

abuse appears and parental involvement could be helpful. Students with a good excuse not to call home – abuse, for example, or fear of overly harsh repercussions

- may be exempt from the policy.
Unlike ODU's administration,
ours is thankfully and rightfully
not raiding disciplinary files ...
yet. Most incidents are redflagged when a dean gets a latenight phone call from the police
department or the emergency

As students, we are given a golden opportunity. Here we can learn to be adults while we still have something resembling a safety net. As we grow, that safety net should drop farther and farther away and become more and more sparse, easing our transition into the real world.

With student self-governance, we get both sides of the deal. We get independence and its consequences, and learn how to accept the results of our actions. This transition has oops and bleeps and regressions and progressions just like any transition, but the change is necessary and we learn from our mistakes.

The lesson is this: We're still young, and we make mistakes. But we must be allowed to make mistakes and deal with the consequences on our own, not with Mom and Dad frowning over our shoulders. In cases of addiction or another serious condition, a student may need more personal attention than the University can provide.

Here's the deal: You have to be responsible. If you act like an adult and treat yourself well, adults will do the same. And the administration has to give us a chance.

The Higher Education Act doesn't require that parents be notified for every alcohol incident—it simply provides for notification when necessary. By striking the right balance, students can get the best kind of education: One in accountability and responsibility.

Student Teaching in the Spring of 2000?

Consider Student Teaching in England *

- Interact with British and international students studying at St. Martin's College in Lancaster, England.
- Student teach in a school near St Martin's College.
- Enhance your professional teaching portfolio.
- Learn about the British education system.
- Tour England and other countries in Europe.
- Participate in the experience of a lifetime.

For more information about this great opportunity, contact:

Dr. Ezra Stieglitz

Coordinator of Overseas Programs for Feinstein School of Education and Human Development Rhode Island College Horace Mann 214 600 Mount Pleasant Avenue Providence, RI 02908 Phone: 456-8560

* Students seeking elementary or secondary education certification and teaching in the same classroom for the entire semester are eligible.

Submission Policy for Letters to the Editor and Commentaries

1. Letters to the Editor and commentaries from RIC students and faculty, and from sources outside the RIC community, are welcome and strongly urged. However, submissions will be printed at the discretion of *The Anchor*.

2. Issues of *The Anchor* are printed on Tuesdays during the semester. Deadline for submission of letters and commentaries is 5:00 p.m. Thursday for the next scheduled Tuesday issue. Letters received after that time will run in a later issue.

3. Submissions are subject to editing at the discretion of *The Anchor*; however, care will be taken to edit as little as considered necessary.

4. Letters must be signed and accompanied by a telephone number and a social security number (which will be used *only* to verify student status). Anonymous letters and commentaries will be published only at *The Anchor*'s discretion (and it will be limited).

Organizational Meetings for **RIC Sports announced**

All meetings will take place in Room 068, with the exception of the men's golf team meeting, which will take place in the third floor conference room.

Sport:

Men's Basketball

Women's Basketball

Women's Gymnastics

Men's Tennis

Wrestling

Indoor/Outdoor Track

Women's Lacrosse

Men's Golf

Cheerleading

Date/Time of Meeting:

September 9 at 4 p.m.

September 8 at 4 p.m.

September 7 at 4 p.m.

September 15 at 3 p.m.

September 8 at 5 p.m.

September 14 at 5 p.m.

September 16 at 4 p.m.

September 16 at 3 p.m.

September 21 at 4 p.m.

Practices begin:

October 15 in the gym

October 15 in the gym

September 13 at 4 p.m.

September 7 at 3:30 p.m.

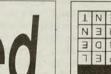
Immediately.

Indoor begins Nov. 15

Practice begins in March

Practice begins in March

Practice to be determined





Sports Writers Wanted

If you are interested, come to our meetings every Wednesday 12:30 p.m. in Student Union Room 306. Or call Nathaniel Grist at 456-8280.

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COLLEGE SPECIAL

Large Cheese Pizza

Cannot be combined with any other offer

MONDAY SPECIAL

2 LARGE PIZZAS

with

cheese &

1 Topping!!! .

Cannot be combined with any other offer

Meal Deal #1

1 Large Pizza

with Cheese & 1 topping 1 order of garlic twists 1 2-liter bottle of soda

Cannot be combined with any other offer

2 Large Cheese Pizzas

Cannot be combined with any other offer

10 pc. Hot wings

Cannot be combined with any other offer

PIZZA & SUBS

35 Smithfield Rd. N. Providence Shaw's Plaza

Dinner for 2 Medium Cheese Pizza. an order of **Garlic Twists**. & 2 cans of soda

Cannot be combined with any other offer

GARLIC TWIST BREADSTICKS • WINGS • CALZONES • SALADS • SUBS • SPINACH PIES • & MORE!

