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play all your favs, page 5



are you safe?
Condom Day, page 4

Vol. 73, No. 19 • Rhode Island College's Student-Run Newspaper • February 13, 2001

Free Access to Ideas
and Full Freedom of Expression

the anchor

RIC Alum Produces His Own Films

"just go out there and do it, produce it [a film] and don't let anybody get in your way."

by Nuria Chantre
Anchor Staff

Former Rhode Island College student, Christian de Rezendes '00, is an independent filmmaker whose work has been recognized, not just in the state of Rhode Island and around the country, but internationally as well.

Alzira's story, de Rezendes' latest film, focuses on his grandmother's life and has been selected for screening in Portugal, London, India and New York. The film was a documentary finalist in a Seattle summer film & video

festival and has won a Silver Award, as well as an Award of Distinction.

He began in 1996 when he founded CDR Pictures, Inc., specializing in the making of wedding movies, special events, and the editing of commercials and videos. Last year, he formed his new production company Breaking Branches Pictures under which he edited and produced his latest film.

Although much of his experience was gained in the field, he also gained academic training from Dean College (and associates degree), that

helped him get grounded, which developed his love for theatre. He's also attended a New York University 16mm film workshop, and is now the Program Manager of the fourth annual Rhode Island International Film Festival. However, Rezendes's greatest experience, was a semester spent in London with Roger Williams University, he says "I was there for one semester and it truly shaped my views in terms of theater and film in ways that I can't even begin to explain."

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Christian de Rezendes Class Of 2000

Dr. White's Research Continues

by Adam Babbitt
Anchor Staff

Neatly tucked away in the Adams Library is the office of Dr. Duncan White. For seven years White has been conducting research in an attempt to determine the effects of metamorphosis upon the memory of grain beetles. The research program is entitled, "Survivability Of Learning Through Metamorphosis In The Grain Beetle And Possible Effects Of Extremely Low Frequency Electromagnetic Fields On That Process" This research, which has been funded for the past six years by the Rhode Island College Faculty Research Award Committee (Dr. White expressed his appreciation for this funding), has spawned four publications, three of which were co-authored by students.

Also, White has participated in almost twenty presentations from the local to international levels at various conferences, related to this research.

The research in which White has been engaged for the greater part of the last decade relates to that branch of psychology that deals in terms of the biological and

genetic underpinnings of the mind: comparative psychology.

"I try to understand the development and evolution of human

at possible aspects of an environment including the biological component of the animal for clues as to what may be relevant things

not just looking at a non-human animal as a simple model of human behavior because" it's apples and oranges "even though they're

it's meant to try to identify relevant variables, relevant aspects of the environment that we should be looking at perhaps in humans to get a better understanding of what makes them tick."

The meal worm experiences a metamorphosis not unlike that of the caterpillar that becomes a butterfly but for three quarters of their lives they are meal worms. "The logical thought is that if they're spending three-quarters to four-fifths of their lives as meal worms...there certainly should be learning from their experiences, in terms of interacting with other animals in their environment, how to find food, how to compete for the food, et cetera...which the animal would benefit from as an adult because it's living in the same environment...basically engaging in the same activities with the addition of reproduction. So if that indeed happens then **that's saying something very important about what memory is** because what's happening is that the meal worm would be storing their experiences in memory in a way that's retrievable by an animal that is only two per-cent of the animal that stored that. And if that's happening, the grain beetle then would be retrieving this information not within the context of a meal worm but using it within the context of being a grain beetle; so the question is, "Do these animals



Dr. Duncan White

behavior by looking at non-human animal behavior and I'm looking

to look at in humans to try to understand who the person is, so it's

both fruits. So it's not...intending to make a direct generalization but

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THIS WEEK IN RIC HISTORY:

On Feb. 17, 1997 thirteen cars were reported vandalized along Dorm Lane. In addition, some items were reported stolen from the vehicles. At the time of the report no suspects were found.

TUE FEB 13 Partly Cloudy	WED FEB 14 Rain	THU FEB 15 Partly Cloudy	FRI FEB 16 Scattered Showers	SAT FEB 17 Mostly Cloudy	SUN FEB 18 Mostly Cloudy	MON FEB 19 Partly Cloudy
hi 42°F lo 27°F	hi 43°F lo 26°F	hi 47°F lo 32°F	hi 42°F lo 24°F	hi 34°F lo 16°F	hi 29°F lo 20°F	hi 35°F lo 25°F

Pianist Needed

There is a pianist needed for two upcoming RIC foundation events. The two events are scheduled for Monday, March 5th from 4:30-8:30pm at the Providence Marriott, and Friday, April 6th from 5:30-11:30pm at the John Nazarian Center for the Performing Arts. If you can be available for one or both of these dates call Shana Murrell in the Foundations office at 456-9625 with your requested fee for the performance(s). References required and preference will be given to RIC students

Hospitality Wanted

Daffodil Days Continues at RIC. The American Cancer Society's campaign is continuing throughout the end of February. Dollars help fund the programs like the feel good fund feel better program call 456-8651. There is also the India Earthquake Relief Fund, which is providing support for the earthquake that occurred in Western India on Friday, January 26th, if you would like to send a donation.

Open House at URI

The physical therapy program at URI will hold an open house on Wednesday, February 28th at 4-6pm at Independence Square II. The location is the Kingston campus and call 874-5001 for more details.

Managing Test Anxiety Workshop

There will be a workshop on Wednesday, February 14th from noon to 1:00pm. It will be in CL 130 with Gina Rezendes, and is great for people having problems with nervousness due to exams. Come to the meeting and learn some tips to stop it. Also on Tuesdays, starting February 13th from noon to 1:30pm in CL 130, you can learn to cope with social anxiety. There will be a total of eight sessions. Here you will learn more about social anxiety, and learn strategies for changing behavior and dealing more effectively with these feelings. An intake interview is required. Call 456-8094 to register.

Senior Photos

Senior Photos for the Exodus Yearbook will be held on March 1st & 2nd from 11am to 6pm. No appointment is necessary and there is no cost. The location is Student Union 304, and if you have any questions call 456-8257.

Women's Center

If you are having trouble finding a gift for your sweetheart: February 7th, 12th, and 13th from 12-2pm in Dono-

van Dining Center, the Women's Center will be holding a Valentines Day raffle and balloon sale. We will deliver the balloons to anywhere on campus on Valentines Day. The price is \$1.50 each. The raffle will be for two baskets: naughty and nice, and relaxing. The price for the raffle is 2 tickets for \$1.00. The drawing will be at 12:30 on Valentines Day. If you have any questions call Jen at 456-8474

Speaker to Come to RIC

Paul Stuber, director of Princeton Review of RI, will be coming to RIC to speak. To anyone, who is interested in grad or professional school, come and listen. There will be materials passed out for everyone. He will be here on February 22nd from 4:30-5:30 in G250. For more info call 456.8671.

Once Upon A Time: A Reading Program for Preschoolers

Since 1997 RIC has been sending Education students into preschools and daycare throughout Rhode Island to read to children. We are putting out a call to all: you do not have to be in the education program to help. If you would like to become a volunteer, call Once Upon A Time at 456.8877

Counseling Center

The Counseling Center is forming a Career Exploration Group for students who are undecided about their major or career. They are also forming a Social Anxiety Group for students who experience anxiety in social situations. Interested students should call or drop by the Counseling Center, 456-8094, Craig-Lee 130.

Volunteers Needed

Volunteers needed for the 2001 season of the Nazarian Center for the Performing Arts. If you would like to do it or for more information contact Katie at 456-8194

Bishop Mulvey to Direct College/Post College Vocation Retreat

Bishop Mulvey will direct a weekend retreat for men in college and of post-college age who are discerning a call to the priesthood on February 16th, 17th, 2001 from 7 pm Friday to 7 pm Saturday at the seminary of Our Lady of Providence. For more information call the Office of Vocations at 831-8011 for more information or reservations.

Federal work Study/Rhode Island Work Opportunity Alert

Students working under the federal work-study program on the student payroll at RIC and running out of money can apply for additional funds at the Office of Financial Aid. Increases in work-study can only be approved for students with remaining financial need. Also available under the Rhode Island Work Opportunity program is funds available for Rhode Island residents with financial need. They will be available on first come, first served basis.

Everyone Welcome

A weekly open discussion meeting of Alcoholics Anonymous will begin on January Wednesday 24th during the free period from 12:30-2:00 in Craig-Lee 105. This is a safe place where everyone is free to share experiences with alcohol, strength, and hope. Students doing related papers and projects as well as other students, faculty, and staff is welcome to come. For more information call Mary Olenn at 456.8061.

Health Services

Any 1991 Rhode Island College Graduates wishing to obtain their health records may do so by calling Health Services at 456-8055. If they are not obtained all health records without activity since 1991 will be shredded. Thank you for your consideration. Jennifer Duhamel, SRN Student Health services

Cooperative Playgroup Has Openings

The co-op is now taking applications for the spring semester. A preschool curriculum is offered on the campus for three to five year olds. Parents, take an active role in your children's education. For more information call 456-8154.

Research Interns Needed

The RI Select Commission on Race & Police-Community Relations is seeking research interns to assist in its work examining community relations, the training of law enforcement officers, media and communications, and other topics. Interns are expected to work 15 hours a week on assigned research activities. Interns must be RI residents and enrolled in a college or university. Some internships may be paid. Interested students should contact the Commission at 222-4854 and ask to speak to Elizabeth Kuncze.

PPST and PLT Informational Workshops

The Academic Development Center

will sponsor informational workshops for students preparing to take the Professional Skills Test or the Principles of Learning and Teaching. The PPST workshops will be held on Wednesdays throughout the semester in Craig-Lee 153, from 12:30-1:30 p.m. The PLN workshops will be offered on Mondays in Craig-Lee 154, from 4-5 pm. Students with requests for individual tutoring can call 456-8071 to make an appointment.

Attention: Parents with Young Children

How can you get up to \$5,000 tax-free to pay for dependent care expenses? Sign up for the Dependent Care Assistance Plan! If you have a dependent up to age 12 and you have qualified day-care, after-school, or summer camp expenses- you may be eligible to deduct from your pay up to \$5,000 tax-free (no FICA, Federal or State Tax) to pay for those expenses. Parents expecting in the year 2001 may sign up now for as little as \$1.00 (certain IRS rules apply). For more information or to enroll, call AFLAC at 521.7700. Anyone with questions may call-Maggie Sullivan, 456-8442, or email msullivan@ric.edu.

