study released by the

Association finds, "One in

five female high school stu-

dents reports being physical-

ly or sexually abused by a

women are more likely to be

hurt by someone they know.

This is why awareness is so

important, especially for

younger people and college

students. Only recently has

teen and dating violence been

recognized as domestic vio-

RICADV, "In the past, many

adults dismissed teen rela-

According to the

The fact is that men and

American

dating partner."

Medical

Sex Health on Campus

Free Access to Ideas and Full Freedom of Expression

Anchor

Vol. 77, No.15 • Rhode Island College's Student-Run Newspaper • December 7, 2004



By: Zdenko Juskuv Anchor Editor

Over the past couple of years, RIC has seen a rise in the number of sexual assault The Rhode Island Coalition Against (RICADV) Violence, The Women's center on Campus, and Dr. Scott Kaine, associate dean of student life, all agree that with a recent rise in cases of sexual assaults on Campus, more work is needed to raise awareness and prevention at

One area of concern is teen dating violence, especial-

ly since it's closer to College students

than other see Diolence on page 3

Anchor Editor

By: Zdenko Juskuv

No place, especially Rhode Island College, is immune to the danger of Sexually Transmitted Diseases (STD's) or the risk of pregnancy. Every year, hundreds of students at Rhode Island College suffer from STD's- the most common cases being Gonorrhea, Genital Warts, Genital HPV, and even Herpes. And, of course, sexual intercourseprotected and unprotected- is far from rare on campus. At the forefront of these issues is the Rhode Island College's Health Services.

In its brochure, RIC Health services states that it, "Provides confidential, primary care services to all students attending Rhode Island College. Students are treated with a holistic approach, emphasizing prevention, risk reduction and education to assist in making life long healthy choices"

Its available services include: Physical exams (including Sports and Annual exams), management of acute illnessWomen's health Care including: GYN exams and pap smears, birth control Emergency Contraception, pregnancy testing; services, including on-site blood tests, throat cultures, urine tests, and STI (sexually transmitted infection) screening for both males and females,

health mental referral and collaboration with RIC counseling center,

PPD skin test for student teachers and nursing students,

referral and coordination with specialty medical resources, Smoking Cessation resources.

Some of the health servic-

Lynn Wachtel, the director and nurse at the center, feels that it is more important that these are made available to students

She thinks that it is a misconception that the pill is a form of abortion, emphasizing that a fetus has not yet

es have been proven controversial. The Emergency see Sex Health Contraception- or morning after pills- is not offered at page 4 many pharmacies. But, Ms.

Dating Violence Myths and Facts

By: RI Coalition **Against Domestic** Violence

Dating Abuse is defined as "Any harmful or unwanted physical, sexual, verbal or emotional act inflicted by a casual or intimate dating partner." Approximately one in five female high school students reports being physically or sexually abused by a dating partner. More than five out of ten of all rape cases (54%) occurred



before victim reached the age of eighteen.

es and injuries; Dealing with Domestic Violence

By: Alex Tirrell Anchor Staff

Sometimes, relationships take a turn for the wrong worse—a Domestic violence affects hundreds of people in our state every year, and by going unreported, serious injury or even death can occur. In the state of Rhode Island, domestic violence can range from assault or vandalism to trespassing, stalking and even homicide.

In many cases, victims of domestic violence are embarrassed or afraid to report an incident, which can make way for more abuse. To report a domestic violence case, the victim would generally have to contact the local police department. If the incident has just happened, the police will come

to the scene and figure out exactly what happened. If there is probable cause that a crime was committed, they are mandated to make an arrest on the primary aggressor.

A restraining order is usually placed between the victim and the aggressor. This is done through the court, though the police department can set up a temporary

restraining order. The city or town will soon after prosecute the case. The state presses charges, so the victim cannot drop charges. Instead of going to jail, most first time domestic violence offenders are sentenced to probation and counsel-

Domestic vio-

lence victims must not be afraid to get help. Holding out on getting help simply makes things worse. Expecting people to change just isn't always real-

For more information regarding domestic violence, visit or call the

24-hour helpline at 1-800-494-8100. Help yourself or a friend who needs it.



