

### **Katie Holmes** Is amazing as April on page 24

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## Eating Disorders Prevalent in College Students

Sarah Taylor Anchor Staff

The girl had put her head on top of the toilet seat. It saddens her to think that this is the only thing she has control over. As she flushes the toilet, she glances in the mirror. Her face and hair is thin and her eyes are blood shot. She cleans herself up and goes back to her friends. Eating disorders are more common now than they were 10 years ago. Many college students have developed eating disorders. There are many contributors to this and just as many ways to spot them.

The two main eating disor-ders around campuses today are: Anorexia Nervosa and Bulimia Nervosa. People with these eating disorders usually have an intense fear of gaining weight. They also have a distorted vision of how they look. These eating disorders normally begin when the stress of college life settles in and then they feel as though they have no control.

Nervosa, Anorexia Anorexia, mostly effects young girls. One in 20 college girls developed an eating disorder within the first two years of college life. They do not eat enough to keep their bodies working. Their lack of nutrients makes their bodies weak and unhealthy. This disorder has many emotional and psychological side effects such as feelings of low selfesteem and depression. To lose pounds, these girls over-exercise,

take diet pills, use laxatives, and/or starve themselves. To get "energy" they may drink beverages such as coffee or soda due to their caffeine level. Though it may give them a temporary rush of energy, it goes away as quick-ly as it came and they once again become weak and tired.

Girls Anorexia Nervosa do encounter problems. health Among the many are: dizziness, heart problems, low blood pressure, low temperature and fainting. This also causes hair and nails to become brit-Anorexia also Lanugo, which is the growth of soft fuzzy hairs on the face, arms, and back. A woman's menstrual period may even stop due to the lack of estrogen in their body. Low estrogen can lead to osteoporosis weak bones.

Bulimia Nervosa is the second most common disorder around campus. Girls with bulimia to overeat tend (binge) themselves Girls with vomit. bulimia often feel they have no control over their eating. For this they may eat in private and hide what they eat from others. They feel afraid, anxious and ashamed about their eating habits and yet

they aren't able to stop,

The health problems with bulimia are just as serious as anorexia. Bulimics may suffer from serious electrolyte prob-lems, irregular menstrual periods, swollen face, constipation, sore throat, flaky skin, tooth decay, upset stomach, heartburn, and depression. Along with these serious problems, low potassium levels contribute to Bulimia. The body loses much of it's potassium

due to vomiting. This can lead to serious heart problems even death.

College students have the largest number of eating disor-ders for many reasons. They are starting new lives and for many that is very frightening. There are new found responsibilities and the stress of living on their own is very scary. For every responsibility there is a new found fear of failure. Everything can add up and feel overwhelming. Many believe their weight is the only thing they have control over. Date rape victims as well

as sexually assaulted students have a good chance to develop an eating disorder. They feel ashamed and as though it may be their fault. They may be too afraid to tell someone so an eating disorder may be a way for them to cope

Eating disorders can take a long time to overcome. The student may deny any problem and refuse help. Never give up on those students! The best thing to do is to get them some help. Help them find a therapist and get them

to a doctor for medical treatment.

Here at Rhode Island

College, the counseling center is available for any and all students.

Any student who feels as though they are overwhelmed or stressed out is more then welcome to make an appointment. This is a good way to get help organizing and sorting through problems. It can also be just a place to talk about how you feel and any insecurity you might have, there is complete confidentially so no one will know if you don't want them to. They are located in Craig-Lee 130 and their phone number is 456-8094.

Eating disorders unfortunately are more common among college students then anywhere else. If you or a friend has an eating disorder, please seek help as soon as possible. Eating disorders are very serious and may become life threatening. An eating disorder is not a way to gain more control, but it is about losing the only control you may have left.



## Students Believe College-Age Turnout Will Be High On Election Day

By: Bryan O'Keefe Knight Ridder/Tribune News

College students Nathan Mertz and Shira Roza don't have much in common.

Mertz is a sophomore at Augustana College, a small Lutheran affiliated liberal arts school in Illinois that has a student population of only 2,200. Meanwhile, Roza is a junior attending the robust University of Wisconsin-Madison, a place 41,000 badgers call home and Big Ten football is a time-honored tradition.

The cultural differences extend back to their roots, with Mertz originally hailing from Aberdeen, South Dakota, a small rural city in the northwestern part of the state and Roza coming from a self-described "prototypical" suburb of Milwaukee.

And then there's their Mertz is a staunch Republican, serving as an officer in the South Dakota College Republicans, and helping fellow conservatives organize spread their message through campaigns, letter writing and petitions. Roza is an equally proud Democrat, a former intern with the pro-choice group NARAL and the Democratic Coordinated Campaign, and a veteran of some campaigns of her

But for all of their differ-

ences both Mertz and Roza have one thing in common: they say they definitely will be voting in the 2004 presidential election. And if a recent study by Harvard University is correct, Mertz and Roza might be joined at the polls by hundreds of thousands of other young people, who for the first time in generations seem interested in politics and voting. The Harvard University

Institute of Politics study has caused uproar in political circles with researchers finding that 59 percent of students said they will 'definitely be voting" in the 2004 contest, and another 27 percent reported that they will "probably vote." These new figures represent a dramatic jump for college students, as only 32 percent voted in the 2000 presidential election.

The survey also found that students do not consider themselves strong partisans in either v equal number of students aligned with the Republicans and Democrats, with a full 40 percent saying they are "independents."

With 9.5 million people enrolled in a college or university \_ and the vast majority rejecting partisan labels \_ party offi-cials say this age group is up for grabs and might have the chance to tip the election in either direc-

tion.

"This is a major demographic coming alive," said Eric Hoplin, chairman of the College

Republican National Committee. "If this demographic comes into play, then the youth could decide the outcome of the next elec-

His counterpart on the left, Stephanie Sanchez, executive director of the Democrats of America, agreed. "There is every reason to believe that college students will vote in record numbers," Sanchez said.

One reason that both parties believe greater political partici-pation can be expected from younger voters is that candidates in both parties \_ Bush and espe-cially Vermont Gov. Howard Dean \_ have been effective at targeting younger voters.

For Mertz and Roza, this certainly has been the case. Both students said they had a general interest in politics that began several years ago, but the pair also was adamant that the candidates themselves are a large part of their motivation to exercise their right to vote.

"We just love him on campus," Mertz said, describing President Bush. Mertz said he was impressed with how the President handled himself after the September 11 terrorist attacks. "It was the pinnacle event. Everything just came to fruition after that. He has shown real leadership," Mertz added.

Roza is equally enthusiastic about the Democratic front-runfirst heard Dean at a College Democrats convention in January and has been hooked ever since.

"He just blew me away," Roza said. "And it just wasn't the issues. He had great rhetoric about taking back the Democratic Party and changing America; it

just appealed to young people."

Like Mertz, Roza said her candidate is "absolutely the main reason" she will be at the polls

this winter and next fall.

Hoplin and Hoplin Michael Whitney of Generation Dean, the Vermont governor's youth outreach effort, said their organizations are making it easier for college students to get involved and that college students are moving in their direction.

Hoplin touts 10 full-time field staff, actively recruiting and motivating conservative students. He said that in his own time with the CRNC, he has seen growth in the number of students leaning toward the GOP.

"I have noticed the trends.

We have really grown.

Whitney touted Dean's latest four-day eight-city tour that focused on young people and broke rally records in key pri-

mary states.
"Students showed up in record numbers. In this election cycle we finally have a candidate who spent four days of his time with college students. That shows Dean is a person for our

ner Dean. Roza said that she see Election on 4

## On The Inside The Art of

Steve S. Preston... **Esquire** on pg. 6

Comic Book **Dude...** makes it with a lady? It's an afterschool special gone wrong on pg. 15

**AJ** suffers through a sickly CD., on pg. 24

**Aquatic Programs and Special Events** 

There is still space in all three adult swim classes. Sign up now to overcome your fear, learn to swim or improve your strokes. There is a class to meet your needs.

Swimming for the Terrified Tuesdays, 10/28 – 12/9, 1-1:45 p.m.

Beginner
Thursdays, 10/28 -12/11, 10 10:45 a.m.

Intermediate

Tuesdays, 10/28 -12/9, 3:30-4:15 p.m.

If you're already a swimmer and need some incentive to get in the pool and do some laps, there is a program for you too. Sign up and mark your miles (1/4 mile segments) on the chart at the lifeguard stand. T-shirts are awarded for competition of specific milestones. You can also get a T-shirt for 30 hours of participation in water aerobics classes, which are held 5 days a week.

Mondays and Wednesdays 9 a.m. noon and 5 p.m. Tuesdays and Thursdays noon and 5 p.m.

Fridays 9 a.m. and noon

The pool is open for recreation and lap swimming 7 days a week

Mondays and Wednesdays
7 a.m. – 10 p.m.

Tuesdays and Thursdays
10 a.m. – 10 p.m.

Fridays
7 a.m. – 4 p.m.

Saturdays 8 a.m. – midnight Sundays

5 p.m. – 10 p.m.

Water volleyball starts Thursday, Nov. 13, 7:30 – 9 p.m. and runs through December 4. Don't miss it! It's a blast!

Sign up for aquatic programs at the Recreation Center Front Desk. For more info call Alan at 456-8227 or Janice at 456-8238.

#### PED 280-01 Workshop: Water Safety Instructor – 3 credits

This course was listed as TBA in the Spring 2004 Course Bulletin. It will be offered Tuesdays and Thursdays 8 a.m. – 9:50 a.m. This is the American Red Cross Water Safety Instructor (WSI) Course and will allow students to become certified to teach all levels of the Red Cross Learn to Swim Program. Register on the web. For more information contact

Janice Fifer at 456-8238.

#### Cicilline Will Visit RIC

Mayor Cicilline will be at RIC on Wednesday, Nov. 5 at 7 p.m. in Gaige Auditorium. His topic will be "A New Economy for Providence."

#### The Wisdom of Insecurity Workshop

This workshop will be held on Wednesday, Nov. 5 from 12:30 -2 p.m. in Craig-Lee 151 with Tom Lavin. "You're So Insecure!" is one of the great insults

and put-downs of modern times. As a consequence, people tend to hide or deny feelings of insecurity and strive to acquire and/or hold on to those

things which they believe will make of keep them "secure." This workshop will show how

insecurity is a natural part of human experience. For more info, contact Tom Lavin.

#### **Mindfulness Meditation**

Mediation has been shown to have substantial benefits for mind and body. The goal is to cultivate moment-to-moment awareness by purposeful direction of attention. This group will offer beginners some basic instruction and more experienced mediators a regular sitting practice. Open to faculty, students and staff. The group meets every Thursday at noon until 1p.m. in CL 130.

#### **HBS Book Fair**

Henry Barnard School will be holding a book fair on Nov. 5,6 and 7 from 8 a.m. to 3 p.m.

#### **Admissions Open House**

Saturday, Nov. 8. Note a complimentary lunch will be served to all RIC representatives from noon- 1p.m. in The Murray Center. Contact the Admissions Office at ext. 8234.

#### RIC Angels "Journey of Hope"

RIC Angels, a group of students dedicated to increase AIDS awareness will speak to RIC on Wednesday, Nov. 12 at 7 p.m. in the Student Union

Ballroom. Proceeds from this event will go to Camp Heartland.Founder, Neil Willenson will speak, along with campers.

**Famous Author Coming to RIC** 

Deborah Van Broekhoven, author of *The Devotion of These Women: Rhode Island in the Antislavery Network*, will give a lecture in the Faculty Dining Centeron Wednesday, Nov. 12 at 12:30 p.m.

#### **Thorp Lecture**

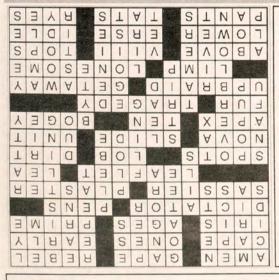
The FSEHD and SSW Thorp Award Lecture will be held on Thursday, Nov. 13 at 4 p.m. in the Faculty Dining Center. The 2002-2003 Thorp Professor Jim Barton of the Department of Elementary Education will present a lecture titled "Emotion and Cognition: Is Empathy a Cognitive Construct?" All are welcome to attend the reception.

#### RIC Blood Drive

November 19, 10 a.m. to 5 p.m. in the Student Union Ballroom.
Please donate blood and help
Save lives. Hospitals in R.I.
need an average of 240 pints of blood per
day. Please donate. Call Anne
Kymalainen at the Rhode Blood Center
at 453-8376 or go To www.ribc.org

PE & Health Club Announcements Thanksgiving Food Drive Nov 3-24th. Bring In non-perishable foods for needy families Stress Management Nov 5th (MC 220) Sponsored by RIC Health Club, Free admission Clothing Drive Orders due by Nov 16th

## YOUR TIDBITS COULD BE HERE! CALL 456-8280



Hi Honey,

Knowledge is power! Study hard and Good Luck!