Christian Student Services Organization (CSSO)

Meetings for CSSO are held on Wednesdays from 12:30pm to 1:45pm in the Chaplains' Office, Student Union Room 300. Students meet to discuss issues of faith and to get involved in service activities. During the weekly meetings, students share problems, sing, pray as a group, learn about Christianity, and help plan the volunteer and service projects that Campus Ministry sponsors. Students can stop in at any meeting throughout the year. Pizza, snacks, candy, water, juices, and soda are always available. Call our office at 456-8168 if you have any questions or would like more information.

Catholic Mass

There is a Catholic Mass on campus at 10:00pm Sunday evenings. It is held in the Student Union Ballroom. Everyone is invited to attend.

Bible Study

Will be also beginning on Monday February 5th from 12:00pm to 1:00pm and is led by Rev. Larry Nichols everyone is welcome to attend and feel free to bring your lunch.

Florence Study Abroad Program

The Study Abroad Program in Flo-

rence, established this past spring by assistant professor of Italian, Santa V. Fortunato of the Department of Modern Languages, took place from May 27 to June 24. A group of 16 RIC students from various departments, faculty, alumnae, and a student from Boston University studied all levels of the Italian language, culture and opera at the prestigious Istituto Italiano di Cultura in the historic center of Florence. Fortunato accompanied them. The students also participated in many out-of-town excursions to Venezia, Siena, San Gimignano, and Verona that were offered by the Istituto. According to their written comments on the Florentine program, it was extremely successful. The program is now accepting applications for the 2001 first summer session. Decisions to participate in the Florence Study Abroad Program should be made no later than February if you want to ensure the best airfare price (it doubles in May). For more information, please email sfortunato@ric.edu or call 456-8029.

Aquatic Programs and Special Events

The pool is open for lap swimming and recreation seven days a week. Monday and Wednesday 7am to 10pm, Tuesday and Thursday 10am to 10pm, Friday 8am to 4pm, Saturdays 8am to 12 Noon, and Sunday 5pm to 10pm.

Aquatics exercise class schedule

Monday at 9, 12, 5 and 6:30, Tuesday 12, and 5, Wednesday 5, and 6:30, Thursday at 12, and 5, Friday at 9, and 12, Saturday at 9, and Sunday at 6:30. If you want to improve your swim for aerobic exercise there is a three week program to teach you how to breath properly and build up an endurance Wednesdays February 7th-February 21st from 3-3:30 pm.

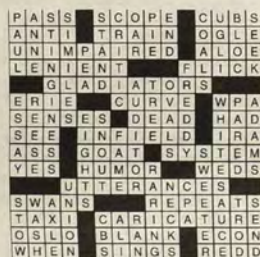
Swimming Instruction

Swimming for the terrified Tuesdays January 30th-March 6th 11-11:45am. Beginner Thursdays February 1st-March 8th 1-1:45pm. Intermediate/advanced Thursdays February 1st-March 8th 5-5:45pm.

-Lifeguard Jobs Available:

The Recreation Center is now accepting applications for next semester for RI certified lifeguards. If you are not certified and want to be spring classes are being offered. For more information call Alan 456-8227 or Janice 456.8238

- END -



Hi Honey.

The Flu season is upon us. Take your vitamins, get some sleep, and WASH YOUR HANDS!

Love, Mom



To:

My favorite Student
Rhode Island College
600 Mount Pleasant Ave.
Providence, RI
02908



the anchor

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full freedom of expression.

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The Myth of the Laid-Back Pothead

by Elisabeth Sundermeier, Ph.D.
Anchor Contributor

In high school, my friend Shawn had a reputation as the most low-key, easy-going guy in school. Nothing ruffled Shawn's feathers—he could give a speech without the awkwardness and butter-



any stressor. At this, Shawn laughed out loud. "I was the exact opposite of what you guys all thought I was. I was a nervous wreck! I knew you all thought I was 'Mr. Laid-Back'". I loved it that you all saw me that way. But in reality I was completely stressed out. I had no father. I was one of three children living in a trailer with my alcoholic Mom. My family fought like cats and dogs. I smoked pot to escape how stressed out I felt."

Shawn went on to explain how he had gotten a good job as a financial planner in his mid-twenties. He began to realize that his daily pot smoking robbed him of his edge at work. He cut back on his smoking, only to find that without it he did not know how to cope with stress—he felt more worried and got angry much easier than before. Basically, he realized that he still felt like that same stressed-out kid he was back in high school.

Shawn's feelings of being "stuck" at an earlier emotional age are reported by many chronic substance abusers. For substance abusers, whatever drug is used acts as a kind of *artificial emotion*. In other words, users don't like (or can't handle) negative feelings, so they replace the negative feeling with fake, drug-induced positive

ones. Over a period of time, however, if they depend on drug-induced emotions to deal with stress, they don't mature emotionally. They actually stop maturing at the age when drug use began. In Shawn's case, he was (emotionally speaking) about 15 years old. But since his chronological age was 25, he was experiencing significant difficulties in his romantic and personal relationships.

After Shawn stopped heavy pot use, he began to look back on his life. He realized that from the day he discovered marijuana, most of his energy had been spent on the following pursuits: (1) trying to find pot, (2) making money to buy it, (3) smoking it, (4) hiding it from adults, and (5) talking with friends about how "messed up" he was the last time he smoked it. Despite being extremely bright and full of creativity, he had spent 10 years of his life in a haze, with only one consistent point of focus: marijuana. Although cutting back on smoking gave him some insights, real change only came for him when he made the decision to stop smoking altogether. Sticking to this decision was extremely difficult, and required seeing a counselor. In counseling he dealt with all the buried hurt from his childhood, and he learned *real* emotional skills

that could replace the fake emotional crutch of pot smoking. He also attended AA meetings regularly; giving him a circle of support made up of people who could relate to how he felt.

The great news for people with substance abuse problems is that once you stop using and start "catching up" with your peers emotionally, you can catch up fairly quickly. Shawn did, and because he had a lot of wonderful personal qualities, he built a life that he was proud of: a great career, close friends, and a decent long-term relationship with a woman he loved. He pulled himself out of tough circumstances and *truly* (without a drug became the calm, good-natured person he'd only appeared to be earlier in his life.

If you are a heavy user of drugs or alcohol, the first question you should ask yourself is "What emotions am I trying to avoid by creating this artificial high?" For a lot of college students, the answer might be:

- Shyness in social situations,
 - Loneliness,
 - Overwhelming feelings of pressure, or
 - Pain from a traumatic or abusive home life (like Shawn's).
- How much substance abuse qualifies as "heavy"? The answer

to this question varies. But it is generally agreed that if you find yourself needing a substance in order to get through a normal day, you are likely addicted to that substance. And if you use substances because you are depressed, sad, angry, or scared, you are misusing the substance, and are in danger of developing an addiction.

Back to the title of this article: "The myth of the laid-back pothead"; is it indeed a myth? Yes. People who need substances to function in their daily lives tend not to be calm, laid-back people. They are most likely stressed out, and are without the personal skills to face that stress. Call Counseling Services if you would like more information about substance abuse.

(This article is part of an occasional series in which The Counseling Center staff addresses mental health issues. The Counseling Center provides free, confidential, professional counseling, and groups and workshops, for any currently enrolled RIC student. The Center is open 8:30am to noon and 1:00 to 4:30pm, Monday through Friday. The phone number is 456-8094. You can get more information at our website: www.rrc.edu/counselingctr/.)

flies that most of us had, and he could respond to bullies with a kind of laid-back diplomacy that diffused almost any conflict. And on top of that he was *funny*. A lot of us knew Shawn smoked pot every morning, but we also secretly thought he was blessed with the most even, well-balanced personality that we had ever seen.

I ran into Shawn about ten years after high school. Ten years really changes a person. For Shawn, the most pronounced change was the level of honesty with which he talked about his life. Of course, in our conversation I couldn't help but mention how back in high school I had admired his Buddha-like calm in the face of

"Dr. White" ...
from page 1

learn, anyway; is there any memory there?" There are thirteen publications strongly suggesting that these animals do learn, and half of the articles contend that learning does survive metamorphosis.

Along the same corridor in Adams Library, White keeps several of his "pet" meal worms and grain beetles in a small plastic vessel almost full of rice, oatmeal, and various other food-

stuffs for the beetles. A certain Anchor writer, upon entering into the office to check out the meal worms and beetles had to leave almost immediately upon being overcome with a difficult to describe sense of horror and morbid nausea upon seeing the multi-segmented wriggling mealworms projecting from the underside of a rotting potato. White chuckled heartily when the writer turned to flight while uttering a cry of shock and disgust upon beholding perhaps one of the most surprisingly gross things he had ever seen.

Resident Assistant applications now available

The Office of Residential Life and Housing is pleased to announce that applications are now available for Resident Assistant positions for the 2001-2002 Academic Year. Interested students can pick up an application form in the Residential Life and Housing Office in Sweet Hall, starting Monday, February 5, 2001.

The deadline for completed applications is Tuesday, February 20, 2001. The Office of Residential Life and Housing is looking for students who possess the skills and abilities to fulfill the unique roles of role model, teacher and leader to their peers.

The Resident Assistant position is the most responsible position a student can attain at Rhode Island College. It serves as a valuable experience, allowing students to learn about themselves as well as acquiring transferable skills that can apply toward future job settings and/or graduate school. To be considered for a position, a student must meet the following criteria:

Be a full time student at RIC with a minimum cumulative Grade Point Average of 2.25 as of the end of the Fall 2000 semester. A 2.5 GPA is preferred. Have at least one complete semester of residence hall living

experience or an equivalent group living experience. Attain sophomore or higher academic standing (at least 30 credits) as of August 2001.

Must demonstrate leadership potential and show genuine concern for students. Have no outstanding financial obligations to the College. Cannot be on a judicial probationary status as of the start date of employment. Each selected Resident Assistant receives Room and Board for each semester as well as a \$150.00 stipend for the year. Please contact the Office of Residential Life and Housing at 456-8240 regarding any questions

Executive Profile



Name: Amy E. Medeiros
Major: Secondary Education with a major in English and a minor in Communications.
Anchor Position: Copy Editor
Job Description: Checking all of the articles for grammatical and spelling errors.
Personal Quote: "I hate stupid people."

Exodus Yearbook

senior photos

mar 1st & 2nd 11am-6pm
no appointment necessary
free!

S.U. RM 304

questions; call x 8257



Chlamydia

by Karin L. O'Rourke, RN
Health Promotion Office

Chlamydia is one of the most common, sneaky and dangerous sexually transmitted diseases in the U.S. today. Each year more than 3 million women and perhaps as many men get chlamydia. What makes this particular STD dangerous is the fact that it often goes unnoticed.

Chlamydia is often called a "silent" infection, meaning no signs and symptoms appear. For this reason, many people don't know they have chlamydia, which prevents them from obtaining treatment. The infection is then passed to someone else during intercourse. If signs and symptoms do appear they include in women a discharge from the vagina, bleeding between periods or after sex, abdominal pain which may include a fever or nausea, burning or pain with urination and/or frequent urination. Men may notice burning with urination, a clear, white drip from the penis, frequent urination and swollen testicles.