Summer movies-The good, the not so bad, and the ugly

by Todd Couchon Staff Writer

Well the bells have rung, the beaches have closed, the Red Sox are about to break our hearts, and falling asleep in class has become a big problem again. All this could only mean that summer is over, and with it, the summer movie season. Typically, the summer movie season is characterized by films with big budgets, big stars, and small plots. As evidence of this, one can point to the fact that only one summer film this decade (Forrest Gump) won the Academy Award for Best Picture. But the summer of 1999 was a bit of pleasant surprise, as higher quality movies hit the screen. (Admittedly, this writer steered clear of rumored duds Wild, Wild West and The Haunting.) Here's the good, the not-so-bad, and the ugly of the summer of '99

The Good Sixth Sense- Easily the biggest movie surprise of the summer season, Bruce Willis' psychological thriller was arguably the best. Despite a somewhat lame advertising campaign (though not as lame



Haley Joel Osment as Cole Sear with Toni Collette as Cole's mother Lynn in Sixth Sense.

as those Cardi's ads), Sixth Sense still managed to stay at the top of the box office for all four weeks in August. This is due to the very clever and unpredictable conclusion. To see Sixth Sense once is to see it twice; to see what you missed and how you missed. It is sad though, to realize that surprise endings of this caliber only come around about once a year (The Usual Suspects, Seven, Primal Fear) and knowing that this year's surprise is over, I guess we'll just have to wait for the next century. Anchor rating: 4 anchors (out of

South Park: Bigger, Longer and Uncut- Disney films, Brian Boitano, and the MPAA are just a few locations on Matt Stone and Trey Parker's dart board, also known as South Park: Bigger, Longer and Uncut. The faded cartoon has turned into the little



A scene from South

movie that could, and does, please and offend its viewers (most of them). If you do make it past the second song "Uncle*#@!*", you'll be pleasantly surprised by the lengths Stone and Parker will go to offend everyone, even themselves. An admirable feat, considering it comes at a time when no one is supposed to poke fun of anyone at anytime. South Park proves that animation can be "all crappy" but with some clever digs on an uptight society, combined with a bunch of potty mouthed eight-year olds, a quality picture can emerge. Anchor rating: 3.5 an-

American Pie- What There's Something About Mary was to the summer of 1998, American Pie was to the summer of 1999. Though not as critically acclaimed as its predecessor (most likely due to the fact that middle-aged crit-



Jason Biggs as Jim Nadia Shannon Elizabeth as Nadia in American

ics have trouble identifying with adolescent characters), American Pie had just as many "laugh so loud, we can't hear the next scene" moments. Instead of "I'm just (messing) with you", it was "Suck me, beautiful." Instead of the "hair gel," it was the "pale ale," and instead of the thing getting caught in the zipper, it was the thing get-ting caught in the apple pie by a startled pops. The only thing that prevented this film from being as good as There's Something About Mary was its tendency to take itself a tad too seriously as a message film. In order to send a message, some credibility needs to be established, which American Pie proudly dismantled in the first scene. Nonetheless, this new and improved version of Porky's easily earns a spot among the best films of the summer. Anchor rating: 3 anchors

The Not So Bad Austin Powers 2: The Spy who Shagged Me- I went into this film the way Star Wars fanatics went into The Phantom Menace - with great expectations nursed by the hunch that it may suck. It was a go-between: it was neither great not did it suck. What worked



Heather Granam as Felicity Shagwell in Austin Powers 2.

against this film was the fact that it was a sequel. No longer were Austin's "Yeah Baby" lines fresh or funny, merely hollow reminders of how funny they used to be. In fact, all Austin scenes seemed to serve as dramatic intermissions (dramatic relief??) between the real comedic scenes involving Dr. Evil and his fun-sized clone, Mini-Me. Unlike the first film, Dr. Evil gets virtually no comedic help from his nemesis, forcing him and Mini-Me to carry

the load. Though they do succeed, the use of a midget to get laughs is hardly creative or original, which is disturbing because Myers has always been creative and original. It may work for now, but there will come a time when the small person comedy in these films become as stale as ... well, Austin. Anchor rating: 2.5 an-