Love, Mom



To:
My Favor

My Favorite Student Rhode Island College 600 Mount Pleasant Ave. Providence, RI 0 2 9 0 8



#### the anchor

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## Bill A Dream For Students "Stuck In Immigration Hell"

**KRT** Newsfeatures By: Alfonso Chardy

Knight Ridder Newspapers

MIAMI -Jackie says she was an outstanding student at a public high school in Miami-Dade, Fla., with the possibility of receiving scholarships to top colleges, including the University of Miami. Her dream is to become a

But Jackie's dreams may never be realized. She can't go to college because she can't get a student loan. She can't even reveal her full name or her high school

Jackie, 18, is an illegal immigrant, one of about 65,000 foreign-born teens who graduate every year from U.S. high schools without immigration documents \_ more than 3,000 are in Florida.

"I'm stuck in immigration hell," said Jackie, whose parents crossed the U.S.-Mexican border before eventually settling in

The plight of young undocumented immigrants has resonated in Washington where a bill to smooth their path to college is winding its way through the Senate with Democratic and Republican support.

Even some lawmakers and activists who believe in tightening the nation's borders say

young immigrants aspiring to higher education should not be penalized because their parents brought them to the United

The Senate bill, known as the Dream Act, would allow illegal immigrants under certain conditions to receive financial

Immigrants who entered the United States before they turned 16 and have been living here at least five years would be granted conditional legal residency. Residency could become permanent if they graduate from a vocational college or serve in the armed forces for two years.

Legal residency would allow immigrant students to seek some financial aid.

"These youngsters find themselves caught in a Catch-22 situation," Sen. Orrin Hatch, R-Utah, the Dream Act's sponsor, said in a statement e-mailed to The Miami Herald. "As illegal immigrants, they cannot work legally. Moreover, they are effectively barred from developing academically beyond high school because of the high cost of pursuing higher advection." ing higher education.'

Last week, the Senate Judiciary Committee voted 16-3 to send the Dream Act to the full Senate. The 16 lawmakers supporting the bill included seven Republicans. A similar House bill

is awaiting committee action.

The bill comes at a time when immigration reform is gaining momentum in Congress two years after the Sept. 11 terrorist attacks triggered a clampdown on immigrants.

So far, the Bush administration has not taken a position on the Dream Act.

"The White House is reviewing this legislation and we look forward to working with Congress," Taylor Gross, a White House spokesman, said.

Critics of the Dream Act say it will simply encourage more illegal immigration.

"It conveys to everyone that America isn't serious about its immigration laws," said Steven Camarota, research director at the Center for Immigration Studies in Washington.

For now, many undocumented students must forgo plans to go to college unless they can afford to pay full tuition, an unre-alistic possibility for young immigrants from working-class families.

Community colleges are less expensive alternatives for students who cannot afford fouryear institutions.

But even they are more expensive for illegal immigrants. Under federal law, all public colleges and universities, including community colleges, must charge immigrants who are not legal residents the higher out-of-state tuition rate.

At Miami Dade College, that means students must pay \$197.50 per credit compared to the \$56.50 rate for in-state students. College officials say there are about 264 undocumented students paying the higher tuition.

Another provision of the Dream Act would eliminate the out-of-state tuition rule for illegal immigrants.

Why should kids be penalized and not get a college educa-tion?" said Florida Democratic Sen. Bill Nelson, another cosponsor of the bill.

Joshua Bratter, a Miami

Beach immigration attorney who represents an undocumented teen, said the Dream Act "would prevent the sins of parents from being visited upon their chil-

Jackie had hoped to study law at the University of Miami or the University of Florida. But that was before she learned that

she was an illegal immigrant.
"I studied here and graduated from school here, from kindergarten through elementary school and high school," she said. "I had really good grades. Now, I'm faced with this problem that has

totally disrupted my life, and I feel like I deserved so much

These days, Jackie works at a video store, writes pop-rock songs and plays guitar \_ her favorite instrument \_ with a local

"It's really sad for me," she said. "For somebody with a thirst for education like me, it's depressing.

Jean, 18, graduated from North Miami Senior High School in August, but cannot go to college or find a job. He came to Miami from Haiti 12 years ago with an aunt and has no legal sta-

Jean wants to study business administration and has big dreams: to open a chain of car washes and buy apartment build-

"But to do all these things, you need to go to college, get a social security number and finan-cial aid," he said. "I don't qualify for any of that. I'm stuck in limbo, and I have never even committed a crime.'

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# Escape This Fall To NEW YORK CICY

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## Many College Freshman Must Play Catch Up

By: Amy Hetzner Milwaukee Journal Sentinel

Even as the number of students taking upper-level math courses soars at high schools, a stubborn demographic continues to plague higher education: remedial enrollments.

In 1999-2000, 35.5 percent of all first- and second-year undergraduate students reported taking some sort of remedial college course, according to a study by the National Center for Education Statistics, an arm of U.S. Department of Education. And, for nearly three-fourths of those students, one of those classes was math, the study found.

In addition, only four in 10 high school seniors in the 2002-'03 class who took the ACT received a score that indicated they were ready for college-level algebra, the college admissions test company reported this

Critics use such figures as an indictment of high school instruction, that the schools do such a poor job of preparing their graduates that the colleges are forced to take care of the problem.

But college officials are not

sure that's the case.

And the University of Wisconsin has seen a contrary trend. A June 2003 report to the UW Board of Regents found that the proportion of new freshmen needing remedial math instruc-tion system-wide had actually decreased over the past decade \_ to 11.7 percent in 2001-'02 from 20.6 percent in 1990-'91.

Still, the dichotomy between increasing achievement levels in high school and the need for remediation in college shows a disconnect between the two systems, said Michael Kirst, a Stanford University education professor who co-authored a study on the issue earlier this

The problem is that colleges have different expectations for incoming freshmen than states have for their high school graduates, and most high school students don't know that, he said. The results aren't seen in stu-dents who take Advanced Placement courses, which are specifically geared to match col-lege curricula. But they become apparent in the 80 percent of students who aren't in AP or honors-level classes and still might go to college, he said.
"You have two disconnect-

ed systems that proceed in their own way, and the kids are the losers," Kirst said. "What's in Algebra 2 in high school isn't what colleges want in Algebra

Go figure Jana Plotkin, a freshman at UW-Milwaukee, recently found herself caught in that divide.

Plotkin took four years of math at Glendale's Nicolet High School, including trigonometry and statistics, and received fairly good grades.

But when she took her math placement test at UWM in May, she scored below what she needed to get into a for-credit math class. Instead, this fall, she enrolled in the university's Math 095 course, which combines lectures and online course work to help fill in the gaps in students' math skills.

thinks Nicolet Plotkin

deserves its reputation as a good school. "But part of me also has a lot of regret for that, because I was given a lot of lenience," she said. "Nobody ever made sure I was on track and made sure I knew what I was doing. So I felt kind of unprepared when I went to take the placement test.'

Desmond Lathan had the opposite problem at Rufus King High School in Milwaukee.

He knew he had trouble with math when he failed Baccalaureate International Math Studies I - the equivalent of Algebra 2 - as a junior. He repeated the course as a senior, along with three other seniors in the junior-level class, and passed with the help of a more flexible

But still, despite the extra preparation, when it came to UWM's math placement test, Lathan faltered and ended up in Math 095 this semester as well.

Math never was a favorite subject for Lathan, now a UWM freshman who plans to go into marketing and who favors English and writing classes. But he likes the university's approach to teaching remedial math, which has students work only on the concepts they haven't mastered and at their own pace through a combination of lectures and online course

"It's so much more interesting than just sitting there looking at a book," Lathan said.
"And I think, for people that have trouble with math, that's an excellent way to learn it.

Need for review Some of the difficulties that students like Plotkin and Lathan have with college placement tests for math, however, may be just a need for review, college instruc-

Many high schools require only three years of math, so it may be more than a year between a student's last math class and the placement test.

"After even about six weeks out of math class, you forget so much of what you did if you don't use it," said Sue Sharkey, a math instructor at Waukesha County Technical College. "So much of what the problem is, is it hasn't been done recently. So they need a review on every-thing before they're ready to jump into an actual math class.

At UWM, where about 24 percent of incoming freshmen in 2002 tested so poorly on the school's math placement that they would need at least another year of non-credit math before they could take credit classes, students' test scores are not matching their high school expe-

"You'd get the test result scores and the typical UWM student is testing about a year behind what his high school transcript would indicate sometimes even two years behind what his high school transcript would indicate is the mathematics course that would be appropriate in college," associate math professor Eric Key

The topics that the students are missing on the test aren't some of the higher-level math skills that they learned later in their high school career, however. Instead, they're areas such as basic algebra, which they took long before but have simply for-gotten, said math professor Richard O'Malley, who with Key started the university's Math Placement Enhancement Program in 2001.

The result is that a student have completed trigonometry course in high school, but because of the loss of algebra skills, would score low on the placement test and have to pay tuition for a remedial course that doesn't count toward the student's degree.

"About 10 percent of the people who come to UWM wind up taking that class," O'Malley

With PEP, which uses a software program to help students raise their test scores the summer before they start their freshman year, "we want to somehow wipe that part out completely," he said.

For some, remediation is

good. Not everyone views reme-

dial classes as a bad thing.

In fact, Madison Area
Technical College has deliberately expanded the number of students enrolled in such class-

"One of the reasons our college exists is to provide access to higher education for anyone who wants it," said Terrance Webb, executive dean for learning programs at Madison Area Technical College. "And one of the things it means is we are bound to enroll students who are not prepared to do college-level work in certain areas.

Webb doesn't like the name "remedial," though. He opts for calling such courses "developmental."

Today, 40 percent to 50 percent of the college's students are placed in developmental math courses, according to Webb.

There are many causes for that figure, he said. Some students don't test well, some haven't taken a math course in years and are returning to education after several years in the work world, and some took the state's minimum two-year math

requirement in high school.

"There's a lot of reasons for this," Webb said, "A lot of people like to blame it on the high school. 'Oh, they're not teaching the students the right thing.' But I'm not sure that's true.

In the meantime, the Madison technical college also is looking to bridge that divide, which Kirst complained is keeping some students from achieving their college dream. Over the summer, the school co-hosted a daylong school-to-careers conference for high school teachers to explain the technical college's

math expectations.

Judy Jones, a math instructor at the college who helped coordinate the conference, said she doesn't believe incoming college students are less prepared than they were in the past.

"I do feel we are getting a broader range of students today," she said. "We are getting more down at the low level than just at the middle level. And the problem with students who aren't on the college track - they don't tend to like math, and they take as much as they have to and they don't take any more.'

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## Election . . . from cover

generation," Whitney added.

Other nonpartisan organizations also are trying to get young students politically active. Black Entertainment Television recently announced that it would spend \$1 million on television ads featuring well-known entertainers encouraging young people to vote. And World Wrestling Entertainment has teamed up with several other nonprofit organizations to promote youth

But, despite all of the optimism, not everyone is convinced college students will finally show up at the voting booths. "I guess its possible by I did not be the control of the control o its possible, but I think it's very, very unlikely," said Larry Sabato, director of the University of Virginia's Center for Politics.

Sabato said he has seen the same prediction made every election with no results.

"It just has not happened."

Out of the field of candidates, Sabato thinks only Bush and Dean might be able to excite younger voters. Sabato contends the other Democrats fall flat with 18- to 24-year-olds.

"Bush has made a connection and Dean has certainly made a strong connection. But the other Democrats have not been able to excite young people to the same degree as Dean," Sabato said. "They might like them and vote for them, but they just don't

get excited for them."

While there is disagreement whether young people actually will vote, both Mertz and Roza agree that young people should vote. And both are equally committed to making sure the youth of America are behind their candidates.

"There is nothing more important than the future of our country. It's extraordinarily important and we are going to get our message across," Mertz said.

"Their vote matters. And young people will vote if they have an inspiring candidate, like Dean," Roza said.