Without prompt treatment, chlamydia can spread and may cause permanent damage to the pelvis and sex organs. It can also

make women and men unable to have children. Infected women can also pass chlamydia to their children, before birth or during delivery with disastrous consequences, from blindness to eye damage, to miscarriage, premature births and pneumonia. The only way to know for sure if you have been infected is to be tested by your doctor.

Some ways to protect yourself against this STD include using latex condoms or plastic polyurethane condoms, if you are allergic to latex. Get checked regularly for chlamydia and other STDs. Don't have intimate relations with a person you suspect may have an STD. Don't use drugs or alcohol when you might be intimate with someone, you may forget to protect yourself.

There is a cure for chlamydia, however, it is important to be compliant with treatment. Your partner must also be treated as well to prevent the spread of this infection.

Prevention is better than treatment and caution is better than cure. Practice safe sex for a healthier you. For more information on this topic please contact the Health Promotion Office at 456-8061 or stop by CL-127.

"de Rezendes" from page 1...

de Rezendes is pleased with the recognition and attention given to his latest film and it keeps moving forward, it's been played in three countries so far. "It's really quite something, the more places it shows, the more we'll be touched by my grandmother's story."

By the time he graduated from RIC, with his degree in film studies, and went out in the "real world", he had already been working as a part-time freelance videographer, so he wasn't surprised with how things worked. Having produced and edited quite a few films in the past, de Rezendes has learned enough

in his field to know what is marketable, and for this reason he agrees that *Alzira's story* is a "big piece" that can communicate to a "large audience."

For de Rezendes, the usefulness of the classes he attended at RIC came from film history, which proved to be very helpful to him. However, in his opinion, the best film school is "just doing it on your own...no real classroom is going to teach you your mistakes ahead of time...you learn from your past experience." He continues by saying, "a school can teach you things but they can't make you interested. The interest and the desire to achieve have to come from you."

While his heart is set on

working in New York, for now he's staying in Rhode Island where his personal and business roots are based.

Throughout his career, de Rezendes has always relied on George Marshall who is the director of the Rhode Island International Film Festival, along with other friends to "balance himself out."

Now, de Rezendes just wishes to get his latest film released and to move on with the next. And hopes for the day that he'll have a chance to work with big directors like Steven Spielberg.

His advice to anyone who wants to get into the film business: "don't listen to your obstacles and just go out there and do it, produce it and don't let anybody get in your way."

Wednesday is National Condom Day

by Michael Stalker
Director of Media Relations,
ASHA

The American Social Health Association will sponsor National Condom Day for the eleventh consecutive year on Valentine's Day, February 14. ASHA reminds people to "love responsibly" by protecting one another's sexual health.

"Valentine's Day is nationally recognized as a time for love, to tell that special person in your life just how much they mean to you," says Linda Alexander, President and CEO

for ASHA. "We encourage people to talk openly and honestly with their sexual partners about the sensitive subject of condoms as a way to reduce the risk sexually transmitted diseases."

There are an estimated 15.3 million cases of STDs diagnosed every year in the United States. Many people with an STD don't know that they have one. Condoms offer the best protection for people who do have sex. Alexander adds, "By using a condom you avoid getting or transmitting an infection that you might not

even know you have."

If you have questions about condoms, or about sexually transmitted diseases, call the CDC National STD and AIDS Hotlines at either 1-800-342-2437 or 1-800-227-8922. They are open 24 hours a day, seven days a week. For information in Spanish, call 1-800-344-7432 from 8 am to 2 am, Eastern Time, seven days a week. TTY users can get information from 10 a.m. to 10 p.m. Eastern Time, Monday through Friday at 1-800-243-7889. You can request free information from any of the services.

RIC alum advises students to "reach for the stars"

by Amanda K. Vetelino
Anchor Contributor

Most of us think that attending a conference consists mainly of boring daylong seminars. That wasn't the case at this year's leadership conference, which was held from February 2-4.

The conference, sponsored by Student Community Government and Student Activities, provided 27 young leaders the chance to get to know each other, as well as their potential as a leader.

With the assistance of RIC alum Doug Cureton '80, most of those who attended were satisfied with the lessons learned. With every new activity, students were encouraged to "pair up with



The group of young leaders have learned many lessons

someone you hadn't had the chance to work with and someone you don't really know," according to Cureton. The activities ranged from creating goals for the upcoming week to discussing self-management strategies.


Cureton is no stranger to transforming students into leaders. He served as the Executive Editor of the yearbook, a peer counselor, and an RA in Weber Hall. Soon after graduating, he became the Hall Director for Weber and soon became the Director of Student Activities.

On the final day of the conference, Cureton shared his thoughts regarding the weekend: "I've been into leadership ever since I was a Hall Director in Weber, but I never thought I would

be doing this for a living," he said. He calls his career, "an accidental one. I always thought I was going to be a music teacher for the rest of my life. I never thought I would become an educational speaker." What both pleased and impressed Cureton the most was the commitment that students have for the organizations they are affiliated with.

"Everyone here this weekend came because they cared about improving their leadership skills. I am very impressed by the level of honesty that was shared with the group over the past two days," said Cureton.

For more information on future leadership conferences contact the Student Activities Office at x-8034.



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MP3's on the go!

by Ted August
Anchor Editor

So you bought a CD Burner for your computer. You have been doing overtime on Napster and

TECHNOLOGY BYTES

have tons of cool tunes – but you have a problem. You want to take those MP3's with you; either to play in your car or while you go for a jog.

The solution: portable MP3 players. They have been out for a couple of years now, and if you have been waiting to buy one, now is the time. Most of the kinks have been worked out from early versions of products, and prices have come down dramatically.

There are three main types of MP3 players on the market. The first type uses flash memory cards to store your MP3 files. The *Rio* player (<http://www.riohome.com>) from SONICBlue (formerly Diamond Multimedia) was one of the innovators in this area. Many other companies such as Sony and RCA have released portables that are similar. The advantage of these players is that they don't skip, and there are no moving parts. This also contributes to longer playback from battery power. The disadvantage to these flash memory players is cost. A low-end model can be purchased for around \$100, but at that price you can get only 32MB (megabytes) of flash memory. Since MP3's take 1MB if memory per minute of music, you'll only be able to store about half an hour of music in the player. Model's are now available with 64MB and 128MB of memory, but expect to spend \$150 to \$250.

The second type of portable MP3 player uses a mini-hard drive to store your MP3 files, such as the *Mine* from Terapin (http://www.mineterapin.com/web_html/index.html). These players have tons of storage (the *Mine* has 10GB [gigabytes] of storage, which amounts to about 166 hours of music). However, these players drain batteries rather quickly, and really, really, really, really, don't like to be dropped.

The third and final type of MP3 player uses the good ole CD

Likko MP3 Discman



as storage. These are the newest players to hit the market. SONICBlue's *RIO Volt* and the *Likko* MP3 Discman play MP3 files that have been burned to CD, along with regular CD's. These are also more affordable, starting around \$130.

All of these devices connect to your computer through the parallel or USB port on your computer. They also come with software to make MP3's. The *RIO Volt* also comes bundled with CD Burning software for your computer. You can find the portable MP3 players at stores like Circuit City and Best Buy, and millions of online retailers. If you want to look into things further, then check out MP3.com's hardware review site at (<http://hardware.mp3.com>).

This just in... A San Francisco court shut down Napster on Monday. Guess we will have to discuss Napster alternatives next week.

We have the perfect job for you. Just stop by the Student Employment Office in Craig Lee 054 or call 456-8032, and we will find the job just suited for you. A few of our excellent jobs are listed below:

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Also there are Accounting Internships and a CIS Internship available

