



The Anchor

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Rhode Island College's Student-Run Newspaper

November 2, 1999

Managing Emotions

by Dr. Denise DeSesa-Smith
Counseling Center

Emotions- they can be a best friend or a worst enemy. Mixed messages abound about how to

Insight-Out

handle them. We live in a culture which often implies and sometimes even mandates that we should smile when we feel unhappy, be nice when we are angry, and feel guilty if we aren't. At the same time, pop psychology tells us to express our feelings, release our anger, let go of guilt. What's a person to do?

Sometimes, we may find ourselves trying to manage emotions by instructing ourselves not to feel what we feel. In fact we may even find ourselves, in an attempt to be helpful to a friend, saying things like, "you shouldn't feel that way". At other times, we may release things we wish we hadn't. We may behave in ways that neither we nor our friends and family understand, as an indirect way of expressing an emotion we didn't even know we were feeling.

What little we know about emotions is usually learned 'on the fly', in relationships, as we grow up. There are no required courses on the subject of feelings and what do do with them. So what do those who have actually studied emotions tell us about them?

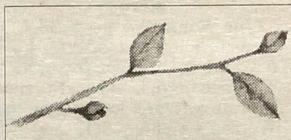
Most emotions are prompted by an interpretation of an event. For example, we discover that we have not been invited to a party. We interpret that the giver of the party doesn't like us. This may lead to

feelings of hurt and rejection. How might those feelings be different if we were to interpret the lack of invitation as an oversight rather than a deliberate wish to exclude?

Our interpretation of the event leads to a series of complex physiological changes including neurochemical changes in the brain which then lead to changes in muscle tension, nerve signals, heart rate, and temperature. The experience of these physiological changes prompts an urge to act. The action can be as subtle as a change in facial expression or as blatant as punching someone.

Emotions are hard-wired into the fabric of our being and with good reason. They serve important functions. They are an important source of information to ourselves and a vehicle for communications with others. For example, the anxiety we feel about an upcoming exam, (if it isn't experienced at a debilitating level), is what prompts us to study for it. The pain of fear causes us to avoid what is dangerous. The appropriate expression of anger may result in being treated more fairly.

So how can we begin to regulate our feelings in such a way that they serve a positive function in our relationships, at home, and at school? The first step is to develop the ability to identify emotions - to become mindful and accepting of what we are feeling. The temptation to judge our feelings as good or bad is a strong one. We should try to remember that the feelings themselves aren't good or bad, it's how we act on them that matters. Focusing our energy on what the



feelings is rather than judging the feeling can lead to a more positive outcome. This awareness and acceptance of the feeling may allow that little bit of distance from the feeling itself that leads to greater control and decision-making power about whether or not we want to express it and if so, how.

Dr. Marsha Linehan suggests the following ways in which we can reduce our emotional vulnerability, increase the positive effects of emotions and reduce the negative effects of emotions.

We can reduce our emotional vulnerability by taking care of ourselves physically. This means *treating physical illnesses* (being sick lowers our resistance to negative emotions), *balanced eating* (eating types and amounts of food that make you feel good), *avoiding mood altering drugs* (alcohol and drugs lower resistance to negative emotions), *balanced sleep* (not too much or too little), *exercise* (aerobic exercise is an antidepressant).

We can increase the positive effects of emotions *building positive experiences* (do something pleasant daily-e.g. soak in a tub, take a walk), *attending to relationships* (we need good relation-

"Emotions..."
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Holy Registration, Batman!

by Andrea J. Stewart
Staff Writer

Registration is a process sent straight from the fiery pits of hell. As a freshman, this whole experi-

Commentary

ence is relatively new to me; at orientation, they basically held our hands as we chose our classes and sent us to the Student Union phones in small groups. There were a million people to talk to if we encountered problems. While we were constantly reminded that next semester we would receive no such treatment, no one ever said just what an ordeal registration could be.

I set my alarm for 8:28 a.m. on Wednesday morning, planning to register for my spring classes at 8:30 a.m. and go right back to bed. Now, I realized that perhaps it might take a few tries to get through; after all, there are other students out there. I did not, however, expect to get a busy-signal for 20 minutes straight...that's a hell of a lot of times pressing re-dial. Once I finally made contact, however, I was almost immediately disconnected. I received a partial greeting and then...nothing. I moaned, I groaned, and I continued dialing. It was another 20 minutes before ringing through again. This time, I did not punch in the right sequence of social security number-pound-pin number...and that, I admit, was my fault. Severely aggravated, I continued smashing the re-dial button.

My 8:30 a.m. scheduled time had become a joke. It was around 9:30 when one of my suite-mates wandered in and informed me that she had completed registration...even though she was scheduled for 10:30. She had called an hour early and was allowed to process information; I, on the other hand, had been calling for an hour. I needed

help. I turned to the registration booklet and found the phone number for the Records Office, deciding that maybe they could offer me some guidance. A few times the line was busy, a few times it just rang and rang. Why was the place for "general registration issues" unavailable at a key question time? One would think that they would be unable to answer registration questions *during* registration. But, I digress...

The registration booklet mentioned the number for OASIS, so I deemed them my only hope and gave the office a call. The girl who answered the phone informed me that everyone was expecting problems, and the best advice was to just keep trying. But why should we have to go through such torment in today's technologically-advanced society? We can call California on a cell phone no bigger than a fist, but it takes over an hour to register for college classes. Can't there be more phone lines open, quicker ways to process information...anything to make the registration process go smoother? Anything at all?

I am not whining. I am not complaining because I want everything to accommodate my schedule, and make my own life easier. I dealt with the endless busy-signals, and even though I still hear them pulsing through my brain hours later, I made it through. I do not, however, believe that we should have to go through this every time we need to pick new classes. While some students luck out, meaning that they wait a maximum five minutes and are all set, many students have problems with the system. I happened to be one of them, and that leaves me feeling bitter and angry...and dreading future registration sessions. An act as simple as choosing classes should not be so complicated. Reform is definitely in order.

Professor responds to anonymous letter

I am greatly disturbed that you printed, in the 10-19-99 issue, an anonymous letter filled with sar-

Letter to the Editor

castic, mean barbs aimed at several of my colleagues at Rhode Island College. The author of that letter shot forth, with leaden bow, claims of alleged inadequacies and/or misdeeds by these colleagues. These vicious slurs went completely unsupported by Ms./Mr. Anonymous.

Furthermore: The naming of a campus building or of its parts pales in comparison to the con-

crete existence of the new performing arts center. This structure greatly enhances the College, which has long needed adequate facilities for her outstanding education in, and performance of, music, theater, and dance. The faculty and staff who move into the new PAC benefit; their students benefit; their audiences benefit. This will happen no matter what name "Robert's Auditorium" comes to have.

Caroline B. Tropper
Assistant Professor of Computer Science

RIC Dialogue on Diversity Committee sponsors 'Promising Practices' multi-cultural media fair

Educators for K-12 in Rhode Island and nearby Massachusetts, who are searching for diversity-related materials and ideas to use in the classroom, will find a plethora of information at "Promising Practices," a multi-cultural media fair, on Saturday, November 6, at Rhode Island College. The day-long program features a keynote speaker, panel discussions, workshops, role plays and exhibits of classrooms materials including video screenings.

The program, which is organized by the college's Dialogue on Diversity Committee, is structured to place K-12 educators in meaningful conversation with a variety of resource individuals, exhibitors, and diversity experts. Continuing Education Unit credits are expected to be offered for this program.

The keynote speaker will be Patricia Medeiros Landurand, professor of special education in the Feinstein School of Education and Human Development at RIC,

whose address is entitled "Making it Happen: Fostering Cultural and Linguistic Diversity in our Schools."

In addition, about 20 workshops, which are offered in three groups of concurrent sessions and conducted by RIC faculty and staff and professionals in the community, are scheduled. Topics include "Diversity on the Web," "Learning Strategies for Diverse Students: Recognizing Gifted Students of Color," "Cultural Diversity in the Classroom," "Visualizing Race," "Role Playing: Strategies to Deal with Diversity Issues," "Problems Facing the Southeast Asian Community in Rhode Island," and "Humanizing Pedagogy: The Cape Verdean Student as an Active Participant in Learning."

An open session, "Sharing Your K-12 Strategies," will provide an opportunity for participants to share their promising practices with each other. The film "Desperately Seeking Helen" will be

screened.

Registration, the opening exhibit of classroom materials, and introductions start at 8:00 a.m. in the Student Union Ballroom. The workshops start at 9:30 a.m. in Gaige Hall. The keynote address begins at 11:15 a.m. in Gaige Hall auditorium. Workshops resume after lunch with sessions scheduled at 1:30 p.m. and 3:15 p.m.

Besides the Dialogue on Diversity Committee, the event is being sponsored by the Office of the President, the Feinstein School of Education and Human Development, the African and Afro-American Studies Program, and the College Lectures Committee.

Pre-registration is encouraged. The cost is \$10 for the public. For more information, contact either one of the Promising Practices Committee co-chairs: Daniel Scott, assistant professor of English, at 456-8679; or Ellen Bigler, associate professor of secondary education and Anthropology, at 456-8385.