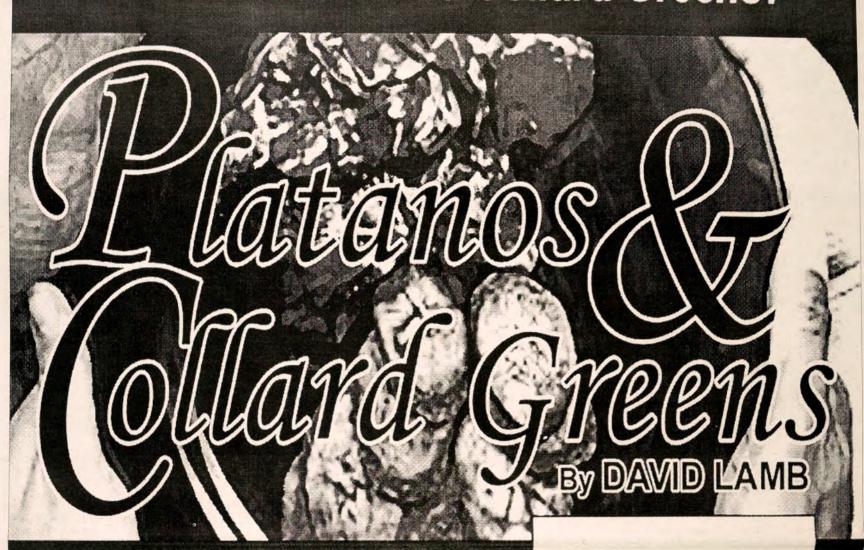
Roza also thinks that those students who stay home on Election Day forfeit another important political tool: the right to complain. "If you don't vote, you can't complain about what happens," Roza said.

(Bryan O'Keefe is a political communications senior at The George Washington University in Washington, D.C., and an intern for KRT Campus.)

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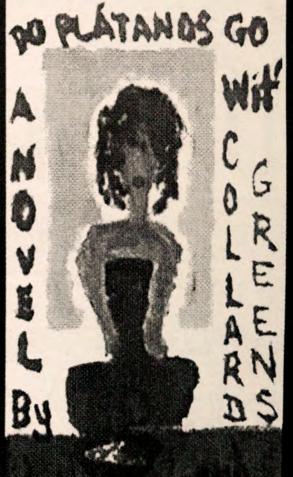
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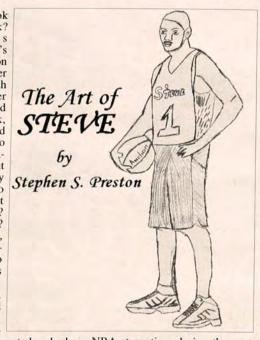
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and Harambee

maximum\_graphics@yahoo.com

Well, look who's back? That's right...me. It's Steve S. Preston back and better than ever, fresh off of a super first week. I had a great week, and like I told you, am going to make you quickly forget about that other guy that used to work here. What was his name? Who knows? Anyways, enough bragging, let's get to the meat of this week's work.

It's NBA time, and besides the usual matters of who

is going to get arrested and who is going to fall from the superstar level to bus tables at apples bees (not that there is anything wrong with that), we've got a great week coming up. On Tuesday (11/4), San Antonio takes on Miami in a battle of two teams heading in opposite directions. The Spurs are the reigning champions, and for good reason. Tim Duncan is a great player, though he may be the most boring person on Earth. Miami hasn't been good since....they became a team. In other, more subtle words...they suck. Pat Riley left them last week, and it may have been a smart move. Detroit takes on your Boston Celtics on Wednesday (11/5) in a battle that could have been a lot closer if not for the fact that the Celtics can't just forfeit right from the start. Sure, the Celtics dumping Walker was a good move, but they got nothing for him, and just can't compete with the talent alone on the Pistons. I'll take Dallas over Toronto on 11/6. I don't need to explain why to anyone who has watched the



NBA at anytime during the past five years. Here's two other quick picks for your enjoyment: New Orleans over Chicago on Saturday (11/8), and the 76ers over the Pacers on Sunday Night. Now, before I go, here is the Surprise of the Week....

Surprise of the Week....

I'll take The Orlando Magic, at home, to defeat the Minnesota Timber wolves. Why? Well, let's see. The timber wolves may have retooled their offense, and done a great job at it, but it is far to early in the season to even fathom the idea of the team doing anything but bowing out in the playoffs yet again. As for Orlando? Well, Tracy Mcgrady is the best player in the NBA. It's really that simple. He is better than anyone on Minnesota, hands down, and should be able to carry the Magic on his shoulders for most of the season, and especially in this game where he looks primed to put up over 40 points. That's another edition of "The Art of Steve" for you. Short, Sweet, and to the point. Like a jelly donut, just not as fattening. See you next week.

## Hoping To Achieve Better "Goals" Next Year

RIC Women's Soccer

By: James Bessette Anchor Staff

Normally in the sport of Soccer, a team scoring only one goal would usually guarantee that team a victory. Unfortunately, for the RIC Women's Soccer team this past season, who as of the 28th of October have a record of 6-10-1, that wasn't the case.

6-10-1, that wasn't the case.
"Most of our losses this year
were our team only being able to
score only one goal or less," said
Senior Defender Kim
Wood.

Senior Midfielder Hollie Benvides also concurred with Wood. "We just haven't been able to put the ball in the net, which is why we couldn't win many consecutive games."

To put the season in synopsis, it is the ultimate Dr. Jekyll and Mr. Hyde scenario. Out of the team's 10 defeats this year, nine of them have consisted of the team scoring one or fewer goals in those games. Overall, in the 10 losses for RIC, they were outscored 23-5, which averages out to be only 0.5 goals per game for RIC. The plus side for this team was that when they won their games, they've lit up the scoreboard. In their six wins, RIC outscored their opponents 26-3.

The team coming into this year was very young, especially at midfield, the key position for goal scoring. "We've had a lot of incoming players with lots of talent," said

Kim Wood. "They are good young players, but they weren't used to the college level of playing."

Six members of the team were freshman, five of them on the offensive side of the field, which could explain the lack of offensive consistency from this team. Wood also stated that many of the experienced players on the team came into this season in much better shape. "We were able to keep up with the other

teams for the whole ninety minutes this year, and people stepped up to play in key spots as well," said Wood.

Despite their lack of the offense, the team thrived on their ability to play defense. This notion worries Hollie Benvides for next year. "Next season, we are losing almost a quarter part of our defense to graduation, but the big thing is that we have to be more offensive minded" said Benvides. Wood also believes

that communication will be improved upon for next season. "For us to be successful next year, we have to be able to work together as a team, and work for each other, and not just for Coach (Angel)," said Wood.

This season, though a disappointing showed that there is great for RIC disappointing potential for Women's Soccer. They were able to be pretty competitive in the Little East Conference, by going 2-3-1 within the Little East. And next year, the fresh new faces from this season will have a year of experience under their belt. Once they have gotten their feet wet in college play, they can build on their experience, especially the two top fresh-men Caitlin Gavin and Erika Haaland. Between the two of them, they have thirteen goals; five of them are game winners and thirty points. With this kind of talent already set; let's just hope for next season that Mr. Hyde takes the year off from RIC Women's Soccer.



# **UPCOMING GAMES**

#### Men's Cross Country

November 8-ECAC Division III Championships November 15-NCAA Division III Regionals November 22-NCAA Division III Nationals

#### Women's Cross Country

November 8-ECAC Division III Championships November 15-NCAA Division III Regionals November 22-NCAA Division III Nationals

#### Men's Soccer

November 5- LEC Tournament Semi-Finals November 8- LEC Tournament Finals November 12- NCAA Championship - First Round

#### Women's Soccer

November 4- LEC Tournament Playoffs November 6- LEC Tournament Semi-Finals November 8- LEC Tournament Finals November 12- NCAA Championship - First Round

#### Volleyball

November 5-LEC Tournament First Round November 8-LEC Tournament Semi-Finals November 9-LEC Tournament Finals November 13-NCAA Championship - First Round

### News and Notes:

The Rhode Island College Golf Team finished the fall 2003 campaign with a 1-4 overall record. Freshman Dan Bouchard (Johnston, RI) averaged a score of 101.5 in four matches on the season. He shot a season-low score of 93 in the Sept. 30 match vs. Wentworth. Freshman Tim Carpentier (Smithfield, RI) averaged a score of 93.0 in four matches on the season. Freshman Scott Elfstrom (Lebanon, NH) averaged a score of 84.8 in four matches on the season. Freshman Shawn Rebocho (Albion, RI) averaged a team-low score of 82.0 in four matches on the season.

## sports

## The World According To Jimmy

#### Time To Hit the Hardwood

By: James Bessette Anchor Staff

So let's see. Baseball is finished for the season, NFL Football is halfway through its season, college football is once again getting screwed over by a computer, hockey season is a week and a half old, and to finish it off, the NBA season is officially one week old, today. So far, we've been out with the old (Michael Jordan), in with the new (LeBron James), got something borrowed (Antoine Walker in Dallas) and got something making radio talk show hosts "blue" (Kobe vs. Shaq).

First, let's start out with the Boston Celtics. Already, new President of Basketball Basketball Operations Danny Ainge has flexed his "muscles" and made a drastic change by trading All Star forward Antoine Walker, along with Tony Delk to the Dallas Mavericks for Raef LaFrentz, Chris Mills, and others, including a draft pick. This works out evenly for both teams, at least on paper anyways. For the Celtics, they now show that they want to develop their offense around Paul Pierce and have more of an inside game/ physical presence. With physical presence. LaFrentz, the Celts won't have a player who takes thirty five shots from three point land per night, but it will take him time to learn Jim O'Brien's system. Vin Baker, coming off of an alcohol addiction, will be more of a force this year and with 'Toine gone, he will see more playing time, and be a force under the boards. As for Dallas, 'Toine will mainly be someone to come off of the bench and put up good numbers, unless he is moved over to the other forward posi-tion, because All Star and better all around player Dirk Nowitzki owns Antoine's position like his house in Dallas.

Secondly, ALL HAIL KING JAMES OF CLEVELAND! No, 70-plus games left in this NBA season. Yes, LeBron James, Mr. "I make \$90 million before I see an NBA practice," did shut up his critics on opening night his critics on opening night against the Sacramento Kings with a sweet 25-point effort, despite the Cavaliers falling short on the scoreboard. Nevertheless, James did do this against a very good Kings team, and how does he do in act number two against the Phoenix Suns? 21 points, 12 rebounds, and eight assists, almost a triple double. Again, the critic's room has that tumbleweed rolling.

I'm not saying that this kid won't be a great player in the NBA; he will be. He showed everyone so far that he isn't all hype. He's extremely talented.

give him the "Rookie Of The Year" award before LeBron even plays a game was a bit much. Just a little reminder LeBron, you haven't yet faced the likes of Shaq, Kobe, Big Ben Wallace, T-Mac, Vince "Air Canada", Dirk, K-G, Rasheed, Yao, Stevie Franchise, The Truth, or any big market players that I can go on listing. So don't get too comfortable, yet. Being demoted from "King" to "Court Jester" can happen awful fast in the

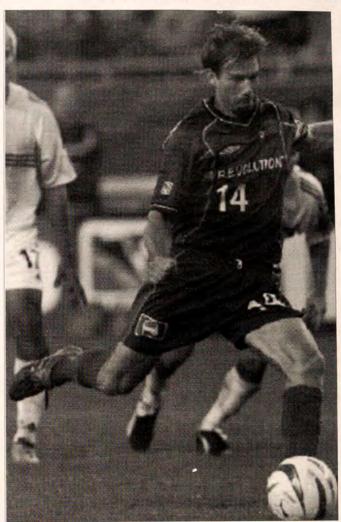
Speaking of Kobe and Shaq, they are at it again with another catfight that would even make the creators of the 80's TV show "Dynasty" happy. Now, Kobe has had enough about the Lakers being Shaq's team, and the accu-sations that he isn't a team player. Could somebody please take a two-by-four, bash both Shaq and Kobe across the face and tell them TO SHUT THE HELL UP, and play some friggin' basket-

Kobe, you don't have the right to criticize Shaq, saying that he is not being a leader for the Lakers. Yes, a leader would get himself in shape for the com-ing season, but a leader would also not put himself in a situation where he could get arrested and sent to jail for a very long Shaq's got you there, Plus, nobody on your s giving you love. The team is giving you love. The Lakers had Gary Payton and Karl Malone come to LA to help the team be a force this season, and so far, they are here to be peacemakers. They took a pay-cut to come to LA for this crap?

As for Shaq, the guy can't whine and complain, and refuse to play defense if he doesn't get the basketball when he's on the court 100% of the time. Basketball is a team game, everybody has to be involved one way or the other, so pulling the "me, me, me, me!" crap, whether you're seven feet tall or not, won't work. You guys are SO lucky you're out in LA, where the fan base is somewhat lenient to you guys, but now it's to the point where even they are sick of your stupidity. If this stuff were going on with you guys in CELTICS UNIFORMS, you wouldn't have survived the ride home on the T. You guys have three rings to your credit, and played like the champions that got you those rings, SO DO US A FAVOR AND ACT LIKE CHAMPIONS FOR ONCE.