The Blair Witch Project- This is the film that made fans of independent films feel a little less cool. Alas, one of their precious films that give them a sense of uniqueness, has finally been brought into the mainstream. Though very clever and extremely well crafted,



Heather Donahue in The Blair Witch Project.

its no surprise that The Blair Witch Project was never picked up by a major studio. Although is frighteningly real at times (which is good), it also contains the boredom and the frustration that we find in real life as well (which is not good). Mix the screaming and the fighting and the s-l-o-w buildup with a tad of motion sickness, and you have yourself one poor theater experience. The strength of this movie is its staying power, with its ability to stay in its view-ers minds long after the credits roll. It forces you to sleep with the light on, cry at the sight of a tree, and run at the sound of a crying baby (not that this has happened to me personally ... uh ... just people I know). Any movie that can creep into your mind like this one isn't a complete waste of time. Anchor rating: 2.0 anchors.

The Ugly
Mystery Men- I wasn't going to include this in the article for fear of being mocked for even seeing this film, but The Anchor really needed the extra space-filler (ahem). I wouldn't have hated this film if it wasn't excruciating to watch. What I don't get is that the



Janeane Garofalo is The Bowler in Mystery Men.

movie was aware that it was corny, therefore it shouldn't have been corny (similar to the "I know that am not wise, therefore I am wise") but it still was corny. There was a pretty good cast, including Oscar winner Geoffrey Rush and nominee William H. Macy, but the hackneyed script and cliched theme, combined with the fact that Janeane "my sarcasm has worn out its welcome" Garafolo was in it, makes this a pretty bad choice for the big screen or video. Anchor rating: 1.0 anchors.

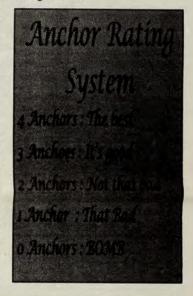
Big Daddy - I know there are a lot of people who will disagree with me on this one, but I think this was the ultimate summer bomb. In a film that promised vulgarity and crudeness, Adam Sandler's blockbuster ran more like an Oprah Winfrey episode. Sandler essentially keeps making the same film over and over, but the ending of this film was an emotional departure from the other movies. That being said, it was also excruciating to watch, even

for the corniest at heart. Sandler is banking on the fact that we will love his movies based solely on the fact that he is Adam Sandler



Twins Cole and Dylan Sprouse play Julian Big Daddy.

and he yells at old people. To his credit, it is working. Big Daddy raked in \$175 million this summer. When you consider that it only took Sandler and Tim Herlihy thirty minutes to write the script, that's not to shabby. Anchor rating: BOMB.





Providence Place, I-95 & Memorial Blvd., Providence, RI (401) 270-4148

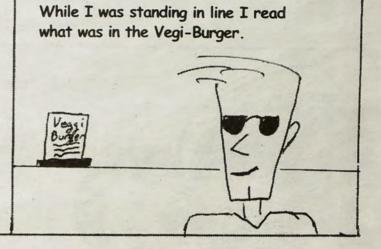








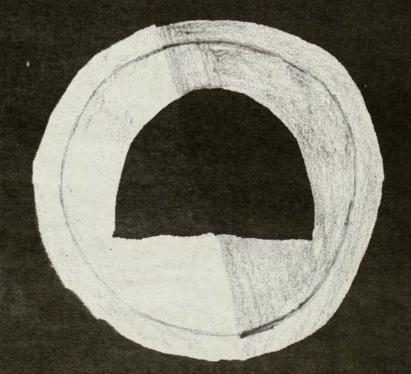




As I delve into the deep recesses of my subconscious...