the anchor

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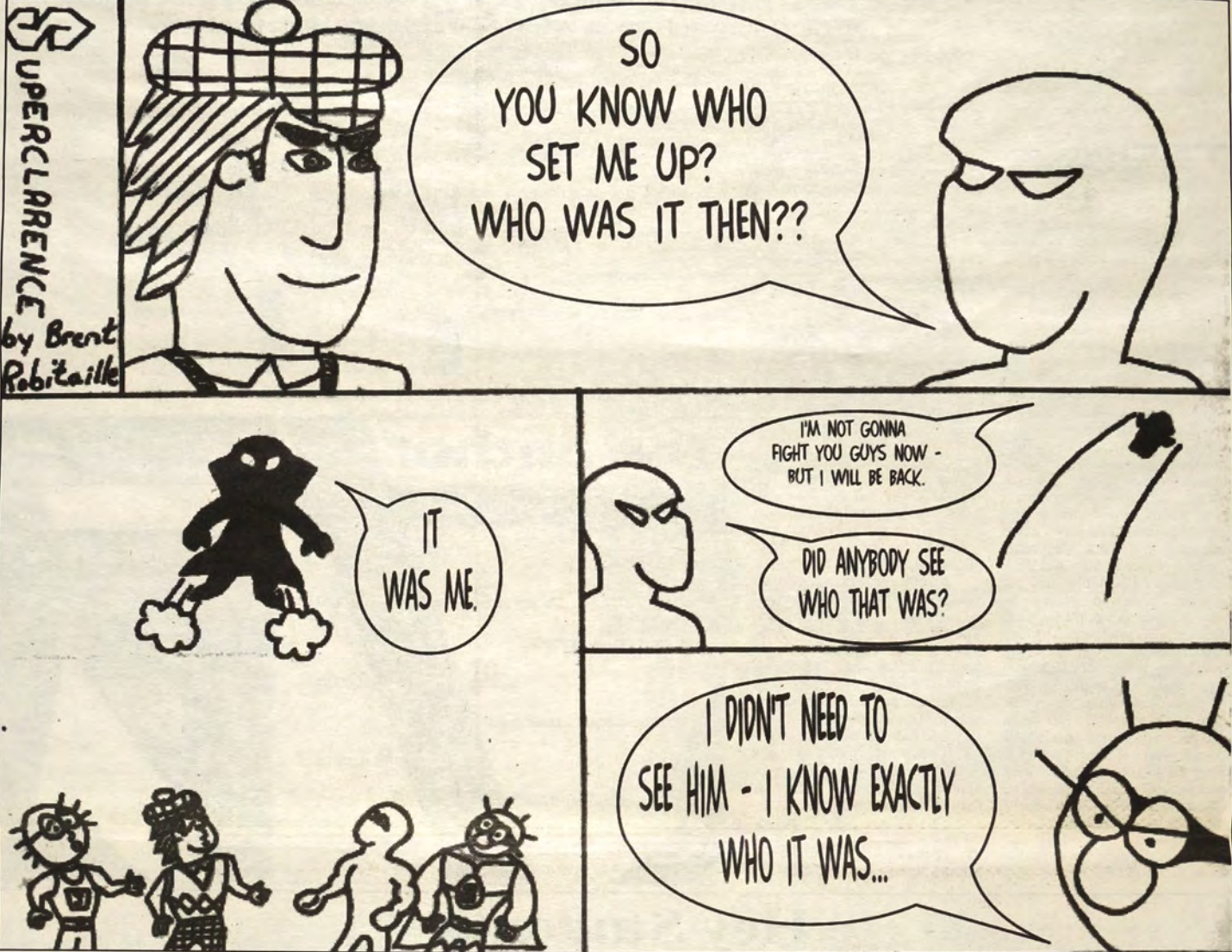
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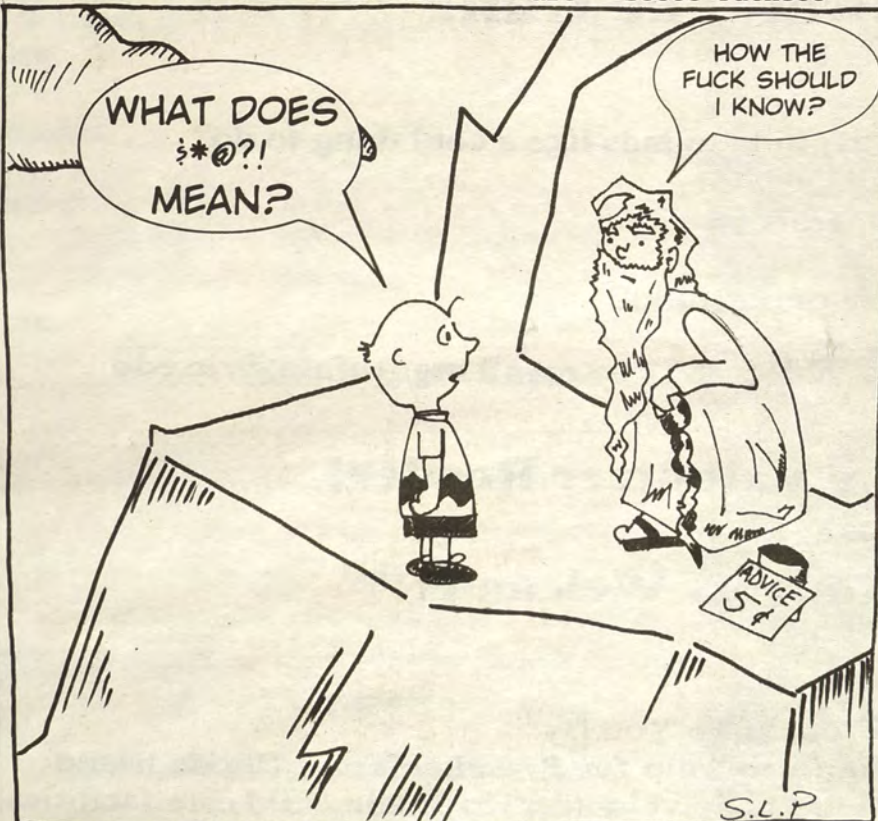
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written - John Converse
art - Scott Pacheco



A comic strip character seeks out wisdom from the old man of the mountain.



TALES FROM APEX CITY

BY: DAN BLOUIN
WHEN YOU SAW ME LAST, I WAS LET OUT OF JAIL. UNFORTUNATELY, I DISCOVERED THAT MY PARENTS HAVE BEEN MISSING. I'M SAD.

the anchor
Dan, the most hated kid in the world gets out of jail!
no, really.. It's true! Because the little brat's only 18, he got off with only a slap on the wrist. I tell ya, our american legal system is becoming something of a joke. I mean, OJ going free? HA! Pull the other one.. bunch o' fu

IhateDan.com
HEY AMERICA!
if you haven't heard, Dan, the would be world conquerer has been let out of jail! Sign this on-line petition to put his ass back!
1. Chris "Goolie" Goulart

IT'S NOT FAIR.

I AM PERHAPS THE MOST HATED MAN ALIVE...

AND THE ONLY TWO PEOPLE WHO CARED ABOUT ME ARE GONE...

WHAT AM I TO DO?

I CAN'T PRETEND LIKE NOTHING'S WRONG... AND DEATH IS JUST AN EASY OUT.

BESIDES.. I WAS TOUGHT BETTER THAN THAT.

THE BEST THING I CAN DO IS ACCEPT REPSONSIBILITY AND MOVE ON WITH MY LIFE.

IT'S WHAT THEY WOULD'VE WANTED.

THIS NEW BABYSITTER REALLY CREEPS ME OUT.

WHAT MAKES YOU SAY THAT?

around



**roving
reporter**

What do you think of parking?



Kelley Roundtree -
"I think that it's ridiculous, because in the morning, there's so many people you can barely move. Plus the parking is end to end, so you can't even go around the cars, you have to back up once you get all the way down to the end of the street . . . so I think they should get more parking lots."



Ajman Adil -
"I think that the parking here at RIC isn't too great, because it makes it difficult for students to get to class on times, so we should try to make more spaces available for students, so they can . . ."



Anthony Geremia -
"It sucks"



Anna Gregson -
"Parking for me is okay, because I'm a resident here, but for the commuters, I think it's absolutely awful and . . . um . . . they need to expand the school."



John Tyler -
"I think there's plenty of parking on campus. The problem is it's so far away from everything that nobody wants to walk. I think they should have some sort of shuttle service or something. That's just what I think."



Julie Pirraglia -
"It's really hard to have to try and find a spot especially around ten o'clock. Sometimes I drive around for like fifteen minutes and sometimes I have to park in the pit next to the gym and it's really hard. It's not easy. I don't like it at all."



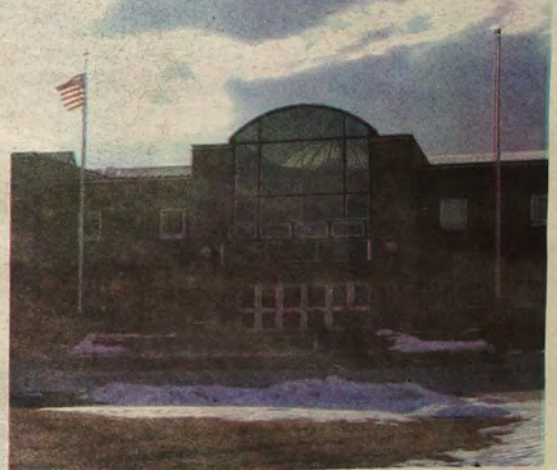
Latrishia Plante -
"There's not enough parking, and where there is parking it's too far away from classes and they have too much parking for teachers and not enough for students."

**by
J.D. Salisbury**

Corrin Stelle -
"It sucks . . . it's like awful trying to find a spot. Like, I live on campus, but I drive my car from there to Nazarian and if I go back, I can't get another spot. It's horrible."



campus



2000 Fall Sports MVPs

The Rhode Island College Department of Intercollegiate Athletics, Intramurals, and Recreation held its annual Fall Banquet at RIC's Donovan Dining Center on Feb. 7 to honor those student-athletes who participate in varsity fall athletics. Each sport gave out their Most Valuable Player Awards.

MEN'S CROSS COUNTRY

Sophomore Tim Short (Amesbury, MA) was named the men's cross country team's Most Valuable Player. Short placed 145th, out of 252 runners, with a season-best time of 28:17 at the New England Division III Championships. He placed 55th with a time of 29:03 at the ECAC Division III Championships. Short placed 35th overall and 24th in the Little East, with a time of 29:01 at the Alliance Championships. There were 109 runners in all, 58 of which were from Little East institutions, at the Alliance Championships. He placed first overall with a time of 29:29 at the Eastern Nazarene Invitational. He placed 20th out of 47 runners, with a time of 29:20 at the Trinity Invitational. Short is an U.S. history major and a 1999 graduate of Amesbury High School.

WOMEN'S CROSS COUNTRY

Senior Keely Subin (Middletown, RI) was named the women's cross country team's Most Valuable Player. She placed 190th, out of 260 competitors, at the New England Division III Championships with a time of 22:07. She placed 38th overall and 23rd in the Little East, at the Alliance Championships with a time of 22:34. There were 82 competitors at the Alliance Championship, 46 of which were from Little East Conference institutions. She posted her best time of the season at the UMass-Dartmouth Invitational, placing

110th with a time of 21:17. As a junior in 1999, Subin placed 144th with a time of 23:21 at the ECAC Championships. She placed 49th with a time of 22:52 at the Little East/MASCAC Championships. She finished seventh at the Eastern Nazarene tri-meet with a season-best time of 22:35. Subin placed 74th with a time of 23:41 at the Keene State Invitational. She placed 17th at the CCRI Invitational with a time of 24:17. Subin did not run cross-country as a sophomore in 1998. As a freshman in 1997, she participated in one meet, placing eighth overall with a time of 25:00 at Stonehill College. Subin is a communications major, concentrating in public relations, and a 1997 graduate of Middletown High School.

MEN'S SOCCER

Senior midfielder Jeff Kelly (Warwick, RI) was named the men's soccer team's Most Valuable Player. He had an outstanding season in 2000 and was named Second Team All-Little East Conference. For his career, he played in 68 games, starting 56 of them. He has 13 goals and 15 assists for 41 career points. He is tied for 14th all-time in career scoring and is eighth in career assists at RIC. As a senior in 2000, he played in 16 games, starting 13 of them. He had nine goals and five assists for 23 points. He led the team in scoring, and was second in goals and assists. Kelly also led the squad with five game-winning goals. Kelly missed four games with an injured ankle. As a junior in 1999, he played in 16 games, starting 15, with one goal and three assists for five points. Kelly assists and was fourth in scoring. As a sophomore in 1998, he played in 19 games, starting 18. Kelly was fifth on the team in scoring with two goals and five assists for nine points. As a freshman in

1997, he played in 17 games, starting ten. He had one goal and two as-

Jeff Kelly



sists for four points on the season. He is a business management major and a 1997 graduate of TollGate High School.