It's only week one and there is already a ridiculous amount of drama in the NBA. Will Kobe make it though the season by staying out of jail or by staying out of Shaq's way? Will Danny Ainge's personnel moves get him burnt this year? Will King James be dethroned? Only time But being compared to Michael will tell, so I guess we'll have to just stay tuned...

## It's Time For A Revolution



By: Marc Schoenfeld Anchor Staff

The New England Revolution (12-9-9) vs. The England NY/NJ Metrostars (11-10-9) in the final game of the season. What more could you ask for? The Revolution drew final blood, clinching second place in the East, along with home field advantage in the second match of the conference semifinal series (where they will once again go against the Metrostars). The win also extended their winning streak to 5 games and their undefeated streak to 7. These two teams have played in four games this season and now will do battle in a best of two playoff games series. The Metrostars have not beaten the revolution all season being out scored by a combined score of 9-4 in three games and an early 3-3 tie in the beginning of the year.

Before you look at the playoff match up, it is important to see how things unfolded to get to this point. In the final match, a true battle, The Revs came out strong. They almost took the lead in the 12th minute, when Brian Kamler booted a tremendous shot from a tight angle in the left side of goal box. The shot went over the head of Metrostars goalie Paul Grafer, but unfortunately hit the crossbar and landed out of bounds. About 11 minutes later, Metrostars' forward John Wolyniec sent a left-footed shot from about ten yards into the Revolution penalty area.

out, only to hit the post. Luckily for the Revs the shot bounced and they were able to clear it. The game was going back and fourth. The revs next opportunity came when Shalrie Joseph perfectly placed a head ball on target, only to see Metrostars defender Edgar Bartolomeu

clear it off the goal line. The Revs finally took the lead 4 minutes before halftime, when Steve Ralston dribbled around his defender and into the Metrostars box before sending the ball to Pat Noonan, who sent a hard left footed shot past Grafer. Ralston set up the Revs next goal four minutes later when he received the ball from Brian Kamler and sent a pass to Dario Fabbro. He ran onto the ball and sent a hard shot from the edge of the box, which was deflected off a defender before beating Grafer. The goal was just the second of the season for Fabbro. The next goal was scored by Revolutions leading scorer Noonan who scored his second goal of the night in the 51st minute. It came when Fabbro lofted a pass into the box. Noonan went up with defender Juan Forchetti and managed to get his head on it. The ball went above Grafer's reach and landing in the back of

Metrostars finally The answered this three-goal advantage by netting one in the 60th As Regan ran in, Rusty Pierce lost his balance and as he was falling, the referee claimed his hand hit the ball and signaled for a penalty kick. Mark Lisi took placed shot past Adin Brown into the lower left corner, cutting the lead to 3-1.

The Revs put the game out of reach in the 66th minute, when Brian Kamler intercepted a poor pass by a Metrostars defender and dribbled into towards Grafer his shot was blocked, but it fell to Ralston who easily sent it into the back

of the open net.

Pat Noonan completed his hat trick just 2 minutes later, when Adin Brown sent an accurate high pass to Jose Cancela, who sent an awesome bicycle kick to Brian Kamler. Kamler ran all the way from half field to the Metrostars penalty area before sending a pass to Noonan, who beat his defender and cut around Grafer before shooting into the open net. The goal was the 10th of Noonan's (10 goals, 7 assists) rookie campaign, putting him 1 point shy of Chicago's Damani Ralph (11 goals, 6 assists) for the league lead in rookie scoring. 7 of Noonan's 10 goals have come against the Metrostars.

Metrostars rookie midfielder Joseph LeBlanc scored the last goal of the night two minutes later, when he sent an accurate shot from just outside the box into the lower left corner of Soon after the the net. Revolution put in Chris Bagley, Ibrahim Kante and Leo Cullen for Pat Noonan, Dario Fabbro and Shalrie Joseph to prevent any chance of injury, knowing that the game was out of reach.

The Metrostars took a big beating and lost home field advantage due to some of their big names not being played. Clint Mathis, Mike Magee, Andrzej Juskowiak, midfielders Richie Williams, Jose Galvan, Amado Guevara, and defenders Eddie Pope and Steve Jolley were all out. Starting defender Ricardo Clark and goalie Jonny Walker were also on the side-lines for an injury ridden club.

The Revs began their
Eastern Conference semifinal

series against the Metrostars on Saturday at Giants Stadium, before coming back to New England for the second game on Sunday at Gillette. It looks likely that the Revolution may challenge for the title, much like they did last year when they lost in the championship game. If they can get past the Metrostars, there may be a lot of soccer left at The House That Kraft Built. Tickets for the potential home game are already on sale. Even though nothing has been confirmed yet, the cost could be around \$25-35 dollars for lower lever seating and roughly \$25 dollars for Mezzanine seating. If you're interested in purchasing tickets and supporting the revolution call 1-877-438-7387.

I went to see "The Matrix: Revolutions" with Paul Spetrini, our Sports Editor tonight, a full TWO DAYS before the movie is released in theaters. And let me tell you: I TOTALLY did not expect it all to be just a dream. That is a really kooky way to end a trilogy like that.

## Women's Volleyball Gets Ready For The Tournament

By: Paul J. Spetrini Anchor Editor

In the beginning of the year, not a lot seemed to be going right for the Rhode Island College Women's Volleyball. They had lost all but two of the players from last year and looked like a team that was going to go quietly into obscurity, having a season that would never be remembered by anyone. It appeared as if the Women's Volleyball team would have a horrific year, one that would surely put a black eye on a team that has struggled so long to be successful.

But, as is often the case in sports, good teams always fight off the obstacles and come out ready for a fight. That's exactly what this team did this year. Despite losing the majority of a team that had fought throughout the year to just get to the .500 mark, eventually falling just short by finishing the year at 13-15, the Volleyball team cast their doubts aside and are now primed to make storm into the Little East

Conference Tournament starting this Wednesday.

The team has done it the old-fashioned way. This group of individual players, who many around the sports world wouldn't know from a hole in the wall, play like old veterans. The team goes out, without much publicity, and plays hard from the opening serve to the closing kill. Led by Head Coach Craig Letourneau, they closed out their regular season this week by winning two very key, very important matches on the road against Western New England College (10/28) and Endicott College (10/31). Coming into last Tuesday's

battle against the Golden Bears of West New England, the Anchorwomen had dropped three straight and were in danger of falling off of the LEC map for the rest of the season. They were close to losing everything they had fought so hard to get, and rather than going quietly, they came out strong on route to a 3-2 victory. They squeaked out a final set victory, and lived just long enough to fight for another day. That day would come last Friday, on Halloween, against a very tough Endicott team. Eric Poirier had 14 kills and three blocks. Kari Geisler and

Kristy Nix had 12 kills apiece. Kara Sarcione had teamhigh 45 assists in a do-or-die game for a team has had its fair share of tough moments.

Through all the madness and confusion of this year, the Women's Volleyball team has still managed to play at a very high level. They have gone from being a team without any experience, never having worked together, to a team that has been battle tested and is ready for the next step...The LEC Championship Tournament. On this Wednesday, the anchor-women will face Eastern Connecticut State University at 6:00pm. It could be the last match of the year for this team, but what ever happens, they have come a long way since the beginning of the season, and can only get better from here on in.

## Men's Soccer Score Report

Plymouth, NH

Rhode Island College (11-7

overall, 5-2 LEC)- 0
Plymouth State (12-2-2
overall, 5-1-1 LEC) - 3
GOALS: PSU, Nick Libera
(Kyle Bowman), 12:00; PSU,
Koichi Nakatsubo, 76:00; PSU,
Mike Cantelli (Felix Rosen),

SAVES: RIC, Jason Nelson

(4); PSU, Brad Wilby (3). TOTAL SHOTS: RIC (3); PSU (10).

PANTHERS DASH RIC'S HOPES FOR LEC TITLE, 3-0

Plymouth, NH—The Rhode Island College men's soccer team had their hopes for the program's first-ever regular season Little East Conference title fall short in a, 3-0, loss at Plymouth State

College.

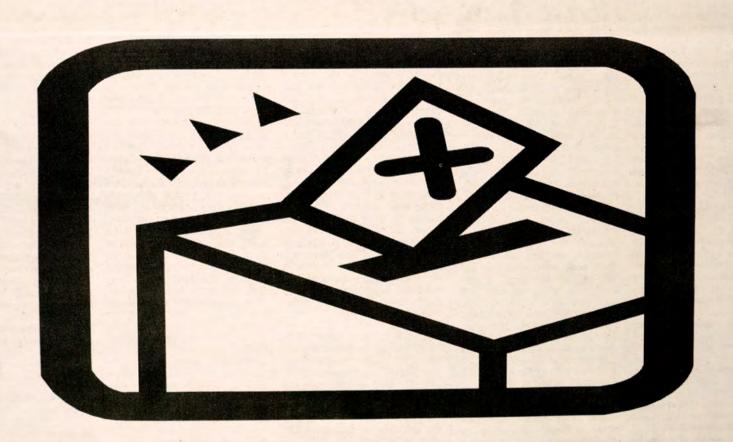
PSU improves to 12-2-2
overall and posted a 5-1-1 mark will be the number one seed in

four-team Little East Tournament, which begins on Wednesday, Nov. 4. RIC falls to 11-7 overall and 5-2 in the LEC. Then Anchormen will be the third seed in the tourney and will face second-seeded Keene State on Wednesday. The game is scheduled for a 6 p.m. start.

The Panthers senior back Nick Libera (Cromwell, CT) scored the game-winning goal in the 12th minute, converting a crossing pass from senior mid-fielder Kyle Bowman (Bedford, NH). Sophomore midfielder Koichi Nakatsubo (Numazu City, Japan) and senior midfielder Mike Cantelli (Raymond, NH) added insurance goals in the 76th and 87th minute, respectively.

RIC junior goalkeeper Jason Nelson (Pascoag, RI) made four stops in a losing effort, while his counterpart, PSU senior netmin-der Brad Wilby (Haddonfield, NJ) made three saves to earn the

## SPECIAL ELECTION! For the 2005 Class Officers



## Voting will take place on: Wednesday, November 5th in the Student Union

The positions of President, Vice President, and Secretary are vacant, if you wish to run please sign up in the SCG offices in SU Room 401 before 12:00pm on November 4th

# FREE! Film Fest

Topic: The Death Penalty Sponsored by: Amnesty International

Wednesday, November 12th

"The Life of David Gale"

Thursday, November 13th

"Dead Man Walking"

Monday, November 17th

"The Thin Blue Line"

Tuesday, November 18th

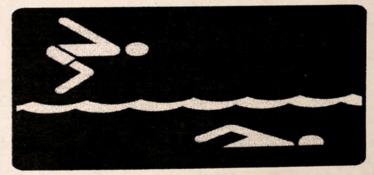
"Too Flawed to Fix: The Illinois Death

Penalty Experience"

All films will start at 6:00 pm in SU 307 Snacks will be provided Optional discussion to follow

## Red Cross

Water Safety



nstructor
Training Course

PED 280-01 Workshop: Water Safety Instructor 3 cr Tuesday & Thursday 8:00 AM - 9:50 AM

Through a series of lectures, video presentations, classroom discussions and practicum work in the pool, students will learn the fundamentals of teaching swimming and water safety to all age groups and populations, infants through adults.

This is a well respected certification and will make physical education students more marketable when seeking permanent jobs.

For more information call Janice Fifer at 456-8238

## Keeping my Eyes on the Future

Forrester Safford Anchor Staff

Have you ever been told you take something for granted? Do you think that you take something for granted? I bet that we all take something for granted. I know I do. Who, or what can we take for granted? Family, friends, money? Well, how about sight?

Driving home from my eye doctor's office last week, I started to think about how much I love being able to see. I love watching what goes on around me and I love watching young family members grow up. I love attending hockey games at Providence College and the Providence Civic Center, oh excuse me, Dunkin Donuts Center. One of my favorite things is going to Charlestown Beach and sitting on the breach way and watching the sun go down.

Normally going to my eye doctor would not make me to get all sentimental about being able to see. It's not like I just went there, had a quick eye exam, gave them my pair of broken glasses to repair, left and then started to think about how much I love my sight. What I thought was going to be a 15-20 minute eye exam turned into an hour.