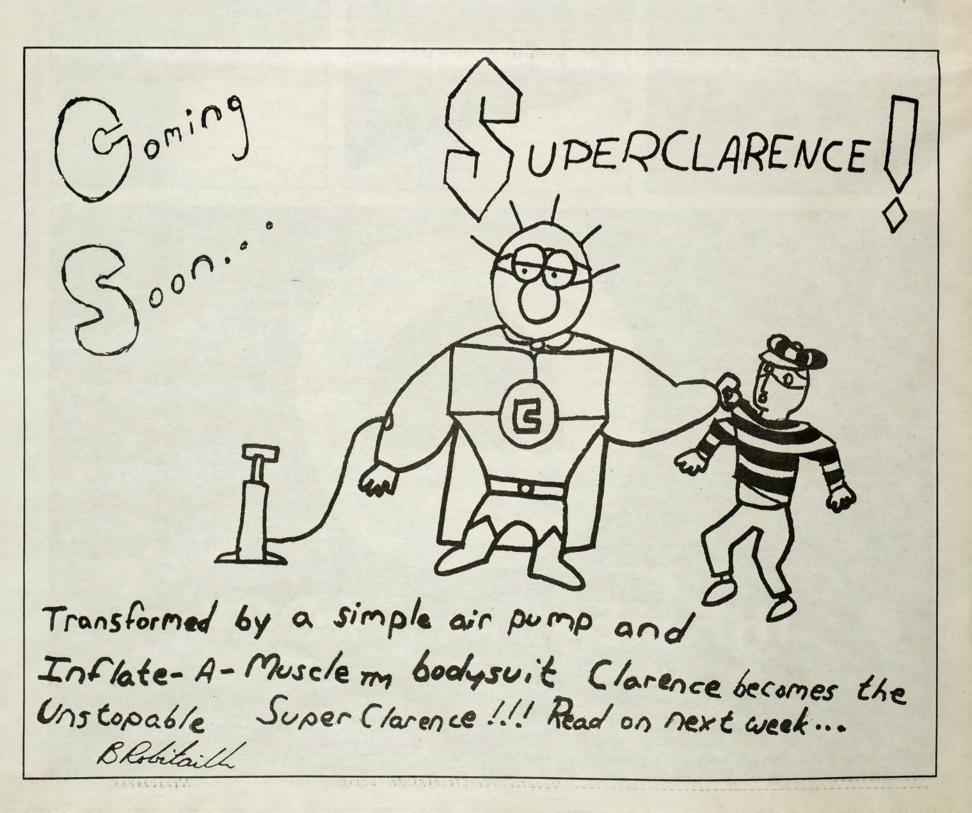


THE STEADFAST ROCK

BY PETER FORSSTROM







Ctart Steppin'

by Heartless Jim Braboy Anchor Editor

The words of the night are coated with butter; as soon as the sun shines they melt away. Egypt

Tuesday September 7

Woowee what a labor day weekend! Did you take in the oh so exciting Gravity games prelims? Weren't they great? The best part was the sounds that the bodies made when they hit the bales of hay on the way down hill. Thunk. It's kind of hard to de-

Well today shake all of those long weekend kinks out and get back to the grind of classes and parking places and stuff like that. And speaking of parking (like we've heard enough about that already), there's this wonderful service that some state agency by the name or acronym of RIPTA provides. It is called public transit and guess what you can ride one of those vehicles to the college from the early hours of the morning to the nighttime. Wow what a concept

Speaking of a bus ride, take a trip to Woonsocket, The Museum of Work Culture located in Market Square (42 South Main St.; 769-7695). Inside will be walls and doors with stuff hanging up and on pedestals. Check out the exhibit entitled "Women At Work" which features photographic images centering on the accomplishments of women. The Museum opens at 9:30 a.m. today. Or if Woonsocket is a bit to far then a bit closer to campus is the Bert Gallery (540 South Water St.; 751-2628). For your viewing pleasure, "The Unfolding Drama." It features theatrical scenes from artist James Herbet. Take a close look at paintings of dancers, jesters, and clowns. And make your own decisions about who's funnier. See if you can imitate some of the images that are captured in the canvas. Then maybe offer your own interpreta-

tion with a performance art piece.
Tonight, Energy, a night of house and techno, continues it reign inside of The Living Room (23 Rathbone St.; 521-5200). Enjoy the pounding bass and kick of the high hat as the Volume Production DJ's bring the music that you like to hear. Well that some of you like to hear. Unfortunately, they don't spin polka. For that you must go elsewhere. AS220 (115 Empire St.; 831-9327) has jazz with the Hal Crook Group at 9 p.m. Sit back and enjoy the sounds of Hal Crook on trombone, Rick Pekham on guitar, Dave Zinno on bass, and Bob Gulotti on drums. \$5 for admission. For those of you who are short on funds, you can take in a low priced show at The Met Cafe (130 Union St. 831-2142) That's right low priced. Three bands for three bucks. On the stage will be the following bands Soulshed, Immune, and Firelight.