Santa's ins

and outs

page 20

One of the most common types of acquaintance rape is date rape. If you are a female between the ages of 16-24, you run the greatest risk of being raped by a date. More than three women out of every 100- or 1.8 million- have been severely assaulted by male partners or cohabitants during the past 12

page 6

h e n Jim's talk of See what the forgotten happens sport page 12

F.Y.I. @ R.I.C.

Aquatic Programs and Special Events

A Free Scuba experience will be held in the pool Tuesday, December 7th, 6:30-8 p.m. All equipment is provided and qualified instructors will assist you with a safe and fun experience.

Sign up at the Recreation

Center Front Desk The NAUI open water I certification course will be held on Tuesdays 6-9 p.m. starting early February.

Water Aerobics 9 AM Mon, Wed, Fri 12 PM Mon-Fri 5 PM Monday-Thursday

Aqua Yin and yang Every Thursday at noon: 30 minutes of vigorous aerobics followed by half an hour of relaxation exercises that incorporate elements of Yoga, Pilates, and Tai'chi.

Water Way to Relax Friday, December 10th 1-1:30 p.m.

Staring in Janaury: Water Safety Instructor Learn how to teach swimming Wednesday 6-9 p.m.

Tidbits

Lifeguard Training
Thursday 6-9:30 p.m.
Both courses are available at a very low cost to RIC students

For more info contact Alan (456-8227, asalemi@ric.edu) Janice (456-8238, jfifer@ric.edu

Feast of the Immaculate Conception

On Wednesday, Dec. 8, at noon, the Immaculate Conception Mass will be celebrated in the President's house. All are welcome.

Deacon Mike Napolitan

Become a Disability
Resource Mentor at Rhode
Island College

Island College
Become a disability resource mentor at Rhode Island College by attending the upcoming "Changing the Culture" seminar. The purpose of the seminar is fo learn about disability-related issues and how best to address the challenges that face individuals with disabilities here at Rhode Island College. Faculty, staff, and administrators are eligible to become mentors by participating in a four-day seminar and will be awarded a stipend upon completion of the program. The seminar will be held Feb. 11-12 & March 4-5. Please contact Ann Roccio, ext. 8061, or Betsy Dalton, ext. 4736, for

more information.

Ann Roccio

What's Going On...?
Be sure to visit RICalendar, the College's web-based interactive calendar. You are also encouraged to submit the events you may be sponsoring. RICalendar is accessible from ricalendar@ric.edu or from the College's home page ric. edu. Should you have any questions, feel free to contact Karen Rubino, ext. 8849, or krubino@ric.edu. Karen Rubin



Hi Honey!

It's the little moments that make life big.

Love, Mom To:

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The Anchor

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Discovering the Women's Center

By: Katharine Ricci Anchor Staff

When the Anchor went around campus asking people what they knew about the Women's Center, everyone pretty much gave the same "The Women's answer: Center? Where is that? What is that?"

Although most of the general RIC public knows nothing about the Women's Center (WC) and what it can provide for them, the WC is alive and well and trying hard to get their name out. The WC is a little frustrated that not many students know about them, but they are encouraged by the growing number of people attending their events. Victoria Tyan, one of the work-study students employed by the WC, said "Lately we've also been doing a lot of flyers. I think one of the reasons why we're getting better turnouts is because there are more places here at RIC that have similar goals as we do, such as the Unity Center, the Rainbow alliance, the counseling center. We can team up now." Tiffanie Barbosa, one of the WC's coordinators, agreed, "Lately

we've been getting much better turnouts. I've been here for three years, and in the past, only staff showed up for our programs. Besides the fliers, word of mouth has been really effective for us. Lately, I think people are getting more educated and are looking for places to go so they can learn

The Women's Center is all about promoting education and awareness. Founded in 1976, the Women's Center's mission statement clearly defines the WC as a place that "assist[s] women students in achieving maximum success during their college years" and "provide[s] a clearing house of information related to women's history, health and progress."