Normally I can tell when a doctor is doing more tests then normal. I knew I would have to see how far down the letter chart could read, and be tested for different eyeglass prescriptions. That was all I figured I would be there for, however I was wrong. The doctor then tested how much mercury pressure that I had in my eyeballs, fine, no biggie right? Wrong! The doctor found that I have 21mm of mercury pressure and after testing my cornea's thickness; he said that it's probably more like 23mm of pressure because I have thin corneas. Normal is about 16mm, and the doctor said that when I had my eyes checked in 1999, I had only 17mm of pressure. Great, so what does this all mean? Will I now be able to do that neat trick, you know, pop my eyes out of their sockets? Well

no, having a lot of pressure in my eyes means I may have glaucoma.

So, what do you do when someone scares the hell out of you? Personally, I laugh and since I didn't want to crack up in front of my doctor, I held my laughter, but that took a lot of effort. But laughter is only the first stage when I'm scared. When I fell off a roof and hit the ground about fifteen feet below two summers ago, I laughed, then, and I am not ashamed to say, I cried. That could be because I literately saw my whole life flash before my eyes, or because I noticed that I almost hit things that could have killed me. Anywho, needless to say, about 20-minutes after leaving the doctor's office, reality set in that I may lose my vision, and I broke down and cried. At that point I had already driven to my mom's place of work and told her the news. Mom knew something was up before I told her because I announced that I had another eye exam scheduled for March and another eight months after that. Perhaps it was a mother's intuition that told her that all wasn't kosher.

Afterwards I thought about all the things that I like to look at or watch. My doctor and mom both assured me that, if I do have glaucoma, which I will know possibly after my next checkup in four months, there are treat-ments. Normally I am an optimistic person, and I love looking at the glass half full...of Captain Morgan, however, hearing that I might have glaucoma made me look at the glass as being half empty. Think about if for a minute, if you were told that you may lose your sight, or anything else for that matter, would you initially be optimistic? That would be hard to do, and now I find it impossible. I have always taken sight for granted, and knowing that I may lose it, scares the living hell out of me.

There is one good thing though that might happen if I go blind I will get a new dog! Granted I won't be able to see him, but it's the thought that counts

## Why Do I Live in a War Zone?

By: Tim Staskiewicz Anchor Contributor

"Hey, are you done in the shower? Good, because I need to borrow your light bulb." And with that the kid from

And with that the kid from next door pulled the florescent tube out of the fixture and carried it into the adjacent bathroom so he could have light for his shower. War-torn Bosnia? The jungles of Africa, perhaps? Unfortunately no, my friends, this incident happened right in our own residence halls at good ol' Rhode Island College.

"Wait! We have dorms?" you say. Undoubtedly, yes... those are the five buildings across the street that you never seem to have class in. Haven't heard about them? Well apparently the college administration hasn't either. You see, I wish I could tell you the light bulb problem was an isolated incident... if I did, I'd be lying

be lying.

We've heard about the commuter students and their parking troubles, having commuted to school a few times myself, their concerns are definitely valid; hell some of my best friends commute to school. But when was the last time we heard about the plight of the resident students? You know those 800 or so students that shell out about four

times the amount of money that commuters pay. Suffice to say, what are the "extras" that we residents are paying for? Well let me take you on the tour of the dorms the admissions department doesn't want you to see....

n't want you to see....
Welcome to our residence
hall! But watch out for the glass shards, that window next to the front door was broken 4 days ago... in broad daylight! Come on inside, let me unlock the door to our suite, which didn't close, so much as lock a week ago, but somebody went on a crime spree and stole all our stuff. You can bet they got fixed right away, although a work order had been in to fix them since Labor Day. Check out my room, it's a little small, but it does its job... oh the pile of laundry that's slowly consuming the floor? Yeah, the washing machines are broken all of them: apparently instead of washing clothes, they boil them. Ready to leave already? Well let's go find your car, it's parked in the back parking lot behind the dorms, watch your feet and tires though, you don't want to get glass stuck in there from the broken empty beer bottles; I've gotten 2 flat tires this year alone. It's getting darker as we go away from the dorms? Why yes... notice the absence of lights and security cameras as we head

toward the far rows of cars. But don't worry, the parking lot is safer! Just ask campus police... or maybe you should talk to the half dozen kids who had their cars vandalized or broken into last week.

Now don't get me wrong, I'm not saying that there hasn't been an effort from the housing staff, they've been doing what they can with the limited resources given to them. Some resident assistants are frustrated with the lack of support from the college itself. It just seems like we're unimportant over here. As for physical plant, it's understandable that they have a 180 acre campus to maintain daily, but we're seeing the bare minimum over here in the residence halls. Maybe they too need more support so that things can get done over here.

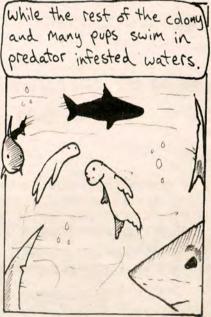
So hurrah for the new campus improvements! Hey, at the very least, thanks for removing the dumpster on the side of the media center that had been a landmark on my daily walk from the dorms to class for the past three years. Maybe we can repave the lot behind the dorms, add some new lights. But not quite as many as the new lot by the Murray Center... I hear air traffic from TF Green has been getting confused.

# Help Wanted

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## RIC UNCENSORED









## opinion 11ag

## Toys They Are Not Just For Kids Anymore

By: Ariana M. Testa Anchor Editor

Who says just because we are adults we have to stop playing with toys? We still buy Playstation's and video games.



We go to places like Dave and Buster's to play. But when we think of toys, does it ever occur to us to step inside of an adult store, like Amazing Video? Maybe we should. Sex toys can be a wonderful enhancement to lovemaking and a source of truly spectacular pleasure.

spectacular pleasure.

Sexual relations don't always have to involve intercourse in the missionary position. C'mon get daring, be wild, buy a vibrator for the bedroom and let your partner in on the fun. This can be something that not only feels good but it can be used as a learning session and get you and your partner more familiar with the spots on your body that

drive you wild.

Once you have started with the vibrator and you are comfortable with it (don't be shy, it can be your best friend) introduce other toys like massage oils that heat up when they are rubbed or blown (no pun intended). Reread my article on massages and then get some oils and get down to business, you know what I mean. Flavored body paint can be interesting and tasty at the same time.

From there you can progress to chains and whips. Just kidding, it may take a while to get there, or you may never get there, or you may be chained to the bed right now while you are reading this and getting paddled. Who knows, to each his own, you know what satisfies you sexually so explore it. It is a healthy thing to do.

A toy is something that is fun and exciting, from the simple to the elaborate, the normal to the bizarre, adding them to your relationship can be great. However, what is bizarre to you may not be in someone else's sex life. So don't criticize anyone's sexual habits unless they are unhealthy, especially if you are the one in leather and hanging from a love swing.

## 1st Annual RIC P.E. Club



"HOOP IT UP"

3 ON 3

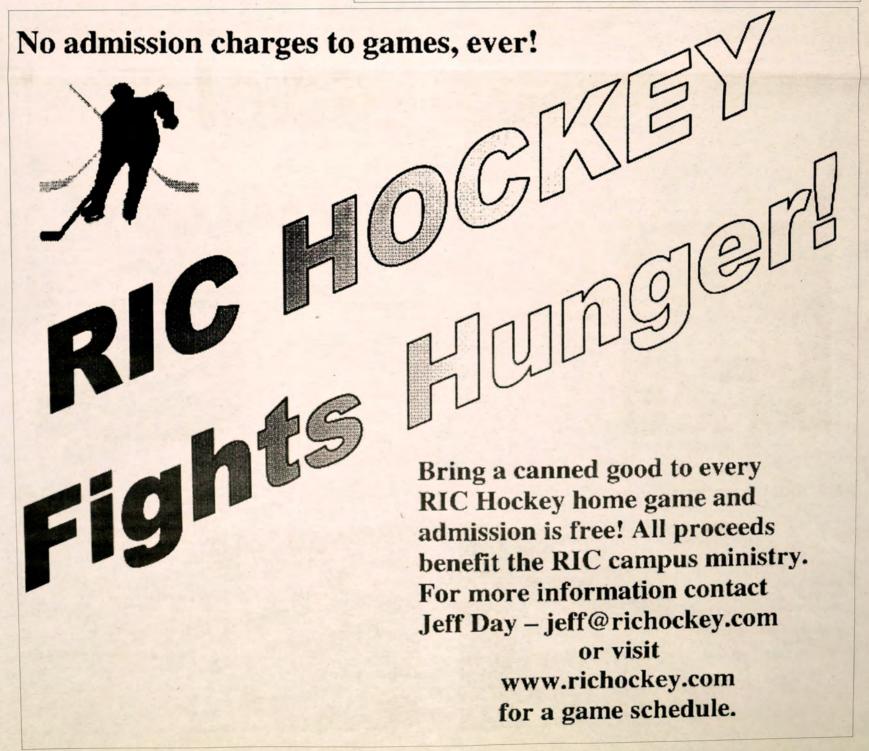
8 ASKETBALL TOURNAMEN

Cash Prizes

Raffles

Contests

YOU THINK YOU GOT THE BEST TEAM... LET'S FIND OUT!! SIGN UP TODAY AT THE P.E. OFFICE IN THE MURRAY CENTER





## Roving Reporter

If you were on a desert island and could have only have one C.D and one movie what would they be?



Darren Frigon Undeclared Freshmen

Phish "Billy Breaths" Wayne's World Amy Gonzalez
Elementary Education
Junior

Andrew Bird "Weather Systems" Pretty in Pink



Jenny Larrivee Music Freshmen

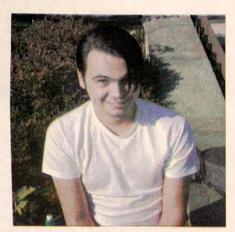
Bush "Sixteenth Stone" The Pirates of the Caribbean



Matt Polit Fres

Matthew Sex Political Science Freshmen

NIN "Downward Spiral" Apocalypse Now



Josh Calvi Sophomore Communications

Tom Waits "Bone Machine" EZ Rider McKenzie Golden Undeclared Junior

Chickcora "Return to Forever" Twin Peaks



Vicky Tyan Psychology Sophomore

Jack Johnson "Brushfire Fairytales" Edward Scissor Hands





Ellen Farrell English Senior

Tori Amos "Little Earthquakes" Much ado about Nothing

# around campus



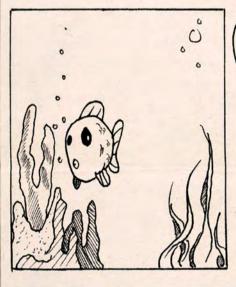
# LAUGH @ R.I.C.

















## Totally FAKE Horoscopes

#### Aquarius



How you deal with a professor could make a

big difference grade-wise. You might want to calm down and not be as disrespectful as in past classes, even if this professor is a real jerk. Use special care on their midterm. This weekend: complain to your fiends.

#### **Pisces**

Your ability to read the whole



text book is quite unique. You also might be the

only person nerdy enough to do that right now. Follow a predetermined path of academic success. This weekend: Don't be such a brown-noser.

#### Aries

Work others with your emotions



and make them do the work. Let them know what you

want out of them, then take

advantages of someone else especially in the work arena. This weekend: take advantage of someone from a distance.

#### Taurus

You might be surprised by what



a professor offers or wants. Know that

you're not the only one who has fifty-seven homework assignments due. Be an over-achiever and hand yours in early. This weekend: a race to the due date!

#### Gemini

Getting your homework done should be your highest priority. Take time to do it neatly. Evaluate your wok as if you were grading it, without feeling



self the highest marks.

This weekend: revise your draft one more time.

#### Cancer

Your imagination takes you to new day dreams. Thinking

about your school work is way too boring. How does your



teacher keep it together? Don't lose your sense

of continuity, which helps bring your daydreams from different classes together. This weekend: take a nap immediately after your last class.

Keep the Anchor in your heart. You might not like what's in it



this week, but you don't have to just observe it.

You can choose to contribute to Inis weekend: make some news . . . and write about it.

#### Virgo



Your lessthan-profitable side emerges when deal-

ing with an ongoing money matter (cough, cough - tuition!). The question remains whether it's worth it. You can't count this with just fingers and toes.

This weekend: cash out.

#### Libra

Distract someone you care



about; they're not busy. Depending on their

reaction, though, you might not want to keep them too long. Keep your long thoughts in your mind. This weekend: don't get distracted.

#### Scorpio

Stay home, even if you feel compelled



to sit through a boring lecture. The

middle of the semester is outrageously dull. You'll see more action outside of class. This weekend: just wait until it's closer to final, then going to class will be worth your while.

#### Sagittarius

Classmates surround you, though you may have trouble sorting friend from foe. You might want tot revive. Your team project and keep all the members



close at hand. This weekend: by all means, don't let

them take all the glory.

