



london 2001

london's calling

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ric rugby

looking to kick uri butt pg13

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Free Access to Ideas
and Full Freedom of Expression

the anchor

Students express
grievances about RIC
to administration



by Nuria Chantre
Anchor Staff

An open forum was held in the Student Union last Wednesday where members of the Rhode Island College community were encouraged to come together and express their concerns regarding the school to representatives of the administration.

The forum was organized by *The Anchor* and was attended by RIC students as well as members of the faculty and staff. Michael Smith, assistant to the president, introduced the representative panel, Vice-presi-

dent Lenore DeLucia, Associate Dean for Student Life Scott Kane, Dean of the School of Social Work George Metrey and Vice President of Student Affairs, Gary Penfield.

One of the main issues students were concerned about was RIC's disabled population. In particular, the fact that the automatic doors don't always work with the push of a button is a problem. This causes some to rely on the next person to come in or out of a building in order to open and hold the door for them; this results in disabled persons arriving late for classes. Also, some elevators on this campus are labeled "dangerous"

and thus prove to be useless to one that cannot use the stairs. The poor job the staff does at plowing away the snow, which has caused quite a few students to slip on the icy sidewalks resulting in injuries, was addressed as well. Dr. DeLucia, who supervises the units of Physical Plant, responded "in a perfect world you wouldn't have any trouble getting around." She also stated that she can be reached at any time for specifics on what doesn't work, as well as where physical plant needs to plow away snow to get at least one

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Kevin Munley, first RIC wrestler to win New England's in seven years

Providence, RI-Rhode Island College freshman Kevin Munley (Barrington, RI) and sophomore Mike Riley (Lowell, MA) are heading to the NCAA Division III National Championships, which will be held on Mar. 2-3 at Young Arena in Waterloo, Iowa. Wartburg College will be hosting the Championships.

There have been no wrestlers to qualify for the NCAA Championships since the 1994-95 season.

Munley was the New England College Conference Wrestling Association (NECCWA) Champion at 125 lbs., very impressive considering he is only a freshman. He went 4-1 at the NECCWA Championships, which were hosted by Williams College, on Feb. 17-18. He received a bye, won two matches, and then lost to Dan Jacobs from Williams 9-2. Munley battled back to face Jacobs in the

Championship Match and defeated him 4-3 in tie breaker overtime. Munley is 33-10 on the season.

Riley was selected as one of only six Wild Card selections to the NCAA Championships. The winners of each weight class receive automatic bids. He was All-New England, placing second at 133 lbs. Riley lost to Mike Marcucio from Trinity College 4-3 in the Championship Match of the 133-lbs. Weight class. He went 3-2 at the NECCWA's and is 11-3 on the season.

As well as Munley and Riley, two other RIC wrestlers have earned All-New England status. Senior captain A.J. Aulson (Georgetown, MA) was All-New England, for his second consecutive year, placing third at 141 lbs. Freshman Rob Petit (Foxboro, MA) was All-New England, placing sixth at 149 lbs.

How to prepare for grad school without leaving campus

by Christopher Moore
Anchor Staff

So, you know you want to go to graduate school, but are unsure exactly what you should do to prepare. According to Dolores Passarelli, Director, Office of Academic Support and Information Services (OASIS), there is a "four step process in preparing for graduate school," with facets available from all around the Rhode Island College campus.

"The first place you should check," advises Passarelli, "is with the reference librarians at Adams Library. Ideally, one would begin

preparing for graduate school in their junior year, and the materials found in the library are a great place to start."

Tim Spindler, one of the many reference librarians available to assist you, suggests the following resources from the multitude available: *Peterson's Graduate & Professional Programs* (2001), *Graduate School Guide* (1993), and *Guide to American graduate schools* (1997). There are also directories for specific academic disciplines available, from Peterson's publishers, including *Peterson's graduate programs in the biological sciences* (2001), *in business, education, health, infor-*

mation studies, law & social work (2001), and *...in the humanities, arts, and social sciences* (2001).

Many Internet applications are also available in the library, including College Source (<http://www.collegesource.org>), which provides access to 11, 400 College Catalogs complete and in the original page format, including catalogs from two-year, four-year, graduate, and professional schools. However, this particular reference is only available from Internet-enabled computers on campus, and only one person can use this re-

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The Psych Society and Psi Chi: Worth Your Time

by: Adam Babbitt
Anchor Staff

The Psychological Society and Psi Chi, a national Psychology Honor Society, meet in Horace

Mann, room 183, alternating weekly, much to the benefit of those that are a part of it.

Both societies bring together students and faculty alike as they focus their attention on relevant issues and matters that relate to the furthering of their learning in the field of Psychology. A few major elements of learning include instruction, study, and testing and both Psi Chi and the Psychological Society support this learning by offering Students interested the field of Psychology the opportunity to attend sym-

posiums, colloquiums, conferences and the like, which can help applied individuals to augment their experience and learning to their own profit.

One student, named Dorothea, commented on joining and just a few weeks later, being en route to a conference in Maine, being somewhat amazed to be already in the thick of such a road trip adventure. The Psych society and Psi Chi are good clubs to get involved in if you have a desire to be exposed to new information and

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Psi Chi: (L-R) Heather Bolenis, Dorothea Mayard, Noah Dunn, Jessica Guilmain, Danielle Norton and Roberta Clitso in front a pond.

THIS WEEK IN RIC HISTORY

The first week of March in 1993, a committee comprised of students, administrators and staff made the first step toward implementing a no smoking policy on campus.

TUE
FEB 27
Sunny



hi 40°F
lo 21°F

WED
FEB 28
Partly Cloudy



hi 34°F
lo 20°F

THU
MAR 1
Scattered Snow



hi 33°F
lo 17°F

FRI
MAR 2
Partly Cloudy



hi 38°F
lo 21°F

SAT
MAR 3
Partly Cloudy



hi 42°F
lo 24°F

SUN
MAR 4
Partly Cloudy



hi 37°F
lo 28°F

MON
MAR 5
Mostly Cloudy



hi 39°F
lo 30°F

campus tidbits

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Change In Hours For Computer Lab Whipple 102

New hours will be in effect on February 19th Whipple 102's hours will be Monday-Thursday 8 AM to 10 PM. Friday 8 AM to 5 PM. It will be closed on Saturday and Sundays. Two weeks before exams the schedule will be Monday-Thursday 8 AM-Midnight. Friday 8 AM-5 PM, and Saturday 9 AM-5 PM.

Ash Wednesday

RIC 28th is Ash Wednesday there will be a catholic mass at 1:15 PM in the president's dining room in DDC. Msgr. Richard Albert and Fr. Joe Pescatello will be the celebrants. There will also be two prayer services and ashes in the SU 306 Rev. Larry Nichols will conduct the 10 AM service and Deacon Mike will conduct the 4:45 service.

Ethnic Research Award

The Ethnic Research Award is available to graduate students at RIC. It is presented for research and writing on the topic of ethnic groups. Graduate students in all programs of the college are eligible. For further information about the award please contact Joan Rollins at 456.8578.

Now On Sale at the Box Office

RIC Dance Co. "Annual Spring Concert"- March 1, 2, 3, 4. "Boston Symphony Chamber Players" part of the Performing Arts Series-March 5. RIC Wind Ensemble, "Americana"- March 9th. The performing arts series "Alonzo King's LINES Contemporary Ballet"- March 22nd. RIC Chorus-"How Can I Keep From Singing"- March 23rd. The Performing arts series author/humorist David Sedars-March 31. Call the box office at 456.8144 for performance times or to charge by phone.

Pianist Needed

There is a pianist needed for two upcoming RIC foundation events. The two events are scheduled for Monday, March 5th from 4:30-8:30 pm at the Providence Marriott, and Friday, April 6th from 5:30-11:30 pm at the John Nazarian Center for the Performing Arts. If you can be available for one or both of these dates call Shana Murrell in the Foundations office at 456.9625 with your requested fee for the performance(s). References required and preference will be given to RIC students.

Hospitality Wanted

Daffodil Days Continues at RIC. The American Cancer Society's campaign is continuing throughout the end of February. Dollars help fund the programs like the feel good fund- feel better program, for more information, call 456.8651.

Open House at URI

The physical therapy program at URI will hold an open house on Wednesday, February 28th at 4-6 pm at Independence Square II. The location is the Kingston campus and call 874.5001 for more details.

Social Anxiety Workshop

Tuesdays, starting February 13th from noon to 1:30 pm in CL 130, you can learn to cope with social anxiety. There will be a total of eight sessions. Here you will learn more about social anxiety, and learn strategies for changing behavior and dealing more effectively with these feelings. An intake interview is required. Call 456.8094 to register.

Senior Photos

Senior photos for the Exodus Yearbook will be held on March 1st & 2nd from 11 am to 6 pm. No appointment is necessary and there is no cost. The location is Student Union 304, and if you have any questions call 456.8257.

Once Upon A Time: A Reading Program for Preschoolers

Since 1997 RIC has been sending Education students into preschools and daycares throughout Rhode Island to read to children. We are putting out a call to all; you do not have to be in the education program to help. If you would like to become a volunteer, call Once Upon A Time at 456.8877.

Counseling Center

The Counseling Center is forming a Career Exploration Group for students who are undecided about their major or career. It will meet on four Wednesdays from noon to 1:00 in CL153 beginning February 14th. They are also forming a Social Anxiety Group for students who experience anxiety in social situations. Interested students should call or drop by the Counseling Center, 456.8094, Craig-Lee 130.

Volunteers Needed

Volunteers needed for the 2001 season of the Nazarian Center for the Performing Arts. If you would like to do it or for more information contact Katie at 456.8194.

Federal work Study/Rhode Island Work Opportunity Alert

Students working under the federal work-study program on the student payroll at RIC and running out of money can apply for additional funds at the Office of Financial Aid. Increases in work-study can only be approved for students with remaining financial need. Also available under the Rhode Island Work Opportunity program is funds available for Rhode Island residents with financial need. They will be available on first come, first served basis.

Everyone Welcome

A weekly open discussion meeting of Alcoholics Anonymous is held during the free period from 12:30-2:00 in Craig-Lee 105. This is a safe place where everyone is free to share experiences with alcohol, strength, and hope. Students doing related papers and projects as well as other students, faculty, and staff is welcome to come. For more information call Mary Olen at 456.8061.

Health Services

Any 1991 Rhode Island College Graduates wishing to obtain their health records may do so by calling Health Services at 456.8055. If they are not obtained all health records without activity since 1991 will be shredded. Thank you for your consideration. Jennifer Duhamel, SRN Student Health services

Cooperative Playgroup Has Openings

The Co-Op is now taking applications for the spring semester. A preschool curriculum is offered on the campus for three to five year olds. Parents, take an active role in your children's education. For more information call 456.8154.

Research Interns Needed

The RI Select Commission on Race & Police-Community Relations is seeking research interns to assist in its work examining community relations, the training of law enforcement officers, media and communications, and other topics. Interns are expected to work 15 hours a week on assigned research activities. Interns must be RI residents and enrolled in a college or university. Some internships may be paid. Interested students should contact the Commission at 222.4854 and ask to speak to Elizabeth Kuncie.

PPST and PLT Informational Workshops

The Academic Development Center will sponsor informational workshops for students preparing to take the Pre-Professional Skills Test or the Principles of Learning and Teaching. The PPST workshops will be held on Wednesdays throughout the semester in Craig-Lee 153, from 12:30-1:30 p.m. The PLN workshops will be offered on Mondays in Craig-Lee 154, from 4-5 pm. Students with requests for individual tutoring can call 456.8071 to make an appointment.

Attention: Parents with Young Children

How can you get up to \$5,000 tax-free to pay for dependent care expenses? Sign up for the Dependent Care Assistance Plan! If you have a dependent up to age 12 and you have qualified day-care, after-school, or summer camp expenses- you may be eli-

gible to deduct from your pay up to \$5,000 tax-free (no FICA, Federal or State Tax) to pay for those expenses. Parents expecting in the year 2001 may sign up now for as little as \$1.00 (certain IRS rules apply). For more information or to enroll, call AFLAC at 521.7700. Anyone with questions may call Maggie Sullivan, 456.8442, or email msullivan@ric.edu.

Christian Student Services Organization (CSSO)

Meetings for CSSO are held on Wednesdays from 12:30 pm to 1:45 pm in the Chaplains' Office, Student Union Room 300. Students meet to discuss issues of faith and to get involved in service activities. During the weekly meetings, students share problems, sing, pray as a group, learn about Christianity, and help plan the volunteer and service projects that Campus Ministry sponsors. Students can stop in at any meeting throughout the year. Pizza, snacks, candy, water, juices, and soda are always available. Call our office at 456.8168 if you have any questions or would like more information.

Catholic Mass

There is a Catholic Mass on campus at 10:00 pm Sunday evenings. It is held in the Student Union Ballroom. Everyone is invited to attend.

Bible Study

Bible study is held on Mondays from 12:00 pm to 1:00 pm and is led by Rev. Larry Nichols everyone is welcome to attend and feel free to bring your lunch.