Wednesday September 8

Well the week is at the halfway point. Feel like doing that middle of the week celebration thing? Gather your friends around for a toast. Raise a glass to the outgoing president. No not him wrong

This afternoon, join the throngs of students and other folks as they make their way-to the great way, the concrete runway, the nongreen space portion of the campus known as the quad, or mall. For out there, weather permitting, Student Activities day will take place from 12:30 to 2 p.m. Most if not all of the student organizations on campus will set up at tables attempting to recruit you for their cause. The Anchor will be there with copies of The Anchor free of charge. Wow what a bargain! Make it a point to ask for your copy of *The Anchor*. Stop by the other tables and gather all the information that you could possibly gather. Make your decision and choose wisely.

Tonight on campus (no that's not an Oxymoron), our always likable and lovable next door neighbors, (no not them) we're talking about RIC Programming. They are throwing a Video Dance party in the fishbowl aka the Student Union Ballroom. Watch as they transform that great space into a scene from the movie Carrie. Staring in the lead role, the fast walker with emcee Guy Smiley (Inside joke). Well actually there will be 6000 watt sound system, really cool lighting effects, DVD, Laserdisc and Super VHS Videos, plus a raving videographer. Oops I mean a roving videographer. It is free and the event begins at 9 p.m. Call 456-8045 and ask for Jen. She knows everything

Off campus if you feel like the blues then mosey on over to The Century Lounge (150 Chestnut St.; 751-2255) It's the blues showcase. It is an 18 plus event with no cover charge. Grab a chair or a stool and listen to some smokin music or sit in with the house blues band. There will be a horn section there also. Over on Union street inside of the Met Cafe P Squared Productions is having a show. They are the ones who will be bringing Godspeed you black emperor! with La Bradford, and The Eyesores. \$7 for entry into this happening

Thursday September 9

Okay so you feel the need to get up close and personal with some Rhode Island Farm Grown Products. Then look no further than the Warwick Mall. Yup for that is the place to be for The Rhode Island Harvest Festival. Get a real good look at some John Deer Tractors, maybe a few bales of hay and other farming stuff. Not



Shawn Hatosy as Timothy Dunphy and Amy Smart as Jane Weston in Outside Providence.



Patricia Arquette in Stigmata.

sure if they're going to do the milking demonstration. It doesn't say in the info that we received from Rhode Island Dairy Farmers and much more. That I cant wait to see. Much more, now that sounds like its worth it. It goes from 10 a.m. until mall closing. Sponsored by the Rhode Island Division Of agriculture. Call 739-7500 for more information. After that, jump on the interstate and head south to Kingston for the Rhode Island Invitational Art Show. The South County Art Association at Helme House (2587 Kingstown Rd.; 783-2195) will be displaying works of prominent Rhode Island artists. Wander around and see if you can recognize any of the works on display.

This evening if you are a writer or want meet some, then stop by AS220 for the Turtles Writers Circle, an informal get together where writers gather to read and discuss their work.

Tonight head to Trinity Rep (201 Washington St.; 521-1100) for Othello, curtain time 8 p.m. And if you are under thirty years of age, then you will only have to pay 10 dollars. See the press release for more details. At Newgate Theatre (134 Mathewson St. 421-9680) the play Six Degrees Of Separation is running.

Friday September 10

Today take a deep breath and thank whomever you would thank that Dennis decided to vacation off the Carolinas for a while. Too bad we could really use the excitement up here.

If you are wondering what to do with the grandparents, take them out of cold storage and head on over to the Providence Children's Museum (100 South St.;273-5437) It is Grandparents Day and they can visit free of charge. Or take them on a walking tour of the Arcade and treat them to a chocolate chip

This evening continue the fun with A Step Back In Time... Relive the 1920; a Dinner Dance celebrating South County Hospitals 80th Anniversary at The Providence Biltmore (Kennedy Plaza 782-800 ext 2490). The Ronnie Rose Band and Wendy Klein Jazz Quartet will be providing the entertainment for the evening. All proceeds raised will go towards the expansion of the Emergency Department.

Lupos Heartbreak Hotel (239 Westminster St.; 272-5876) has G Love & Special Sauce doing the live performance thing. Advance tickets are \$13.50 Around the corner inside of The Met Cafe are Sick Sense, Lakewood, Liq-uid Destruction, and 2 Story **Drop.** \$6 is what they want from you. Also of Intrest Eli, Mighty Purple, Bi Janus and Zen Flower all doing their own thing inside of the Century Lounge. If you wanna check it out, it will only cost you \$5 for this 18 plus

If great rock and beautiful women are a great combination then you should be at AS220 tonight for The Insanity Girls. As the ladies show off some high fashion to the accompaniment of some really cool rock and roll. \$5

On the big screen tonight or some other night, The Chill Factor, and Outside Providence.