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A Flea In Her Ear is a French farce

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Campus Ministry News

• Rev. Larry Nichols will be conducting Bible Study on Mondays from 10:00 a.m. to 11:00 a.m. Everyone is invited to join Larry in room 300 of the Student Union for an informal discussion of the Bible.

• Catholic Student Association (CSA) meetings are held Wednesdays from 12:30 p.m. to 1:45 p.m. in our office. Any Catholic student who would like to be a part of this group can drop in on any meeting to receive more information. Pizza and refreshments are provided on a bi-weekly basis.

• Fr. Joe Pescatello will celebrate a weekly Catholic Mass on Sunday evenings at 10:00 p.m. in the Student Union Ballroom. Students as well as faculty and staff are welcome to participate.

• All members of the Rhode Island College community are welcome to attend a special Mass on December 5. The celebrant will be Bishop Robert Mulvey. A reception for the Bishop will be held at 8:30 p.m. and Mass will follow at 10:00 p.m.

Registration Now Open for Baseball Hall of Fame Trip

Have you always wanted to visit the Baseball Hall of Fame but didn't have the time or the money? Now is your chance. On Saturday, November 20, there will be a bus trip to Cooperstown, New York to check out the Hall. The price for RIC students is only \$24 (all others pay \$48), and that includes admission, transportation on a luxury motorcoach (equipped with

VCRs), snacks, and movies to watch on the ride up and back. The bus will leave the Recreation Center around 6:00 a.m. and return approximately 11:45 p.m. Availability is limited. Registration forms are located at the Rec Center, or for more information, contact Frank Anzeveno at 456-8400.

Horace Mann Technology Center Lab Seating Policy

Effective Monday October 25: All students wishing to use the computers at the Horace Mann Technology Center will be required to trade their RIC ID for a COMPUTER CARD. At the entrance of the Technology Center will be a Network and User Services student employee assigning computers to students. When all of the machines are being used, a waiting list will be formed to ensure that the first available person waiting will receive the first available computer. Upon exiting the lab, the student will return the COMPUTER CARD for their RIC ID.

Women's Center Workshops

The Women's Center is holding the following workshops during the fall semester:

- November 3 Homophobia from 12:30 p.m. to 2:00 p.m. in the Student Union Ballroom
- November 10 Demonstrative Yoga Workshop from 12:30 p.m. to 2:00 p.m. in the Student Union Ballroom
- November 17 Eating Disorders presented by Trudy Mulvey

mindful of worries (try not to think about when it will end, or how much is expected of you now, or whether you deserve it).

To reduce the negative effects of emotions, *expose yourself to them* by observing and describing them exactly as they are, but not necessarily acting

on them. This will reduce your fear of the feelings and they will be more tolerable. Finally, when the situation calls for it (e.g. you have an exam to study for a class you go to and/or expressing and experiencing the feeling in that moment is not likely to lead to a positive

outcome), you can *change your emotions by acting opposite to them*.

For example, when you are afraid, approach what are afraid of rather than avoiding it, when you feel sad, get active, when you feel angry, gently avoid the person you are angry with

Women's Center, BSWO, and SOS food drive

The Women's Center, BSWO, SOS are holding a food drive from November 1 thru November 19. The food drive is to benefit families. Boxes are located in the Women's Center, SOS and the School of Social Work. Please give generously. For more information, contact Jen, Nathan, or Robin at 456-8474.

Psych Society Penny Wars

Attention students and faculty! Show your spirit and help the Psychological Society by bringing all of your pennies and other change to Donovan for the Faculty vs. Students penny wars. The war begins on November 1 and lasts until November 5 everyday from 11:00 a.m. to 2:00 p.m. Half of all proceeds will be donated to Adams Library.

Student Liaison Committee to meet

The Board of Governor's for Higher Education Student Liaison committee will have an open meeting with students on Wednesday, November 3. The meeting will be from 12:30 p.m. to 2:00

p.m. in the President's Dining Room. This is an opportunity for students to voice their concerns and questions to the committee. For information, contact Kristen Salemi at 456-8034.

Young Alumni Group plans networking event

The Young Alumni Group at Rhode Island College has scheduled its first "RIC After Five" evening for Thursday, November 4 from 5:30 p.m. to 7:30 p.m. in the Alumni Lounge in Roberts Hall. Sponsored by "younger" alumni (from the class of 1987 on), it is open to all alumni and friends. It will provide an opportunity to network and socialize. Many younger grads are testing new career paths and looking to share insights on careers. Refreshments will be available. For more information, call the Alumni Office at 456-8086.

VICA to sponsor food drive

VICA (Vocational Industrial Clubs of America) a non-profit student organization is sponsoring a Can Good Drive from November 8 to November 22. Drop-off locations are Robert's Hall, Donovan Dining Hall, and Student Union Info Desk. All donations will be given to Chaplain's office and will be distributed to those less fortunate (for Thanksgiving food baskets). Any questions, please contact Denise or Nicole Tondreau at 765-1947.

RSA going trick or treating for less

rather than attacking. Do something nice rather than mean.

If you would like help in applying any of these techniques or would like to discuss your individual situation call x8094 or come to Craig-Lee 130 to schedule an appointment at the Counseling Center.

fortunate

The Residential Student Association is going trick or treating for canned and they need help. They will be collecting cans in various communities in Rhode Island on Sunday, November 7 from 1:30 p.m. to 3:30 p.m. This also can be counted for community service hours. For more information, contact Cara at 521-2224.

Meningitis Vaccination Clinics to be held

Attention RIC students! Meningitis Vaccination Clinics will be held on November 4, 5, 8, 9, and 10 from 10:00 a.m. to noon and 1:00 p.m. to 3:00 p.m. at Student Health Services. Student ID is required at the clinic site. In accordance with Department of Health Regulations, the age limit is 22 years of age. Those who have been previously immunized do not require re-immunization. To schedule an appointment or for further information, call 456-8055.

Trip to new Mystic Aquarium and Shopping Village

There will be a RIC trip to the new Mystic Aquarium and shopping village on Saturday, November 6. The bus will leave the Student Union at 10:00 a.m. and return at 5:00 p.m. Ticket price is \$4 for RIC students and \$12 for non-RIC students. Ticket prices include transportation, aquarium admission (a \$15 value) and an end of the day pizza party. For more information, contact Aquatics at 456-8227 or Student Activities at 456-8034.

"Emotions..." Continued from Page 1

ships to be happy), being mindful of positive experiences (refocus on the positive parts of events when your mind wanders to the negative), being un-

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-or-

The National Youth Leadership Forums
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Please call Toll Free at 1-877-282-4952 no later than November 9, and ask to speak with one of the program co-founders: Barbara or Richard



The Anchor

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Free access to ideas and full freedom of expression.

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Rhode Island College offers Web-based Economics course

Course provides opportunity for busy professionals
to "go back to school" without going to school

The Department of Economics and Finance in the Center for Management and Technology at Rhode Island College is offering a new, web-based, on-line section of Economics 200: Introduction to Economics, for the spring semester, which begins January 25 and concludes on May 12, 2000. The three-credit course, which satisfies a requirement in the general education program at the College, is entirely web-based. Students can even register and purchase the textbook without having to leave the office or home.

"The class is especially appropriate for students who are not regularly on campus due to work, family, and other commitments," says Peter Moore, professor of economics, who will be teaching the distance learning course. "It is ideal for working professionals

who are considering going back to college and want to try a course to see if they can manage it. The course is a basic economics course and meets a general education requirement."

Students can register through the College's continuing education office if they are not currently pursuing a degree at the College. During the semester, they will access and view course material on the web site dedicated to the course, communicate with the instructor and their classmates electronically, browse the Internet to find and read material related to topics addressed in the course, and participate in class discussions by using an electronic bulletin board and chat rooms. Access to the course lessons and discussion is by course password, which is provided to enrolled students.

The economics course will introduce students to fundamental, micro, macro, and international concepts and principles to current issues so students learn the economic way of thinking.

Topics to be explored include economic growth, inflation, unemployment, poverty, environmental problems, and governmental regulation. The course is divided into 15 weekly lessons that begin on Monday, January 25 and conclude on Wednesday, May 12.

The course is offered through the continuing education office at the College. For more information on registration, call 401-456-8091. For more information on the course, visit the Web site at <http://webct.harcourtbrace.com:8900/public/ricecon200/> or contact Moore via e-mail at pmoore@ric.edu.

Stop the Flu Before it Gets You!

Can Influenza be Prevented?

Yes, the best way to prevent yourself from getting sick and miserable from the flu is to receive the flu vaccine. Along with getting the vaccine, good hand washing practices are recommended.

What is Influenza?

The flu is a viral infection. It is an acute, contagious infection characterized by sudden onset of fever, chills, headache, body aches and pains, sore throat, and a runny nose. The flu differs from the common cold in that it is easier to catch and pass to others. It can last for weeks. The flu normally occurs in the United States from November to April. For most people the virus is gone within a few days, some may have it more seriously and need to be hospitalized.

Who is at Risk?

Everyone is at risk of getting the flu. Some people may experience more serious complications such as developing pneumonia. The following is a list of people who are at risk for experiencing these complications: people with: Asthma or breathing problems, high blood pressure, anemia or blood disorders, diabetes, kidney problems, and impaired immunity.