Florence Study Abroad Program

The Study Abroad Program in Florence, established this past spring by assistant professor of Italian, Santa V. Fortunato of the Department of Modern Languages, took place from May 27 to June 24. A group of 16 RIC students from various departments, faculty, alumnae, and a student from Boston University studied all levels of the Italian language, culture and opera at the prestigious Istituto Italiano DI Cultura in the historic center of Florence. Fortunato accompanied them. The students also participated in many out-of-town excursions to Venezia, Siena, San Gimignano, and Verona that were offered by the Istituto. According to their written comments on the Florentine program, it was extremely successful. The program is now accepting applications for the 2001 first summer session. Decisions to participate in the Florence Study Abroad Program should be made no later than February if you want to ensure the best airfare price (it doubles in May). For more information, please email sfortunato@ric.edu or call 456.8029.

Aquatic Programs and Special Events

The pool is open for lap swimming and recreation seven days a week. Monday and Wednesday 7 am to 10 pm, Tuesday and Thursday 10 am to 10 pm, Friday 8 am to 4 pm, Saturdays 8 am to 12 Noon, and Sunday 5 pm to 10 pm. In addition some special events are now taking place. Need to relax go to water to relax Friday March 2nd from 1-1:30 PM leave relaxed. All these events are free but you must register in advance. For more information call Alan Salemi at 456.8227 or Janice Fifer at 456.8238.

Aquatics exercise class schedule

Monday at 9, 12, 5 and 6:30, Tuesday 12, and 5, Wednesday 5, and 6:30, Thursday at 12, and 5, Friday at 9, and 12, Saturday at 9, and Sunday at 6:30.

Lifeguard Jobs Available:

The Recreation Center is now accepting applications for next semester for RI certified lifeguards. If you are not certified and want to be spring classes are being offered. For more information call Alan 456-8227 or Janice 456.8238

Aqua Boxing

Aqua Boxing is the newest thing in group fitness and is offered here on campus at the recreation center pool. It will be Tuesdays at noon, Wednesdays at 5 PM., and Sundays at 6:30 PM. Punching and kicking against the resistance of the water is fun and it strengthens the core muscles of the body

Learn To Snorkel

The class starts march 1st 5-6 PM. All equipment will be provided for this introductory session. This is fun and easy to learn.

Water Way To Relax

This is a half-hour session of relaxation in the water that will include some movements from Ai Chi, a Japanese exercise form that means, "Love Of Life". It will be offered on Friday, March 2nd 1-1:30PM.

Life At RIC Is

The committee on Student Life wants to know what you think Share your comments and suggestions about RIC with your fellow students and you will get a chance to win one of two RIC Campus Store gift certificates. The date is Wednesday March 7, 2001 from noon to 1:00 with the raffle at 1:00. Again 5:30-6:30 with the raffle at 6:30. It is in Donovan Dining Center in the main dining room. Come and join it.



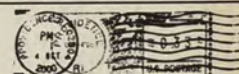
Hi Honey.

Look for the good in each person you meet-that includes professors and roommates!

Love, Mom

To:

My favorite Student
Rhode Island College
600 Mount Pleasant Ave.
Providence, RI
02908



the anchor

Established 1928

Free access to ideas and
full freedom of expression.

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"Forum" ... from page 1

area of access to a particular area or building. Dr. Kane who works with the peer advisor for Disability Services explained that many offices work together to provide for students' satisfaction, he added, "keep notifying us of specifics so we can help, we don't know where the problems are."

The littering situation on campus, large overflowing garbage containers, bottles, old newspapers, and cigarette butts, was also addressed. It was suggested that someone needs to be assigned to pick up the litter. Dr. DeLucia agrees that the littering at RIC "is outrageous" and also added that "one person can't do it, we all have to do it. It's a personal responsibility." She continued by saying, "we have a very limited staff". Someone suggested to hiring more people, Dr. DeLucia responded "we are limited to a certain number of employees." The lack of a recycling program at RIC was also

brought up, however, the state does not provide for it, and the school is obligated to handle all purchases through state contracts, said DeLucia.

There were some concerns about the Financial Aid staff as well. According to some students the staff does not prove to be very helpful. It was even suggested that a seminar be offered to the staff in order to learn how to deal with people. Dr. Penfield said "we have about 14-15 programs for staff to sign up for...obviously we're not succeeding in this area."

Another issue discussed at the forum deals with the residence halls where students often find leaking pipes and ceilings, rusty shower heads, the absence of heat in some bedrooms and the need to plow the snow and make a path outside the halls. One student pointed out that, although, many requests have been made to fix all these problems, nothing seems to be getting done. Dr. Penfield agreed that "it's a serious concern," explaining that a process

has to be followed so it may take a long time for any of these problems to be resolved. Dr. DeLucia addressed dorm snow plowing saying, "we're not very well staffed, so it's a problem...if anyone in the housing office is interested in helping plowing, we'd be happy to help." Also, "operation snowflake" is coordinated by a physical plant representative who can work along with students and make plans before a snow storm hits.

Finally, students were concerned about the elevators that do not have inspection stickers. Inspection stickers would give some sense of security, and student wondered whether or not it is a law to post them. Dr. DeLucia said she's not sure it's a law to have those stickers posted on elevators, but inspection certificates were obtained and are located at the physical plant.

RIC members have now voiced their opinions on what they consider to be major issues on campus, now all they can do is wait and see if they were heard.

Campus-wide Daffodil Days Campaign

Daffodil Days is blossoming all over campus this year. To raise funds for the American Cancer Society, our volunteers are selling bunches of 10 daffodils for \$6.00. We will be collecting donations and taking orders until February 28th. Daffodils will be delivered to campus the week of March 19th.

Money donated during the Daffodil Days campaign goes to fund a variety of services in Rhode Island, including Camp Hope, where 60 youngsters undergoing treatment for cancer can attend a fun-filled week of summer camp for free. Another service funded by your donations is "Look Good - Feel Better", which provides free make-up services to cancer patients to help them restore their appearance during treatment. Of course, dollars also go to research here in Rhode Island, including programs at Brown University, Miriam Hospital, and the University of Rhode Island.

People wishing to make a donation may also consider giving a "Gift of Hope". For a \$15.00 donation, a glass vase filled with daffodils will be delivered anonymously to a cancer patient at one of the following treatment centers in Rhode Island; Oak Hill Nursing Home, Rhode Island Hospital, Veteran's Hospital, Hospice Care of Rhode Island, South County Hospital, Newport Hospital, Landmark Medical Center, HAS-BRO Children's Hospital, Kent County Hospital, Westerly Hospital, and Our Lady of Fatima Hospital. American Cancer Society volunteers will deliver the daffodils, but due to logistics we cannot specify which person will receive a contributor's gift.

Our campus volunteers are ready to take your donations at any time. Call or visit any of the people listed below to make your contribution. We'll let you know when the daffodils arrive on campus so that you can pick them up.

Our volunteers are:

Gerry Jessop, Network and User Services, Horace Mann Technology Center X8825
Ellen Hunt, School of Social Work X8864
Gail Davis, Intercollegiate Athletics, HPE 116 X9882
Ellie O'Neill, Alumni Affairs, Alumni House X8460
Joan Roy, Audiovisual Dept., Gaige 113 X8057
Elaine Papa, Publishing Services, Alger 211 X 8132
Deacon Mike Napolitano Chaplain's Office, SU 300 X 8168
Joan Barden, Chaplain's Office, SU 300 X 8168
Debra Ginolfi, Donovan Dining Center office X 8375
Sandy Langlois, Human Resources, Roberts 303 X9880
Dianne Huling, Biology Dept., Fogarty Life Science 252 and Clark Science Greenhouse X977
Rene Perreault, Office Services, Craig-Lee B1 X8231
Alan Salemi, Recreation Center X8227
Sue Dubois, Continuing Education, Forman Center X8091
Norma Soares, Physical Plant X8265
Debra Thomson, Adam Library 203, X9651
Rose Misuraca, Counseling and Educational Psychology, Adams Library 101
X8023
Melissa Souza, Accounting, Alger 136 X8436
Pat Patrick, Counseling Center, Craig-Lee 130, X8094
Carol Shea, Office of Residential Life and Housing, Sweet Hall, X8241

Thank you!
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College to offer London course this summer

The College has announced that it will again be offering the London Course for the 2001 Summer I and II sessions. It will be an interdisciplinary course, taught by Dr. Richard Weiner, Dean of Arts and Sciences and Dr. Mark Motte, Associate Professor of Geography.

The Summer I session will consist of a preparatory seminar taught on-campus by Dr. Weiner in which the country's various political, cultural and historical aspects will be discussed. On July 5, the Summer II session will begin with a flight to London, where students will be able to learn about the British culture firsthand. Motte and Weiner will teach classes and workshops at London's South Bank University.

Those who participate in this

course will learn about cultural values, politics, economics, geography and urban planning, among other topics. While in London, students will be able to take field trips that include a weekend-guided tour of Paris and optional, unguided side trips to Amsterdam, Edinburgh or Dublin.

This is the eighth year that RIC has offered this course. The program, which is listed as Pol 444 and Pol 445 hopes to attract students from different disciplines throughout the college. "Last year our students had a fabulous time. They were able to go beyond the expectations of the course objectives," said Motte.

A comprehensive examination must be taken upon completion of the Summer I session. In addition, a paper, a journal, and a scavenger hunt

report, will be due at the end of the Summer II session in London, according to Motte, after which students receive six credits for both sessions.

For approximately \$2,350.00 students receive the course, round-trip airfare from Boston to London, accommodations at South Bank University and guest lecturers in London. "This is actually a great deal. There aren't too many institutions that will offer this type of experience for this price," stated Motte. Financial aid is available for qualified students.

For more information on the London course, contact Dean Weiner at 456-8106 or 8107, or Dr. Mark Motte at 456-8378 or 8005. All interested students are invited to attend and informational forum in Gaige 250 at 12:30 on Wednesday March 7, 2001.



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Ash Wednesday Schedule

February 28th is Ash Wednesday. There will be a Catholic Mass at 1:15 p.m. in the President's Dining Room in Donovan Dining Center. Msgr. Richard Albert and Fr. Joe Pescatello will be the celebrants. There will also be two Prayer Services and Ashes in the Student Union room 306. Rev. Larry Nichols will conduct the 10:00 a.m. service and Deacon Mike will conduct the 4:45 p.m. service. Please mark your calendars.

Employment Listings

We have the perfect job for you. Just stop by the Student Employment Office at Craig-Lee 054 or call 456-8032, and we will find the job just suited for you. A few of our excellent jobs are listed below:

Mental Health Worker/Providence (\$11.15-\$11.53 hr.)	#517
Assistant Child Care Director/Pawtucket	#519
After School Program Counselor/Providence	#520
Project Assistants/Providence	#522
Temporary March 1 - April 15, 10-20 hrs wk. (\$13-\$15 hr.)	
Receptionist/Clerical Support/Warwick	#525
Algebra Tutor/North Scituate	#529
Family Support Provider/Cranston	#527
Freelance Humor Writer	#528
Police Officer/North Providence	#530

"Psych Society" ... from page 1

new people who also share an interest in Psychology and issues which relate to Psychology students.

Christiana Millette, a Rhode Island College Psychology Major and Psychological Society Secretary, publishes a newsletter, organizing it so that reports are made which keep everyone informed of Psychology Society business. A recent edition of the Psych Society newsletter, for example, contained information about recent business and happenings; for example, there were announcements relating Psychology society election results as well as reports about a Psi Chi fund raising campaign (they're selling "Newman's Organic Chocolate Bars"). Also, she lists job opportunities for positions such as Residential Counselors and Research Assistants. A recent issue also contained advice for students hoping to attend graduate schools so they could take advantage of the opportunities laid out before them.

In a recent issue of the newsletter, there were also some quotes from a talk given by one of Dr. Duncan White's former students, named Diana. She gave some advice for students hoping to attend graduate schools in order that they would take advantage of the opportunities laid before them: "I don't wait for a door

to open. I open it."

Presently, the Psych Society and Psi Chi are working on opening a door of their own. They are in the process of getting petitions signed in order to acquire a lounge space for themselves, as Psychology is such a popular major on campus, there should be a place for students to go to meet with others in their field of study. Many Psychology Majors commute and are therefore not necessarily able to make it to the Wednesday free period meeting in Horace Mann, so it is hoped and expected that once that space is found, there will finally be a permanent place where Psychology students can go in order to learn about these two clubs which are on campus to help meet their needs.

Jessica Guilmain, Vice President of the Psychological Society, is currently organizing the Academic Quiz Bowl. She hopes to bring several different Rhode Island College clubs together for a day of friendly competition in various events in order to have some fun and raise some money.

On a final related note, the Brown University Psychology Department is offering a series of colloquiums this spring. The colloquiums are held on Wednesdays at 4:00 p.m. in room 206 at the Hunter Laboratory at 89 Waterman Street, Providence. The dates for the colloqui-

ums are as follows: Feb. 28, March 21, April 4, April 25, and Friday, May 4. The colloquiums are on such topics as "Time and Association," "Creating Illusions of Belief and Memory," and "In Search of King Solomon's Ring: Studies on the Cognitive and Communicative Abilities of Grey Parrots."