And look out for Stigmata star-ring Alex Franco...

Saturday September 11

Well people the weekend has arrived and you are still a solid piece of matter. Aint it great.

Today if you were one of the lucky ones that signed up in advance then you will be on a bus to the Farmington River for a Tubing trip down the river. Sounds like fun. The bus leaves at 9 a.m. and returns at 6 p.m. For more information, contact Student Activities (8034) or Aquatics (8227)

And since it is the weekend it is time once again to experience some more festivals. First stop North Providence High School (Mineral Spring Ave. 353-6333) for the North Providence Lions Autumn Festival and Carnival. There will be arts and crafts, carnival amusements, and of course food and entertainment. Fun begins at 10 a.m. and ends at 6 p.m. today and tomorrow. From North Providence travel to Warwick for the Apponaug Village Festival (Post Rd.; 732-5651). Trolley rides, foods, crafts and other stuff will be offered to all who attend. This festival begins at 10 a.m. and ends at 4 p.m.

Need some help with that haiku that you've been working on? Then maybe the AS220 Poetry Workshop will be the answer. Demian Yattaw will lead things off. This week it is memory exercise and discussion on journal writing. It is free and all are welcome. The workshop begins at 11 a.m and ends at 1 p.m.

Tonight stay indoors and meditate on the complexities of the universe or head out to see Foundation, Krank, Nok and Slugworth at The Met Cafe. \$6 for this event. Or for one dollar less you can see Room w/a View, Immune, Inflatable Superheros, and Grin at The Century Lounge.

Sunday September 12

Ok you made it this far and you haven't lost any major organs yet so get out there now and quit crying. (pep talk given to a news

Mmmm apppplicious. (Homer reference) This afternoon stop by The Smith-Appleby House (220 Stillwater Rd. Smithfield; 231-7363) for a good old fashioned Apple Social. Indulge in a wide variety of homemade apple deserts served on the grounds of a 17th century farmhouse. Tours will be available and the social begins at 1 p.m. and ends at 4 p.m. Got sauce? As much as that could be taken as a Mayoral reference, it aint. This time the got sauce is in reference to the Pasta Challenge which will be taking place at Davol Sq Downtown Providence. Enjoy all you can eat pasta and sauce from over 25 area restaurants. For more information call 351-6440.

For lovers of the standards from Glen Miller stop by Jenks Park (Broad St. Central Falls; 727-7488 for a classic jazz concert. The concert begins at 1:30 and is scheduled to end at 3:30

Tonight weather permitting, sit outside and look out at the stars.

Monday September 13 Well the week begins once again. Are you still stuffed from the pasta challenge yesterday? Work it all off with a brisk walk around the campus. Expand your walk to include campus buildings and for even more sport, run through some classrooms.

Tonight inside of the Living Room, four bands will do what four bands do when they take the stage at different times. The lineup in no particular order Ducky Boys, Seeing Stars, Us Bombs, and Metro Liner. Or if you want some reggae, travel to The Ocean Mist (Matunick Beach Rd.;782-3740) for singer Anthony B. with special guest Derek Laura of The Tamlins. Sounds like a killer show

Well that's all folks for now. The answer to last weeks question was Barry White. And now here is this week's question. Name the actor who said "I lied this is my good arm" or something like that. Hint: He let go of the person whom he was holding over a cliff. Be the first person to correctly name the actor and win a book bag, a free pizza, and some soda. Email your answer to Anchor @grog.ric.edu or Anchor @postoffice.ric.edu Good luck and may you eventually reach the Alpha quadrant.

The Anchor

by Linda C. Black College Press Services

Aries (March 21-April 19). This week, focus on work and other people. Ro-



mance should be good on Monday and Tuesday. You might even find

your soul mate. From Wednesday through mid-Friday, make sure all work is done perfectly. Get together with a dear friend, maybe permanently, over the weekend.

Taurus (April 20-May 20). Romance and other games should go well for you this



week. Pay close attention to home and roommates on Monday and

Tuesday. From Wednesday through Friday, play. It's OK to let your inner child out then. Thursday and Friday are best. You may be in the mood to work over the weekend.