Who Should Get the Vaccine?

Everyone should get the vaccine. Even healthy younger people

should receive the vaccine. Again people that are chronically ill are advised to get the shot as soon as possible. We all have busy schedules and missing class and work is a hassle.

Are There Side Effects?

The vaccine does not give you the influenza virus. Although the reactions are minimal to none, there may be a temporary low grade fever, and some minor aches and pains.

Where Can You Get the Vaccine?

Well, that is very easy right here on campus. On Monday, November 8, there will be a flu clinic available to the students and faculty or staff of RIC. The Kent County VNA will be administering the vaccine from 10:00 a.m. to 12:00 p.m. It will take place on the first floor of the Fogarty Life Science building in the nursing laboratory room 124. Please wear loose fitting clothing so that the arm is accessible. People for whom this is their first flu vaccine should have to stay fifteen minutes to be monitored for any reactions to the vaccine. The cost of the vaccine will be \$12.00.

Hope to see you there!

Any questions or concerns? Please call the Office of Health Promotions at 456-8061

Sponsored by the Office of Health Promotions, co-sponsored by the Nursing Department

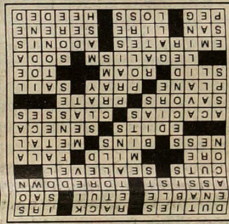
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#93
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Lavigne Leads RIC Men's Soccer

by Kristen DiChiario
Staff Contributor

Most people have a lot of great memories from their college experience. Rhode Island College senior Jeff Lavigne is playing his final season for the men's soccer team and loving every minute of it.

"This has been the best season I've ever had playing soccer," the Glendale resident says. "I can't think of a better way to finish up my college career than playing with these guys. It's been an anchor playing with this team."

Lavigne has a great deal of confidence in the team and their capabilities this season. The Anchormen are currently 6-6-2 overall with two games left to play in the season. "We're a totally different team from last year. Tactically, we're playing a lot better as a team. We're starting to believe in the system and everybody is playing with their heads up."

With a 2-3-1 mark in the Little East Conference, the Anchormen are currently tied for fifth place. The 5'10" back is leading the team as a captain along with senior Dan DiPrete this year. "I look at being captain as an honor," says Lavigne, who was a captain last season as well. "It's been great having Dan by my side to help lead the team together."

RIC Head Coach Len Mercurio feels confident every time Lavigne steps on the field. "Jeff is the heart and soul of this team. He's filled every role we've asked him to play. Whether it's playing solid defense, or jumping up into the offense, he's done a great job."

Lavigne also has high regards for the coaching staff. "They have done a tremendous job with the team. They have made us believe in the system and ourselves. We're confident we can win against any team it we play hard and stick together because of their coaching and guidance."

He has one goal and a team-high five assists for seven points this year. Although he suffered a knee injury in the middle of the season, he has started every one of the 13 games he's played in.

Last season, the Anchormen finished with a 10-9-0 overall record and a 2-5-0 mark in the Little East. "Last year was a good building year for us with the new coach and new players. We developed a good nucleus, and after playing together for awhile, we've really started to gel."

Lavigne was named First-Team All-Little East last season as a mid-fielder. He was also named the Notre Dame College (NH) Invitational's Most Valuable Player. He finished the '98 season with nine goals and two assists for 20 points.

He was named Second-Team All-Little East in 1997 with three assists for three points. In his first year at RIC in 1996, he scored five goals for ten points.

Lavigne is a 1995 graduate of Burrillville High School. Playing soccer his four years there, he compiled many achievements. As captain of the soccer team his senior year, Lavigne was named All-State and MVP of the team. In both his senior and junior years at BHS, he was a *Woonsocket Call* All-Star. Also in his junior year in 1993, he was named First-Team All-Division. Lavigne was named First-Team All-Division his sophomore year in 1992 as well.

Lavigne is a criminal justice major and plans to graduate in the



Photo by Tom Maguire

Jeff Lavigne, making his last season a great one.

spring of 2000. He hopes to continue playing soccer and attend graduate school after graduation.

RIC Intramural Leagues update

by Vinny Orleck
Staff Contributor

Approaching the halfway point of the Intramural season, it looks like a dogfight to the very end in 5-on-5 basketball while whiffleball still retains one undefeated team, the All-Stars, that features two of the top three hitters and RBI producers. Dave of the Braves is still outpacing the rest of the league with 37 strikeouts while the next closest total is 25 by the Red Sox.

The real story of the week occurred in 5-on-5 hoops, where the last undefeated team, Dexy's Midnight Runners, suffered a controversial defeat at the hands of the 3 Pointers. The Runners played the game with only 4 players — and still took it to overtime! It was a two point game when the contest was declared over by the refs. In other action, the Hot Boys won their first initial game by beating the True Soldiers, and Trigger Happy is

still looking for their first win after losing to the Ruff Ryders. Ken Jernigan still leads the league with 22.7 ppg. and 14 three-pointers.

QUICK-PITCH WHIFFLEBALL STANDINGS

RANK / TEAM (w-l)

1. All-Stars (3-0)
2. Funk P. (2-1)
3. Red Sox (2-1)
4. Braves (2-1)
5. MSG's (1-1)
6. Townies (1-2)
7. Bears (0-2)
8. Triple Play (0-3)

5-ON-5 BASKETBALL STANDINGS

RANK / TEAM (w-l)

1. Dexy's Midnight Runners (2-1)
2. Ruff Ryders (2-1)
3. Hot Boys (1-0)
4. 3 - Pointers (1-1)
5. True Soldiers (1-2)
6. Trigger Happy (0-2)

AQUATIC PROGRAMS AND SPECIAL EVENTS

WANTED — Active people to take part in a cutting edge group fitness experience

WHEN — Mondays and Wednesdays 8:30 p.m. to 9:15 p.m.

WHERE — Recreation Center Pool

WHAT — Aqua Boxing

WHY — Be an innovator! Be one of the first to try Tai Bo in the water. Get a great workout. Develop self-confidence, strength, power, and control.

This class has all the elements of cardio-boxing, but it's new and different. Give it a try.

Lots of people don't know how to swim or need to improve the limited swimming skills they have. That is why the Recreation Center offers three different levels of instruction. Classes are usually small so students get a lot of individual attention and they are also free. If this is something you have been thinking about it's time

to take action. Sign up for a class; it can work for you.

SWIMMING FOR THE TERRIFIED

Wednesdays, 6:00 p.m. to 6:45 p.m.

BEGINNER

Tuesdays or Thursdays, 10:00 a.m. to 10:45 a.m.

IMMEDIATE

Tuesdays, 1:00 p.m. to 1:45 p.m.

Have you gotten your inner tube water polo team together yet? There is still time. Sign up at the Recreation Center Front Desk or show up at the pool on Thursday at 7:30. Come with a team or as an individual who will be placed on a team. Great competition, great fun! What could be better?

For more information about aquatic activities call Alan Salemi at 456-8227 or Janice Fifer at 456-8238.

Athletic Schedule

Men's Soccer

Friday	November 5	
	@ Little East Conference Tournament	TBA
Sunday	November 7	
	@ Little East Conference Tournament	TBA

Volleyball

Friday	November 5	
	@ Little East Conference Tournament	TBA
Saturday	November 6	
	@ Little East Conference Tournament	TBA

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A Flea In Her Ear is a French farce

by Amanda Casiano
Staff Writer

After seeing *Camino Real* last season and more recently *A Flea in Her Ear*, I think that Brown University may want to consider changing the name of it's Stuart Theatre to "the Nut House." So far, what I've seen is strange. Granted, *A Flea in Her Ear* is a French farce, so it's supposed to be strange, but this production was a bit over the top. Say, ten feet over. I'm not sure if it's because the director had an unusual concept, or because the author of *A Flea* went insane (I'm not kidding!) but this show was downright bizarre. Deep down, underneath mountains of "artistic concept", *A Flea in Her Ear* is very much like any other "door slamming" French farce. It's very light, funny, and devilishly clever. These are the standard twins, mistaken identities, infidelities, and, of course, three doors center stage from which

characters pop in and out. (If anyone is confused and doesn't know what a farce is, an example is *Noises Off*, rent the movie, though it isn't as good.) Sounds fun, right? Kinda like a Stooges Marathon? Well, it would have been, had it not been for the aforementioned mountains of "concept". What was this concept? Well, phonetics would be my guess, but I can't be too sure. You see, there's this character in the play that doesn't have a roof to his mouth. Therefore, he speaks all in vowel sounds. A,E,I,O,U, you college people, make your parents proud! This causes confusion, as you can imagine. But because of this character's impediment, which isn't the most important dilemma of the play, either the author or the director decided that the phonetic vowel sounds should be displayed prominently on the set. That makes a little sense, but then music began to play every time a door, bag, let-

ter - Anything was opened, and immediately stopped once said item was closed. Then, the butler put on a can-can outfit, an unintelligible Hungarian appeared out of nowhere dressed as a fish, and every time someone said the protagonists name, "Chandebise", everyone on stage and backstage repeated the name several times either under their breath or at the top of their lungs. The effect was something like this...