#### Capricorn

When the Anchor speaks, listen. You might find some typos that are rather outrageous. Look at the writer of that article and you



run to the media center and join the Anchor. We need your help.



## RELATIVELY IMMATURE COMICS



































THE BIG

A VERY SPECIAL

COMIC BOOK DUDE &

VEGETARIAN GIRL:

84 : O. COBBLEPOT

# LAUGH @ R.I.C.

## Two Very Spamtastic Jokes

"Mr. Clark, I'm afraid I have bad news," the doctor told his anxious patient. "You only have six months to live."

The man sat in stunned silence for the next several minutes. Regaining his composure, he apologetically told his physician that he had no medical insurance. "I can't possibly pay you in that time."

"Okay," the doctor said, "let's make it nine months."

Mrs. Ward goes to the doctor's office to collect her husband's test results.

The lab tech says to her, "I'm sorry, ma'am, but there's been a bit of a mix-up and we have a problem. When we sent the samples from your husband to the lab, the samples from another Mr. Ward were sent as well and we are uncertain which one is your hus-

band's. Frankly, it is either bad or terrible."

"What do you mean?" Mrs. Ward asked.

"Well, one Mr. Ward has tested positive for Alzheimer's and the other for AIDS. We can't tell which is your husband."

"That's terrible! Can't we do the test over?"

"Normally, yes. But you have an HMO, and they won't pay for these expensive tests more than once."

"Well, what am I supposed to do now?"

"The HMO recommends that you drop your husband off in the middle of town. If he finds his way home, don't sleep with him."



### Student Discount

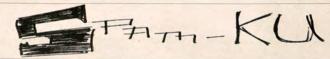












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#### Crossword

- ACROSS
- Prayer conclusion
- 5 Stare open-mouthed
- 9 Defy authority 14 Cod or May
- 15 Singles 16 Ahead of time
- Part of the eye
- 18 Very long time 19 Chief
- 20 Tyrant Sties
- 23 More impudent
- 24 \_\_ of Paris 27 Handbill
- 29 Poetic pasture
- 30 Catches sight of 34 Propel in a high
- 35 Soil
- Scotia
- 37 Trombone feature
- 39 Component
- piece 40 Highest point
- 41 Sawbuck 42 Above-par
- 43 Coati's coat
- 44 Disaster 47 Reproach
- severely 49 Escape
- 54 Lacking
- firmness 55 "Are You Tonight?"
- 56 Higher
- 58 8 on a sundial
- First-rate
- 60 Bring down 61 Highland Gaelic Out of work
- Trousers
- 64 Makes lace 65 Cereal grasses
  - DOWN
- Boric and amino 2 Montessori or
- Callas
- 3 Heroic sagas 4 Cozy retreats Chin whiskers
- 6 Kind of goat or

11/04/03

- 7 Look intently 8 Double bend
- 9 Say again 10 Merits
- 11 Acting offending 12 Shade tree
- Caustic solution
- 21 Feels poorly 22 West Point
- beginner
- 24 Trudge 25 Weird
- 26 Shabby 28 Highland dance
- 30 Military muddle
- 31 Infield fly 32 Excessive
- 33 Levy
- 35 Pair 37 Divest
- 38 Starring role 42 Data storage
- 44 Subduers 45 Self-centered
- person 46 Repudiates
- 48 Metal bolt 50 Having gotten out of bed
- Harrelson or
- bread?

Clean out your

ears, woman. I

said I want some

balls!

52 More than enough

#### 53 Affirmatives 55 Old Italian 56 High mountain

- Tightening
- snake 58 Fido's doc

## classified ad

Classified ads cost \$1 for members of the college community. For anyone who is not a member of the college community, classified ads cost \$3 for 30 words, \$5 over 30 words. Please limit classified ads to 50 words.

Date ad placed:	Date of issue:	
Classification:		
o For Sale/ Rent	o Help Wanted	o Roommates
o Services	o Personal	o Miscellaneous
Print ad:		
-		
A THE STATE OF THE		
Name:	Telephone	
19 - 10 -	or verification purposes only.	

Classified ads will be unacceptable if this form is not filled out completely. Classified ads may be placed, with payment, at The Anchor, Media Center.

Nov 04, 2003

## classified

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1994 Mercury Topaz. 4door, silver with gray interior, 99,000 miles. New battery, muffler and tires. Inspected through 11/04. AC and antitheft. Well maintained and clean. Owned by same family since new. Asking \$1,995, negotiable. Call x8818 or 231-7768

#### **SMOKING AND MEMO-**RY STUDY

The Brown University Center for Alcohol and Addiction Studies is recruiting individuals to particiapate in a research study of cigarette smoking and memory. To participate, individuals must be between 18-24 years of age and smoke cigarettes daily. The research project will involve completeing questioneers and a computerized memory task at the Center for Alcohol and Addiction Studies. Reimbursement for participation is 30\$. If interested, please contact Dr. Chad Gwalteny at 444.1932

# Your classifieds

could be here!

By Lasha Seniuk

Aries (March 21-April 20). Older officials may provide misinformation or faulty instructions early this week.



Remain alert over the next nine days and avoid publicly challenging

the ideas of others. At present, workplace relations may require a steady commitment to seniority or an affirmation of traditional rules. Go slow and thoroughly explain all changes. After Friday, an unexpected triangle between friends may be bothersome. Romantic announcements or quick family decisions may be at issue.

Taurus (April 21-May 20). Monday through Thursday, planned events are easily postponed. Conflicting information, minor disagreements or last-



minute revisions may cause delays. Remain diplomatic and expect

detailed discussions. By mid-November, new social rules will need to be established. Later this week, past financial mistakes are accented. Pay special attention to loan applications, public funding and permissions from lending institutions. Outdated restrictions may soon

(May 21-June 21). Yesterday's decisions may be publicly debated. Late Monday, expect long-term friends to challenge established ideas or actively probe for answers. Group alliances and private loyalties may



key issues. Remain cheerful and provide

detailed information. Over the next nine days, your social and romantic

reassurance is needed. After Friday, family members demand extra attention. Distant communications, travel plans and financial promises are highlighted. Stay strong.

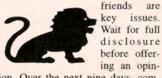
Cancer (June 22-July 22). Charisma and personal influence are high this week. After Tuesday, expect colleagues and key officials to seek your



opinion, advice or participation. By late Wednesday, social relationships

may also be affected. Respond quickly to unique requests, fast proposals or sudden flirtations, At present, friends and relatives may need to witness public displays of loyalty. Late this weekend, physical energy may fade. Plan cozy encounters. Loved ones will accept all invita-

Leo (July 23-Aug. 22). A friend or lover may question your past motives or habits. Loyalties, romantic decisions and shared history between



Wait for full disclosure before offering an opinion. Over the next nine days, com-

issues.

plex social information may be revealed. After Friday, business routines and daily work expectations may begin to change. December, mentors and older officials will accept new suggestions. Boldly express your needs. This is the right time to seek expansion.

Virgo (Aug. 23-Sept. 22). Colleagues or close friends may openly debate policies of key officials. Workplace improvement and added responsibilities will be the eventual results. Use this time to outline key sources of information or ask for group support. Tuesday through Friday, also highlight unexpected social



romantic information. New relationships or minor arguments

between friends will soon be ongoing themes. Later this weekend rest. Physical vitality may be low.

Libra (Sept. 23-Oct. 23). Home discussions prove rewarding this week. Late Tuesday, expect recently silent loved ones to provide a unique insight into their long-term family



goals romantic needs. Private deciwill sions

soon bring clarity to sluggish or uneventful relationships. Probe for new information and expect sudden admissions. Over the next few weeks, lovers and close relatives will need to boldly discuss their past actions and daily expectations. Listen carefully. Your empathy is needed

Scorpio (Oct. 24-Nov. 22). Social and romantic sensuality may be unusually high this week. At present, loved ones may wish to explore creative communications or revised rules of inti-



macy. Gather complete information before

offering an opinion. Emotional progress in key relationships is highly favored. After Friday, financial resources and new income sources will require careful scrutiny. Legal conflicts, delayed payments or written mistakes may prove costly. Stay

Sagittarius (Nov. 23-Dec. 21). Group assignments may lead to fast career adjustments or revised daily routines. Many Sagittarians will be offered an

unexpected promotion. Progress, however, may be temporary. After mid-November, key officials will



Sunday, romantic and social invitations will increase. Expect potential lovers and new friends to actively request your attention. Trust your instincts. All is well.

Capricorn (Dec. 22-Jan. 20). Business documents work to your advantage this week. Written agreements, although briefly delayed, will soon offer vital breakthroughs. Stay



committed to longterm gains and watch for revised definitions.

key rela-

tionships

will bene-

from

Before next week, romantic decisions may also be needed. Be consistent and expect lovers or trusted friends to review yesterday's choices. Compliments, reliable promises and private discussions will prove helpful. Offer meaningful comments and honest suggestions.

Aquarius (Jan. 21-Feb. 19). Friends and lovers may expand their social habits, group affiliations or romantic plans. All are positive but may also lead to minor family conflicts. Refuse to be derailed. Over the next nine days,



bold statements and publicly reaffirmed goals. Later this week, workplace power struggles may prove annoying. Younger colleagues will ask for special favors or permissions. Remain quietly detached. Predictable routines will soon be re-established.

Pisces (Feb. 20-March 20). Wisdom and social reflection are strongly accented over the next nine days. Although reluctant to ask for help, loved ones may seek your guidance



or expertise. Offer a solid reminder past values and long-term ideals. A reli-

able commitment to past promises is now best. After Wednesday, financial demands increase. Expect roommates or romantic partners to pursue new investments or large purchases. Remain philosophical. Loved ones

#### If your birthday is this week.

soon ask for approval.Expect close relatives to initiate delicate business, career or financial discussions. Before mid-December, loved ones will request a detailed description of your shortterm lifestyle choices and long-term goals. Take none of it personally. At present, family members may need to feel more involved in your life. Early in 2004, a new era of romantic confidence arrives. After approximately three years of disjointed communications or unreliable promises, intimate relationships will once again become top priority. Stay alert to passionate overtures and sudden proposals. By late April, planned events, social celebrations and family announcements may prove meaning-

# (0)||ege specia

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# arts entertainment

### Jeffcoat . . from back

The band's first demo is now in the works, which will display their original music and creative style. They are begin-ning now to expand and play more shows, acquiring more fans along the way. A new member to the band is being added as of now, Andy Fieldhower who will play guitar. The band is highly confident about the future of the group as a four-

On Sunday November 16, the band will be playing along with many others at the Worcester Palladium's "Battle of the Bands." The members of

Jeffcoat are optimistic about their performance, and are excited about playing for such a large crowd. They hope this will give the band some publicity, and some new fans. Along with Jeffcoat there will be a numer-ous amount of other local bands to check out. Go to this show if you are interested in seeing what Jeffcoat is all about, and to see what other groups will come up with.

For a list of upcoming shows and other info on the band, as well as ticket info for the Battle of the Bands, visit their site www.jeffcoat.tk

## April . . from back

filmed with digital cameras in sixteen days. It just goes to show what independent filmmaking is really about: the creation of a wonderful movie with no Hollywood bozos breathing down your neck; just pure, original entertainment.

But what on earth is the movie about? Well, here we go:

April Burns (Katie Holmes, Dawson's Creek) is the black sheep of her family. This Thanksgiving she invited her family to her place on the Lower-East Side of New York City. She lives in a scummy apartment with her African-American boyfriend, Bobby (Derek Luke, Antwone Fisher). Now, April's family is going through rough times. Her mother, Joy (Patricia Clarkson, The Green Mile) is struggling through cancer, her father lim (Oliver Platt, Simon) father, Jim (Oliver Platt, Simon Birch), is a nervous wreck, her suck-up sister Beth (Alison Pill) is complaining about attending April's for Thanksgiving, and her laid back photographer brother, Timmy (John Gallagher, Jr.) makes petty jokes.
After April and Bobby pre-

pare the turkey, Bobby leaves to do errands and April finds her stove busted. She desperately searches around her apartment building for a stove and eventu-ally finds an African-American couple that lends their stove to her for a few hours, enough time to find another. The couple makes wise cracks towards April, humorous and fun.