Gemini (May 21-June 21). The emphasis is on home and family this week. It's a good time for



a good time for a thorough housecleaning. Monday and Tuesday are ng. If you learn

good for studying. If you learn how to fix up your house, you can save a lot of money from Wednesday through Friday. This weekend will be good for entertaining and romance.

Cancer (June 22-July 22). This is a good week to learn new skills. On Monday



and Tuesday, you may feel stressed about money. That could inspire

you to make a shrewd deal. From Wednesday through Friday, you're smart. Take on a challenging project. Over the weekend, fix up your place, maybe with help from your friends.

Leo (July 23-Aug. 22). You're even more powerful than usual this week. Focus on



making money. Present your argument Monday and Tuesday. Rake in the

coin from Wednesday through Friday. This weekend's good for learning, so a weekend class would be perfect. Take along your mate. If you don't have one yet, you might find one there.

Virgo (Aug. 23-Sept. 22). You're awesome this week. On Monday and Tuesday, finish old business



old business perfectly. From Wednesday through Friday, you're looking good. Begin new projects on Thursday or Friday. Figure out where you'll get the money over the weekend. Maybe you can work some overtime, too.

Libra (Sept. 23-Oct. 23). Details are important this week, and neatness counts, too.



On Monday and Tuesday, don't party too much, or you'll be in a world of hurt

from Wednesday through Friday. There's a big exam coming up. It makes a lot more sense to schedule your party for this weekend — after the tough part's done.

Scorpio (Oct. 24-Nov. 21). Team sports should go well for you this week, except



maybe on Monday and Tuesday. Be respectful then. From Wednesday

through Friday, your position improves, and your team has a better chance of winning. Over the weekend, relax, on purpose. You'll do that by ensuring that justice prevails.

Sagittarius (Nov. 22-Dec. 21). On Monday and Tuesday, there's too much work to



travel unless you can do both simultaneously. Be careful from Wednesday

through Friday. Be respectful, not resistant, and you'll do fine. Being perfect helps, too. Go out with friends over the weekend.

Capricorn (Dec. 22-Jan. 19). Travel, higher education and philosophy go well for



you this week. You're lucky in love, too. Focus on your future Monday and

Tuesday and borrow if necessary. From Wednesday through Friday, romance and travel look irresistible. Time for a honeymoon? Start new projects, too. Go along with an older person's whims over the weekend. Settle into a routine.

Aquarius (Jan. 20-Feb 18). Financial matters take the spotlight this week. On



Monday and Tuesday, you and your mate need to discuss money so you

can go shopping together on Wednesday or Thursday. By Friday, you'll be interested in other things, such as playing with your new toys, for example.

Pisces (Feb. 19-March 20). Partnerships are your major focus this week. You'll



be busy on Monday and Tuesday. From Wednesday through Friday, stick with your schedule, accept constructive criticism and work with a partner. Shopping looks good over the weekend; selling looks good, too. Things might get kind of chaotic at your house, however.

If You're Having a Birthday This Week ...

Sept. 6: Push to be even more perfect this year. Things are good, but make them better.

Sept. 7: The pressure makes you stronger this year. Hone your skills.

Sept. 8: Change is coming, so anticipate and manage it. Be in the driver's seat.

Sept. 9: You're powerful and smart this year. Develop hid-

den skills.

Sept. 10: This year, money's important so you can step outside your rut. Start saving

Sept. 11: Save your pennies this year, so you can go further than ever before.

Sept. 12: Take some of your earnings to upgrade your skills and live even better this year.

The Anchor

Students of all majors are invited to attend or meetings.

Every Wednesday at

12:30 p.m.
in the Student Union room 306

Layout Editor
Photography Editor
& Opinions Editor
will be held from
Wednesday, September 8, noon until
Wednesday, September 15, noon

Nominations for:

Elections will be held on: Wednesday, September 15, 1pm

Free food and drink!