In closing, a quote from Christiana Millette, of the Psych Society and Psi Chi, "RIC has an excellent Psychology program. The Psychological Society is a means by which students can contribute to their own and others' educational experiences. In my life, I have learned that I should take everything I possibly can away from every opportunity. Involvement with the Psych Society has both reinforced this ideal and given me an opportunity to grow and learn so much more than I would have by simply attending classes and earning good grades. The students I have met (and the professors I've gotten to know) are committed, ambitious, and inspiring. We also have FUN! RIC Psychology majors should know that this group is more than an extra-curricular activity. It presents opportunities that can give us an edge in a highly competitive field."

Those looking for more information on the Psychological Society or would like a schedule on the talks given may email Christiana Millette at crza@peoplepc.com.

preparation. Whether it be Millers Analogies Test (MAT), the Graduate Record Examination (GRE), the Medical College Admission Test (MCAT), the Law School Admission Test (LSAT), or the Graduate Management Assessment Test (GMAT), OASIS and Career Services are the best places to prepare, offering materials for registering and practicing for the tests. Passarelli adds,

"We not only have test preparation materials for all types of tests, but we also teach [classes for] those interested in boosting their test-taking skills."

Finally, where can you turn for further assistance and/or advice and further input on your chosen program, especially if it is at Rhode Island College? "If the student is in a pre-professional program, such as pre-med, pre-dentistry, pre-veterinary, or pre-law, he or she will automatically be assigned a specific advisor, whose job it is, among other duties, to lead those in the pre-professional programs to higher education, if the student deems it necessary. They will be your target advisors for before, during, and after one's decision to go on to graduate school, including preparing the student for tests necessary for his or her chosen profession," said Passarelli.

"However," informs Passarelli, "if the student is not in one of these pre-professional programs, graduate program information, except for those going into a Master of Arts pro-

gram, should consult with the dean of the appropriate department for which they plan on applying. For instance, if the student wanted to apply for the new Masters in Professional Accountancy, s/he would have to see the dean of the Center for Management and Technology, whereas if a student were to want to go into an education master's program, s/he would consult with the dean of the Feinstein School for Education."

So, what if you want to go into a Master of Arts program at Rhode Island College? "If one wants to go into any number of masters programs in the arts and sciences, all information and application materials may be found in the Faculty of Arts of Sciences offices, located in Gaige Hall," replies Passarelli.

"However, even if the program the student is interested in is not at Rhode Island College," Passarelli urges, "consult with the advisor and/or dean of your undergraduate program, as s/he will be able to help you with any questions or concerns you may have."

Therefore, if one wants to get prepared for graduate school, but is uncertain where to begin, Rhode Island College itself has much to offer by way of Adams Library, Career Services, and OASIS.

Passarelli concludes by stating, "the best way to be prepared for graduate school is by attending as many informational sessions, informational interviews, departmental programs, et cetera, in order for one to be prepared for the role in life the student wants to assume."

Insight Out:

Tackling the fear of public speaking

by: Kate McGonagle, RN, CS Counseling Center Trainee

Do you find yourself getting sweaty palms and shaky knees at the thought of having to speak in front of others? If so, you are not alone. The fear of public speaking is the most common anxiety in the United States. The title of this article is actually a misnomer, because the fear is not actually of speaking in front of others, rather it is of being judged negatively by others, and of this judgment being catastrophic.

What Causes Public Speaking Anxiety?

We are all continuously forming responses to situations that we find ourselves in. These responses can be in the form of thoughts or images that sometimes flash in our minds so quickly that we are not even aware of them. So when we get anxious about something, it is not actually an event that prompts the anxiety, rather it is our reactions to the event.

Whenever we feel very anxious, we are usually having (sometimes elusive) thoughts and images that contain information about us being at risk in some way. When it comes the public speaking, we generally have a fear of being judged negatively. What follows this is usually a prediction about how bad it would be if this (the negative judgment) happens. For example, a person who has to give a presentation in school may be assuming he or she will be asked questions that he or she does not know the answer to and will be "made a fool of" in class. The result of this kind of thinking is often a physical anxiety response, which may include a racing heart, dizziness, sweaty palms, or one's "mind going blank". Usually the more harmful and long-lasting we perceive the consequences of a situation to be, the worse our anxiety is.

How can you fight the Fear?

The first goal in tackling this kind of anxiety is to learn what our particular anxiety provoking thoughts are. A good way to do this is to monitor what we are thinking prior to the feared situation. Sometimes people notice that the thoughts and images they are having are not at all realistic. Sometimes they can even sound silly once they are really looked at. The important thing is to try to look critically at how accurate you think the thoughts are. For example, will a person really be judged negatively for not knowing the answer to one question? Will he/she really be "made a fool of"? Will this really create a lasting impression on others? Sometimes testing them out by talking to others about them is a good way to get an objective look at how realistic they really are.

Look for evidence to support whether your thoughts are true or not. For example, if no one else would be considered a "fool" for not knowing an answer, then this suggests that you probably will not be either. Work to-

ward reframing your thoughts to more realistic ones. For example, it is probably more accurate to say to yourself "I would prefer to know all the answers, but it will not be horrible if I do not know them all."

One last point: humans beings have a tendency to believe that if we feel frightened, this means there is really something to be afraid of. It is important to remind yourself that this is not always true.

The most common unrealistic patterns of thought when it comes to public speaking anxiety are:

Being a "fortune-teller", or predicting negative events as a *fait accompli*. (i.e. "I know I am going to forget what I want to say".)

"Catastrophizing", or exaggerating the importance of a negative event or mistake. (i.e. "I'll be so embarrassed that I'll never be able to go back to class again!")

"Mind reading", or automatically assuming you know how others are responding to what you are saying. (i.e. "They are thinking I am an idiot.")

"Emotional Reasoning", or the tendency to believe that if we feel frightened, this means there is really something to be afraid of. It is important to remind yourself that this is not always true.

Other helpful hints:
Imagine yourself performing the way you want to perform; visualization is a powerful tool!

Focus on the content of what you are saying (the experience of one's "mind going blank" is a result of focusing on your anxiety, rather than on what is being said).

Practice, practice, practice!! The better prepared you are, the less anxious you may feel.

Try not to avoid anxiety producing situations - the only way to conquer the fear is to face it head on.

Be careful about too much caffeine use and not getting enough sleep; these two things can make any anxiety worse!

Relaxation and breathing exercises can be helpful to learn how to keep yourself in a relaxed state and how to avoid shallow breathing that often accompanies anxiety (the dizziness we get from anxiety is a result of the "shallow breathing").

Be patient - conquering this fear takes time and practice.

If the problem is persistent or particularly disruptive, it may be helpful to talk to someone in the Counseling Center.

(This article is part of an occasional series in which The Counseling Center staff address mental health issues. The Counseling Center provides free confidential, professional counseling, and groups and workshops, for any currently enrolled RIC student. The Center is open 8:30am to noon and 1:00 to 4:30pm, Monday through Friday. The phone number is 456-8094. You can get more information at our website: www.ric.edu/counselingctr/).

"Grad School" ... from page 1

source at one time.

Another useful site is usnews.com Graduate School (<http://www.usnews.com/usnews/edu/beyond/bchome.htm>), which provides a wide variety of information on schools, including the number of people enrolled, cost, and ranking (based on U.S. News and World Reports evaluation). This particular resource also provides information on such things as where to seek funding. If one wants to check out the full resources available at the library, Spindler invites you to check at the reference desk, before starting your graduate school search.

However, once you have found schools you are interested in applying to, how do you prepare for the next step in the process, collecting specific information? The answer lies on the bottom level of Craig-Lee Hall, in the Career Services office. "In Career Services, one may find graduate school program guides, which further detail programs from many colleges that one may have previously researched, including their individual requirements for admission. The guides also detail important information for those applying to master's level programs in education, especially after one receives certification to teach, as these guides detail different certification requirements from all fifty states."

The next step is, of course, test

Don't Forget

Panel Presentation:

A Report on Ethnic/Racial Understanding and Relations in Rhode Island College

Wednesday February 28, 2001
12:30pm
Student Union Ballroom

This two-page survey was conducted in the Spring of 1999 and completed by a total of 838 individuals comprised of students, faculty, staff and administrators of Rhode Island College. The Subcommittee on Racial Understanding will present the results of the survey to the college campus at the panel presentation. Come hear the results and give your input.

Exodus Yearbook

senior photos

mar 1st & 2nd 11am-6pm
no appointment necessary
free!
S.U. RM 304
questions; call x 0257



**IT'S COMING, RHODE ISLAND COLLEGE SENIOR
WEEK 2001!
THE BEGINNING OF THE END, BUT THE BEST IS
YET TO COME!!**

**FRIENDLY-FIRE PAINTBALL FIELD, UPTON,
MA.**

SAT. MAY 12TH, 2001

BUS LEAVES SU AT 7 AM

\$15 A TICKET ON SALE AT S.U. INFO DESK.

**INCLUDES ALL EQUIPMENT IF NEEDED AND 500
PAINTBALL FOR ALL.**

ALL AGES.

BOSTON RED SOX VS. OAKLAND A'S

SUN. MAY 13TH, 2001

BUS LEAVES S.U. AT 11:00 AM

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**MEDIEVAL MANOR THEATER RESTAURANT,
BOSTON**

MON. MAY 14TH, 2001

BUS LEAVES SU AT 6PM

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AGES 21+

SIX FLAGS, NJ AND ATLANTIC CITY TRIP

TUES., AND WED. MAY 15-16TH, 2001

BUS LEAVES S.U. AT TBA.

\$90 A TICKET ON SALE AT S.U. INFO DESK.

**INCLUDES PARK ADMISSION, LUNCH IN PARK, AND
HOTEL IN ATLANTIC CITY, LUNCH IN ATLANTIC CITY,
AND BUS RIDE.**

**ALL AGES, MORE THAN JUST GAMBLING IN ATLANTIC
CITY.**

BAY QUEEN CRUISE, WARREN, RI

THURS. MAY 17TH, 2001

BUS LEAVES S.U. AT 5PM

\$12 A TICKET ON SALE AT S.U. INFO DESK.

AGES 21+ INCLUDES DINNER AND DJ.

BBQ BEFORE REHEARSAL.