She finds a stove a little while later. This man Wayne (Sean Hayes, Will and Grace), who is this totally offbeat, spacey character, offers her his brand new super deliver state. brand new, super deluxe stove. Coming to check up on April to tell her to check on the turkey, she makes fun of him, and he decides not to help her anymore. Meanwhile April's family is on their way to her apartment. Jim is very optimistic about the journey, where Joy and Beth are totally opposite. During the car ride the family tries to remember good memories of April, but they fail and can only remember her rebellious and depressing

All through the movie there is evidence given showing an ongoing battle between April and her mother. Jim kept on reminding the family that they were going to have a good time, final-ly being able to make a good April memory, where Beth keeps implying how this is one big mistake. They take the scenic route, taking their time, and

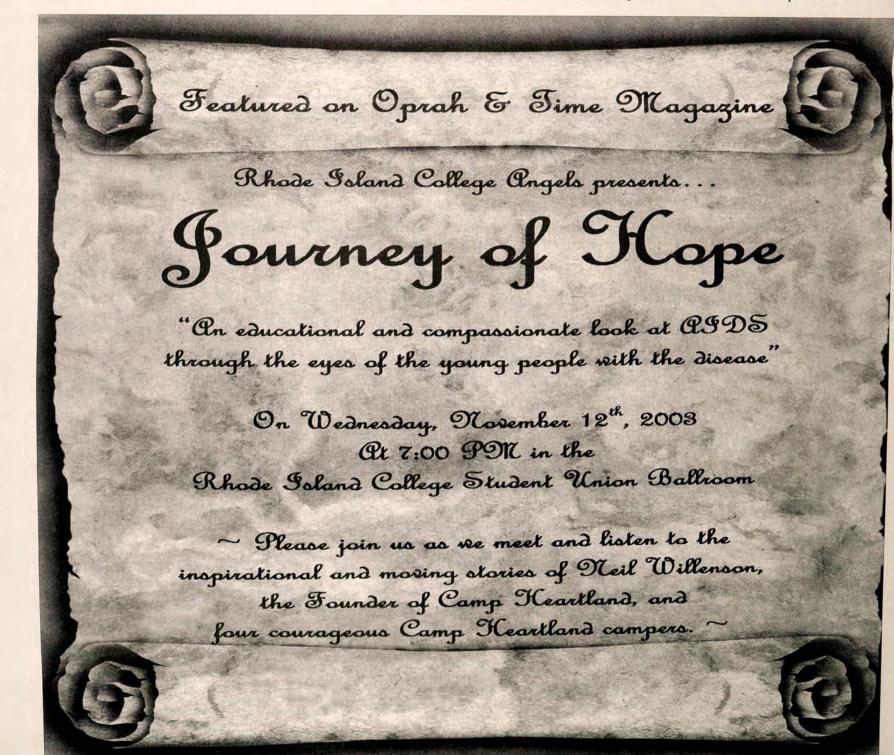
making many stops for food, and or a break for Joy's sickness. Humor becomes a big factor between the family, bringing a lighter side to such a serious sit-

But to understand this dark, but bittersweet humor and functions of family, I insist on reading Peter Hedges' works before watching the movie. You can easily find his novels in bookstores or online. His plays are a teeny bit more difficult to find ... I've ordered a couple on barnesandnobles.com, but encountered difficulties (sending wrong books, serial number screw ups, etc...), but amazon.com sells his works as well, but low on stock.

But if you have \$20 and a free day, definitely take a train up to Boston/Cambridge and see this movie. Because 'April' is an independent film, it only shows at independent film cinemas, Cambridge being the closest place where it plays. But, if you want to see the movie's trailer, along with little sneak peeks to the film, check out the web site

http://www.piecesofaprilmovie.com. Seriously, you do not get a movie like this any day or year. The characters are perfectly well developed, wrapping around a fantastic story, and truly

is a masterpiece.



### Jimmy Eats World

By Jim "Famine" Ruggiero Anchor Editor

After about three weeks of heavy medications, I think it's high time I get back to world. So your personal food connoisseur has returned with an appetite and a healthy thirst. This week's adventure (well actually it's what I remember as this week's adventure) took me backward in timemedieval times to be precise.

So, dressed in a gala cloak and foppish hat I traveled to a small wooded section of the world where Conan the Barbarian and King Richard live in peace, at least till the jousting starts. Amongst the blood shed the feasting was hearty.

I began my quest with the chowda boule. Ah, there is nothing like a fine chowda that you can eat the bowl it's served in. I later learned after much mead that one does not eat the napkins only the bowl. I'll get back to the mead in a bit, but first let me fill

you in on all of the delectable that must be tried in this so called primitive society.

Your senses shall be bombarded by various meat products, most notably the club sized turkey leg while can be used defensively is quite tasty. If you're a Manwich guy go for the pulled pork sandwich-Mmm...that's some good eaten. And for what was once a unique experience, try their version of a blooming onion. They take an onion the size of Dolly Parton's well you know and place it on a meat hook, the kind you see in the Texas Chain Saw Massacre. After precisely slicing it they proceed to drop the now crucified onion into a large pot of boiling oil. I recommend eating the victim with a fine yard of ale.

Speaking of ale, that brings me back to the mead- a wine made from honey. When they say that mead is the nectar of the gods, it is. It also doesn't hurt that wenches insist having their tips inserted into their cleavage. But I digress, as I was drinking my second or third or maybe seventh mead the bees decided to visit me. Apparently I was told one decided to french me in order to repossess its stolen honey. Conveniently in my current state I was relaxed enough to let the bee do his business and move on. So, if you don't mind being molested by your friendly neighborhood pollinators I highly recommend consuming mass quantities of the sweet substance.

Ratings out of 5 Beheadings: Service: 5 Price: 2 Location: 2 Ambiance: 5 Taste: 5

Until I go back to the future and attempt what Napoleon could not this is:

Jim "Famine" Ruggiero

# arts and entertainment

## Slik . . from back

Slik maturing in popularity, and is more than one of the many high school pop rocks, they have to mature in their delivery as well. The show at the Met was a rock show. That's fine when you're in high school, and the only have to impress the Coventry fan club, but they're not. Now they have responsibility. And that responsibility is justifying to every other band in the state that they deserve attention, they need to prove that its no fluke that WBRU has their song "Thank You" on the radio, and they have to do it by totally rocking the fans out of the hall and cementing their spot in music province. They have to play a concert.

Slik's music is pop rock. And they do it well. Their songs all deliver the right impression and have perfect timing. The guitar and drums are fantastically put together. The lyrics are also utterly first-rate, and really present Slik with a good persona. If Slik play their cards the way the have been, playing show after show across the state, the will join such Rhodys as "The Damones" and "Monty's Fan Club" and make it big. I'll even go as far to say that Slik Willy has all the talent capable of surpassing those bands, and making it even bigger. I have faith. Their next

Story Of The Year played a perfect show. Totally melting the faces of every fan there and making a path to a very promising future. Story's music is too jagged

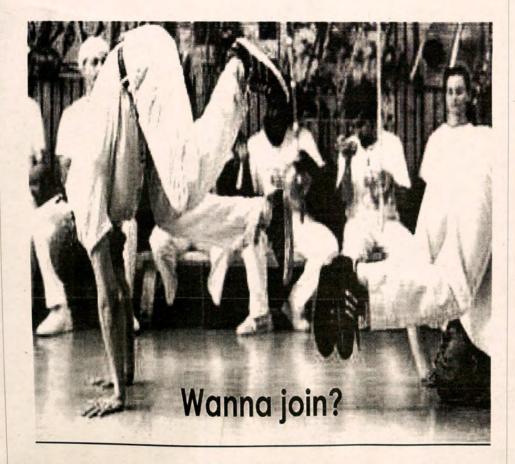
show is at AS220, December 12th.

future. Story's music is too jagged to be called emo, and far to high quality to be labeled with general 'alt rock'. The St Louis based band plays the crowd well, doing precise transitions into songs, and laying down a set that takes the crowd for a rocker-coaster ride. The lead singer, Dan, has one of the best screamer voices on the scene today. "The screaming thing? Yeah it took some practice, but one day it just clicked", he says. Story of the year also has a new album out now, "Page Avenue". They'll be on tour for a while but will be back in Rhode Island some time in either November or December.

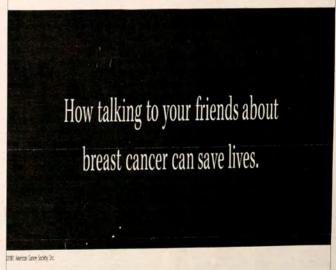
It's great to go to a show, and see two bands that are truly the future of the industry. Slik Willy has all the talent and ambition, and just need a little taste of the big water before they jump in. Story has everything from originality to loyal fan base. These bands are the indie scene done right. Slik is learning to carry the ball, and Story has already been put on the varsity team. I have faith that the future of music is safe in their hands.

# CAPOEIRA

at RIC



e-mail: galho96@yahoo.com.br



You can help fight breast cancer by talking about it. Whether you've battled breast cancer yourself, or know someone who has gone through it, you understand the importance of early detection. As a Tell A Friend' volunteer, you can help us get the word out about breast cancer by encouraging your friends and neighbors to get mammograms. The

program works. If you'd like to volunteer, call 800-ACS-2345 or visit cancer.org.



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# arts entertainment



## Poison The Jack@\$\$ that Sold Me This

By: AJ Paglia Anchor Staff

Who was the moron that told Jeffery Moreira that it was a virtuous idea to incorporate yelling into his music? Poison the Well just released their newest album, "You Come Before You" along with its unique beats and divine lyrics. The CD is overshadowed by a big looming shade of let-down. This album is rammed with a dozen of Poison's person-ally deemed "Best Songs Ever", yet purchasing this album is fifteen dollars too much for a really fancy coffee table coaster. It is mediocre at best, and I'm being nice because I actually like them as a band.

Forming in 1997, Poison the Well has battled through public resistance of their music and a plethora of group member changes. After they graduated high school in 2000, they signed a deal with TrustKill Records, and released "The Opposite of December." As time went on and the group matured, they recorded a much heavier, thicker, angrier incarnation of Poison no one thought possible. They released "Tear from the Red", and gained much approval across the hardcore scene. Although, all the while refusing to be labeled hardcore, Poison joins the entire rock ensemble world in preaching the "Don't label us" plea.

The new record resembles the previous, but lacks the innovation behind it. Releasing album after album with completely new ideas and concepts is a talent that gets harder to keep up with as the band's album resume gets longer, and this record is no exception to that assumption. The songs on this record seem very cloned, and a little recycled

from tracks past.
Why yell? Jeffery, the lead singer, has one of the most decent monotone voices that could easily make waves across the emo charts. Instead he proverbially backhands the listener across the face, and screams out the lyrics. making them virtually incoherent and pointless. Metaphor for the philosophers: A great painter cre-ates a fifteen foot tall mural, the best painting the world has ever seen, and then sets it on fire, burning it to ashes. Why spend time writing some of the best lyrics/poetry this side of Western civilization, when all you're going to do is blench out the words in bloody murder fashion. Yelling is an acceptable skill in hardcore rock, but it must be done

right. If you're listening to a song where all you can think of is whether or not the singer just blew a hole in his esophagus, then that's not a good quality for the music. This type of music usually sets out to invoke a certain emotion from the listener, but unless that emotion is to brandish my fists into my CD player and then use the album insert to paper cut myself to death, I don't think the band achieved the effect they were looking for.

Alas, every compilation of thorns is attached to a rose. Poison the Well is probably one of the best bands out there when mulling over musical precision and aptitude. The guitar and bass performance by this band gives them five gold stars right off the bat. The drums are pure genius, though still similar when looking though still similar when looking back to albums of past. If the archangel of music lyricism came down to the band during recordings and whispered into each of their ears, I would not be shocked. The lyrics and overall plot behind their songs is equal, if not superior, to most poetry the college students of today study. You read the insert and are totally blown away by the creativity and perfection of the language. "How many times have you woken up in strangers arms, covered in gasoline, as they hover above you with the match they ignite." Is a line taken from Ghostchant, and is

excellent, until you hear it sung.
"Ghostchant" and "Love
Ones" are two of the best-written and worst performed songs on the disc. "For a bandaged Iris" is the worst medicine on a good day. "Meeting Again for the First time" is the best on the album, mostly because Jeff's voice really shines here. "View" and the "Realist" are another example of well written poorly preformed. "Zombies" has everything a good hardcore song needs, and a strong background. "Apathy is a Cold Body" and "Sounds Like the End" are decent but not purchase worthy. I'd even g as far as to say they're not download worthy. "Pleasant Bullet" and "Crystal Lake" are again, the best written, and the worst on the CD heard. Lake especially, possessing no actual structure to the song.

It makes me sad to see a band with all the talent and ambition, have absolutely no structure and common sense when it comes to production. It's safe to say there is no one out there quite like Poison The Well, but this new album makes even a fan turn a shy eye towards them.