lassified

- Speaks roughly 6 Give off
- 10 Old-fashioned oath
- 14 Extreme prefix
- 15 SAT section 16 Recently
- deceased Seat at a bar
- 18 Russian ruler
- 19 Detonator cord
- 20 Fraternity letter 21 Orated at a
- funeral
- 23 Glowing coal 25 Virgil's hero
- 26 Journalist Bly
- 29 Songstress Eartha 31 Tel Aviv flier
- 32 Venetian blind part 34 Macintosh, e.g.
- 39 Way to cook
- pasta Get on Amtrak
- 43 Spanish priest 44 Make reference
- 46 Mobile starter?
- 47 Annexes
- 49 Viewpoints
- 51 Well-grounded
- 55 Computer insert 57 Rescuer
- 59 Collar extension
- 63 Leer at
- 64 Have lunch 65 Practice piece of
- music 66 Lion's fare
- 67 Means justifiers?
- 68 Enchantress
- 69 Table scraps
- 70 Highland loch 71 Odor
 - DOWN
- 1 Dry, crisp bread
- 3 Discontinue 4 Paddle wheel,
- e.g. 5 Deli sausage

- 2 Utah ski resort
 - - Come closer
- 48 Muffle
- 38 Hall-of-Famer Slaughter Actress Pat and

1999 Tribune Media Services, Inc All rights reserved.

7 Lively Polish

typeface: abbr.

11 Surgical dressing

26 Lowest high tide

30 List element

33 Allow to use

Utilitarian 36 Newman or

McCartney

37 Low-calorie

Ms. Fitzgerald

"Shane" star Alan

8 Emphatic

10 Pixielike

material

12 Confused

22 Suggest

24 Finest

13 Acts

- others
- 45 Goes up
- 50 Bare minimum
- 51 Play replay, often
- 52 Woods
- nickname
- 53 G-sharp

Answers

found else-

where in

this issue ...

- 54 Source for sugar
- 56 Clothe
 - 58 Climbing plant

9/7/99

- 60 Unadulterated
- Home of the first
- family?
- 62 Pre-Easter

Classified Ad Form

Classified ads cost \$1 for members of the college community. For anyone who is not a member of the college community, classified ads cost \$3 for 30 words, \$5 over 30 words. Please limit classified ads to 50 words.

Date ad placed:	Date of issue:					
Classification: ☐ For Sale / Rent ☐ Services	☐ Help Wanted☐ Personal	☐ Roommates ☐ Miscellaneous				
Print ad:	a rosonar	4 Miscerial roots				
Name:	Telephone:					
Fo	r verification numoses only					

Classified ads will be unacceptable if this form is not filled out completely. Classified ads may be placed, with payment, at The Anchor, Student Union room 308. Classified Ads

Need help studying?

Need help with term papers? Research? MLA format? Typing? Printing? Tutoring in English? Proofreading papers? I can guarantee success! Recent Grad w/ BA in English Lit. near RIC. Call Mark 353-9390. Days or evenings. Leave message. Rates depend upon assign-

Spring Break 2000 w/ STS Join America's #1 Student Tour Operator to Jamaica, Mexico, Bahamas, Cruises, and Florida. Now hiring oncampus reps. Call 800-648-4849 or visit online www.ststravel.com.

Dexedrine Study

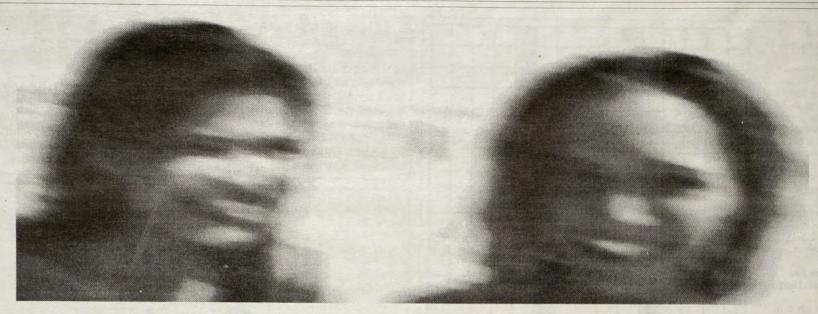
The Miriam Hospital is seeking subjects between 21 - 35 years old for a research study.

The study will examine the effects of dexedrine, a stimulant and appetite suppressant.

Subjects will receive a free one hour medical screening that includes a physical exam and lab tests. Subjects will then participate in a one hour session followed by two - four hour sessions, one week apart, at The Miriam Hospital.

Participants will be compensated for completing the study.

> Call 793-3808 for further information.



Warm, Wet & Wild an end of summer bash Pool Party At The Rec Center

Wednesday Sept. 22, 1999 \$2.00 w/ RIC ID \$3.00 to General Public 9p.m til Midnight

> Free Food! Free Soda

Awesome Door Prizes! Live DJ provided WXIN

Sponsored by The Anchor¥WXIN¥SCG¥Ric Athletics & Recreation