WOMEN'S SOCCER

Senior Katie Hagan (Pascoag, RI) was named the women's soccer team's Most Valuable Player. Hagan was also selected as the team MVP in 1997 as a freshman. She closed out her career having played in 71 games, starting 68 of them. She had 25 goals and 13 assists for 63 career points. Due to serious knee injuries, Hagan made the switch from forward to sweeper as a junior in 1999. She is currently second in career scoring at RIC. She is also second in career goals and third in career assists. As a senior in 2000, she played in 16 games, starting all of them. She had four assists for four points on the year. As a junior in 1999, she played in 18 games, starting 17. Hagan, who was still recovering from off-season knee surgery, was tied for fourth on the team in scoring with three goals and one assist for seven points. As a sophomore in 1998, she played in 19 games, starting all of them. She led the team with 30 points. Hagan set a RIC single-season record with 13 goals (currently tied). She was the first player in RIC history to reach double figures in goals scored for a single season. Ha-

gan added four assists on the year. She had nine multiple point games in 1998. Hagan was named to the Roger Williams Invitational's All-Tournament Team. As a freshman in 1997, she finished her rookie season as the team's leading scorer. Hagan scored team-high nine goals and had four assists for 22 points. She played in 18 games, starting 16 of them. She is a physical education major and a 1997 graduate of Burrillville High School.

WOMEN'S TENNIS

Junior Cynthia Murray (Brooklyn, CT) was named the women's tennis team's Most Valuable Player. She reached several milestones in 2000 and is currently tied with Trisha Haworth '00 for the all-time lead in career points with 54.5. She became RIC's all-time leader with 35 career doubles wins in the club's 6-3 win over Roger Williams University on Oct. 12. She is currently third in career singles wins with a three-year total of 37. Murray already holds the RIC single season records for the most points (23.5) and singles wins (17) set during the 1999 season. In 2000, Murray posted a record of 10-7 (.588) at number one singles and was 10-5 (.667) at number one singles for 15.0 points. She was fourth on the team in singles wins and points. She was tied for third on the club with ten doubles victories. As a sophomore in 1999, Murray was the Little East Conference Champion at both number two singles and number one doubles. She posted a record of 17-1 (.944) at number two singles and was 13-4 (.765) at number one doubles. Murray compiled team-high 23.5 points on the year. She led the team in singles victories, singles winning percentage and points. Murray was tied for the team lead in doubles victories. Murray won 17

straight singles matches from Sept. 7 to Oct. 22. Her first and only singles loss came at the NEWITT Championships. Murray is a communications major and a 1997 graduate of Woodstock Academy in Woodstock, CT.

WOMEN'S VOLLEYBALL Junior middle hitter Erica Waltonen (West Greenwich, RI) was named



the women's volleyball team's Most Valuable Player. Waltonen played in 85 games in 24 matches. She totaled 181 kills (2.129/game), a .185 hitting percentage, six assists (0.071/game), 45 service aces (0.529/game), 247 digs (2.906/game) and 35 blocks (0.412/game). Waltonen led the team in service aces and digs. Her 247 digs were a RIC record for a single season. She was second on the team in kills and blocks this fall. Waltonen is sixth all-time with 158 career blocks and tenth with 413 kills at RIC. Waltonen is an elementary education major, with a concentration in special education, and a 1998 graduate of Exeter-West Greenwich High School.

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Lauren Brown two sport leader

by Keely Subin
Anchor Staff

It takes a lot to captain a college sports team. You have to have talent, plus the trust and respect of your teammates and coaches. Not only did North Scituate's Lauren Brown captain the Rhode Island College women's soccer team this past fall, she is also a co-captain on women's basketball team this winter.

This past soccer season was frustrating for Brown, who broke her ankle in the second game of the season against Salve Regina on Sept. 7, but that didn't stop her from contributing to the team. "It was a hard year, but everything happens for a reason," Brown says. "I still went to every practice and game."

Even though it was tough not to play and help her teammates, Brown was inspiration to the 8-9 Anchorwomen who qualified for the Little East Conference Tournament for the first time ever in 2000. RIC midfielder Stephanie Florio says, "Lauren is a team leader and is great to be around."

She closed out her career, having played in 53 games, starting 32 of them. She had three goals and six assists for 12 career points. Brown is currently 13th all-time in career scoring at RIC. As a senior in 2000, Brown played in two games, starting one. She had one assist for one point. Her top season came as a junior in 1999. She played in 14 games, starting two, with two goals and one assist for five points. Brown was tied for eighth on the team in scoring.

After undergoing ankle surgery shortly after suffering the injury, Brown began rehabilitation to get ready for basketball season. She was back in the lineup faster than anyone expected and has not missed a game for RIC yet.

The guard has played in 18 games, starting two of them. She is averaging 2.3 points, 2.4 rebounds, 0.7 assists and 0.8 steals per game. She recorded a season-high ten points vs. UMASS-Dartmouth on Jan. 16. Her best rebound total of the season was nine vs. Roger Williams on Nov. 30.

It has been a rough season for the 6-13 women's basketball team because they are such a young team. "There are a lot of rookies," Brown says about the team this season. "It's been hard. It is frustrating at times, but we are coming together as a team and we are



beginning to gel," says Brown. "California [the team's trip out west for two games over Christmas] was a highlight for me and I think as well for the team. It was a lot of fun. We were able to spend a lot of time together and we got to know each other on a different level."

Basketball and soccer are fast paced sports, which need individuals to lead the team in a positive way. "There is a sense of urgency on the field and court. There has to be leader to get everyone working together," Brown hopes that her teammates have learned from her in that respect. "I know I am not the best on the team, but I give 110 percent when I'm out there. I hope rookies see that and it will motivate them."

The Anchorwoman will be graduating this spring and hopes she has left something behind for her teammates to follow. "I have put my four years here in two sports. I would not be the same person without being an athlete here at RIC. I have built strong relationships and playing sports has provided me with good opportunities. I am becoming who I really want to be."

Brown is a secondary education major and a 1996 graduate of Ponaganset High School. She hopes to begin a career in teaching after graduation this May.

Men's Basketball

Head Coach Dave Johnson's Anchorwomen are 6-13 overall and 2-7 (seventh place) in the Little East Conference. The Anchorwomen went 0-2 last week, falling to Amherst College 94-67 on Jan. 30 and to Plymouth State 71-59 on Feb. 3. RIC has lost its last five games and six of its last seven.

Sophomore guard Kenny Jernigan (Hartford, CT) has played in 18 games, starting 17 of them. He leads the team in scoring and rebounding, averaging 18.8 points and 6.3 rebounds per game. Jernigan is also averaging 2.4 assists and 2.1 steals per game. He scored season-high 28 points against Eastern Nazarene on Nov. 28 and grabbed season-high 11 rebounds against Greensboro on Jan. 3. He dished out season-high four assists against Amherst on Jan. 30.

Senior guard Ken Payette (Woonsocket, RI) has played in 18 games, starting 16 of them. He is averaging 16.1 points, 3.7 rebounds, 3.1 assists and 1.9 steals per game. He leads the team with 37 made three-point baskets and a .874 free throw percentage. He scored season-high 32 points against Bridgewater State on Nov. 18 and grabbed season-high seven rebounds against Salve Regina on Jan. 18. He dished out season-high seven assists against Southern Maine on Jan. 9.

Sophomore guard Pete Mollo (North Providence, RI) has played in 19 games, starting 18 of them. He is averaging 7.6 points, 2.3 rebounds,

3.1 assists and 1.0 steals per game. He recorded season-high 14 points vs. UMASS-Boston on Dec. 2, five rebounds vs. UMASS-Dartmouth on Jan. 16, and eight assists vs. Keene State on Jan. 27.

Sophomore forward Mike Costigan (Pawtucket, RI) has played in 19 games, starting eight of them. He is averaging 6.5 points, 4.1 rebounds, 0.6 steals and 0.7 assists per game. He recorded season-high 15 points vs. Eastern Nazarene on Nov. 28. He made career-high five three-point baskets in the same game. He snared season-high eight rebounds vs. Keene State on Jan. 27.

Freshman forward Kurt Gorter (North Kingstown, RI) has played in 19 games, starting 12 of them. He is averaging 5.8 points, 5.4 rebounds and team-high 1.5 blocks per game. Gorter is second on the club in rebounding. He recorded season-high ten points vs. UMASS-Boston on Jan. 20, 11 rebounds vs. Webber on Jan. 2 and five blocks vs. Bridgewater on Nov. 18.

Junior forward Scott Main (Exeter, RI) has played in 15 games, starting three of them. He is averaging 3.2 points and 2.0 rebounds per game. He recorded season-high ten points and six rebounds vs. UMASS-Dartmouth on Jan. 16.

Junior guard Mike Monahan (Johnston, RI) has played in 19 games. He is averaging 4.2 points, 0.8 rebounds, 0.4 assists and 0.4 steals per game. Monahan is second on the team

with 19 made three-point baskets. He recorded season-high nine points vs. Keene State on Jan. 27. He grabbed season-high three rebounds vs. Plymouth State on Feb. 3.

Sophomore guard James Heady (Bridgeport, CT) has played in 16 games, starting four of them. He is averaging 4.1 points and 1.8 rebounds per game. He recorded season-high 11 points and seven rebounds vs. Western Connecticut on Jan. 23.

Junior guard/forward Matt Barrette (North Providence, RI) has played in 14 games, starting 12 of them. He is averaging 3.1 points, 4.5 rebounds, 1.9 assists and 1.8 steals per game. He recorded season-high nine points vs. Salve Regina on Jan. 18. Barrette grabbed season-high 13 boards vs. Eastern Connecticut on Jan. 13. He dished out season-high five assists vs. UMASS-Boston on Jan. 20.

Freshman guard Lee Zolotas (Poughkeepsie, NY) has played in 19 games. He is averaging 3.2 points, 1.7 rebounds and 1.3 assists per game. He scored a season-high 13 points vs. Wesleyan on Nov. 17 and grabbed a season-best four rebounds vs. Western Connecticut on Jan. 23.

Freshman guard Chris Peura (Salisbury, MA) has played in four games.

In upcoming action, RIC will play at UMASS-Dartmouth on Tuesday, Feb. 6 at 7:30 pm. The Anchorwomen will play at Southern Maine on Saturday, Feb. 10 at 3 pm.

Women's Gymnastics

Head Coach Nicole Follett's team is 4-7 overall and 4-3 against Eastern College Athletic Conference (ECAC) opposition. The Anchorwomen had a re-match with Division II Southern Connecticut on Sunday, Feb. 4 in New London. SCSU defeated RIC for the second time this season with a 187.800-172.475 victory.

Sophomore Sajdah Ahmad (New London, CT) missed the Southern Connecticut meets with a knee injury. She is averaging scores of 8.13 on vault, 9.042 on bars, 8.175 on beam, 9.238 on floor and 35.313 in the all-around. Her season-high marks are as follows: 9.225 on vault vs. Southern Connecticut/Ursinus on Jan. 28; 9.225 on bars vs. Wilson/SUNY-Brockport on Jan. 13; 9.350 on beam vs. Southern Connecticut/Ursinus on Jan. 28; 9.275 on floor vs. Southern Connecticut/Ursinus on Jan. 28; 36.800 in the all-around vs. Southern Connecticut/Ursinus on Jan. 28.