One actor: "Well, Mr. Chandebise..."

All: "Chandebise, CHANDEBISE, Chandebise, Chandebise..."

One actor: "...Your room is ready!"

Strange and confusing. It was like Monty Python, only it wasn't funny.

All I can say about this play is that if you want to spend a night scratching your head with a half grin on your face, go to the "Nut House", I mean "the Stuart".

"The House of Blues" celebrates the blues from Texas and the Gulf Coast at the PPAC

The 1999 Lone Star Tour will proudly present an extraordinary evening of Texas blues music with **THE HOUSE OF BLUES** at the Providence Performing Arts Center, on Thursday, November 4, at 8 p.m.

This event is a musical adventure through various genres of Texas blues music, from roots to rock and from zydeco to R&B. This all-star presentation features three of the Lone Star state's top performance acts: The Fabulous Thunderbirds, Clarence "Gatemouth" Brown with Gate's Express, and C.J. Chenier with The Red Hots. Presenting an eclectic package of artists, The Lone Star Tour offers audiences a melting pot of music typically unavailable in traditional performing arts cen-

ters. The Fabulous Thunderbirds bring a fusion of blues, rock and R&B, having popularized roadhouse Texas blues. Clarence "Gatemouth" Brown is the foremost living exponent of traditional Texas guitar blues. C.J. Chenier has long been referred to as "The Crown Prince of Zydeco." Together, these artists form a unique blend of traditional and fantastic Texas blues music.

THE HOUSE OF BLUES will perform Thursday, November 4, 1999 at 8 p.m. Ticket prices range from \$15.00-\$35.00 and may be purchased in person at the Providence Performing Arts Center Box Office and Ticketmaster at (401) 331-2211. For groups of 20 or more call (401) 421-2997 ext. 3121.

RIC's Bannister Gallery to feature work of sculptor E. Mayer

The art of Edward Mayer, a sculptor whose primary focus for the past 25 years has been site-specific installations, will be on exhibit in Rhode Island College's Bannister Gallery November 8-24. It is free and open to the public.

Mayer's projects involve using simple, readily available materials to create complex constructions which respond to and affect the environment in which they are presented.

These projects involve using simple, readily available materials to create complex constructions which respond to and affect the environment in which they are presented.

The projects assert the historical values of formalist thinking in sculpture, while at the same time de-emphasizing the value of sculpture as a distinct and permanent object, since the works exist only for the duration of the exhibit, according to Dennis O'Malley, gallery director.

Following an introductory talk on his work Thursday, November 4, at 5:00 p.m. in Alger Hall 116, Mayer will spend three days constructing a unique piece in the gallery.

Mayer is a professor of art at the University of Albany, SUNY, and the recipient of numerous awards and distinctions, including three National En-

dowment for the Arts fellowships in sculpture.

His work has been included in venues ranging from the Sao Paulo Bienal to a host of national and international museums, and was featured recently in an issue of *Sculpture Magazine*.

This exhibition is being coordinated by William G. Martin, assistant professor of art. For more information, call Dennis O'Malley at 456-9765.

Gallery hours are Tuesday through Saturday from 11:00 a.m. to 4:00 p.m. and Tuesday and Thursday evenings from 6:00 p.m. to 9:00 p.m. The gallery is closed on holidays.

Attention FSEHD Students

Looking to gain experience in the field of education, complete your community service requirement, add to your resume, and participate in an outstanding RIC community outreach project? Then "ONCE UPON A TIME... A READING PROGRAM FOR PRESCHOOLERS" is for you!!

For information contact Liz Garofalo at 456-8877.



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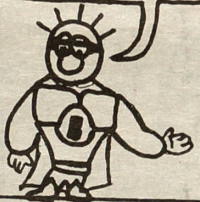
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UPPERCLARENCE

by Brent Robitaille

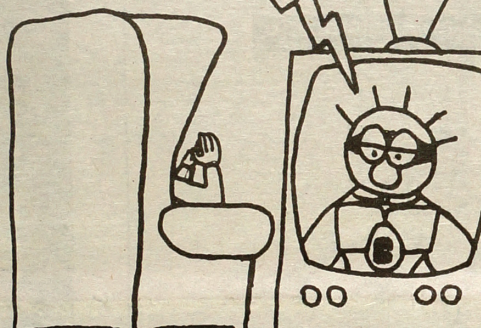
I would like to take this opportunity to introduce myself...



My true identity will, of course, remain secret. To the public, however, I am Super Clarence. I hereby promise to always use my abilities of flight, super-human strength, and virtual invulnerability to help the citizens of this metropolis with whatever threat they may face.

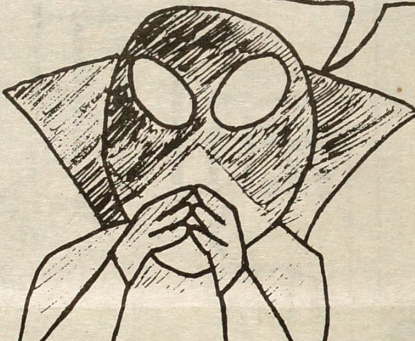


Together, I am confident that we can carve out a bright future for Town City...



...for years to come!

Soon, hero. Soon your time will come. Then all will see that it is I who will carve out this city's future!!! HAAA HAAA...



Who is this new villain? Will he make good on his threat against our hero? Answers next week!!

NUTTY

By Robert Anderson

The actual Duct tape used By King Tut and only \$30!

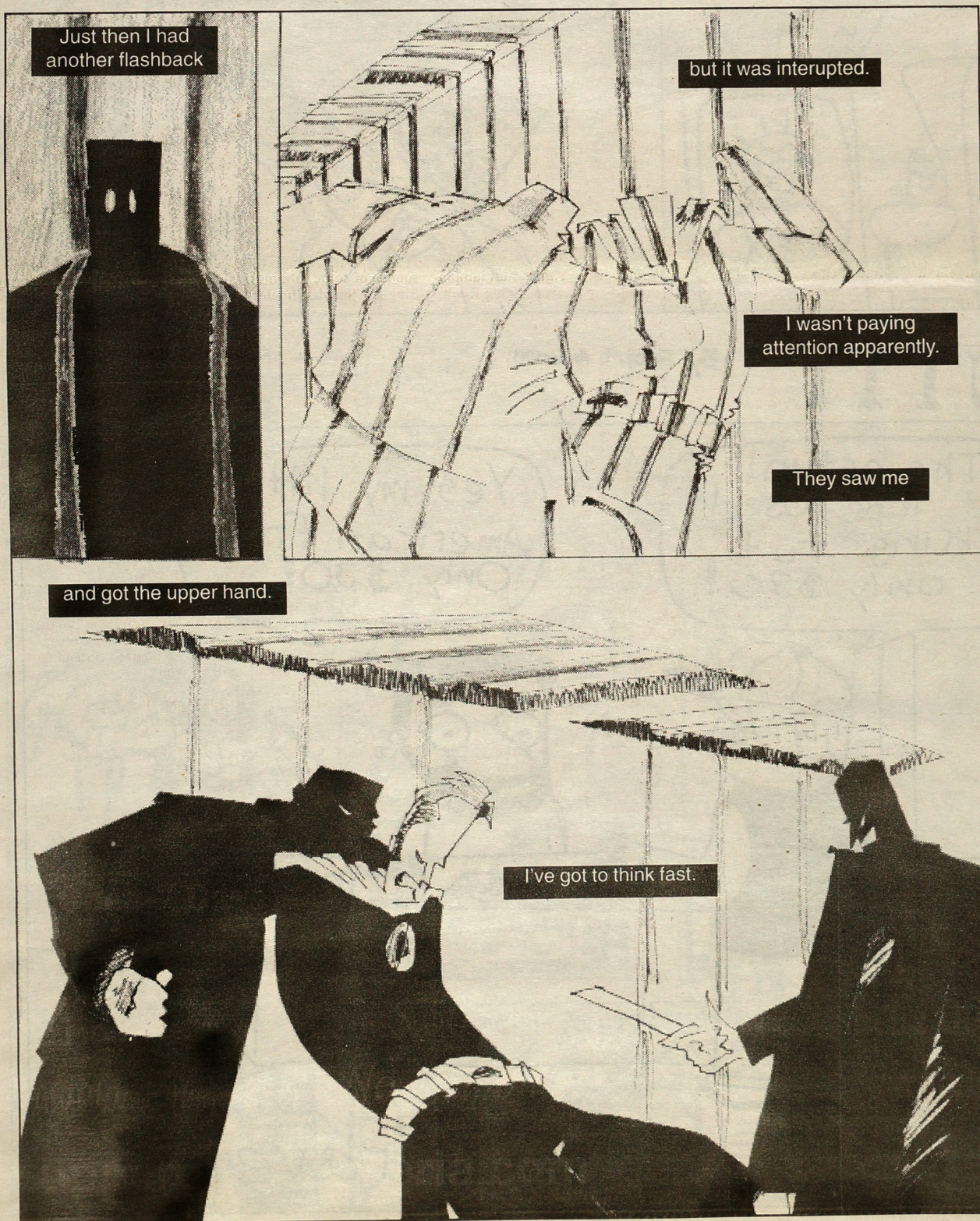
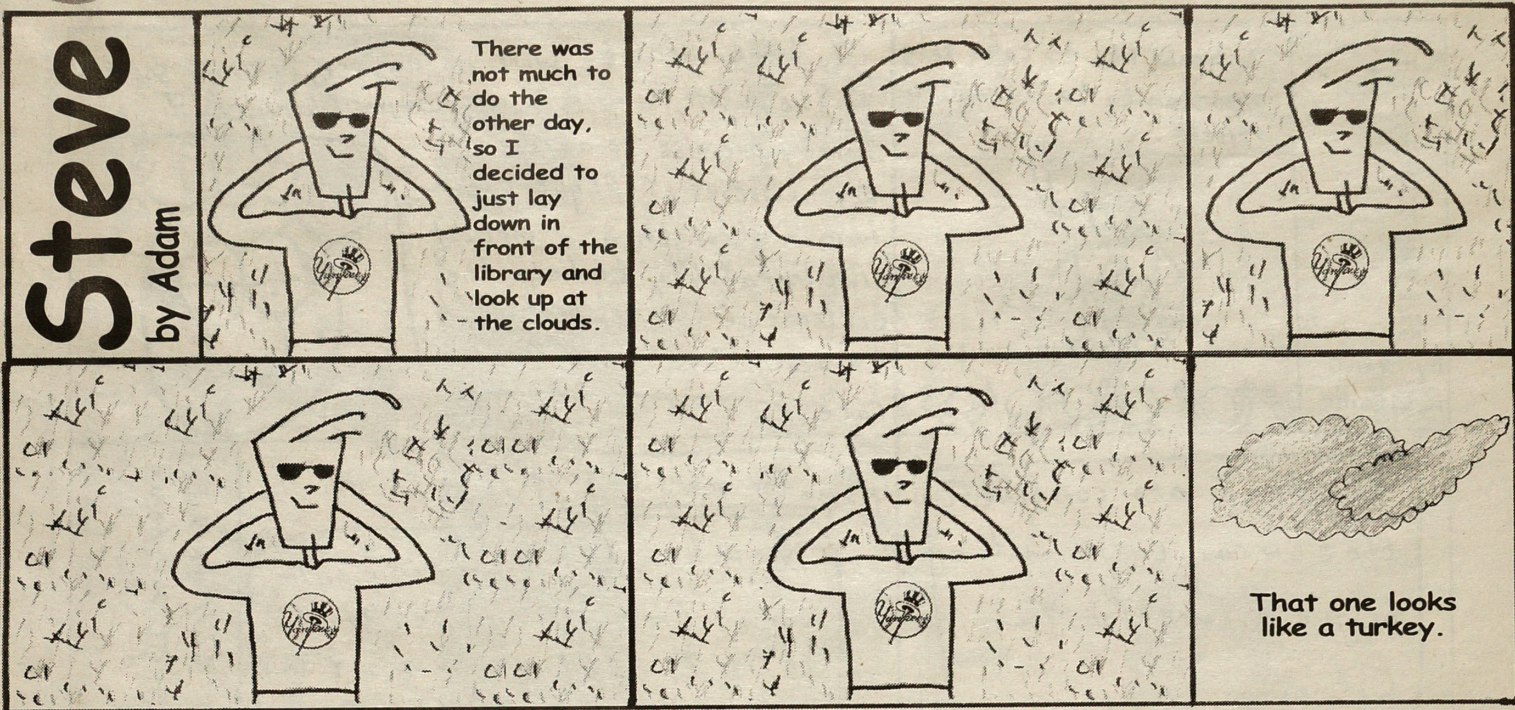