Located underneath the Donovan Dining Center, the shares space with Campus Ministry and the Unity Center. Inside the WC's room, which is currently decorated for the winter holidays, pamphlets of all shapes and sizes are available for free, covering a wide range of topics such as AIDS/HIV, genital warts and other STDs, safe sex, sexuality, domestic violence, cancer, depression, suicide, and alcohol use.

Condoms and tampons are also available for sale at ten

The WC is run by workstudy students who are usually in the Women's Center from about 9 until 3, sometimes earlier and sometimes later. The girls who work there are very friendly and willing to help out with anything. "We help students a lot with papers they have to write and things like that, which is great, because we are primarily a resource center," said Diana Jimos, one of the WC's work-study students.

Occasionally, students do come into the WC seeking serious help about situations that require professional counseling. "We're a resource center. We're here to help," said Tiffanie Barbosa, "but our staff is not professionally trained to counsel in these kinds of situations. But, we have an exhaustive list of people who can. If somebody needs someone to talk to, we have numbers for them to call and places for them to go. We also often refer them to the Counseling Center here on RIC's campus. We encourage anyone who needs help to contact us, so we can help

Violence from front

tionships as 'not serious' or puppy love', and therefore dismissed the possibility that serious violence could

To many teenagers, jealousy, possessiveness and abuse are "normal" in relationships. intimate These are often warning signs that are tragically ignored. Studies show that although women believe that violence has a negative impact on the relationship, men, either the abused or abusers see either a positive or no impact at all.

Young women respond to the trauma of dating violence with anger and fear and surprise. The major emotional response batters exhibit is sorrow. Women out number men by almost a three-to-one margin in cases in which severe trauma has been reported. Men suffer, as well. Men who witnessed abuse or were victims of abuse themselves are statistically more likely to become abusers.

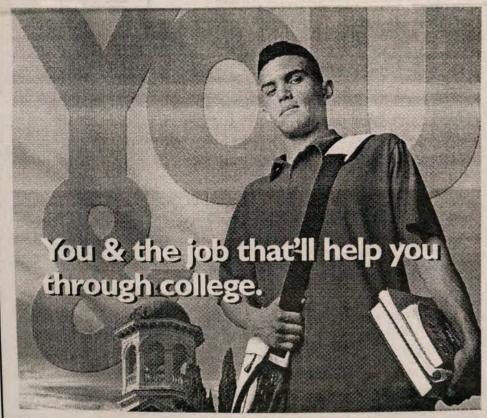
The women's center and their faculty advisor, Scott Kaine, work as a resource center for women who are victims of abuse. They provide information, contacts, and a place for women to go to and find friends and comfort. The women's center also holds promotional campaigns like the "Silent Witness Campaign", where wooden or cardboard silhouettes are set up to represent domestic violence murder victims.

Dr. Kaine feels that RIC is doing a good job on promoting violence and sexual abuse awareness.

points to campaigns and workshops held by the women's center, and the recent growth in activity and membership in the organization. He says that RIC has a strong policy against any kind of relationship based violence. Kaine pointed out that the administration would provide counseling, restraining orders, reschedule classes, and in extreme cases, remove individuals from RIC if need be.

Some other things Colleges can do to promote awareness include: Inviting guest speakers, setting up information tables, posters, displays, holding fundraisers, vigils, rally's, and sit ins. Dorms can form discussion groups and awareness programs, and educators can incorporate materials into the class-

If a person knows a victim or an abuser, they should listen and try to help, emphasizing safety while not applying pressure to end the relationship or telling them what to do. They should ask the person what they want and be honest if they cannot help. They must understand that people can only make changes when they are ready to. If they are going to confront offenders, they should do so only if it does not endanger the safety of the victim. They can offer the victim a safe place to stay, help them gather resources, seek help, or call a hotline.



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Rhode Island



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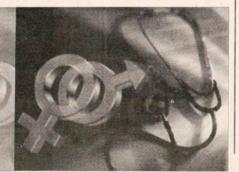
Sex Health from cover

begun to form. She advises that women who think they may become pregnant should not hesitate. The pill's chances of success diminish with each passing day and after a few days the pill is useless. If it is taken 24 hours after unprotected sex, E.C. is safer than aspirin and 95% effective at preventing fertilization. It can be used up to 72 hours later. Because of its controversial nature, most states require a prescription, so students must pick it up at the Health Center.