FRI. MAY 18TH, 2001

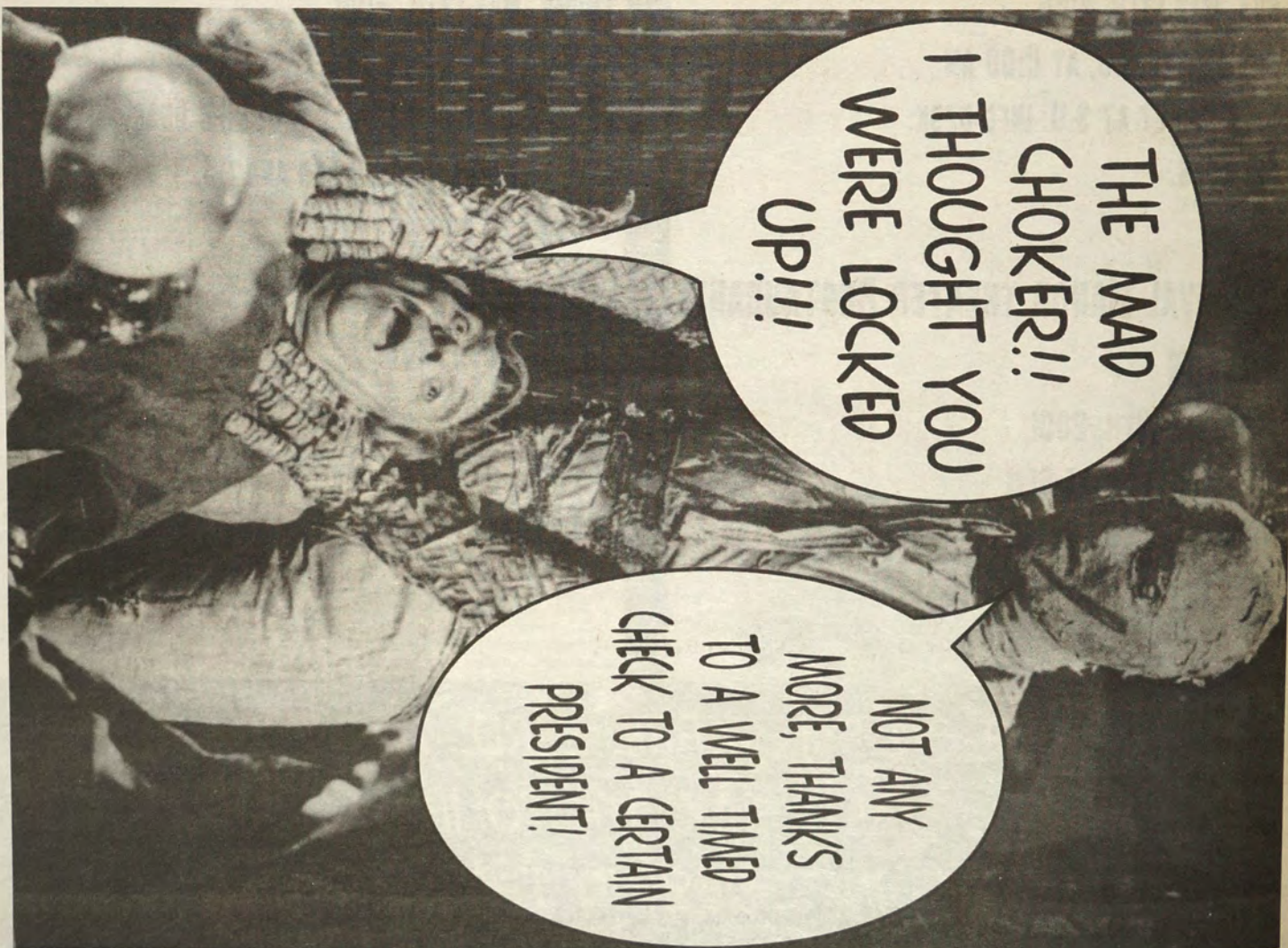
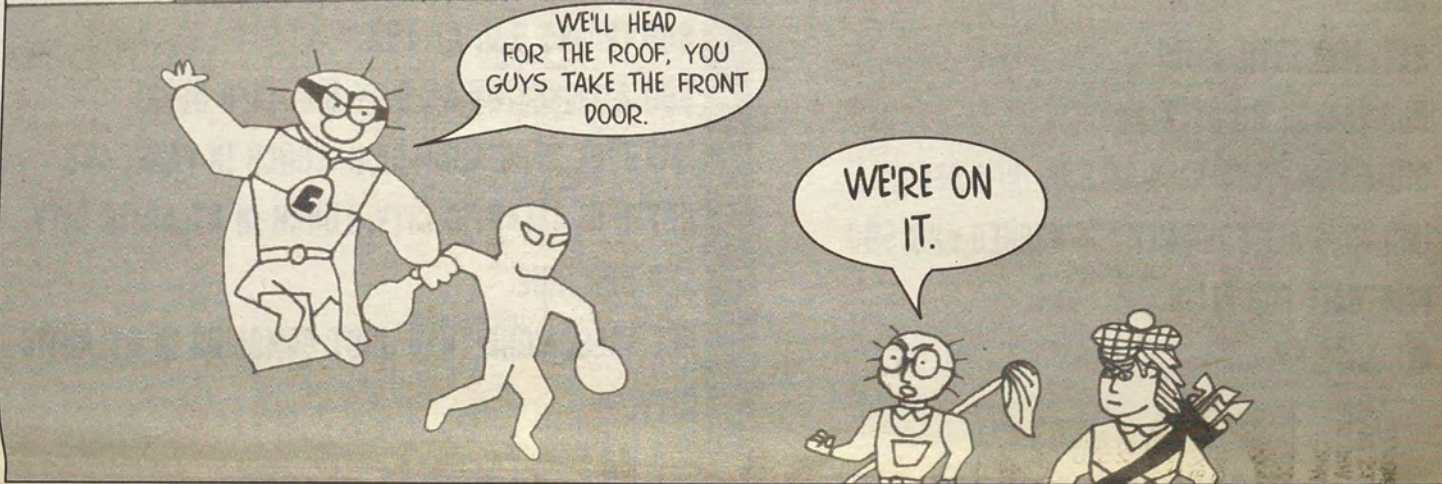
TIME TO TBA

FREE FOR SENIORS.

SENIORS ONLY.

**TICKETS GO ON SALE APRIL 23RD, TO MAY 4TH FOR
SENIORS ONLY, AND MAY 7TH TO 11TH FOR EVERYONE
ELSE AT THE INFO DESK IN THE STUDENT UNION.**

5UPERCLARENCE
by Brent
Robitaille



Section 8

Because you never know who is reading!

the anchor February 27, 2001

Page 7

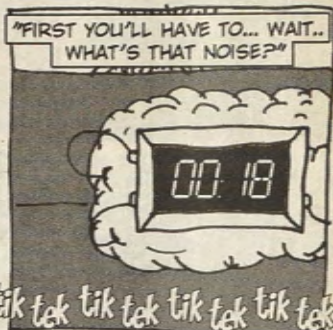
CLIP R+ comic's from the skull cavity of scott pacheco "THE PATHLESS TRAVELED"



(c) 2000 Scott Pacheco

WHEN YOU SAW ME LAST, I ENROLLED MYSELF BACK IN MY OLD HIGH SCHOOL. EVERYONE THERE HATES ME EVEN THE TEACHERS! EXCEPT FOR ONE GIRL NAMED TANYA WHO DOESN'T READ OR WATCH THE NEWS. SO I HAVE ONE FRIEND. WHICH IS BETTER THAN NONE, RIGHT?

TALES FROM APEX CITY BY: DAN BLOUN



Doodle Space:

WARNING: Use at your own risk. If rash develops, discontinue use of The Anchor as contraceptive - apply topically three times yearly to unaffected areas until the rash matches.

around



**roving
reporter**

**by
J.D. Salisbury**

What do you think of people who park illegally in handicap parking spaces?

Bob Costa

"The parking sucks . . . so you gotta do what you gotta do."



Brenda Callaghan

"The parking's horrible, but you should avoid parking in handicap."



Mike Phipps

"I don't think it's necessary considering you don't have to park that far away."



Christy Jewell

"They really shouldn't be parking there if they don't have a reason to."



Jessica Lovely

"I think parking on campus is bad, but it doesn't justify parking in the space."

Do you have any questions you would like to see asked? If so there are many ways to contact us with the idea. Come up to Student Union RM# 308, email (anchor@anchorweb.org) or call us at x8280. If we use your question, you'll get an Anchor T-Shirt . . .

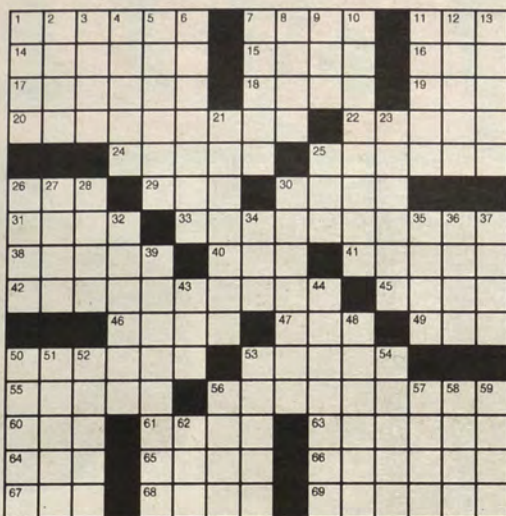
campus



In this week's installment of *Campus In Decay*, the unkempt nature of the campus is displayed. The blame for this cannot fall on Physical Plant alone, but a more substantial blame should fall upon the community that destroys its campus.



- ACROSS
1 Searches
7 Identical
11 d'Iserre, France
14 Equatorial
15 Truant GI
16 Gone by
17 Neglect
18 Blackthorn
19 Full-house letters
20 Annoyance
22 Wet behind the ears
24 Way in
25 Prejudices
26 South African golfer Ernie
29 Precious stone
30 Type of pear
31 Enrage
33 Abrogate
38 Ways to walk
40 Scand. country
41 Tales on a grand scale
42 Of the skeletal system
45 Flaccid
46 Essences
47 Plaines, IL
49 Enthusiast
50 Small spars
53 Wisdom tooth, e.g.
55 Educate
56 Precautionary measure
60 Auto gear: abbr.
61 Favored ones
63 Sell out
64 been had!
65 Exclamation of resignation
66 Contents of a will
67 Ballpoint or quill
68 Thin but strong
69 Fashions



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2/27/01

- 5 Growing weary
6 Perfumed
7 Jaunty
8 Pointed tools
9 Barn bellow
10 Mourful writers
11 Flower holders
12 Go along with
13 Ducks' relatives
21 Weasels' kin
23 Tribal
25 mot (witticism)
26 Therefore: Lat.
27 Pinocchio or Ananias
28 Long, narrow cut
30 Eliminate
32 See 23D
34 Turf piece
35 Wage-slave's refrain
36 Himalayan monk
37 "SportsCenter" stn.
39 Lefty
43 Network of

I am JO JO and once I take over Rhode Island College by using the Anchor I will then take over the world! HA HA HA HA HA!



- "Nova"
44 Sulawesi
48 Wisest
50 Divest
51 Nettle
52 Poe bird
53 Weighty

- 54 Full of furrows
56 Headliner
57 Sea east of the Caspian
58 Deserve
59 Indigo and anil
62 Actor Wallach

- DOWN
1 Trademark swab
2 Entreat earnestly
3 Untold centuries
4 Verbalized

classified ads

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classified ad form

Classified ads cost \$1 for members of the college community. For anyone who is not a member of the college community, classified ads cost \$3 for 30 words, \$5 over 30 words. Please limit classified ads to 50 words.

Date ad placed: _____ Date of issue: _____

Classification:

- ☐ For Sale/ Rent ☐ Help Wanted ☐ Roommates
☐ Services ☐ Personal ☐ Miscellaneous

Print ad: _____

Name: _____ Telephone: _____

For verification purposes only.

Classified ads will be unacceptable if this form is not filled out completely.
Classified ads may be placed, with payment, at The Anchor, Student Union room 308.

horoscope

the anchor February 27, 2001 Page 11

by Lasha Seniuk

Aries (March 21-April 19). Work mates or daily companions may now need to publicly discuss recent events, policies or group projects. This is



an excellent time to establish a bond with close colleagues and review common interests. Some Aries natives may also be asked to solve a difficult calculation or scheduling problem. If so, Aries, go slow: the next few weeks may bring unexpected reversals and fast reassignments. After Thursday a past romantic attraction will be revitalized; watch for subtle and seductive invitations.

Taurus (April 20-May 20). Daily routines may be disrupted early this week, Taurus: expect a colleague or close friend to suddenly



change their approach to ongoing projects or duties. Key areas involved may be compiled information, research, financial paperwork or records. Some Taureans, especially those born prior to 1954, may also experience new money decisions or debts: go slow and watch for hidden clauses. Later this week older relatives or roommates may be moody and distant: expect minor home tensions.

Gemini (May 21-June 21). Official duties, time schedules and project instructions will now intensify. Over the next few days expect team dynamics and social outlets to work in your favor. For many Geminis this is a time when others will offer highly creative ideas and worthwhile solutions. Be op-



timistic, Gem, but also expect miscalculations or ongoing time restrictions. After Wednesday new messages and quick decisions will change a key friendship: social versus romantic priorities may require added discussion.

Cancer (June 22-July 22). After a period of social disagreements and competing jealousies, many Cancerians will now find stability in key relationships. Before



March 24th expect negative social influences, misinformation or overly sensitive friends to change their attitude. Ongoing criticism and daily restrictions will now fade: watch for loved ones to be expressive and passionate. After Thursday money promises will change. For the next 3 weeks authority figures will be cautious, Cancer: remain patient.

Leo (July 23-Aug. 22). Romance and long term friendship are accented this week, Leo.



Over the next few days many Leos will begin an intense period of emotional growth in close relationships. Long standing issues of romantic reluctance or divided priorities will now slowly be solved, Leo: expect loved ones to express a new awareness of freedom, seductive attraction and intimacy. Single Leos may now experience powerful and potentially disruptive flirtations: be selective and watch for rare social complications.

Virgo (Aug. 23-Sept. 22). Social comfort, romantic belonging and shared goals will this week arrive in long term relationships, Virgo. Loved



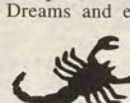
ones will now rekindle their original feelings of attraction and romantic enjoyment: expect past memories and old sentiments to soon create a deepening trust. Single Virgos, over the next 2 weeks, can expect a slowly developing sensuality in a new relationship. Be receptive, Virgo, and explore fresh emotions: new commitments will bring added confidence and renewed vitality.

Libra (Sept. 23-Oct. 23). Over the next few days, Libra, your practical wisdom will offer solid rewards. Before mid-



week watch for a close colleague or friend to introduce new information, social contacts or key proposals. All are positive, Libra, and will soon lead to expanding optimism, fresh work options and renewed faith in long term career goals. After Thursday romantic communications may be difficult: give friends or lovers extra time to settle family or home differences.

Scorpio (Oct. 24-Nov. 21).



Dreams and emotional flashes will be a strong theme this week, Scorpio: late Tuesday a brief but intense period of moody reflection arrives. For many Scorpions contemplation and deep thought will now help clarify their long term needs and beliefs concerning key relationships. Romantic or social commitments may be more involved than previously anticipated: before next week take extra time for informed, appropriate decisions. An emotionally demanding week, Scorpio: stay focused.

Sagittarius (Nov. 22-Dec. 21). Early this week, Sage, your cre-



ativity and sensitivity are extremely high. Over the next few days watch loved ones closely for indications of change: many Sagittarians will now greatly expand their emotional commitments, social promises or daily home activities. Some Sagittarians will also experience improved work relations: fading power struggles will be an important issue. After Friday artistic and social insight are accented: enjoy sudden flashes of awareness and fast invitations from friends.