Yes my little American friend Only \$30!





Gullible's Travels



the rock© by peter forstrom

Start Steppin'

by Heartless Jim Braboy
Anchor Editor

"Those who have experienced nothing mistake the sound of weeping for singing." - Dahomey

Tuesday November 2

Whew. Daylight savings time, what a concept! Darkness, then light arriving. Have you ever wondered how to play a Xylophone to make those cool sounds and impress your friends? Well fret not, young Sancho. Tonight, your quest may be at an end. AS220 (115 Empire St.; 831-9327) is offering a **Xylophone workshop**. Head down there and learn some basics. They are having five of these workshops. \$5 will get you in. 7 p.m. is when it begins.

Or how about some **Karaoke**. But not just the regular run of the mill type stuff. Oh no we're talking about Punk Rock Karaoke. The place to be is The Call (15 Elbow St.; 751-2255). Jump up on stage and sing your favorite punk song while the band backs you up. Oh, and did we forget to mention who exactly this band is comprised of? **Greg Hetson** from Bad Religion, **Derek O'Brien** of Social Distortion, **Dez Cardenza** from Black Flag, and **Eric Melvin** from NOFX. Hmm, mmm good. It is an 18 plus event and only \$10 is what you must pay to enter. Or if you want to see real people sing, then try the **World Devastation Tour** featuring **Malevolent Creation** at Lupos Heartbreak Hotel (239 Westminster St.; 272-5876). Special guests **Broken Hope**, **Vital Remains**, and **Internal Bleeding** will be there also. Advance tickets are \$12.

Around the corner is The Met Café (130 Union St.; 861-2142). Inside, **P Squared** delivers a show, performance type of thing featuring **The Olivia Tremor Control**, **Bablicon**, and **Rebuilt Hanger Theory**. \$7 for this one.

Mellow out and maybe just grab a cup of joe from the Café as the **Hal Crook Trio** provides the background music for your mood.

cusses how the Vietnam conflict changed America's view of war, and the media's role in American Foreign policy. The discussion will take place at The University Of Rhode Island Chafee Hall (Upper College Rd.; 874-4437) at 7:30 p.m.

Wednesday November 3

Poets, gather your notebooks and or scraps of paper and take in a **Night of Poetry** performance at AS220. This event will be hosted by **Kristin Urrea**. There will be one hour of performances that may include poetry, prose, and rap. Following the hour of performances, there will be a round table discussion on the different pieces that were presented. It is a freebie and for more information, call 725-9412 or send e-mail to kristinmcdonald@yahoo.com. Get there early it starts at 6 p.m.

Ever wondered about that appendage at the end of your arm? Well for those of you who have them (hands), you may be interested in this lecture at RISD Auditorium (South Main St.; 454-6348). **Dr. Frank Wilson**, author of *The Hand*, a neurologist, and medical director of The Pete Zoswald Program for Performing Artists at the University California, San Francisco will be there. He will look in the hand and how it connects people to the world, conveys meaning, and emotion, and other stuff. The lecture starts at 8 p.m.

So you think you are tough? Then join assistant professor of Anthropology Brown University **Matthew Gutmann** for a talk entitled "The Meaning Of Macho." The place to be is Solomon Center For Teaching (College Green; 863-2476) at 8 p.m. and it is free of charge.

Tonight, journey to North Dartmouth, Massachusetts and just wander around. Well, ok, don't do that. Actually trek over to UMASS-Dartmouth Campus Center (285 Old Westport Rd.; 508 999-8136) for a dance concert featuring **Nick Cave** (no a differ-

plans to do in the Gallery. Edward Mayer's main focus has been site specific installations. Making something out of da stuff that he has around him in dat particular space. The talk starts at 5 p.m. On campus this evening, as part of the Rhode Island College Reading Series, poets **Karen Donovan** and **Jeffrey Greene** will be reading their poetry in the Faculty Dining Room South at 8 p.m. **Jeffrey Greene** is the 1998 winner of the Samuel Morse prize and **Karen Donovan** is the 1999 winner of the Juniper Prize. This a free event.

Did you know that this is the 1000th anniversary of **Viking Exploration** of this continent? Do you give a flying... Well for those of you who do, check out the Voyages festival. Today at 6:30 in the Salomon Center for Teaching, the **Baltic Philharmonic Chamber Orchestra** will present, play, perform the American premiere of **The Vinland Sagas** by **Gerald Shapiro**. Hmm, maybe the great Odin himself may preside over the activities. Or maybe not. You never know.

Psst, hey kid, cme? Wanna see something real cool? Come closer. Now close your eyes turn around three times, click your heels together, then open your eyes. Well it ain't Oz but it is a great public Art Space. AS220 is holding an **Open House** this afternoon. Go see what they have to offer, take some notes, then write a report.

In your travels, have you ever stopped by the **House Of Blues** up north? Hmm, well maybe you might need to be teased a bit. Tonight, sample some real down home Texas blues as the **House of Blues** tour pops in to The Providence Performing Arts Center. (220 Weybossett St.; 421-ARTS) There will be three bands to wet your whistle. Things start jumpin around 8 p.m. The Living Room is now where near the size of Texas but that won't stop them from bringing in some bands. On the stage at different times **Walker, Johnson Project**, **Big Rubber Mallett**, and **Cooler**. Call the club for the times and prices.