Senior captain Anita Chase (Southington, CT) is averaging scores of 6.913 on bars, 8.165 on beam and 8.783 on floor. Her season-high marks are as follows: 7.100 on bars vs. Southern Connecticut on Feb. 4, 8.600 on beam vs. Brown on Dec. 4, 9.025 on floor vs. Southern Connecticut on Feb. 4.

Sophomore Cara Collins (Johnston, RI) is averaging scores of 6.200 on beam and 8.288 on floor. Her season-high marks are as follows: 6.200 on beam vs. Brown on Dec. 4 and 8.375 on floor vs. Bridgeport on Dec. 9.

Senior A.J. Aulson is 17-16 at 141 pounds with 68 points, 27 take-downs, eight reversals, 33 escapes, eight near-falls and one win by fall on the year.

Freshman Walter Borden is 14-18 with 65 points, 29 take-downs, 18 reversals, 34 escapes, nine near-falls and five wins by fall on the year. Borden has competed at 174, 184, 197 and 165 pounds.

Junior Chris Coburn is 11-10 at 285 pounds with 48 points, 11 take-downs, four reversals, 13 escapes, five near-falls and four wins by fall on the year.

Freshman Gerry D'Arezzo is 7-23 with 33 points, 11 take-downs,

Senior captain Alicia DeFronzo (Holliston, MA) is averaging scores of 8.842 on vault, 6.775 on bars, 8.575 on beam, 9.079 on floor and 33.271 in the all-around. Her season-high marks are as follows: 9.050 on vault vs. Southern Connecticut on Feb. 4; 7.600 on bars vs. Brown on Dec. 4; 9.150 on beam vs. Bridgeport on Dec. 9; 9.325 on floor vs. Southern Connecticut on Feb. 4; 34.250 in the all-around vs. Bridgeport on Dec. 9.

Freshman Michaela Hogan (Warwick, RI) is averaging scores of 8.350 on vault, 7.040 on bars and 8.325 on floor. Her season-high marks are as follows: 8.500 on vault vs. Brown on Dec. 4, 7.600 on bars vs. Brown on Dec. 4, 8.475 on floor vs. Bridgeport on Dec. 9.

Sophomore Shannon Hughey (Warwick, RI) is averaging scores of 8.575 on vault, 8.567 on bars, 7.655 on beam, 9.088 on floor and 33.815 in the all-around. Her season-high marks are as follows: 8.900 on vault vs. Southern Connecticut/Ursinus on Jan. 28, 9.000 on bars vs. Southern Connecticut on Feb. 4; 8.400 on beam at the SUNY-Brockport five-team meet on Jan. 20; 9.325 on floor vs. Bridgeport on Dec. 9; 34.850 in the all-around at the SUNY-Brockport five-team meet on Jan. 20.

Freshman Nikki Longo (Raynham, MA) is averaging scores of 8.625 on vault, 8.525 on bars and 8.358 on beam. Her season-high marks are as follows: 9.100 on vault vs. Southern Connecticut on Feb. 4, 9.000 on bars vs. Wilson/SUNY-Brockport on Jan.

Wrestling

five reversals, 52 escapes, seven near-falls and three wins by fall on the year. He has competed at 184, 197 and 285 pounds.

Freshman Luke Emmons is 15-15 with 71 points, 26 take-downs, ten reversals, 40 escapes, four near-falls and five wins by fall on the year. Emmons has competed at 133 and 141 pounds.

Sophomore Craig Henault (Pascoag, RI) is 3-6 at 133 pounds with 13 points, seven take-downs, two reversals, eight escapes and two near-falls on the season.

Senior Troy Lambert (Foster, RI) is 18-15 at 157 and 165 pounds with 80 points, 24 take-downs, 22

14, 8.900 on beam vs. Southern Connecticut on Feb. 4.

Junior captain Kristen Oliver (Bristol, RI) is averaging scores of 8.521 on vault, 8.038 on bars, 8.692 on beam, 8.938 on floor and 34.188 in the all-around. Her season-high marks are as follows: 8.600 on vault vs. Southern Connecticut on Feb. 4; 8.650 on bars vs. Wilson/SUNY-Brockport on Jan. 14; 9.100 on beam at the SUNY-Brockport five-team meet on Jan. 20;

9.300 on floor vs. Wilson/SUNY-Brockport on Jan. 14; 35.050 in the all-around vs. Southern Connecticut on Feb. 4.

Freshman Nicki Turner (Salem, NH) is averaging scores of 8.415 on vault, 8.450 on beam and 8.905 on floor. Her season-high marks are as follows: 8.700 on vault vs. Southern Connecticut on Feb. 4; 9.100 on beam vs. Southern Connecticut/Ursinus on Jan. 28, 9.200 on floor vs. Southern Connecticut on Feb. 4.

Freshman Kim Wells (Granby, CT) is averaging scores of 8.467 on vault and 8.025 on floor. Her season-high marks are as follows: 8.650 on vault vs. Southern Connecticut on Feb. 4, 8.825 on floor vs. Southern Connecticut on Feb. 4.

Freshman Nicole Simone (Johnston, RI) is another newcomer to the team this semester who has yet to see action in a meet.

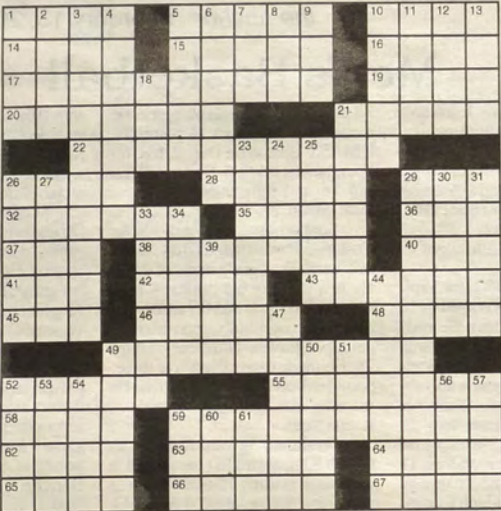
In upcoming action, RIC will compete in a tri-meet with SUNY-Brockport at Springfield College on Sunday, Feb. 11 at 1 pm.

RIC Women's Lacrosse Wants You

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- ACROSS
- 1 Overtake
 - 5 Range
 - 10 Chicago nine
 - 14 Against
 - 15 Get into shape
 - 16 Eye flirtatiously
 - 17 No less effective
 - 19 Lotion ingredient
 - 20 Not severe
 - 21 Light, quick jerk
 - 22 Mortal combat entertainers
 - 26 Niagara's source
 - 28 Highway turn
 - 29 New Deal agcy.
 - 32 Feels
 - 35 Exhausted
 - 36 Possessed
 - 37 Understand
 - 38 Center of a racetrack
 - 40 Levin or Gershwin
 - 41 Buffoon
 - 42 Fall guy
 - 43 Classification method
 - 45 Affirmative
 - 46 Wit
 - 48 Marries
 - 49 Statements
 - 52 Graceful birds
 - 55 Recites from memory
 - 58 Cab
 - 59 Exaggerated representation
 - 62 Norwegian capital
 - 63 Deadpan
 - 64 Coll. subj.
 - 65 At what time?
 - 66 Carries a tune
 - 67 Funny Foxx

- DOWN
- 1 Cezanne or Gauguin
 - 2 Green Gables girl
 - 3 Miserly quality
 - 4 Figures of speech
 - 5 Put up with
 - 6 Reviewer
 - 7 Scull propeller
 - 8 _ in the sky



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- 9 Finish
- 10 Glowing embers
- 11 Jamaican fruit
- 12 Coalition
- 13 Try to find
- 18 Jacket type?
- 21 Singer Fender
- 23 Accounts examiner
- 24 Clan chart
- 25 Track shapes
- 26 Writing assignment
- 27 Della of "Touched by an Angel"
- 29 Bechamel
- 30 Peeled
- 31 John or John Quincy
- 33 VIII and VIII
- 34 Nose
- 39 Renown
- 44 Containing more sugar
- 47 Full of eagerness
- 49 Organization of workers



Yep!
It's official, the Anchor has elected me Classified Editor. And we did it all without SCG's approval! WEEEE!

- 50 Narrow strips of land
- 51 Money mgr.
- 52 Pack
- 53 Laundry
- 54 Shaft between wheels
- 56 Trampled (on)
- 57 Dispatch
- 59 D. Letterman's network
- 60 MacGraw of "Love Story"
- 61 Operated

classified ads

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Name: _____ Telephone: _____

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Classified ads will be unacceptable if this form is not filled out completely. Classified ads may be placed, with payment, at The Anchor, Student Union room 308.

horoscope

by Lasha Seniuk

Aries (March 21-April 19). Early this week colleagues and key officials may request special business advice. Work limitations or short term contracts are now complex: expect close associates to rely heavily on your insight into stalled projects or difficult mistakes. Before mid-week your idealism will be in demand: watch for new assignments or greatly extended schedules. After Thursday ongoing social and romantic differences will be quickly resolved: remain open to new romantic overtures or unique group proposals.

Taurus (April 20-May 20). Social and romantic attractions are a major influence this week. Early Tuesday sensuality, emotional triangles and new friendship will be difficult to resist: expect quick romantic proposals or compelling declarations of love. All that has been previously withheld in key relationships will soon be made public. Be expressive, Taurus: shared honesty and social commitments will soon intensify. Later this week avoid excess spending: for the next 8 days financial and business promises are unreliable.

Gemini (May 21-June 21). For the past few weeks, Gem, newly proposed business relationships have been limited to slow progress or stalled negotiations. Now, however, solid rewards will be forthcoming: after Tuesday expect last minute proposals to be both clearly defined and expansive. Se-

rious mistakes can now be easily corrected: remain focused on small amounts and written permissions. For some Gemini's romance will also be affected: expect steady improvements, revised invitations or joint travel plans.

Cancer (June 22-July 22). Before mid-week expect a close friend or relative to suggest unusual business solutions. Over the next few days social influences can help resolve long standing workplace struggles. Listen carefully to the advice and experiences of others: unexpected sources may now offer concrete ideas. After Thursday a powerful mix of new attraction and past romantic memories arrives. Release yesterday's expectations and outdated relationships. Cancer: it's time to commit to new growth.

Leo (July 23-Aug. 22). Over the next few days, Leo, focus on long term goals and new business strategies: workplace ideas introduced over the last few weeks will now become firmly established. Jupiter's transiting influences may have recently brought unusual communications or a third party influence onto your workscene. Imprint your unique style in the minds of authority figures, Leo, and all will be well. After Friday close relationships begin to deepen: watch for sultry invitations and unique proposals.