Capricorn (Dec. 22-Jan. 19). Before mid-week, Cap, a brief but intense period of reflection and inward thought arrives. Key issues may involve recent social events or new changes to long term relationships. For most Capricorns this period of contemplation will be the precursor to 2 to 3 days of quick social changes or highly public emotional discussions. After Thursday expect lovers or long term friends to initiate new home ideas or romantic proposals. Be expressive but sensitive, Cap: loved ones are now vulnerable.

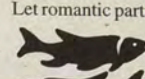


Aquarius (Jan. 20-Feb 18). The past fights back this week, Aquarius: late Tuesday watch for both lovers and close friends to re-introduce outdated concepts. Some Aquarians may now experience minor conflicts with loved ones concerning family issues, romantic decisions or yesterday's roles in close relationships. Don't expect others to make emotional sense over the



next few days, Aquarius: frustration, lagging confidence or regret may be a strong theme.

Pisces (Feb. 19-March 20).



Let romantic partners or long term friends set the tone this week, Pisces: before mid-week loved ones will strongly benefit from publicly expressing their views or helping plan group events. Expect others to now adopt a more active and outspoken role in relationships: this is a positive time for displays of social confidence and romantic love. Later this week a workplace setback may be bothersome: watch for delayed records, misinformation and revised assignments to disrupt daily duties.

If You're Having a Birthday This Week:

Social relationships will dramatically change over the next 2 to 3 months: watch for several fresh introductions or a new circle of friends to arrive before the end of March. Many Pisceans will now gain powerful business alliances or rare future career opportunities through new social contacts. After mid-April family restrictions and misunderstandings with older relatives will temporarily fade: expect a 5 to 6 month period of approval and social acceptance from previously cautious loved ones. Romantic commitments will build slowly this year, Pisces: don't press for quick or final decisions before mid to late September.

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2 LARGE PIZZAS
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Winter sports seniors end careers in style

by: Keely Subin and Nancy Hallal
Anchor Contributors

With the 2000-01 winter sports season drawing to a close, each of RIC's teams will be saying goodbye to a teammate who they've competed with day in and day out over the past four years.

The men's basketball team held their annual Senior Day during the club's last home game vs. Western Connecticut on Feb. 14. Senior captain Ken Payette was playing in his last home game as an Anchorman. Payette and his parents, Ron and Marilyn, were honored prior to the game. Payette, who played his freshman year at Western New England College, played in 86 career collegiate games. He totaled 1,063 points, 277 rebounds, 226 assists and 148 steals in his four-year career. He averaged 12.4 points, 3.2 rebounds, 2.6 assists and 1.7 steals per game. Payette led the team in assists, three-pointers and free throw percentage this winter. He was second in the club on scoring. He hails from Woonsocket, Rhode Island.

The women's basketball team held their Senior Day prior to the team's game vs. Johnson and Wales on Feb. 17. RIC senior captains Lauren Brown and Beth Iacoi were honored prior to the contest. Brown's parents, Walter and Barbara, were on hand for the event. "LB" has played in 86 career games, totaling 177 points, 219 rebounds, 69 assists and 62 steals. She averaged 2.1 points, 2.6 rebounds, 0.8 assists and 0.7 steals per game. She averaged 2.1 points and 2.4 rebounds per game this season. Brown hails from North Scituate, Rhode Island.

Iacoi's parents, Jay and Debbie, were also present to watch their daughter play in her final home game as an Anchorwoman. For her

career, she played in 93 games totaling 639 points, 286 rebounds, 226 assists and 145 steals. That breaks down to average 6.9 points, 3.1 rebounds, 2.4 assists and 1.6 steals per game. The Westerly, Rhode Island native is eighth all-time in career assists at RIC.

The RIC wrestling squad held their Senior Day on Feb. 10 prior to a tri-meet with Bridgewater State College and Trinity College.

141 lbs. grappler A.J. Aulson and his mother, Maureen, were honored prior to the meet. Aulson was named All-New England, placing third at the 2001 NECCWA Championships on Feb. 18. Aulson was also an All-New England selection as a junior in 2000. A team captain, he is a native of Georgetown, Massachusetts.

157 lbs. grappler Troy Lambert and his parents, Linda and Dennis, were also honored prior to the meet. Lambert was an All-New England selection as a sophomore in 1999. He narrowly missed All-New England status as a senior this season. Lambert was named Second Team All-Pilgrim League as a junior in 2000. A team captain, he hails from Foster, Rhode Island.

The women's gymnastics team honored their seniors prior to the club's final home meet vs. Bridgeport on Feb. 17. RIC senior captain Anita Chase was joined by her parents, Diane and Ron. Chase is three-time Scholastic All-American. She owns a 3.85 cumulative grade point average in biology. She has been a starter since her freshman year and currently competes in bar, beam and floor. Chase is from Southington, Connecticut.

Senior captain Alicia DeFronzo was joined by her parents, Theresa and Peter. She returned to competition this winter after missing all of last season with a career-threatening back injury. She holds the fourth highest mark on beam,

as well as the eight highest mark on floor, in RIC history. A two-sport athlete, DeFronzo also holds the RIC record in the pole vault event for women's track. DeFronzo is from Holliston, Massachusetts.

The men's indoor track and field team is losing two seniors to graduation this spring. Cumberland's Tom Conley was named All-New England in three events this past winter. Dan Fero, a co-captain who hails from Waverly, New York, has been a standout in both the 3,000 and 5,000 meter events this season as well.

Both seniors will see action as the team heads outdoors for the spring season in just a few short weeks.

The women's indoor track and field team will miss two seniors that have been invaluable to the program's recent success.

Johnston's Stephanie Florio has been a workhorse for the team, competing in five different events over the course of her career. She was named the team's Most Valuable Player as a junior in 2000. She was named All-Alliance/Little East in the 400 meters, the long jump, the triple jump and as part of the 4 X 400 meter relay team last winter. Florio was also a standout on RIC's women's soccer teams for four seasons.

Middletown's Keely Subin has also been an integral part of the indoor squads success over the past four seasons. The team captain has been selected as the squads Most Valuable Player four times over the course of her career at RIC. Subin was the MVP of RIC's cross country team in 2000. She has been outdoor tracks MVP in each of the past three seasons (1998, 1999, 2000).

Both Florio and Subin will see action as the team heads outdoors for the spring season in late March.



Wrestlers AJ Aulson and Troy Lambert, plus their families, at wrestling's senior day, Feb. 10.



Alicia DeFronzo, Anita Chase, and families at women's gymnastics day, Feb. 17.



Lauren Brown and Beth Iacoi on women's basketball's senior day, Feb. 15.



Ken Payette, his family, and Head Coach Dave Johnston on men's basketball's senior day, Feb. 13.

Women's Gymnastics

(5-10 overall; 5-4 in the ECAC)

Head Coach **Nicole Follett's** team is 5-10 overall and 5-4 against Eastern College Conference Association (ECAC) opposition. The Anchorwomen had one meet last week, falling to the University of Bridgeport 180.975-178.575.

Sophomore **Sajdah Ahmad** (New London, CT) came back against Bridgeport after missing the previous two meets with a knee injury. She is averaging scores of 8.775 on vault, 9.056 on bars, 7.533 on beam, 9.358 on floor and 34.758 in the all-around. Her season-high marks are as follows: 9.225 on vault vs. Southern Connecticut/Ursinus on Jan. 28; 9.225 on bars vs. Wilson/SUNY-Brockport on Jan. 13; 9.350 on beam vs.

Southern Connecticut/Ursinus on Jan. 28; 9.600 on floor vs. Bridgeport on Feb. 17; 36.800 in the all-around vs. Southern Connecticut/Ursinus on Jan. 28.

Senior captain **Anita Chase** (Southington, CT) is averaging scores of 6.970 on bars, 8.309 on beam and 8.890 on floor. Her season-high marks are as follows: 7.200 on bars, 8.850 on beam and 9.100 on floor at the Springfield meet on Feb. 11.

Sophomore **Cara Collins** (Johnston, RI) is averaging scores of 6.200 on beam and 8.288 on floor. Her season-high marks are as follows: 6.200 on beam vs. Brown on Dec. 4 and 8.375 on floor vs. Bridgeport on Dec. 9.

Senior captain **Alicia DeFronzo** (Holliston, MA) is av-

eraging scores of 8.888 on vault, 6.864 on bars, 8.709 on beam, 9.156 on floor and 33.521 in the all-around. Her season-high marks are as follows: 9.150 on vault at the Springfield meet on Feb. 11; 7.600 on bars vs. Brown on Dec. 4; 9.150 on beam vs. Bridgeport on Dec. 9; 9.425 on floor at the Springfield meet on Feb. 11; 35.025 in the all-around at the Springfield meet on Feb. 11.

Freshman **Michaela Hogan** (Warwick, RI) is averaging scores of 8.350 on vault, 7.400 on bars and 8.325 on floor. Her season-high marks are as follows: 8.500 on vault vs. Brown on Dec. 4; 8.700 on bars vs. Bridgeport on Feb. 17; 8.475 on floor vs. Bridgeport on Dec. 9.

Sophomore **Shannon Hughey** (Warwick, RI) is averaging scores of 8.725 on vault, 8.691 on bars, 7.679 on beam, 9.181 on floor and 34.120 in the all-around. Her season-high marks are as follows: 9.200 on vault vs. Bridgeport on Feb. 17; 9.100 on bars vs. Bridgeport on Feb. 17; 8.400 on beam at the SUNY-Brockport five-team meet on Jan. 20; 9.550 on floor vs. Bridgeport on Feb. 17; 35.650 in the all-around vs. Bridgeport on Feb. 17.

Freshman **Nikki Longo** (Raynham, MA) is averaging scores of 8.722 on vault, 8.597 on bars and 8.431 on beam. Her season-high marks are as follows: 9.100 on vault vs. Southern Connecticut on Feb. 4; 9.000 on bars vs. Wilson/SUNY-Brockport on Jan. 14; 8.925 on beam at the Springfield meet on Feb. 11.

Freshman **Amber Lyons** (Cumberland, RI) is averaging a score of 8.925 on floor. Her season-high marks are as follows: 8.950 on floor at the Springfield meet on Feb. 11.

Junior captain **Kristen Oliver** (Bristol, RI) is averaging scores of 8.625 on vault, 8.034 on bars, 8.800 on beam, 8.997 on floor and 34.456 in the all-around. Her season-high marks are as follows: 8.950 on vault vs. Bridgeport on Feb. 17; 8.650 on bars vs. Wilson/SUNY-Brockport on Jan. 14; 9.200 on beam vs. Bridgeport on Feb. 17; 9.300 on floor vs. Wilson/SUNY-Brockport on Jan. 14; 35.425 in the all-around at the Springfield meet on Feb. 11.

Freshman **Nicole Simone** (Johnston, RI) is averaging a score of 7.250 on beam. Her season-high marks are as follows: 7.250 on beam at the Springfield meet on Feb. 11.

Freshman **Nicki Turner** (Salem, NH) is averaging scores of 8.636 on vault, 8.500 on beam and 8.971 on floor. Her season-high marks are as follows: 9.225 on vault at the Springfield meet on Feb. 11; 9.100 on beam vs. Southern Connecticut/Ursinus on Jan. 28; 9.300 on floor at the Springfield meet on Feb. 11.

Freshman **Kim Wells** (Granby, CT) is averaging scores of 8.400 on vault, 7.300 on bars and 8.025 on floor. Her season-high marks are as follows: 8.650 on vault vs. Southern Connecticut on Feb. 4; 7.300 on bars vs. Bridgeport on Feb. 17; 8.825 on floor vs. Southern Connecticut on Feb. 4.

Men's Indoor Track and Field

Three members of the Rhode Island College men's indoor track and field team qualified for the New England Division III Championships, hosted by Tufts University, on Feb. 17.

Senior **Tom Conley** (Cumberland, RI) was named All-New England, placing in the top six, in three separate events. Conley placed fourth in the 55 meters, posting a time of 6.62. He also placed fourth in the shot, recording a distance of

14.79 meters. Conley placed sixth in the weight throw at 15.77 meters. Conley will compete in the ECAC Division III Championships, hosted by Boston University, on Mar. 3.

Freshman **Tim Rudd** (Warwick, RI) placed 10th in the 1,000 meters with a time of 2:36.63. Rudd will also compete at the ECAC Championships on Mar. 3.

Sophomore **Bobby Carroll** (Fairfield, CT) missed his first jump and failed to score.

Women's Indoor Track and Field

Junior **Crisolita da Cruz** (Providence, RI) was the lone member of the women's indoor track and field team to qualify for the New England Division III Championships, hosted by Tufts University, on Feb. 17. She placed

12th in the weight throw, recording a distance of 12.59 meters. She will be the women's squad's lone representative at the ECAC Division III Championships, hosted by Boston University, on Mar. 3.

RIC Men's Tennis Organizational Meeting

Anyone wishing to tryout for the RIC Men's Tennis team must attend this meeting

WHEN
Wednesday, February 28, 2001, Noon
Where:
New Athletic Building, Main Lobby

For more information: call the men's tennis office at 456-1954

This is not your mama's sport

Keith W. Lazarski
Anchor Contributor

This past weekend, the Rhode Island College Rugby Team faced Providence College. Results were past printing deadline.