So you think your pen is the mightiest thing in this land? Your words have been known to slay mighty beast. And your vocal persuasion is unmatched. Yeah right. Prove your point and make your presence known at **The AS220 Poetry Slam**. Test your prowess against some of the best that North-east has to offer. Sign up for the open mike which begins at 7:30 p.m. with the slam kicking off at 8 p.m. \$4 will gain you entry for this night of word power. So you don't want words, just music. Well here are a few music type events that may or may not interest you. The Met Cafe has perform-

ers. You know, a group of individuals who make use of instruments and their voices. The performers are **Mark Robinson**, with special guests **True Love Always** and **Aden**. Admission is only \$6. Or if you want some pre-record stuff, try a night by the name of **Exodus** inside of The Century Lounge (150 Chestnut St. 751-2255). Selector **Paul Michael** will be spinning reggae calypso and r&b all night long. Did you make it there last week? There was a good sized crowd and special guest selector was running things. Find out for yourself. 18 plus \$5, 21 plus free before 10:30 p.m.

Friday November 5

Ok today do some deep knee bends and a few stretching exercises. The 4th annual fine furnishing show starts today in The Convention Center (1 Sabin St.; 846-1115). Wander around and take in the sights of handcrafted furniture and accessories for the home and office. There will be over 200 exhibitors there displaying a large



Dina Meyer as Sheila and Lou Diamond Phillips as Sheriff Kimsey in *Bats*.

assortment of products made out of wood, glass, ceramic, metal, fiber and stone. The main focus of this event will be furnishings made by **New England Craftsmen**. Doors open at 10 a.m.

Journey to Wakefield and stop by the Booth Contemporary Art Gallery (155 Main St.; 738-6378) for an art exhibit. Take a long look at collages and paintings by **William Klenk**.

Tonight, start things off with the sounds of some folk music. Folk Singer **Cheryl Wheeler** will be inside of The Odeum Theater (59 Main St., East Greenwich; 294-2215) singing and playing some music. Back in the city of Providence, **Jazz Poetry Jazz** is what you'll get once you step inside of AS220. Original works will be performed by Providence poets **David Church**, **Caryl Traugott**, and **Willis Whyte** with jazz provided by some of New England's top musicians. \$5 to enter the venue. Lupos has the **Supersuckers**, **Zeke**, and **Sinners Club**. Advance tickets \$10. Around the corner watch as *The Anchor Editors* attempt to open a trans warp conduit to oops wrong corner. An all ages show can be found inside of The Met Cafe featuring **Save Ferris**, and **22 Jacks**. Advance tickets are \$8. 18 plus show of the evening is at The Century Lounge as **Pretty Cool Chair** and **Uncle Sammy** gets there respective grooves going. \$6 for this show. On the big screen *Bats*, *Bringing Out the Dead*, and *The Bone Collector* starring Denzel Washington. The Bone Collector. That sounds like a title to one of those x-rated movies.

Saturday November 6

Whew, what a week. Can't wait for some more rain. Or how about some snow. Now that would only add to the excitement. Speaking of excitement starts things off with the 9th Annual Indoor Powwow. Join host **Drum Split Feather** and others at The Trudeau Center (3445 Post Rd.; 739-2992) in Warwick as they present a weekend of music, pony rides, dancing, crafts, storytelling, and a yummy BBQ. Or you can check out **November Fest 1999** at the East Greenwich High School (Avenger Dr.; 884-6043) this 20th annual celebration of traditional and contemporary arts should have a little bit of everything. Jewelry, baskets, glass, ceramics, and holiday crafts. There will be over 75

booths, pius raffles, a harvest cafe, and much more. Jump in your vehicle of choice and take part in fleet free Saturday at **Slater Mill Historic Site** (67 Roosevelt Ave.; 725-8638). Today all tours are free, so get goin.

Tonight, it's an encore of **Jazz Poetry Jazz** at AS220. The doors open at 7 p.m. The Living Room

has **Deep Banana Blackout** with special guest t.b.a. Step down the stairs lightly into the Century Lounge so you can see **Another Planet** with **Pok n Beans**. Only \$6 for this 18 plus show. Run down to The Met Cafe and see the following bands: **Madball**, **Marauder**, **Nowhere fast**, and **Sworn Enemy**. Four bands for \$6

Sunday November 7

Go outside and gather up some leaves, place them in one of those lawn refuse bags, and place it in a well traveled spot. Now you are ready.

Set your coordinates for the Newport Islander Doubletree Hotel (Goat Island, Newport; 846-2600) for the **Aquidneck Craft Association Christmas Crafts fair**. Peruse the good selection of arts and crafts by locals. The fair begins at 10 a.m. This afternoon, stop by Slater Mill (67 Roosevelt Ave.; 725-8638) in Pawtucket for **Dress For the Times**. **Marie Dicks** will present a fashion parade entitled "Women in War and Peace" inside of the Wilkinson Gallery at 4 p.m.

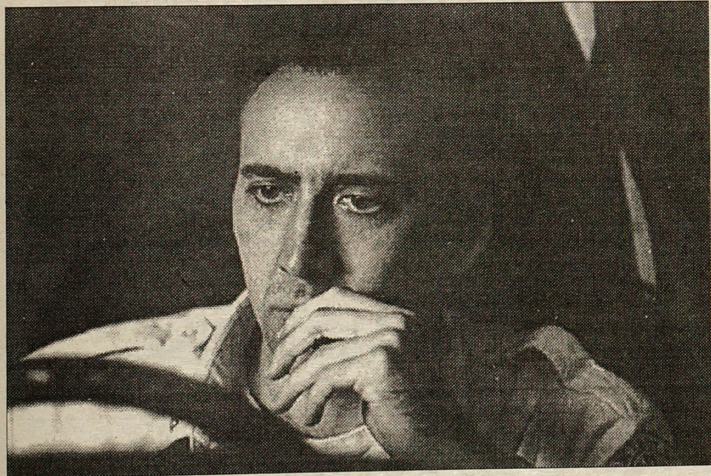
Tonight, it is an evening with **Mr. Bungle** at Lupos Heartbreak Hotel. Advance tickets are \$13.50. Around the corner in the Met Cafe you can listen, watch, and maybe hum along to **Erin Mckeown** as she does her thing on the stage, and don't sleep on **Andy Stochan-shy Band** which features **Ani DiFranco's** drummer. Only \$8 for that one

Monday November 8

Today stop by Bannister Gallery and see what sculptor **Edward Mayer** has accomplished. Take some pictures ask some questions, and take some notes.

Tonight, it's a festival of recent cuban videography. Join AS220's new cuban artist in residency **Luisa Marley** as she shows her work and the work of 9 Cuban Videographers. The showing starts at 7 p.m.

Last weeks answer was **The Raven** by Edgar Allen Poe. This week even easier. Name the butler in The Addams family. Send all guesses to **Anchor @postoffice.ri.edu**. If you are a member of one of the adjoining organizations, you can not win. Correct answers will receive free stuff. That's all for now. Be safe and remember: we won't leave ne lights on for ya.



Nicolas Cage as Frank Pierce in *Bringing Out the Dead*.

AS220 is where you can feel this way. 9 p.m. is when the music begins. And \$5 will be collected from you. But if you really want to get your dance on, then may we suggest **Energy**, a night of music. What type of music? Well, how about some deep soulful house Or happy hardcore, how about some jungle, or trance. Whatever you flavor it may actually be served. Strut your stuff inside of the Living Room (23 Rathbone St.; 521-5200). Call the volume info line for more information at 621-1547. For those of you in search of some cultural escapes, try this one. The **URI Honors Colloquium "Legacies Of The Vietnam War"** continues. Tonight, join battlefield correspondent **Peter Arnett** as he dis-

ent person). He will be doing the modern dance style, making use of Fiber art costumes. The concert starts at 8 p.m. and tickets are \$8. Or if heading out of state scares you, then stay within the boundaries of the Ocean state and travel to the city that Harbors the best for a dose of **New Orleans Funk**. The band by the name of Galactic hits the stage at Lupos Heartbreak Hotel with special guest **Anders Osborne**. Tickets are \$10.

Thursday November 4

This afternoon crowd into Bannister Gallery (Art Center 456-9765) for an Artist Talk as **Edward Mayer**, a sculptor who will speak about his work and what he

Horoscope

by Linda C. Black
Tribune Media Services

Aries (March 21-April 19). This week count your winnings and figure out which games to play next. Recuperate from the weekend on Monday. Pack a lunch Tuesday and Wednesday



because you won't have time to go out. Negotiate a settlement Thursday and Friday. Take care; misunderstandings will be plentiful. Figure out a way to get what you want over the weekend, with a good friend's help.

Taurus (April 20-May 20). Settle into a good partnership this week. On Monday, talk until you agree with each other. Figure out how much to pay on Tuesday and Wednesday. Get most of your letters out before Friday. Let your partner do the driving over the weekend. Figure out the agenda, too. Relax!



Gemini (May 21-June 21). This week take good care of other people, and they'll do the same for you. Learn as fast as possible on Monday. Clean house on Tuesday and Wednesday. Schedule your date



for Thursday and expect complications with travel and communications Friday. This weekend could be intense. Hit a big project hard. To finish it on time, get friends to help.

Cancer (June 22-July 22). You're in a fun phase. There's not enough money, but there's plenty of love. Don't worry Monday. You'll think of a solution to your dilemma soon.