Virgo (Aug. 23-Sept. 22). Before Thursday a close friend may be particularly moody or introspective. Recent romantic

changes or family disruptions may now cause someone close to question their emotional security or long term plans. Romantic doubts will pass quickly, Virgo, so not to worry. Do, however, expect new self awareness and reflection to inspire greater trust between loved ones. Spiritual and social intimacy is now on the rise: enjoy private encounters and subtle communications with close friends.

Libra (Sept. 23-Oct. 23). Long term work decisions and career intuition will now work in your favor. Late Tuesday an 8 day period of social clarity and renewed confidence in business relationships arrives. Many Librans will now discover that their quietly detached approach to workplace differences has been completely successful. After mid-week expect key officials or colleagues to request that you publicly set your own standards and priorities. A subtle but powerful few days, Libra: stay focused.

Scorpio (Oct. 24-Nov. 21). Stand your ground in romantic or family power struggles this week, Scorp. Over the next few days public honesty and emotional integrity will be a key concern: expect loved ones to soon request your support, agreement or continued guidance. Broaden your social or emotional circle, Scorp: new information and outside influences will bring relief. After Thursday a subtle new confidence emerges: expect the next 14 months to bring meaningful home change to all long term relationships.

Sagittarius (Nov. 22-Dec. 21). Work officials may be unusually

annoying this week, Sage. Small duties and the completion of recently forgotten tasks may be the only source of emotional security for anxious authority figures. Remain philosophical: this is not a good time to ask for special consideration or publicly challenge the ideas of others. After Wednesday a romantic or social invitation may need to be re-scheduled: expect family commitments or previous engagements to cause minor delays.

Capricorn (Dec. 22-Jan. 19). Early this week a distant romance or unspoken attraction may become unavoidable. Over the next few days expect previously shy lovers or new friends to offer subtle gestures, unique comments or seductive invitations. All looks pleasing, Cap, so not to worry: do, however, avoid public displays of affection in the workplace. Before mid-March work officials and close colleagues will be watching your social style, private agendas and daily emotional choices: be discrete.

Aquarius (Jan. 20-Feb 18). Inner journeys, quick intuitions or flashes of insight are a strong influence over the next few days. Key areas of concern are past emotional limitations in romantic or family relationships. Some Aquarians may now begin to experience minor physical aches or pains. If so, this may be an indication that much unconscious movement is taking place. The body has a wisdom, Aquarius: listen and gather valuable clues. Late Friday new business options arrive: ex-

pect fast financial proposals.

Pisces (Feb. 19-March 20). Subtle home communications and deep feelings of intimacy are on the agenda over the next few days, Pisces. Before Thursday expect loved ones to gently express their dedication or continued affection. Recent power struggles in family and romantic relationships are now ending: for the next 8 days watch for lovers and relatives to plan quiet romantic evenings or shared home activities. Be receptive, Pisces: romance and shared understanding are alive and well.

If You're Having a Birthday This Week:

Expect short term business gains over the next 3 to 4 months. Some Pisceans may also experience a powerful expansion of workplace options or newly arriving income sources. If so, watch for a recently stalled partnership or employment proposal to quickly yield positive results. Reversals will bring exciting progress in business before early summer, Pisces: don't hold back. Later this year watch also for a rare romantic choice to cause confusion, delays or family interference. After August, Pisces, an independent attitude and new display of confidence will bring the appropriate romantic progress: don't let the sullen, critical types derail your ideas.

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How to Completely Disregard Valentine's Day

by Amy E. Medeiros
Anchor Editor

Happy Valentine's Day, everyone. Or whatever. Valentine's Day is the one of the most commercial holi-

Amos and Andie's Guide to Life

days of the year. And why? Is it everyone's conscience that they may or may not have been a good significant other during the previous year? Why do you have to prove your love to me one day out of a year? Why can't you show me your love on July 17th? Or September 3rd? Or even April 22nd?

I believe that showing your undying love and affection should be a yearlong activity. Now, I know that everyone cannot afford to buy his/her significant other flowers and jewelry everyday, nor go out to eat at fancy restaurants every night. But, more power to you if you can. (And I want YOUR number. Hee, hee.) But there are little things that can be performed on a completely random basis to show your love without breaking the bank.

Compliment him or her. Everyone likes to be told that they look good on an occasional basis and who better to tell you than the light of your life? It's not something you have to do daily (because then you'd return home at night to find your significant other gazing adoringly at his/her reflection in the mirror), but can brighten their entire day. I know that most men are not the most observant of beings (sorry...), but wake up once a month and tell your girlfriend that she's gorgeous. Also, being told that you look good propels your desire to look good more than that one day a week, so you might find yourself wearing those pajama pants to class less and less often.

Make "us" time. With the world being as fast-paced as it is today, make some downtime for just you and your babe. Spend one night alone with the phones off (no distractions) and just rediscover the things that made you fall in love with each other all over again. Make spaghetti and eat it *Lady and the Tramp* style. Watch your favorite movies together. Even better, go to Twin Oaks or some other fancy restaurant and save yourselves the headache of standing in line as you would on Valentine's Day night. Go play a game. Whether it be something that requires you to go somewhere, such as miniature golfing, bowling, or ice skating; or something more along the lines of a board game, such as Monopoly, Bingo, or Scrabble. You can even play a card game, or put a sexy twist on it and play Strip Poker, Strip Monopoly (pass go, collect \$200.00, and take off an article of clothing), whatever you see fit.

Now, although I do, in fact, have a boyfriend, which is why this article seems to come from that perspective, I will give you some suggestions on how to celebrate your Valentine's day. You have friends and family, right? There's your Valentine. However, if all the coupled people who read my article follow my suggestions, then maybe Valentine's day won't continue to be such a commercial mayhem. Everyone seems to be depressed on Valentine's day. The couples are disappointed because his/her significant others aren't psychic and didn't get them EXACTLY what they wanted, and the singles are disappointed because they feel inferior to have their father for their Valentine. As my cousin Kim calls it, Valentine's Day = Depression Day. She feels my pain.

This year, let us ostracize Valentine's Day. Treat Wednesday, February 14, 2001 for exactly what it is, just another Wednesday.

Religious Freedom and Democracy

by Robert Provost
Anchor Contributor

The 'Separation of Church and State' is a piece of political rhetoric that has been thrown around recently in light of the actions of our new 'bipartisan compassionate' President. We are blessed to live in a society where tolerance and freedom are backbone principles of our entire system of governing. Some may refer to this as a Non-Christian New World Order. I prefer to affix another title to this: Freedom. I wake up every day to the knowledge that I can walk down the street wearing a Star of David, or a Rainbow necklace, or a big sign that says "I'm a Communist" and know that I will not be arrested, beaten up, or hanged. This being the ideal vision of course, since we all know that is not always completely true. However, it is the goal. Aspiring to live in a society of intellectualism and debate, and to be governed by a body reflective of those ideals.

It was apparent in the previous election that both of the candidates for president were flaunting their religious affiliations. One, however, was not flaunting that affiliation as a political platform. There is a huge difference there, and it is at the core of every-

thing we champion as a nation. Our government strives to be representative of the body of its constituents. And we are not a country filled with straight white middle-aged men (however you may not know that to look at Congress). There need to be Christians in elected positions... and Jews, Buddhists, Gays and Lesbians, African Americans, the disabled, and every nationality, spiritual and political belief out there in the US. It has never been argued by anyone, to be sure, that our system is perfect. Yet, directed by social change we are moving in the right direction. Our Strength is in our Diversity. Democracy is an evolving concept that grows with every influence that touches upon it. Yet it will always hold that individual rights are of the highest order.

We may look back 200 years from now with the privilege of hindsight and say that we were wrong to approve abortion socially, or gay marriage, or to remove religion from schools. More likely than not, following social trends, I wouldn't bet on it. When we freed the slaves, gave women the right to vote, or allowed abortion to be legalized, we fought for a freedom as best we could as a society. Social trends change, hence our 'cultural war', but striving for freedom should be everyone's

goal, and it is not hard to see which agendas work towards freedom and which ones work against it. Spirituality and religion have a place in government through the officials we elect. When I vote for a candidate I expect that their spiritual views will affect their influence just as much as their political views will. But to condone a specific belief as a national doctrine isolates and outcasts everyone that may believe otherwise and that is not how our nation was set up to operate.

In order to hold a political office in the United States you need to be a citizen and, last time I checked, Jesus Christ has never lived here. Therefore, I don't believe he can 'reign supremely' over anything in the political world. Neither can anyone in our country. We are not a 'City of God', nor will we ever be. We are a 'City of Women and Men' working towards the most libertarian, tolerant, free society we can achieve with a government that reflects those views. The simple fact that this article can be written stands as a point of expression, which is an extension of my freedom as an American. It is one that I thank the lord for everyday, and it is one that some would quickly try to take from me, and from us all.

Join the anchor

we need writers for all sections - if you enjoy writing or want some experience in reporting, come up to Room 308 in the Student Union and show us you stuff



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Applications available in Student Union room 200
456-8088. Due date: April 20, 2001 at 3:30 p.m.

Un-Valentines Day

by Kristen Mojkowski
Anchor Contributor

Well, it's Valentines Day and, once again, I have no Valentine (surprise, surprise). I have grown tired of the past day traditions of trading little construction paper valentines with my friends. It takes too much time and the risk of getting paper-cuts and carpal tunnel is not something I want to have to worry about. I know that it's the whole thought that goes into the valentines and what not, but after about 5 or 6 years it get kind of old. And we all know that they get thrown away after about a month so that's just a tree that I could have saved by not giving them in the first place.

I do have plans for Valentines Day. My best friend Tessa and I are going to the movies to see Valen-

tine, which I think suits the situation perfectly. Two people that are always neglected and Valentine-less on this day for lovers are going to see a movie about people that stalk and kill the people that neglected them on Valentines Day. Perfect, don't you think? And I don't know about Tessa, but I'll be taking notes. I mean... umm... er... I can't wait to see the movie!

Anyway, I guess it's a good thing that I actually have plans for Valentines Day. At least I'm not sitting at home wallowing in self-pity, digging into a half-gallon of ice cream, while watching the Barbra Streisand Special on Fox. But we all know that going on a girls night out with your friends is not the same as going out with that special someone on that special day that was intended for couples known as Valentines Day. Not getting the heart

shaped boxes with chocolates in them or flowers or the stupid cute little stuffed animals is making me dread the day even more because I know that almost everyone else on the planet is getting them and I'm not. So this Valentines Day I hereby declare that I will not celebrate this holiday. I will still dress in my usual Valentines Day attire with my Valentines Day socks and what not. But I refuse to be happy!