The club has been practicing since the first week of the semester with about an average of 10-12 guys running in the Rec. Center during the pre-season. This past week marked the official start of the season. With 27+ members on the roster, the se-

mester looks bright.

The team has 6 seniors on the field this year followed by several underclassmen. With the leadership of the veterans and having RIC alum, Dan Saccoccio at the coaching spot, the season bodes to be a strong one for the Anchormen.

After this week, this column will include game highlights, player of the week profile, and upcoming match information. If there are any suggestions for improvements of the weekly article please contact the club via e-

mail at anchormenrugby@yahoo.com. We also have a new web site that includes a brief history of the club, member information, pictures of the members and other various and very entertaining photos. This site will be updated regularly with game photos and various other goodies. This site is www.geocities.com/anchormenrugby.

This upcoming weekend's match places your Rhode Island College Anchormen against the University of Rhode Island Rams. The game will be at Rhode Island College with the time to be determined. This match-up is always a great one, along with the social after the game! Please contact us via e-mail or view the web site for updated game times and information.

Also, it would be great for the college to have a Women's team back at the campus for next fall and spring. The men's team is willing to help set up a club, we just need four or five responsible folks who are willing to do the paperwork necessary for this. So, women that are interested in starting a Women's team, please e-mail the same address above.

Practices are held Mon, Tues, Thurs, and Fri 4pm - 6pm and Wed during the free period. You may join at anytime during the season.



Women's Basketball

(7-17 Overall, 4-10 in the Little East)

Head Coach Mike Kelley's team finished the 2000-01 season with a 7-17 overall record and a 4-10 (sixth place) mark in the Little East Conference.

Prior to the Little East Tournament on Feb. 20, the Anchormen defeated Western Connecticut 79-63 on Feb. 13, lost to Johnson and Wales 63-56 on Feb. 15 and fell to Eastern Connecticut 83-51 on Feb. 17. RIC traveled to Plymouth State College on Feb. 20 for the first round of the LEC Tournament. The Anchormen lost a hard-fought game 70-63 to the Panthers. PSC previously defeated RIC 80-40 at Plymouth on Jan. 18. The Panthers also defeated RIC 82-71 in Providence on Feb. 3.

Senior guard Beth Iacoi (Westerly, RI) played in 24 games, starting all of them. She averaged 13.5 points, 4.5 rebounds, 2.7 assists and 2.3 steals per game. Iacoi was tied for the team lead in scoring. She also led the squad in assists, steals and free throw percentage. She scored a season-high 28 points and grabbed eight rebounds vs. UMASS-Dartmouth on Jan. 16. She dished out a season-best six assists vs. Pine Manor on Dec. 5. Iacoi grabbed a season-high five steals five times this winter, most recently against Plymouth State on Feb. 20.

Freshman forward Elizabeth Shields (Warwick, RI) played in 24 games, starting all of them. She averaged 13.5 points, 7.0 rebounds, 1.9 assists and 1.9 steals per game. She led the team in rebounding and was tied for the team-lead in scoring. Shields scored a season-high 31 points vs. SJC-Patchogue on Nov. 18. She grabbed a season-best 15 rebounds vs. Pine Manor on Dec. 5. Shields had seven assists vs. Keene State on Jan. 27. She made six three-pointers vs. Plymouth State on Feb. 3.

Freshman guard Angela Sarette (Putnam, CT) played in

23 games, starting six of them. She averaged 6.2 points, 2.9 rebounds and 1.5 steals per game. She scored a career-high 16 points vs. Western Connecticut on Feb. 13. She grabbed a season-high nine rebounds vs. Keene State on Dec. 9. Sarette had four steals in a game three times this winter, most recently against Western Connecticut on Feb. 13.

Junior forward Brenda Rat-tray (Johnston, RI) played in 20 games, starting 17 of them. She averaged 4.8 points and 4.7 rebounds per game. She scored a season-high 13 points vs. Plymouth State on Jan. 18 and grabbed 14 rebounds vs. Keene State on Jan. 27.

Freshman guard Katie Hansen (Narragansett, RI) played in 24 games, starting 16 of them. She averaged 3.8 points, 2.8 rebounds, 1.3 assists and 1.4 steals per game. She scored a season-high 12 points and grabbed nine rebounds vs. Roger Williams on Nov. 30. She had four assists and four steals vs. Eastern Connecticut on Jan. 13.

Freshman guard Abby Ferri (Greene, RI) played in 24 games, starting seven of them. She averaged 4.1 points, 2.4 rebounds, 0.9 assists and 1.3 steals per game. She scored a season-high 16 points vs. UMASS-Dartmouth on Jan. 16. She reached season-high marks with eight rebounds vs. UMASS-Boston on Jan. 20 and with five steals vs. Southern Maine on Jan. 9.

Senior guard Lauren Brown (North Scituate, RI) played in 24 games, starting three of them. She averaged 2.1 points, 2.4 rebounds, 0.7 assists and 0.8 steals per game. She recorded a season-high ten points vs. UMASS-Dartmouth on Jan. 16. Her best rebound total of the season was nine vs. Roger Williams on Nov. 30.

Freshman guard Monyca Vickers (Mattapoisett, MA) played in 22 games, starting three of them. She averaged 1.8 points and 1.9 rebounds per

game. She scored a season-high seven points twice, most recently vs. Plymouth State on Feb. 20. She grabbed a season-high nine rebounds in the same game.

Freshman guard Tara Mekuto (Providence, RI) played in 16 games, starting three of them. She averaged 1.2 points and 1.2 rebounds per game. She scored a season-high five points vs. SJC-Patchogue on Nov. 18. She grabbed a season-best four rebounds vs. Wilkes on Nov. 17.

Freshman guard Rian Silvestrini (Warwick, RI) played in 18 games. She averaged 1.8 points per game. She scored a season-high eight points vs. Johnson and Wales on Feb. 15.

Sophomore forward Melanie Wolf (Gorham, NH) played in 24 games, starting four of them. She averaged 1.0 points and 2.1 rebounds per game. She scored a season-high three points vs. Roger Williams on Nov. 30 and grabbed five rebounds vs. Salve Regina on Nov. 21.

Sophomore guard Stephanie Callaghan (Warwick, RI) played in 23 games, starting three of them. She averaged 0.9 points and 2.0 rebounds per game. She grabbed a season-high six rebounds vs. SJC-Patchogue on Nov. 18.

Sophomore guard Pamela Kelly (West Hartford, CT) played in 18 games. She averaged 1.3 points and 0.5 rebounds per game. She scored a season-high four points vs. UMASS-Dartmouth on Feb. 6.

Sophomore guard Alicia Hersperger (Providence, RI) has played in 14 games.

Junior forward Erica Waltonen (West Greenwich, RI) played in 11 games, starting all of them, before a calf injury sidelined for the remainder of the season. She was averaging 1.9 points, 1.2 rebounds, 0.7 assists and 0.6 steals per game prior to the injury. She scored a season-high four points vs. Pine Manor on Dec. 5.

Men's Basketball

(8-16 Overall, 4-10 in the Little East)

Providence, RI—Head Coach Dave Johnston's Anchormen finished the 2000-01 season with an 8-16 overall record and a 4-10 (seventh place) mark in the Little East Conference.

The Anchormen ended their season going 2-1 last week. RIC defeated Western Connecticut 73-64 on Feb. 13 and fell to Plymouth State 78-61 on Feb. 15. RIC closed out the '00-01 campaign with a dramatic come-from-behind victory at Eastern Connecticut on Feb. 17. Although RIC was down 52-38 at halftime, the Anchormen erased a 14-point deficit to storm back and defeat the Warriors 89-85.

Sophomore guard Kenny Jernigan (Hartford, CT) played in 22 games, starting 20 of them. He led the team in scoring and rebounding, averaging 18.2 points and 5.9 rebounds per game. Jernigan also averaged 2.6 assists and 1.9 steals per game. He scored a season-high 28 points against Eastern Nazarene on Nov. 28 and grabbed a season-high 11 rebounds against Greensboro on Jan. 3. He has dished out a season-high seven assists vs. Eastern Connecticut on Feb. 17. He grabbed a season-high five steals vs. Wesleyan on Nov. 17.

Senior guard Ken Payette (Woonsocket, RI) played in 23 games, starting 21 of them. He averaged 15.9 points, 3.7 rebounds, 2.7 assists and 1.9 steals per game. He led the team with 50 made three-point baskets and a .885 free throw percentage. He scored a season-high 32 points against Bridgewater State on Nov. 18 and grabbed a season-high seven rebounds twice, most recently against USM on Feb. 10. He dished out a season-high seven assists against Southern Maine on Jan. 9.

Sophomore guard Pete Mollo (North Providence, RI) played in 24 games, starting 23 of them. He averaged 8.0 points, 2.2 rebounds, 2.8 assists and 0.9 steals per game. He recorded a season-high 20 points vs. Eastern Connecticut on Feb. 17, five rebounds vs. UMASS-Dartmouth on Jan. 16, and eight assists vs. Keene State on Jan. 27.

Freshman forward Kurt Gorter (North Kingstown, RI) played in 24 games, starting 17 of them. He averaged 5.7 points, 5.5 rebounds and a team-high 1.3 blocks per game. Gorter was second on the club in rebounding. He recorded a career-high 11 points vs. West-

ern Connecticut on Feb. 13, 11 rebounds vs. Webber on Jan. 2 and five blocks vs. Bridgewater on Nov. 18.

Sophomore forward Mike Costigan (Pawtucket, RI) played in 24 games, starting ten of them. He averaged 6.5 points, 3.8 rebounds, 0.7 assists and 0.6 steals per game. He recorded a season-high 18 points vs. Eastern Connecticut on Feb. 17. He connected on a career-high five three-point baskets vs. Eastern Nazarene on Nov. 28. He snared a season-high eight rebounds vs. Keene State on Jan. 27.

Junior forward Scott Main (Exeter, RI) played in 20 games, starting three of them. He averaged 3.2 points and 1.8 rebounds per game. He recorded a season-high ten points and six rebounds vs. UMASS-Dartmouth on Jan. 16.

Junior guard Mike Monahan (Johnston, RI) played in 23 games. He averaged 4.3 points, 0.8 rebounds, 0.3 assists and 0.4 steals per game. Monahan was second on the team with 23 made three-point baskets. He recorded a season-high nine points vs. Keene State on Jan. 27. He grabbed a season-high three rebounds vs. Plymouth State on Feb. 3.

Sophomore guard James Heady (Bridgeport, CT) played in 18 games, starting five of them. He averaged 4.4 points and 1.8 rebounds per game. He recorded a season-high 11 points and seven rebounds vs. Western Connecticut on Jan. 23.

Junior guard/forward Matt Barrette (North Providence, RI) played in 18 games, starting 16 of them. He averaged 3.9 points, 5.6 rebounds, 1.7 assists and 1.7 steals per game. He recorded a season-high 14 points vs. Southern Maine on Feb. 10. Barrette grabbed a season-high 13 boards vs. Eastern Connecticut on Jan. 13. He dished out a season-high five assists vs. UMASS-Boston on Jan. 20.

Freshman guard Lee Zolotas (Poughkeepsie, NY) played in 23 games. He averaged 3.6 points, 2.0 rebounds and 1.4 assists per game. He scored a season-high 13 points vs. Wesleyan on Nov. 17 and grabbed a season-best eight rebounds vs. Southern Maine on Feb. 10. He also recorded a season-high four assists vs. the Huskies on Feb. 10.

Freshman guard Chris Peura (Salisbury, MA) played in seven games. He averaged 0.7 points and 0.1 rebounds per game. He scored a career-high five points vs. Southern Maine on Feb. 10.



Kurt Gorter

I'm Too Good For A Garbage Can

by: Cliff Rebo
Anchor Editor

I was standing outside one afternoon, just looking around at our campus. I was looking at the people, the trees, the cars and

Cliff's Corner

while I was looking around, one thing caught my eye. One specific thing caught my eye and inspired me to write this article. It all started last Wednesday during the Forum which was held in the Student Union Ballroom. The forum was an Anchor sponsored event where students got together and had a chance to bitch and moan at various vice presidents and representatives of Rhode Island College. One of the students at the event got up and complained about the appearance of this campus, referring to the junk everywhere. By junk, I mean the trash that everyone throws on the ground instead of properly disposing it in trash cans. Well, while I was standing outside, I noticed a failed attempt of trash disposal by some students. Students had apparently tried to throw away garbage in the can (bin, what-

ever) outside of Student Union, but somehow, these students got confused and ended up leaving their two Donovan cups on TOP of the garbage bin.