By Tuesday or Wednesday, the answer should be obvious. Stay close to home Thursday and Friday. Have your date come to your house for dinner Friday night. Romance looks good over the weekend, too. Better pack the refrigerator Thursday.

Leo (July 23-Aug. 22). Home and family are your dominant themes this week. Arguments prevail on Monday, however. Get it talked out by Tuesday so you can focus on financial issues



then and Wednesday. Catch up on your reading Thursday. On Friday, practice something that's harder than it looks. Stay home and fix up your place over the weekend.

Virgo (Aug. 23-Sept. 22). Monday may be difficult. Do the tough job without arguing. On Tuesday and Wednesday, start

new projects, such as developing a new friendship. Ask for the money Thursday. Your life becomes more complex on Friday. You're smart over the weekend. Take on your most difficult assignment then.



Libra (Sept. 23-Oct. 23). This week learn how to wheel and deal from your friends. Don't do exactly what they say; use your own judgment. Get the details right on Tuesday and Wednesday. From Thursday through the weekend, you look good. Don't let disruptions impede your creativity on Friday. An action you take should pay off by Sunday.



Scorpio (Oct. 24-Nov. 21). You're in charge this week, even on Monday. Don't let a bump in the road slow you down. Rely on your friends Tuesday and Wednesday. You're pressured to perform on Thursday and Friday, so why not? You're looking good. Keep your secrets to yourself, however. Start new projects over the weekend.



Sagittarius (Nov. 22-Dec. 21). Your hopes, dreams

and fears are activated this week. Travel may have to be postponed on Monday. The check may get lost in the mail, too. Get your details right on Tuesday and Wednesday, especially if you're dealing with a big company. You're popular Thursday and Friday. Don't spread yourself too thin. All will not go as planned. A religious retreat or vision quest would be perfect this weekend.



Capricorn (Dec. 22-Jan. 19). Your friends are your bane and your bounty this week. Figure out where you'll get the money on Monday so you can have fun on Tuesday or Wednesday. If you can't go in person, travel electronically. Pay attention to home and business on Thursday and Friday. Take care from Friday on; make sure your safety net is in place. Party hearty this weekend.



Aquarius (Jan. 20-Feb. 18). This year you could be successful if you apply yourself. Practice on Monday. You may find a hidden treasure Tuesday or Wednesday. It's easier for you to get what you want on Thursday and Friday. Watch for slowdowns, though. You may feel stifled over the weekend. Recommit yourself.



Pisces (Feb. 19-March 20). You'll learn interesting things this week. There's more to be done than possible on Monday.



A partner helps you get organized Tuesday and Wednesday. Go shopping with a plan on Thursday and Friday. Travel looks good over the weekend. Near water would be best.

If You're Having a Birthday This Week ...

Nov. 1: You may want to resist authority this year, but you'd be smarter to learn from it.

Nov. 2: Let your friends lead the way to success — and to fun.

Nov. 3: If you scratch another person's back this year, he or she will scratch yours.

Nov. 4: Something you've kept hidden could come out, and it's about time!

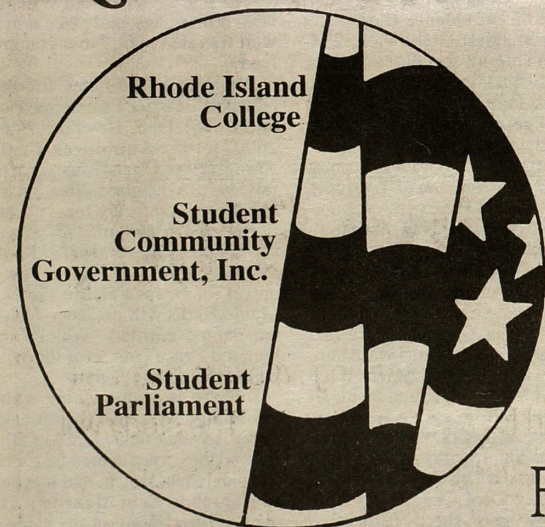
Nov. 5: A private matter had best stay that way a while longer. That may take some doing!

Nov. 6: You're superhuman this year! Be gentle, too.

Nov. 7: You may feel like you can do anything, and you may be right. Try it out with a safety net first, however.

Round Table Meeting

Wednesday November 3, 1999
in Student Union 211
at 7:00 p.m.



Each Organization is asked to send either the secretary or another designee to this meeting.

For more information contact Paul Morin, 456-8088

The Anchor

We at *The Anchor* would like to know what you think about our Horoscope and Crossword puzzle. Do you read the Horoscope or do the crossword? Would you like to see something replace it?

Do you read the horoscope?	Yes	No
Do you do the crossword?	Yes	No
Do you feel that we should continue running the horoscope and crossword?	Yes	No

What do you think we should replace them with if we discontinue them?

Please fill this out and return it to The Anchor in Student Union 308 or call 456-8280.

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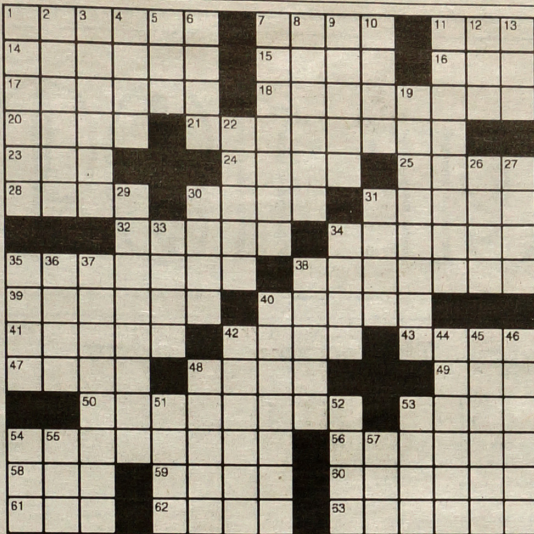
We pay base salary (\$7-10/hr) + commission.
Various shifts: Days, Nights, Weekends.
Located off Plainfield St. in Providence.
On Bus Route.

Call: Jackie at
401-275-8501 For Details
or Fax Resume to: 401-275-8585

(We also have several Supervisory positions available, as well as positions for those fluent in French & German)

ACROSS

- 1 Assigned tasks
- 7 Pair of antlers
- 11 April 15 addressee
- 14 Make possible
- 15 Pin box
- 16 __ Paulo
- 17 Help
- 18 Razed
- 20 Knife wounds
- 21 Elevation standard
- 23 Comstock output
- 24 Temperate
- 25 Roosevelt's dog
- 28 Highland loch
- 30 Open receptacles
- 31 Conductive element
- 32 Cuts and splices
- 34 Nero's tutor
- 35 Spiny trees
- 38 School groups
- 39 Relishes
- 40 Talk idly
- 41 Aircraft
- 42 Talk to God
- 43 Jib, e.g.
- 47 Lost traction
- 48 Travel widely
- 49 Digit on the line?
- 50 Strict adherence to the law
- 53 Soft drink
- 54 United Arab __
- 56 Handsome man
- 58 __ Clemente
- 59 Bologna money
- 60 Tranquil
- 61 Game counter
- 62 Minus money
- 63 Paid attention



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11/02/99

- ## DOWN
- 1 Church leader
 - 2 Lacking confidence
 - 3 Likes and dislikes
 - 4 Relative of a heron
 - 5 South African golfer Ernie
 - 6 Matched outfits
 - 7 Holds on to

- 8 Coral islands
- 9 Made well
- 10 Capital of Ukraine
- 11 Sets apart
- 12 Crude
- 13 Chip off the old block
- 19 Protective devices
- 22 Gives off
- 26 Fasten wingtips
- 27 Elizabethan lament
- 29 Motion supporter
- 30 Prejudice
- 31 Lion's fare
- 33 Disastrous
- 34 Bowl over
- 35 Egyptian cobras
- 36 Ring on the telephone
- 37 Helping
- 38 Stuffs
- 40 Lauds
- 42 Punt propellers
- 44 Made amends

**Answers
found else-
where in
this issue ...**

- 45 Thyroid treatment
- 46 Rented
- 48 Proportion
- 51 Effrontery
- 52 Pound into a pulp
- 53 Painful point
- 54 Sixth sense
- 55 West of "She Done Him Wrong"
- 57 Barely passing grade

Classified Ads

Browse icpt.com for Springbreak "2000"

ALL destinations offered. Trip Participants, Student Orgs & Campus Sales Reps wanted. Fabulous parties, hotels & prices. For reservations or rep registration Call Inter-Campus 800-327-6013.

Spring Break 2000 Free Trips, Free Meals & Drinks

Jamaica, Cancun, Fla, Barbados, Bahamas, Padre. Book now for FREE Meals & 2 Free Trips. Book before DEC. 17 FOR LOWER PRICES!! 1-800-426-7710 / www.sunsplash-tours.com

GMC Jimmy 84

4WD, 2.8L, NEW MOTOR, F+R Brakes, Radiator, Starter and more. Body Restored, Runs Good, Inspected till 10/31/00, \$950.00. Call Paul 331-7545.