All together, Ms.

Wachtel feels that RIC Health services are doing a good job by spreading awareness, providing protection, and testing. She would like to see health services provide more treatments and testing. Some tests must be performed off campus and a lot of the lab samples cannot be handled at RIC, incurring a cost and inconvenience to the student.

Rhode Island College Health Services is located at Browne Hall, 600 Mount Pleasant Ave and can be reached at 456-8055.



Myths from front

lence remains the most draunder-reported crime, with an estimated twothirds of attacks unreported. The level of injury in response to domestic violence is severe. Of the 218 women treated for domestic violence injuries at a metropolitan emergency department, 28 percent required admission to hospitals, and 13 percent required major medical treatment. Almost as astounding, 40 percent had previously required medical care for abuse.

Over 80% of rape victims know their attackers. You are more likely to be assaulted by someone you know. More than 5,000 women each day are assaulted by partners. Boys also experience abuse, especially psychologically. They are rarely hurt physically, but when it happens, it is often severe.

In the United States, a woman is physically abused by her husband every nine seconds. Batterers are found in all classes and types of people: rich, poor, professional, unemployed, black, white, urban and rural.

Students who report spousal violence between their parents had a statistically greater rate of violence in their dating relationships. Approximately 60% of men who batter grew up in homes where they were beaten or witnessed battering. Among college sexual assault incidents, 20.2% of the male perpetrators were members of a sports team or club, although fewer than 2% of the men on campus belonged to an athletic organization.

The majority of dating violence occurs when the relationship is serious or steady. In several studies, young men were more violent as they began to see themselves as part of a couple.

Myths

Myth #1: It can't happen to me

Fact: Approximately one in five female high school students report being physically or sexually abused by a dating partner.

Myth #2: Teen dating violence isn't really serious

Fact: 30% of all Women who are murdered in this country are killed by their husband or boyfriend.

Myth #3: Men are battered by women just as often as women are battered by men.

Fact: The U.S. Bureau of

Justice Statistics reports that 95% of the reported incidents of assaults in relationships are committed by males.

Myth #4: Victims bring the abuse on themselves. They ask for it.

Fact: Perpetrators believe they have the right to use, abuse and control their partner, and they see the victim as less than equal to themselves. The victim has no control over the abuser.

Myth#5 The person I'm dating wouldn't get so jealous if they didn't really love me

Fact: If the person you're dating really loves you, they wouldn't control you through jealousy. What's left unsaid is that they are insecure about their own feelings, and are unsure of themselves and mistrustful.

Myth #8 He wouldn't hurt me if he didn't love me.

Fact: Perpetuated by films, music, and the media, women continue to be depicted as victims. Men also perpetuate this myth when they attempt to apologize or excuse theor behavior with, "It's because I love you that I get so mad."

End Of The Semester Book Buyback

It's finals Week!!!!!

Up to 1/2 price for your textbooks @R.I.C. Campus Store

Monday - Thursday December 13th - 16th 9AM-6PM Friday December 17th 9AM-3AM

Below is a sample of the titles we are currently using and we are paying 50% of the New Retail Price.

Kagan West Herit w/CD \$37.50
Blitzer/Thinking Math \$51.50
Campbell/Essential w/CD \$41.50
Cooper/Classroom Teach \$40.00
Hewirr/Comceptual Phy \$50.50
Lamanna/Marriages+Fam \$46.00
Musser/Math for El/Ed \$40.50
Shakespeare/Othello \$8.25
Starr/Biology: Unity \$53.75
Woolfolk/Psych w/CD \$49.25

Wholesale prices offered on those titles not adopted for next semester at this college store that have a national resale valus. We must reserve the right to limit quantities of certain titles as out next semester's needs are met on that title. Thank You for you participation