So what is Valentines Day for all of you will be *Un-* Valentines Day for me. I'm going to treat it like any other normal day of the year, I'm going to wear my normal clothing, and I'm going to go to the movies with Tessa like it's a usual get together on a normal day. I do wish I had a Valentine though. Oh well. Happy Un- Valentines Day everyone. Now if you'll excuse me, I need some chocolate!

From Manhunt to Spelling Bees

The Good Old Days...

by Cliff Rebebo
Anchor Editor

I sit back and think about my life now and the first thought that enters my head is "DAMN!" I work about twenty hours a week and go to school full time. By choice, I belong to student organizations (*The Anchor* and the *American Marketing Association*), but I can't complain about that because as I have said, it is by choice. It seems like I work all the time and go to school all the time and it now is pretty sickening. How people work more than twenty hours a week and still do this school thing, I will never know, nor will I want to ever know. Now a days, I can't help but think of the good old days. You remember those, the days when your biggest worry was not getting hit in the head severely when you were playing dodge ball with the class bully. Those days make me fight back tears and put the bottle of vodka down for once. We didn't have any responsibilities, classes were easy, and getting beat up by a bully didn't involve any guns or knives. Even further back in our lives, when we were still in diapers, we didn't have to worry about running to the bathroom because we had our own personal potties attached to our asses.

Walking into elementary school was more like a social gathering for me than anything else. Classes were easier than a Manton Avenue hooker and every year, I always had the same kinds in my class (Yes, I was a Catholic school boy). I can still remember the exams as if it were only yesterday. Moby Dick was a W-H-A-L-E

Oh dear, another perfect score? Thank you Mrs. Connelly, my mother will be pleased that the million dollars a year she puts into this school has paid off. So school was obviously a cinch and when 2:30 came, I hadn't even broken a sweat. It was then time to go home and go to work. Oh wait a minute, mom and dad paid all the bills for the house and I had nothing to worry about. Screw work, it was time to head on over to grandmas and meet the gang in the neighborhood. I'd get there, walk two houses down and meet my friends for a good game of MANHUNT. The best part about MANHUNT when we were young was the fact that you didn't have to wear a bullet proof vest in case little Johnny got frustrated and pulled out his gun.

Then when it was time for dad to pick me up, I'd go home and what would I do? Absolutely nothing. The best part was that I was expected to do nothing. It was a great feeling to have absolutely no responsibilities to anything from work to school. Mom and dad paid for the cable, telephone, water, electricity, etc. Yes, that may be selfish now, but it's something that comes with popping out a child. Now, to get around, I need a car and that requires insurance and maintenance. To be safe while I'm driving, I need a cell phone and it seems like the car only takes me to places I don't want to go. I drive to school, sit in classes all day and then I go to work. When I leave work, I go home and everything seems OK, but unfortunately I'm going home to do homework. I do get to play on the computer but the time I spend on the computer goes to writing my articles and

sending out e-mails which have to do with the American Marketing Association.

You must all be wondering where this article is going to, and to be honest with you, I have no idea. I guess it's just to remind you of how hard your lives really are and how I don't think it's going to get any better. Being young, we want freedom and we want a lot of it. Unfortunately that freedom requires a lot of money, time and frustration. It also now requires a lot of caution and safety. Before, when all we worried about was manhunt games and spelling bees, life was easy. Yes, there were still bad people back then but they were usually older than 15 years old. Now, we have kids shooting each other before they even graduate elementary school. We had it very easy as children and we would hope that kids today would also have it easy, but I don't think they do. Being a kid when we were kids was a hell of a lot simpler and the freedom we inherited is minor because today, a lot of kids are forced to be out there on their own. We have kids shooting kids, kids shooting adults, adults shooting kids and God knows what else. Even being an adult today is extremely hard and if I could, I'd go back to the days of my childhood for one day. The days when I could go to school and feel safe and not worry about being shot or stabbed. The days when I had absolutely no responsibility in the world and I could just lay back and watch life go by. Hopefully everything we go through now will pay off in the future and hopefully kids in the future will have life easy if not easier than we had it.

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Student Community Government, Inc.

Attention Freshmen Class of 2004:

There will be elections for President, Vice President and Secretary of the Class of 2004 on Wednesday, February 21, 2001.

If any Freshman is interested in running for one of these positions, please sign up in SU Room 200. The sign up sheet will be up until 12:00 noon Tuesday, February 20, 2001.

Election will be held in the Student Union on Wednesday, February 21, 2004 from 10:00AM to 4:00 PM.

Results will be revealed at the Parliament Meeting on the 21st of February.

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Arts & Entertainment

on and off campus listings and reviews of movies, events and much more.....

The Little Foxes opens soon

Rhode Island College Theatre presents an entry for its winter-spring fare: Lillian Hellman's *The Little Foxes*, a superb melodrama about a Southern family struggling between greed and integrity. Set in the genteel South at the turn of the century, *The Little Foxes* is a sizzling look into the lives and lies of the Hubbard family, a family obsessed with making money and not at all concerned with how they do it. When their scheme to bring the family great fortune runs short of a cash, the Hubbards will do anything - ANYTHING - to keep their dream alive and "in the

family." In a world of insatiable greed, marriages of convenience, deceit and ultimately murder, these Southern foxes continue to epitomize the danger of a society ruled by greed. This absorbing drama of a family snarling and clawing its way to riches is one of the most memorable plays of the twentieth century - an impassioned and thunderous appeal to our basic emotions. *The Little Foxes* was made into a film that starred Bette Davis in 1941, which garnered nine Academy Award nominations. Directed by James Taylor Stage Manager - Kellena Shumate

Andrea Twiss as Regina Giddens, Sharita Delgado as Addi, Aaron Andrade as Cal, Barbara Bianco as Birdie Hubbard, Joshua Allen as Oscar Hubbard, Alvin Meservy as Leo Hubbard, Michael Roderick as William Marshall, Mank King as Ben Hubbard, Bethany Geaber as Alexandra Giddens, Todd Wojcik as Horace Giddens, February 15 - 17, 23 - 25 8:00 p.m. performance each evening 8:00 p.m. February 23 2:00 p.m. and 8:00 p.m. February 24 2:00 p.m. February 24 and 25 Reserved Seating \$11

Chamber Music Series

The Wednesday One O'Clock Chamber Music Series will present pianists Paul Hanson and Joanne Kong. With their distinguished and diverse backgrounds, pianists Hanson and Kong have been critically acclaimed for their impeccable musicianship, mastery of tone color and exacting en-

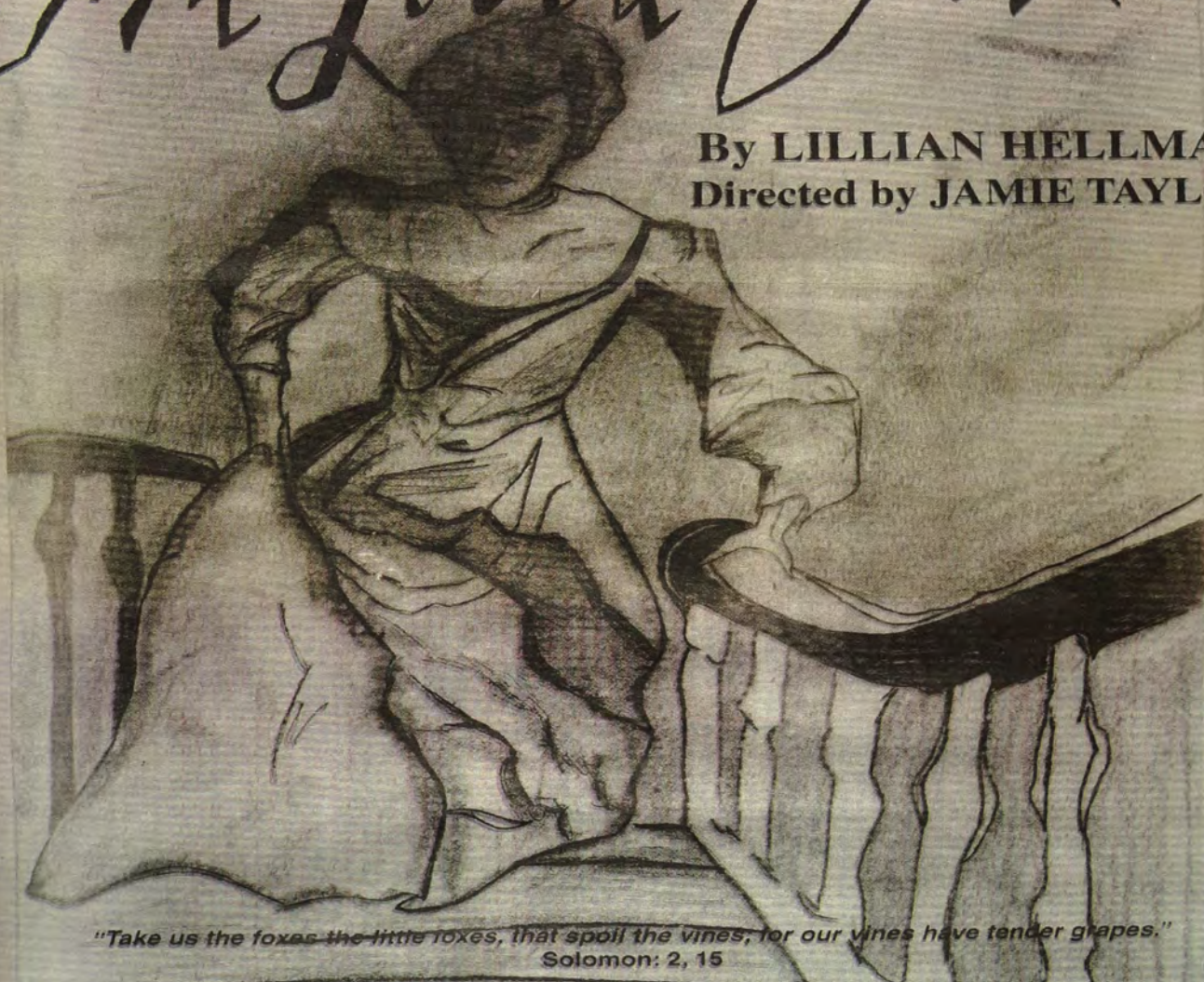
sembles. The recital will consist of works by Schubert, Mozart, and Ravel. All are welcome.

February 14

Music: Hanson & Kong Duo Pianists* 1:00 p.m. Lila and John Sapinsley Hall

The Little Foxes

By LILLIAN HELLMAN
Directed by JAMIE TAYLOR



"Take us the foxes the little foxes, that spoil the vines, for our vines have tender grapes."
Solomon: 2, 15

FEBRUARY 15, 16, 17, 23, 24, - 8:00 P.M.

FEBRUARY 24, 25, - 2:00 P.M.

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