Two Uniroyal Laredo Tires

17-233-649 for above Jimmy or Explorer or Jeep or many other trucks. Brand new with lables go for \$89 plus each - Both for \$100.00. Call Paul 331-7545.

Dexedrine Study

The *Miriam Hospital* is seeking subjects between 21 - 35 years old for a research study.

The study will examine the effects of dexedrine, stimulant and appetite suppressant.

Subjects will receive a free one hour medical screening that includes a physical exam and lab tests. Subjects will then participate in a one hour session followed by two - four hour sessions, one week apart, at The Miriam Hospital.

Participants will be compensated
\$125

for completing the study.

**Call 793-3808 for
further information.**

Classified Ad Form

Classified ads cost \$1 for members of the college community. For anyone who is not a member of the college community, classified ads cost \$3 for 30 words, \$5 over 30 words. Please limit classified ads to 50 words.

Date ad placed: _____ Date of issue: _____

Classification:

- | | | |
|---|--------------------------------------|--|
| <input type="checkbox"/> For Sale/ Rent | <input type="checkbox"/> Help Wanted | <input type="checkbox"/> Roommates |
| <input type="checkbox"/> Services | <input type="checkbox"/> Personal | <input type="checkbox"/> Miscellaneous |

Print ad: _____

Name: _____ Telephone: _____

For verification purposes only.

Classified ads will be unacceptable if this form is not filled out completely.

Classified ads may be placed, with payment, at The Anchor, Student Union room 308.

Smoking Study

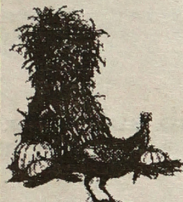
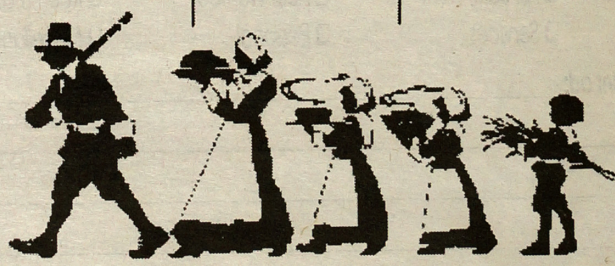
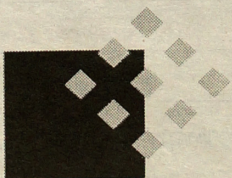
The Miriam Hospital is seeking smokers between 21-35 years old for a research study. The study will examine the effects of a new medication on responses to nicotine from cigarette smoking.

Subjects will receive a free, one hour medical exam that includes a physical exam and lab tests. Subjects will then participate in a one hour session followed by a two -three hour session, one week apart, at Miriam Hospital.

Participants will receive **\$125** for completing the study.

Call 793-3808 for further information.

November 1999

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>Latin Dance Classes with Sammy Lopes Every Monday thru November 22 8:00pm - 9:30pm Sweet Hall Lounge Free! Open to public Sponsored by LASO, X8285</p> <p>•</p> <p>Urban Showcase 8:30pm - doors open at 7:00pm Student Union Ballroom \$1 RIC Students / \$5 everyone else For more info call WXIN, X8541</p> <p>Sponsored by Residential Life and Housing, WXIN, and Programming</p> <p>Aqua Box for Kicks Tai Bo Style Mon. and Weds. starting today 8:30pm - 9:30pm Recreation Center Pool Sponsored by Rec Center Aquatics, X8238</p>	<p>2</p> <p>Dr. Cue: Billiards Trick Shot Show 12:00 noon Free! SU Coffeeground Sponsored by RIC Programming X8045</p> <p>•</p> <p>Workshop: Interview Skills 5pm-7pm Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>3</p> <p>Board of Governors for Higher Education Student Liaison Committee: Open Meeting With Students 12:30 - 2:00pm President's Dining Room in DDC, mezzanine level All Students Welcome! Bring Questions and Concerns!</p> <p>•</p> <p>Workshop: Controlling Anger Before it Controls You 12:30 - 2:00pm Craig-Lee 052 Sponsored by Counseling Center X8094</p>	<p>4</p> <p>Workshop: What can I do with a major in English? 9:30am - 11:00am Craig-Lee 054 Sponsored by Career Development Center X8091</p> <p>•</p> <p>Meningitis Vaccination Clinic Dates: 11/4, 11/5, 11/8, 11/9, 11/10 10:00am - 12:00noon and 1:00 - 3:00pm Student Health Services - bottom floor of Browne Hall RIC student ID is needed, age limit of 22yrs. Sponsored by Health Services X8095</p>	<p>5</p> <p>Duck Pin Bowling Night Bus Leaves S.U. at 6:30pm \$5 Tickets include bus, games, pizza, & prizes Sign up at S.U. Info Desk & Rec Center Sponsored by Student Activities X8094 and Rec Center X8400</p>	<p>6</p> <p>RIC TRIP: The NEW Mystic Aquarium and Shopping Village Bus leaves S.U. - 10:00am Return to RIC - 8:00 Tickets: \$4/RIC students, \$12/non-student Available at S.U. Info Desk Includes: aquarium admission - \$8 value, transportation, and end-of-day pizza party! Sponsored by Athletics/Intramurals/ Recreation and Student Activities For more info contact Aquatics X8217 or Student Activities X8094</p> <p>•</p> <p>Promising Practices: Multi-Cultural Workshops/Media Fair Full schedule available at S.U. Info Desk or contact Dr. Scott X8679 / Dr. Bigler X8585 Sponsored by The Dialogue on Diversity Committee</p>
<p>7</p> <p>"Trick or Treating" for Canned Goods 1:30pm-3:30pm Meet at Central Desk at 1:30 For more info call Cara R. 521-2224 Sponsored by RSA X8240</p>	<p>8</p> <p>Can Good Drive November 8-22, 1999 Drop off: Roberts Hall, DDC, and S.U. All food will be donated to Chaplains Office to be distributed. Sponsored by Vocational Industrial Clubs of America - VICA</p> <p>•</p> <p>Workshop: "Careers in Communications" 9:00am-10:30am Craig-Lee 054 Sponsored by Career Development Center X8091</p> <p>•</p> <p>Flu Prevention Clinic 10:00am-12:00noon Fogarty Life Science, 124-Nursing Lab Price: \$2 Sponsored by Office of Health Promotion X8081 and Nursing Dept. X8019</p>	<p>9</p> <p>Workshop: Dealing with Difficult People 12:00noon-1:30pm Craig-Lee 130 Sponsored by Counseling Center X8094</p>	<p>10</p> <p>Workshop: Out of State Job Search 10:00am-11:00am Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>11</p> <p>RIC Theater: A Streetcar Named Desire Thursday, Nov. 11- Sunday, Nov. 14, 1999 Roberts Hall For more info call X8060</p>	<p>12</p> <p>Workshop: Resume Writing Skills 1:00pm-2:00pm Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>13</p> <p>RIC TRIP: Greenwich Village in NYC Motorcoach leaves S.U. 7:00am Returns to RIC 11:00pm \$20 tickets S.U. Info Desk Sponsored by Student Activities X8094</p>
<p>14</p>	<p>15</p>	<p>16</p> <p>Student Government Political Gathering Bryant College, Cornerstone Pub Bus leaves S.U. Loop at 6:30pm Returns to RIC at 9:30pm Sign up at S.U. Info Desk Speaker: Ronald K. Machteley, President of Bryant College Sponsored by the OSLC and Student Activities X8094</p> <p>•</p> <p>Workshop: Resume Writing Skills Tuesday, November 16, 1999 6:00pm-7:00pm Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>17</p> <p>Workshop: Resume Writing Skills Wednesday, November 17, 1999 2:00pm-3:00pm Craig-Lee 054 Sponsored by Career Development Center X8091</p> <p>•</p> <p>Workshop: Out of State Job Search Wednesday, November 17, 1999 11:00am-12:00noon Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>18</p>	<p>19</p> <p>Trip to Montreal, Canada Friday, Nov. 19 - Sunday, Nov. 21, 1999 \$99 tickets and details S.U. Info Desk For info contact Mike Zompa and Jess Tempest X8088 Sponsored by Class of 2001</p>	<p>20</p> <p>National Baseball Hall of Fame in Cooperstown, NY Bus leaves Rec Center at 6:00am Bus returns at 11:45pm Tickets \$24 RIC students / \$46 non-RIC students Sponsored by Rec Center For more info contact Frank Anzeveno X8400</p>
<p>21</p>	<p>22</p> <p>Workshop: Job Search Skills 1:00pm-2:00pm Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>23</p>	<p>24</p> <p>Workshop: What can I do with a major in Psychology? 2:00pm-3:30pm Craig-Lee 054 Sponsored by Career Development Center X8091</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>28</p>	<p>29</p>	<p>30</p> <p>Workshop: "Careers in Business" Tuesday, November 30, 1999 2:30pm-4:00pm Craig-Lee 054 Sponsored by Career Development Center X8091</p> <p>•</p> <p>Fabric Photo Album Making 6:00pm-8:00pm Student Union Rm. 211 \$2 tickets, materials list, and sample at S.U. Info Desk Sponsored by Student Activities X8094</p>	  <p>Student Activities Rhode Island College Campus Center</p>			