Sex and Sports: Not Always a Good Combination

By: Paul J. Spetrini Anchor Editor

As time changes, so do the customs of people. In America, we've seen the roles of both women and minorities drastically change over the past thirty years, and it seems as if we're approaching an age where people may begin to be treated equally. So, with so many things changing, why is it that our attitudes towards sex have remained so prudish? That the mere thought of an exposed breast causes the type of hysteria normally reserved from an impending riot says a lot about our country. It seems we've come a long way in terms of our attitudes for many topics. Sex, unfortunately, is not one of

Sex and sports have always gone together. For athletes to be successful, they have to be in their best shape, giving them sex appeal; so, you see where I'm going with this. The problem is that people tend to cringe when the two meet. This is hypocritical at best. Sure, it's alright to secretly stare at the Cowboy cheerleaders on your television, but when you see them posing for a calendar, the moral boundaries have been breached. It's sad that a little cleavage can cause a flood of hate mail to the FCC. Every time someone complains, people like myself (who don't mind the occasional flesh display) have to pay for it. It's just not fair.

When Tom Brady appears near to naked on the cover of Sports Illustrated (2002), people gasp but don't raise many complaints. However, when that same magazine does its annual swimsuit edition, those same people go insane. Why is there such a double standard? In other countries, sex is both embraced and encouraged; it is a natural act between two people (or

more), and is something we should all cherish. Yet, at the same time, in this country, the idea of sex is something that we should not discuss. It's just sex, people. Relax a little.

It first became apparent to me that something was seriously wrong with the moral fiber of this country when a moment of pure celebration turned into the most watched image of the year. I'm talking about that lovely incident that changed the image of women's soccer for a long time. Remember a couple of years ago when the U.S. Women's Soccer team won the World Cup, and Brandi Chastain celebrated by taking her shirt off? Well, that sure caused some controversy. People were trashing the team, and degrading their historic accomplishment all at the mere site of a sports bra. Granted, if the soccer field had turned into a mass orgy, I would have understood, but Chastain and her teammates did something few people can brag about. She had the right to celebrate it without worrying about being called a witch and being burned at the stake.

Anyone remember Anna Kournikova? Oh, I'm sure you do. Anna K. used to be a tennis player. Right now, I'm not too sure what she is. Before the onslaught of media coverage, Kournikova had the potential to be a quality tennis player. But, because she has a nice smile and a halfway decent body, she was transformed into a model; and her tennis abilities seemed to be cast aside. Those uptight about sex would have none of that, and Anna became ridiculed because of her appearance on the court. Before the cameras clicked, there was no problem with the way she dressed. But, after a photo shoot or two, it was time to insult her for ruining the image of tennis, of sports, and of America. Anna

Kournikova got a raw deal. She could have been a tennis phenom. Instead, always be the girl people remember as that model who occasionally played the sport.

While we're on the tennis subject, I would like to thank Serena Williams. Despite the fact that being attractive had brought down Kournikova, Williams did not let it get to her. She began to wear whatever she wanted to on the court. Serena has slowly blossomed into a very beautiful athlete, and she is using the attention to her advantage. While, I'm sure it will eventually offend somebody who has a stick up their butt, Williams personifies everything women should stand for. She is steadfast, courageous, and determined, regardless of those that stand against her. While many often found ways to criticize Anna K, Serena shuts up her competition by proving she is more than a pretty face. She is a legend in the making. Like it or not, there is no denying that she is at the forefront of the tennis world, and no complaints are going to bring her

Where Serena went right, the WNBA went wrong. Instead of promoting itself on the basis of being a league chalk full of talented players, the WNBA lost all of my respect with their advertisement campaign that attempted to force sexiness on the mind of America. In these cheap ads, the WNBA took some of its best players and dressed them provocatively.

While it is said that sex sells in the sports world, it will only get you so far. The reason that Anna couldn't cut it, and the same reason that made this ad campaign by the WNBA bust, is that in sports, you are judged by your talent.

see Attitudes next page

How Far Would You Go in the Search for Equality?