## The Sopranos- Season Four

By: Paul J. Spetrini Anchor Editor

"I'm like Kind Midas in reverse. Everything I touch turns

James Gandolfini, the mastermind behind Tony Soprano, and the author of that lovely quote, has been the star of the Sopranos since its initial season back in 1999. Playing the part of the overbearing Italian guy with a heart of gold, which just happens heart of gold, which just happens to make a living in organized crime (a minor, little detail), Gandolfini has taken home a multitude of awards for his role, including the Emmy for Outstanding Lead Actor in a Drama Series this past year. With all of that on his plate, one would have to wonder why he would really want to throw it all away. really want to throw it all away.

That's right. Mr. Soprano, the star of the show that has swept critics off of their feet for four years and running, wants off of the show to pursue other career opportunities. He feels as if the success he has had, as Tony Soprano will ruin his chances of having a career outside of the HBO hit drama. Apparently, he doesn't want to be remembered for his role in one the most influential television shows of the past decade, preferring instead to be remembered for his stellar roles in such movies The Mexican, 8MM, and A Civil Action.

Not that there is anything wrong with those movies, if you have taste that is, but they just don't compare to the success that this show has made in its small time on the air. The show, for the three people who haven't seen it, revolves around Tony and his two families. One is the traditional family. He has a wife (Carmela) who will stick by him no matter what, in good times and bad, and no matter how badly he treats her. He has a son, who is trying to dis-tance himself from the family by becoming a troublesome teenager

more concerned with getting high and having fun than maintaining his grades and getting something out of life. His daughter Meadow, played by the lovely multi-talented Jamie-Lynn DiScala, is so much like her father it is sometimes scary. She is full of smart comments, attitude, and enough flare to make the most hotheaded person blush. While trying to manage the everyday hassles of the typical family, Tony also has to deal with something that most others don't. He has a second family, one not related by blood, just in the business of making it spill.

As head of the Soprano Crime Family, one of the most powerful mob families in the country, Tony is forced to make everyday decisions that could impact lives forever. Add to that the constant babysitting he must do with his crew, and you could see where that might become stressful. The primary players in Tony's crew have pretty much been with him since the beginning. You've got Christopher, Tony's nephew and pro-tégée. Christopher is a spirited young lad who you just feel bad for.

He's got it all, and it letting it slip away by mouthing off at inoppor-tune times, and being unable to control a crippling drug addiction that has threatened to end his life on more than one occasion. Along with him are the ever dangerous Silvio Dante, Paulie Walnuts, and Furio Giunta. Each has their own sense of style, and each is liable to go off without any warning.

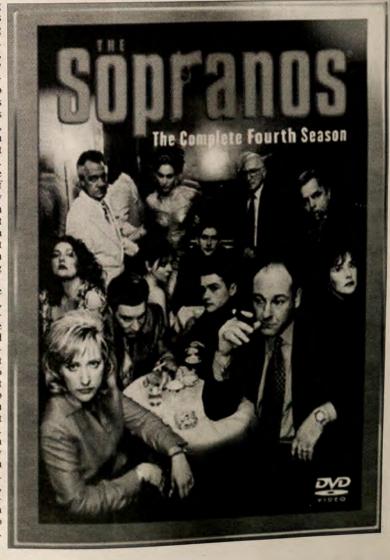
Despite a strong supporting cast, it's hard to imagine this show going on without Gandolfini. He is the heart and soul of the show, not merely because he is the leading man, but also because of the way he seems to liven things up when on screen. The Sopranos has become a huge main stream hit because of Gandolfini, not to mention the tireless efforts of those around him, and even those behind the scenes. Included in this are the writers of the show, who do a terrific job week in and week out to make sure things stay consistent and flow just the right way. Last Tuesday, The Sopranos: Season Four was released on DVD. It is a season that took close to two years to air because of the abovementioned contract problems, but it was well worth the wait. Finally, fans of the show were treated with what they had always wanted: REAL surprises.

Season four picks up right in the midst of struggling times for The Soprano family. Right from the start, you can tell its not going to be easy for Tony to get through this one. His uncle Junior, who he loves more than anything, is on trial for a bundle pack of offenses. His daughter Meadow is still getting over the loss of a loved one, a loved one that Tony himself ordered dead. His wife is struggling with the idea that she wants to more than a stay at home mom, and realizing that in order to do that, she has to break away from the life she knows so

On top of all of this, you've got Ralph Cifaretto, played by everyone's favorite bad guy Joe Pantoliano (Momento, NYPD Blue). Ralph is an obnoxious bastard who knows how to piss people off. From the first time you good. He is sneaky, manipulative, and only out for his own good. Throughout the course of the year, it is up to Tony to set him straight and keep him out of a coffin. But, even with Tony's help, it may not be enough.

Season Four is also where we are introduced to several members of the New York Crime Family, one that may play a pivotal role in the future. The NY family and The Soprano Family have dealt with each other for a long time, peacefully coexisting for a while, but now It seems as if there is an impending war between the two sides and only time will tell who comes out on top and who goes into "witness protection"

Overall, Season Four of the Sopranos is a must own for anyone who considers themselves a television buff. The stellar acting, dramatic plot twists, and topnotch writing are unlike anything else you'll find on the Market. Though it may be pricey, running you between sixty to eighty dollars, it is well worth it. You'll know within the first twenty minutes that the money was well spent. With Gandolfini wanting out of the show, you never know how much longer this certain classic is going to go on for. Pick it up while it lasts; otherwise you might regret it when your only access to it is on the Internet, with the price jumped up to three times what it's worth. As Carmela so adequately puts it to her husband, "everything comes to an end." The Sopranos will be no exception, and it is something you should enjoy while you still



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# Arts & Entertainment

## Jeffcoat New Local Band on the Music Scene

By: Sarah Satterlee

In May 2003, a new band, Jeffcoat, emerged on the local music scene. They began small, playing shows in their hometowns of Somerset and Swansea, Massachusetts. Since then the young group of talented performers has begun the process of creating a name for themselves. They write their own songs, play more

shows in the local area, and as of now are recording a demo. In the six short months Jeffcoat has been together, they have shown a dedication to their music that has built a foundation for a promising

For this group, made up of two high school students and a college freshman, this is only the beginning.

The band consists of: Mike Belangeur (guitar, lead vocals), Adam Benoit (drums), and Matt Burke (bass). Mike says music is the most important thing in his life. "If all that comes out of this music thing is a shitty apartment, food, and clothes, I'll be happy." All members admit that a great deal of passion and energy goes into every performance,

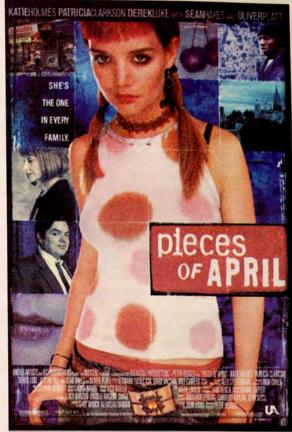
and every song.

The style of music can be called emo-hardcore, but the sound of the band is original. The crowds they bring in mosh to their music and get very into the performance. For Mike, there is nothing like playing in front of crowds of people. "It's the best feeling to see people moshing to music I wrote, and singing to music I wrote." The band admits that the feeling is completely



See Jeffcoat on page 20

## Pieces Of Amazing



By: Tim Labonte Anchor Staff

#### November 4

Event: READING Synopsis: Author Jeffrey Moussaieff Masson will read from his new book "The Pig Who Sang to the Moon: The Emotional World of Farm Animals" with a signing to

Time and Place: 1pm at the **Brown Bookstore** 

#### November 5

Synopsis: The Drummers of West Africa, Performing Arts

Time and Place: 8:00 p.m. Auditorium in Roberts Hall,

Cost: Reserved Seating \$28

Synopsis: Bruce Almighty Time and Place: opm in the Student Union Ballroom, RIC

#### November 6

Event: FILM Synopsis: "Y Tu Mama Tambien," Spanish with English subtitles Time and Place: 7pm at Room 112, Watson Institute (Center for Latin American Studies)

Event: THEATER Synopsis: "the Glory of Living," by Rebecca Gilman; directed by Lowry Marshall. Time and Place: 8pm at the Leeds Theater (Department of Theater,

#### November 7

Speech, and Dance)

Event: Music Synopsis: RIC Invitational High School Choral Concert RIC Chorus with Teresa Coffman, Conductor Time and Place: 8:00 p.m. Sapinsley Hall in the Nazarian Center at RIC

Event: Gallery Spotlight Synopsis: From Vienna to Dessau: Curators Clare Rogan and Jayne Stokes focus on three works by Joseph Urban, Josef Hoffmann, and Oscar Kokoschka in a discussion of the art and design of Austria and Germany in the early 20th century. Time and Place: 12:15 pm at the RISD Museum

**Event: Theater** Synopsis: Play based on the Book "Do Platanos Go Wit' Collard Greens?" Time and Place: Roberts Aud., doors open at 5:30 Cost: \$10.00 Non-Ric Stud., 6.00 Ric Students

#### November 8

**Event: PERFORMANCE** Synopsis: Mango Tribe and spoken word artist Vince Chong '03. Time and Place: 8pm in Room 101, Salomon

**Event: READING** Synopsis: John B. Robinson will read from and discuss The Sapphire Sea with a book signing to follow Time and Place: 3pm at the Brown Bookstore

Synopsis: The Artist Ball is a festive occasion where costumes or formal attire prevail. Cash bar, for those 21 and over: drinks and DJ for all. Sponsored by Student Life. Time and Place: 9pm at the Providence Arcade and Fleet Bank Lobby Cost: \$20 in Advance, \$25 at

Event: Artist Ball

#### November 9

Event: Photographers in Film Sunday Series Synopsis: Pecker (1998; 87 minutes; R-rated) satirizes the vanity of the art world. Directed by John Waters. Time and Place: 2:30 pm at the Program Gallery, RISD

I remember some time around 1993 I rented a movie, and during the previews before the movie there was a trailer about this dysfunctional family, including a depressed young adult, a mentally retarded teenager, and an extremely obese mother. I remember thinking, "What kind of movie is this?" But little did I know that, about eight years later "What's Eating Gilbert Grape" became one of my favorite movies

I instantly fell in love with the creator, Peter Hedges, whose book was the basis for the movie. He took up the job of writing the screenplay for the movie. I bought the novel "What's Eating Gilbert Grape" along as his second novel "An Ocean In Iowa" and thought how unique it was how he introduces and develops such dark characters, yet full of light and awkwardness.

For a couple years I followed Hedges' work, getting a hold of his plays and other works. I soon found on movies.com that a movie named 'Pieces Of April', written and directed by Peter Hedges was in production. I could not believe it. About two years passed when I found it had just premiered at the Sundance Film Festival (winning Best Performance by Patricia Clarkson). When the web-site finally came out, I was finally able to see the trailer, which I watched so many times that I can't even remember the number. Then I saw that the movie was being released into theaters October 17. MGM/UA ended up distributing the movie, but I could not find where on Earth it was being premiered! After a while of searching I found this company called Landmark, which builds malls and movie theaters. One of their branching movie theaters, the Kendall Square Cinema in Cambridge, Massachusetts was premiering "Pieces OF April" October 24. So I hurried up, bought tickets, and made the plans to take the train up to Boston on October 25th...

"Pieces OF April" is an incredible movie. Entirely shot on a

### See APRIL on page 20

## Promising Future

By: AJ Paglia

Congratulations Rhode Island! We now have another attention getting name to put on the list of impressive people who actually have a Rhody background. In years past,

Rhode Island has been origin to professional wrestlers, "Family Guy" creators, million-dollar survivors, major league ball players, and unsophisticated comedy directors. Now the peasants may rejoice again, with today's announcement: RI is also home to the up-incoming rock-stars, and current Rhode Island College students, Slik Willy.



On Tuesday night, October 21, Slik Willy played in front of a sold out crowd at the Met Café, for their CD release party. Also on the card for the night were openers, Lenon, and main event, Story Of The Year.

Slik Willy, the Coventry rooted foursome, has been together for a couple of years and is just now coming into the light. The show at the Met was killer, and the kids really played their hearts out. It was odd to see the CD release party being headlined by a different band, but that's the way the system works, even Nirvana had to open for someone at one time. It would have been a better show for SW if they had been gifted with the center stage for their release. Or even a little more time for the set would have been beneficial for the show. Slik played extremely good tracks from their new CD, and really brought the crowd into their act.

The performance needs work. When its time to be crit-

ical with a band, all eyes fall on the live sets. Due to their being up-incoming additions to mainstream rock, Slik will of course have to learn how to adjust to change of scenery. Rock 'n' roll songs come and go, but the bands that have killer live performances will never be forgotten. Now that

See SLIK on page 21