OK, now we all know that there is a garbage problem here on campus, that's no big surprise. At the Forum, I thought that everything that was said by the panel of representatives was, well, crap. However, one of the clones did manage to make a good point. One of them stated that the garbage problem on this campus can not be blamed solely on one person, nevermind one group. The appearance of this campus relies on our efforts and our efforts only. It is now clear to me that we will be getting no help from the administration when it comes to the clean up of this campus. They've obviously left the problem to us so maybe we should take charge. I do admire the idiots who, as I mentioned before, try to throw their garbage away but miss. I do applaud you guys because at least you aren't just dumping things on the ground. You are actually taking the time and energy to walk over to a garbage container, now all you have to do is actually put the garbage IN instead of on TOP of the barrel.

As for all the other people who are still learning HOW to throw away garbage, I suggest that you do not follow the exam-

ple set forth by the confused garbage disposers. I actually have an easier way for you guys to learn and even though it takes one second longer than their method, it works even better. Here it is, in all its glory, the one step to throwing away garbage:

IF YOU'RE WAITING FOR THE STEP, I'D ASK YOU PLEASE TO LEAVE THIS CAMPUS, NO WAIT, STATE IMMEDIATELY.

There is no step on how to throw away garbage. I know I'm just being stupid because the problem isn't that people don't know how to throw away garbage, it's obviously because people are too lazy to do so. I know that throwing away that Donovan cup will make you one second later to class, but trust me it's worth it. You pay a good amount of money to walk these grounds, why not keep your investment looking good? I'm sure the people who leave their garbage on top of the barrels are reading this and thinking, "Well at least I don't leave it on the ground." Well dumbass(es) ever hear of wind or even animals? Your garbage is just going to end up on the ground anyway. No one on this campus is too good for garbage cans, so let's not act like we are. Let's take charge of this school and show the administration that we care since they won't show us they do.

My Nightmare at the Theater

By: Kristen Mojkowski
Anchor Staff

A few weeks ago, I was sitting around wondering what I was going to do on my weekend. And since I lead a semi-pathetic social life, I didn't have very many options. As I was contemplating what to do with my incredibly boring life, my phone rang. It was Jay, one of my dearest friends from high school, wanting to know what I was doing that Saturday night. I had absolutely no plans but I didn't want to sound like a complete loser so I said, "I'm pretty sure I'm not busy, I'll have to check my schedule. Why what's up?" He went on to tell me that his mother wanted to buy us (Jay, our friend April and I) all tickets to see the musical *Cabaret*. My jaw hit the floor. This is a show that I had been yearning to see for quite some time. I knew that my mom wanted to see *Cabaret* as much as I did, so I asked if my mommy could come too. He cheerfully said, "Yes! Of course your mom can come!" (because my mom is just so awesomely cool and everyone likes her!).

I was so happy! Not only did I have plans, but I got to go out with my best friends to see the musical that I had been dying to see for years! I hadn't been this excited since my father bought me New Kids on the Block tickets when I was 8.

All that week I was anticipating the arrival of that one wonderful Saturday evening at the theater. Some nights I couldn't sleep. I was like a little kid waiting for the Easter bunny. I even had the outfit I wanted to wear picked out days in advance. This night was going to be fun for me. Or at least that's what I thought.

We arrived at PPAC at around 7:30 and the theater was moderately full. Now our seats were in the second to last row of the theater, which are pretty

good seats. Until more people started to arrive. The seats around us began to fill up quickly and soon the theater was completely full. Now I know why my mom likes to go on Sunday afternoons.

It was only about 20 minutes into the play, and people were already being stupid. About 4 rows in front of us, two obviously inebriated women left to get beer or whatever it was they were drinking. Now they didn't walk out discreetly, mind you. They stood up, fixed themselves, and asked the rest of their clan if they wanted anything like they were going to the snack bar at the movies! When they came back they started handing the drinks out, still standing, and carrying a little conversation "What did I miss? Anything good? Here's yours and yours and this is mine and..." I was like "Well Drunk, if you didn't leave to get booze you would know what was going on". Finally they sat down and I thought they were done, until one of them pulled out the Tic-Tacs - The Not So Quiet Breath Mint. First one of them started rattle-rattle-rattle. Then she handed it to the next person, and so on; the rattling continued for about 2 or 3 minutes. Finally, they were done with their juvenile noise making and I went on to enjoy the show.

Then another show began off-stage. This show being the couple sitting directly in front of my mother. They were relatively young, and you could tell this guy was only there because his girlfriend wanted to go and he was going to get some after the show was over. Now I can understand if he was getting some after the show, but he was trying to get started a little bit ahead of time. And then, out of nowhere, a cell phone rings. The man stops the ringing and continues to watch the show. Then it rings again... and again... and again. Instead of Mr. Bril-

liance turning OFF the phone, he ANSWERED it! I was trying to watch the show, which was excellent by the way because I did get to see most of it, but from time to time most of what I could see was people making out and passing tic-tacs among the crowd while talking on their cell phones. I don't know, maybe they were all plotting one big theater orgy that I was unaware of and they all wanted to have one and a half calorie mint breath, which is kind of creepy if you think about it. But it seemed as though no one had any regard for anyone else in the theater. There is a big difference between movie etiquette and theater etiquette that people need to learn about. You would think that since it was adults that were in the theater, they would know the difference between the two etiquettes. I guess they didn't, and they obviously didn't know much of anything either. Any normal person with common sense would know to turn off their cell phones before entering a restaurant, never mind a theater. My mother always says to me that no matter where I go I'll run into people like that and I'll just have to learn how to deal with them. But I have a hard time dealing with anything. So until I learn how to deal, I'll just have to kill all of the ignoramuses out there and go to the Sunday matinee shows in peace.

"How to Be A Homey-G"

by: Andrea J. Stewart
Anchor Editor

What up, peeps? Have you ever stared at a homey-G and thought: "Gee whiz, how can I be funky fresh like that?" In this

Amos and And's Guide to Life

Guide 2 Life spectacular, you will be given some valuable tips on how to transform yourself into a homey-G.

First off, you've got to have the look. Your pants must double as a parachute in perilous situations. The skinnier you are, of course, the baggier they must be. Make sure you go underwear shopping first, because your boxers must be seen popping out over the top of your pants. Burn your belts, and let those jeans ride your hips or your knees. Your shirts are supposed to be just as baggy; therefore, every once and a while you should lift up your shirt to expose your stomach. Otherwise, no one will be able to appreciate those oh-so-sexy Calvin Klein boxers.

Yes, I did say Calvin Klein. Name brands are absolutely everything to homey-G's. If it doesn't have a larger-than-life label, it cannot be worn. According to a reliable source (an actual homey-G), South Pole and Mecca are acceptable brands. Unacceptable brands include Wal-Mart Special, K-Mart Classic, and Job Lot Finesse.

Wearing the right clothes isn't everything, of course. You also need to capture "the walk". Homey-G's don't walk like everyone else; they add a special flair

to something that the rest of us take for granted. In order to perfect the homey-G strut, you must pretend that you have feces in those sexy boxers. The result is a kind of bow-legged, drunken sailor amble. Of course, in order to produce the right effect, this walk must be performed in super-slow motion. The gait of a homey-G is casual, sleepy, and sluggish; as a result, you might want to leave for class twenty minutes early once your transformation is complete.

On that walk to class, make sure to utilize the full use of your vocal chords. Obviously, everyone on campus is interested in the problems that you're having with your "ho". Your fast-paced life is everyone's business, from who you did last night to what you had for breakfast. So shout it out, no matter who is in earshot - after all, the more listeners, the merrier.

It's critical that you find some friends, and fast. Homey-G's never travel alone. Whether they're travelling to the corner store or the closest vending machine, they always progress in a pack. A walking support group, you and your "boys" offer each other guidance and protection as you traverse the mean streets of life.

Keeping these pointers in mind, you are now ready to begin your new life as a homey-G. It doesn't matter if you're white, black, green, or spotted; you can be old or young, chunky or emaciated, gorgeous or gross. With enough practice and ambition, anyone can become the ideal homey-G. So let your jeans ride low, your boxers ride high, and your voice reach to the sky. You can do it, yo. I'm out.



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Directions to Foxwood's Human Resource Building from Route 95:

1. Take exit 92, then follow Route 2 East for 6 miles.
2. At the intersection of Route 1 & Liberty St. in downtown Pawcatuck, go straight across the road - bear left under the Railroad Bridge - take an immediate right onto Mechanic St. We are located 1/4 mile down on the right.

From Route 395:

1. Take exit 85 and follow Route 164 South for 6 miles.
2. Take a left onto Route 2 East for 15 miles.
3. Follow step 2 above.

The Mashantucket Pequot Tribal Nation practices Indian preference in hiring (PL-93-638) and is an AA/EEOE.



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Mashantucket Pequot Tribal Nation



Gender Bending

by: Stephen Andrew, Rainbow President and Kelly M., Rainbow Treasurer

Do you know what transgender means? Most people don't. Hint, it's the T in GLBTQ (translating: gay, lesbian, bisexual,

Queer Column

transgender, straight, questioning). Transgender is an umbrella term used to describe a variety of gender variant people. Trans persons may include but are not limited to: transsexuals, cross-dressers, and intersexed individuals. It is important to realize that gender is separate from sex and sexuality. You do not have to (but you may) identify as a lesbian, gay, or bisexual person to be trans. These are the simplest definitions of what transgender is. I invite you to learn more about gender in a discussion the Rainbow Alliance will be sponsoring on Monday March 8th. One session will be held at 1230, and the other at 6:00 the location is TBA, please stay tuned for more information or changes.

If your not trans why should you care? First, I think it's important to recognize that just with anything else that is socially constructed, gender varies. I look at it like a spectrum at one end you have male the other end is female, gender neutral/bi-gender is in the middle. We gender bend every day in ways we do not think twice about, for example the 'stereotypical ideal female' is the June Cleaver prototype. Is that really the case these days? Thankfully no, women have more options than to wield a wooden spoon, don an apron, and keep a tidy house for the husband and kids. We are so gung-ho to place people in confining boxes- male or female.

Even gender is not that simple. Transgenderism should not be an alien topic, it should not be feared or misunderstood. I only ask of you to educate yourself, realize that this is something real, this is not something we 'choose' and we deserve respect and validation just like any other person.

Recently I had the most fortunate opportunity to attend the 2001 True Spirit conference sponsored by the American Boyz inc, in Washington, DC. My close friend Kelly (also treasurer of the Rainbow Alliance) attended the conference as a supporter. We would like to share with you our experiences, from both the standpoints of a trans person and a non-trans supportive friend.

Kelly decided to attend TS because she wanted to learn more about trans issues, especially in light of my recent coming out. "In my experience Trans issues aren't even discussed. Most people don't even know what transgender means." She expressed surprise when she first arrived at the conference site, "I was amazed at the number of transgendered persons. The main audience was female-to-male identified people (F2M's). But I didn't realize how many people feel they are truly not the gender they were born into." While she was interested in attending workshops that would provide her with more information for Rainbow, she found many of the workshops and discussions spoke not only to the trans community but also to anyone struggling with an identity issue. The most helpful workshops included, "Creating a Safe Space for Trans Youth," "Coming Out to Friends, Families, and CoWorkers (which addressed all kinds of coming out, not simply coming out as trans), and "Blurring the Gender Lines." "Before this I didn't realize that such a large amount of people felt this way. Why should a person be forced to check a box labeling them as either 'male' or 'female'?"... Every person had his or her own thoughts on gender.

Everyone has a right to feel what they feel inside, whether it is the gender they were born into, the gender they feel inside, a mixture of both genders, or none at all."

I wanted to attend the TS conference for slightly different reasons then Kelly. I recently re-came out (because coming out once as queer wasn't fun enough) as a female-to-male queer trans-boi. I feel male pro-nouns suit me best, I do my best to appear as a male without any surgeries or hormone replacement therapy (yet) and I chose the name Stephen Andrew instead of my birth name. The problem was I came out relatively on my own, with the exception of other transbois I met on the internet. I did not know any other trans people from my community, or at school. The TS conference was an opportunity for me to connect with my trans community. I also feel it is important to educate on trans issues, as Kelly said, "most people don't even know what transgendered means." The conference proved to be a place where I found information that I can use as a tool to educate, and it also provided me with the opportunity to connect with people who have gone through similar experiences and feel like I do. It inspired me to reach out and educate others on gender issues, what it means to be transgendered, how it feels, and what your options are if you identify as trans.

If you would learn more about trans issues, again I ask you to attend the discussion on March 5. Also surf the web, it has massive amounts of information. I suggest www.planetout.com, www.gay.com, www.gpac.org, and www.transgender.org.

If you have any questions or comments regarding this article or you would like more information about the Rainbow Alliance please email RICRainbowAlliance@yahoo.com or feel welcome to email me (Stephen) personally at RighteousBabe1981@yahoo.com. Stay educated and keep an open mind.

We are police

Campus Police address gun issue

In regards to the recent letter to your paper from Jacquelyn Cappeli ("A Student Reacts to Guns on Campus");

Ms. Cappeli, as do most of those who have expressed their opposition to the issue of arm-

we are the FIRST ONE THEY CALL when there is a problem. They take solace in the concept that there are "city and state police officers that are trained to handle firearms", MOST of whom respond having LESS PROFESSIONAL EXPERIENCE than the MOST JUNIOR officer on our staff.