By: Paul J. Spetrini Anchor Editor

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance." - Title IX

Over thirty years ago, Title IX became a historic law and a gigantic step in the movement for equality. For the first time, schools across

forced to treat their students equally, regardless of gender. Opening the floodgates for a as many wonder whether wave of new programs and Title IX really protects anyinitiatives, it was clear that things were going to change. Now that it's been three decades, we can see the difference. Women have always been as capable as their male counterparts, especially in regards to the athletic field, but it took legislation such as Title IX to make it obvious. With the firing of Roderick Jackson, a girl's basketball

the country were being coach from Birmingham high school, however, this work of progress seems under attack thing at all. What would you do if you knew the law was not protecting you, and how far would you go in the search for equality?

This past Tuesday, the U.S. Supreme Court began hearing arguments in a case

> see Equality next page

SPORTS

Girls Just Want To Have Fun

By: Eric Young Anchor Staff

Picture this. You are a 20-something year old male, single, have a luxurious home, beautiful cars, millions of dollars in numerous bank accounts, and your face is shown consistently on television. Performing in front of ten or twenty-thousand people every other night, you get to travel across this country to display your talents, doing what you do best. If you happen to read this article, chances are I am probably not describing YOUR lifestyle. But if your name is Tom Brady or Carmelo Anthony or Michael Vick, this is your reality. Oh wait, there's more.

Every time you step foot out in public, there are women who constantly throw themselves at you screaming out your name in desperate need of your attention. For many athletes and entertainers, the temptation to satisfy these women is too good to resist. These women are better known as "groupies." In fact, MTV2 dedicated an report hour-long groupies who go to clubs and hotels in hot pursuit of men with money and fame. Their "reward' is bragging rights to their friends and perhaps a parting gift with the name Donna Karan, Gucci, or Prada attatched to

The thrill and excitement of being around someone that powerful is irreplaceable and keeps these women coming back for

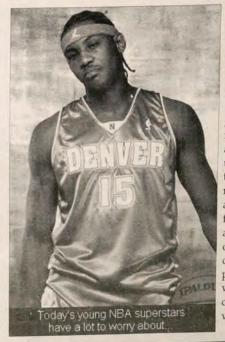
more. As Cyndi Lauper once said,"girls just want to have fun." But, every action has a consequence. And in some cases, the line between fun and responsibility gets crossed, and sexually transmitted diseases and pregnancy are the result.

One of my own basketball idols contracted the HIV virus as a result of his desire to fulfill his sexual fantasies, which included having sex with six women at one time. Of course, I am talking about Los Angeles Lakers hall-of-famer Earvin "Magic" Johnson, who was forced to retire from the National Basketball Association in 1991 after he was infected with HIV. His famous quote on the cover of Time Magazine read, "Even Me", and it was a stunning reminder that STD's are not immune to anyone no matter your age, race, gender, or sexual pref-

The movie "He Got Game" by Spike Lee, showed that groupies also exist in college environments, as well. Jesus Shuttlesworth, the main character in the film (played by current NBA superstar Ray Allen) was exposed to many women who seemed more than willing to please him sexually while he was on his college recruiting trip. The message was that these women are provided for blue-chip athletes in order persuade them into attending their school.

Former NBA dunking machine, Shawn Kemp reportedly fathered seven children out of wedlock

with six different women. If it is true that man's desire is the affection of a woman and a woman's desire is money material and then athletes and groupies go hand in hand. As long as women continpresent ually themselves to men with fame and power in this fashion, the trend and stories of one-night stands, diseases, paternity suits i l continue...along with the fun.