They constantly exhort their "extreme and profound respect" for the levels of service under "adverse conditions" that we provide, while in the VERY SAME BREATH deriding and demeaning us by referring to us as "Security Officers", "meter cops", and "lacking in proper training".

The administration (BOG) has now issued policies which directly, and negatively, impact our ability to effectively interact with our counterparts in the municipal sector, admitting that THEY KNOW it will have AN ADVERSE IMPACT ON ALREADY LOWERED OFFICER MORALE, yet ludicrously expect that there will be no NEGATIVE REACTIONS from those same public sector officers when it is necessary to call on them.

In the old western movies, the Indians referred to this as "speaking with forked tongue". In more politically correct terms, it's called talking out of both sides of your mouth. In real time, just so much bovine fecal matter.

I have always made it a habit, and have taken great pains, not to lower myself to the same depths of ignorance as others. However, and just this once, I will say that a smart person talks about what they know, while a wise person admits what they do not. Ms. Capelli would have been better choosing the latter.

In My Humble Opinion,
Charles Wilson

"potential for violence undoubtedly exists, we are placed at risk"

ing Campus Police Officers at the state colleges, states that she is opposed to this issue, in part, due to her desire to decrease the number of weapons on campus, which incidentally is the fervent desire of Campus Police Officers as well. Equally, they each somehow believe that the ONLY thing Campus Police Officers do is issue parking summonses.

Yet each of them ADMITS that there are, IN FACT weapons on the campus. Each of them ADMIT that, because we are called to respond to the various calls for service involving disturbances, boyfriend/girlfriend arguments (commonly referred to as domestic violence), assaults, alcohol and drug abuse, etc. that DO OCCASIONALLY HAPPEN, where the POTENTIAL FOR VIOLENCE UNDOUBTEDLY EXISTS, we ARE PLACED AT RISK because of our unarmed, uniformed presence. And EACH AND EVERY ONE OF THEM, when asked by others, are emphatic that THEY WOULD NOT DO THIS JOB UNARMED.

They continue to say that our role is "as it should be", yet

Hey Students! Answer The Call!

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- Have 1 hour per week to spare?
- Want to add to your resume or portfolio?
- Want more info? Call Liz @456-8877 or email mgarofalo@ric.edu

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Arts & Entertainment

on and off campus listings and reviews of movies, events and much more.....

The 2001 Urban Showcase

by Dan Connor
Anchor Contributor

WXIN's annual Urban Showcase was held on February 22nd, hosted by DJ Buck. It proved to fulfill all the previous hype, and then some. Performing for an audience of approximately 180 people packed tightly into the Student Union Ballroom, all the acts came through for the event and brought the house down.

The event, which was organized by "Heartless Jim" Braboy and Calvin Anderson, featured the successful Rhode Island-native underground act "Roolette", and comedian Wil who has appeared, amongst other places, on BET's Comic View.

The show kicked off at 7 p.m. with female emcee "Kid" a.k.a. Hannah Resseger, who spit to the beat of MOP's "Ante Up." She did a great job at getting the crowd excited and into the show early.

Next was Ghislain Jean, who performed a spoken word piece titled "Hairpiece", which some say stole the show. In the piece, she went into great detail about her pride for her hair, despite contradictory social opinions of its beauty. The whole performance left the crowd with a lasting message of pride for one's heritage.

With that tough act to follow, emcees "Teflon" and "FazeOne" came through to get the crowd jumping. Better known as "The Other Side", this group performed a number of songs including one stand out called "Slap the shit out you", which had everyone up out of their seats. One of the high-



lights of their act was a performance by DJ Havoc who mixed up a few samples of Method Man and Redman proclaiming "...the other side."

The next act was another spoken word performer named Melissa Lopez. Her words freely flowed almost as if she were freestyling. While performing her first moving piece entitled "Babylon", she added a very quick and cunning response, which was meant

to address a heckler in the back of the ballroom. This had most of the audience rolling with laughter.

One of the next acts to follow brought a different flavor to the show. Lisa McGill sang "Amazing Grace" a cappella for a very impressed and tentative crowd, whose silence turned to abrupt applause upon her last choir-esque note.

Following her was what seemed

to be the most promising new group of the night. "The Untouchables", comprised of emcees "Phokus", "Avalon", and "Symphony", they performed 3 songs using their own self-made beats. Their beats were not far off, as far as quality goes, from the beats of rather popular producers DJ Clue and DJ Premier. One meaningful song basically stated their whole purpose, titled "Big Dreams."

Following that was an emcee named "Shaymin", who performed a solo act using a collection of beats he had made and self-written lyrics. One of the highlights of Shaymin's act was taking off his shirt, which was followed by much hooting and hollering from some of the women in the audience.

One of the feature acts then took the stage. "Roolette", the well-known underground act, performed just as well as expected. However, one particular emcee in their group stole the show. An 8 year old emcee by the name of "Ginzu" performed on one song and freestyled soon afterwards. His performance had the crowd out of their seats and cheering. DJ Buck said that he would have the child prodigy on his show within two weeks after the event.

The next two acts to follow were female emcee "Chyna Blaze" and the intellectual hip hop act "Insight". Chyna Blaze spit a verse a cappella and then freestyled for a few minutes to impress the crowd. Insight then took the stage performing with meaningful lyrics and extremely impressive deejaying skills.

After all was said and done, comedian Wil took the stage. His act, which normally lasts about a half-hour, was stretched into a little over an hour, and every joke got more and more laughs than the last. His performance was downright hilarious and well worth the wait till the end.

Overall, most of the older students said that this was the best Urban Showcase to ever come out of the WXIN ranks. This show has set a precedence for the years to come.

On Campus Activities

Music

The only permanent chamber music ensemble sponsored by a major symphony orchestra and made up of that orchestra's principal players, the **Boston Symphony Chamber Players** include the Boston Symphony's first-desk string, woodwind brass, and percussion players. They will perform in the Series on Monday, March 5. Their program will include Mozart's Flute Quartet in D, K. 285, Janacek's Mladi (Youth) for wind sextet and Brahms's Serenade No. 1 in D, Op. 11 (chamber version). The ensemble was organized in 1962 by Joseph Silverstein, then concertmaster of the orchestra. The group draws on all 12 principal players, expanding and contracting as required by the repertoire. The Chamber Players' activities include an annual three-concert series in Boston's Jordan Hall, regular appearances at Tanglewood, and a busy schedule of touring and recording.

Dance

The March 1-4 annual **Spring Concert Series** will be a celebration of new dance repertory that will challenge performers and audiences alike.

New works by **Peter Schmitz**, **Mark Taylor** and **Melody Ruffin Ward** will be premiered. Fall 2000 works by **Adrienne Hawkins** and **Clay Taliaferro** will complete the program. A reunion of sorts, these choreographers have all previously set works on the RIC Dance Company with the exception of our new dance faculty member, Ruffin Ward. Her expressive and urgently physical works speak of the largeness of the human spirit and the power and subtlety of the human instrument.

Ruffin Ward joins very strong company Schmitz makes dances that move with poetry, pain and humor, while Taylor minds honesty of individual movement and gesture in compelling arrangements both narrative and abstract. Taylor serves as artistic director of one of America's most interesting repertory projects - Dance Alloy in

Pittsburgh. Schmitz has been a guest artist at Middlebury College for many years and performs independently and with the Creach/Koester Dance Company in New York.

Taliaferro will be repeating his 1978 work "Dance in FM" which was lovingly recreated last fall for the Fannie Helen Mercer Memorial Concert. Hawkins' "Transitional State Revisited" will complete the program with her characteristic blending of jazz, hip hop, ballet and modern dance in an impressive ensemble showpiece.

Arts

The sculpture and drawing of **John Van Alstine** will be on exhibit March 1-24. A talk by the artist at 3 p.m. in Alger Hall 116 will precede the exhibit opening at 7 p.m. on March 1.

Stone and steel, specifically rough-hewn granite and found object steel, are central in Van Alstine's sculpture with a major focus centering on interaction of these materials. The work is about the marriage of the natural with the human-made. Van Alstine's work has been exhibited widely in this country as well as in Europe and Japan.

Panel Discussion: Survey on Racism

Wednesday, February 28, 2001 12:30 p.m. - 1:45 p.m. Student Union Ballroom. For info call Unity Center X8791.

Fabric Photo Album Making Workshop

Friday, March 2, 2001 12:00 p.m. - 2:30 p.m. S.U. #211 \$2 tickets at S.U. Info desk. Participants must bring photo album \$ fabric limited to 10 participants. Sponsored by Student Activities X8034.

10th Annual OLYMPRICS

Saturday, March 3, 2001 12:00 p.m. - 4:00 p.m. Recreation Center. To participate contact Kristen Salerni X8034. Sponsored by Rec Center, Residential Life and Housing and Student Activities X8034.

Off Campus Activities

Dates to remember

Student Art Show Opens at Rhode Island Office of Higher Education

The public is invited to attend the opening reception of "The Spring 2001 Student Art Show," a joint showing of select student art in a variety of media from CCRI, RIC, and URI. The reception will be held at the RI Office of Higher Education on Thursday, February 22, from 4:00-6:00 p.m., with remarks at 5:00 p.m. The best artwork from each school will receive a cash prize, with judging to be performed by prominent RI art educators and administrators, including Sherilyn Brown, RI State Council on the Arts; Richard Latham, RI Department of Education; and Stephen Saunders, RI Art Education Association.

The artwork will be exhibited from February 22-August 31, 2001, with viewing and sales 8:30-4:30 on weekdays at RIOHE 301 Promenade Street Providence RI 02908. Contact for Further Information: (401) 222-6560 x 129, Michol Stout

At The Cable Car
Cold Water,
Thursday, March 1 7:00 PM
Sunday, March 4 3:30 PM
In the outskirts of Paris two teenagers fall in love. Gilles is suffocated by an over-protective father who refuses to accept the coming of age of his son. Christine is in the middle of a conflict between her parents. Frustrated and rebellious, Gilles and Christine decide to escape their oppressive lives by running away. Living on the margin of society,

these two teenagers develop a profound and touching relationship. In Cold Water, Assayas beautifully captures the emotions and anxieties of adolescence. This is being shown as part of the 4th Annual French Film Festival. Tickets are only \$4, about the student discount.

CALL FOR ENTRIES
The Cable Car Cinema and Cafe has introduced Art Projections. Artists' slides are being projected before showtime every night! Slides will run one month at a time, and artists are encouraged to send in slides as often as they wish. For more information, send a S.A.S.E to Cristin Searles c/o the Cable Car, 204 S. Main Street, Providence RI 02906.

STUDY BREAK

Trying to find a reason to blow off studying for your mid-terms? (Yes, it is time to study for mid-terms.) Ice Fire looks like a fine way to do just that. Tons of events from ice carving to speed skating. Most of the events are free so go outside and play.

Friday, March 2, 2001
3:30-5PM Practice Ice for Star Skaters
4-7PM WSNE Broadcast Live
5:45PM Start of IceFire Torch Run
6:00PM Opening ceremonies at Fleet Skating Center
Caryn Kadavy - World Figure Skating Championship
Terry Pagano and Tony Paul - World Professional Pair Silver Medalists
Adam Kaplan - Intm Men's Silver Medalists '98 Jr. Olympics
The Boston Ice Theater

Saturday, March 3, 2001
11AM Storytelling and Puppetry with Sparky Davis
11AM-12PM Practice Ice for Star Performers
11AM-4PM Tea Tasting in Warning Tent
12PM-2PM Snowman Making Contest (under 16 years)
12PM-5PM Public Skating
5PM Closing Ceremonies for IceFire
Caryn Kadavy
Terry Pagano and Tony Paul
Adam Kaplan
The Boston Ice Theater
The Warwick Supertettes
6PM-10PM Public Skating

The Warwick Supertettes
Special Olympics RI- Providence Mega Cities Program
7:00PM Winter Carnival Ball at Fleet Center Galleria(\$)

Saturday, March 3, 2001

11AM Storytelling and Puppetry with Sparky Davis
11AM-7PM Tea Tasting in the Warning Tent
11AM-2PM Public Skating
1:30PM Yawgoo Valley Ski Team Performance
2PM-3PM Practice Ice for Star Skaters
3PM-4PM Speed Skating Demonstrations
3PM-6PM WSNE Broadcast Live
3PM-7PM National Ice Carving Contest
4PM-5PM Speed Skating Clinics
5PM-6PM Skating Spectacular with Terry Pagano and Tony Paul and Special Guest Skaters
6PM-7PM Ice Skating Clinics and Public Skating
7PM-10PM Public Skating
7:30PM Award Ceremony for Ice Carving Contest

Sunday, March 4, 2001
All Day Ice Carvings on Display
11AM Storytelling and Puppetry with Sparky Davis
11AM-12PM Practice Ice for Star Performers
11AM-4PM Tea Tasting in Warning Tent
12PM-2PM Snowman Making Contest (under 16 years)
12PM-5PM Public Skating
5PM Closing Ceremonies for IceFire
Caryn Kadavy
Terry Pagano and Tony Paul
Adam Kaplan
The Boston Ice Theater
The Warwick Supertettes
6PM-10PM Public Skating