Equality from previous page

that may attempt to redefine what Title IX stands for. Roderick Jackson led the Birmingham High School Girl's Basketball team under a wave of inequality. The team had to practice in the school's older gym, with poor equipment and wooden backboards. When the team played their games, they had difficulty adjusting to the equipment used by other

schools-primarily because it did not suck. Doing what anyone naturally would, he began to raise his concerns and complain over the mistreatment of his team. When he finally stood up for what he believed in and complained about his team not being treated equally, all Jackson wanted

was a chance to

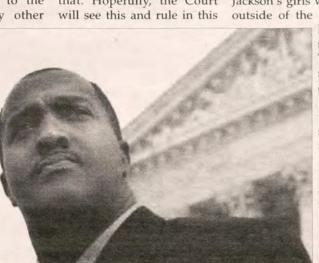
be heard. What

he got in return was a pink

Jackson fought for the right of his team to be treated like any other. He wanted them to practice where they would play their games, something that is really quite reasonable. He alleges that the school fired him for his failure to comply. Using Title IX, Jackson is fighting for his job back, for the wages he lost, and for the rights of others who may fear retaliation if they speak up. If the Court fails to rule in his favor, Title IX could become useless. After all, if there is no penalty against a school firing

would they have to obey it in the first place?

Jackson is not wrong in this case. Since the time of his firing, he was rehired by the school. But, he shouldn't have been fired in the first place, and a simple "Oops, my bad" on the part of the school isn't going to change that. Hopefully, the Court



man's favor. What I believe is funny in this case is that Jackson is going up against a lot of foes in his struggle to maintain the integrity of the law. Opposed by the National School Boards Association, Alabama and eight other states, many would shy away and accept their fate. The fact that he is willing to fight for what he believes in says a lot about the man's character. The main reason the above mentioned entities oppose Jackson is because they fear an impending onslaught of cases that may appear before the courts if this decision is

Coaches like Jackson must fight for

equality if Title IX is going to mean anything

advocates of this law, why upheld. Isn't the potential to get things right worth the extra time to filter out any additional frivolous lawsuits? Many have struggled and endured much more to create and maintain this law. A little extra time dealing with a couple of extra cases is not asking a lot. If the time isn't taken, teams like Jackson's girls will be on the outside of the sports world

> looking in, something Title IX was supposed to oppose.

> I took the time to do s o m e research. Before Title passed, IX athletic scholarships for women were so rare that even Donna de Varona (an Olympic gold medal-

ist in swimming) couldn't obtain one. It says a lot about the times of a given culture when one of the best athletes on the planet can't obtain enough money to put herself through school, merely on the basis of her gender. According to recent statistics, college women now receive one-third of all athletic scholarships. That's a stark improvement. But, if men and women like Roderick Jackson don't continue to fight for equal treatment, all will be moot. Title IX is only as effective as law makers let it be. Here's hoping they don't mess this one up!

SPORTS

Attitudes from page 5

Shocking, huh? Serena, while beautiful, is also dominating in the game of tennis. The players selected to highlight the new look league failed to keep interest of the fans. Sex will only get you so far; it's your responsibility to pick up the slack.

The next incident happened a couple of weeks ago-two football teams heading in two different. directions—the Dallas Cowboys and the Eagles. In its usual fashion, ABC ran a clever promo before kickoff to get people interested in the game. This one featured Philly wide receiver Terrell Owens and a towel clad women in the locker room together. Apparently, the overt sexual innuendo was enough to cause chaos, for when Ms. Desperate hopped into Terrell's hands, things went berserk. People immediately called the FCC to complain. ABC, the NFL, and Terrell all apologized. Like a mob looking to stone someone, people got angry over this five minute promo and quickly turned it into the subject of mass debate. What was too much to see on television? How far does the first amendment go?

Right around the time Ron Artest of the Indiana Pacers started throwing haymakers at random fans, I expected some sort of similar complaints. Yet, I heard

none. Even after the Pistons and Pacers finished duking it out in the stands, and David stern handed out his punishments, there was no talk of barring these obscenities from television. Why is it that the slightest hint of a sexual encounter, like the MNF skit, can cause communities to go crazy, but an unexpected fistfight of epic proportions doesn't even make them flinch? We live in an absurd society when one sexual skit can cause pandemonium, yet the possibility of fans attending an NBA game only to see a boxing match doesn't seem all that bad. I understand some people have different moral values than others, but isn't this a little ridiculous?

Maybe, I am just a dreamer. I like to hope that some day we will be able to embrace sex for something that it is. I hope that we can view it as a natural art. Incidents like the Terrell Owens skit and the Women's Soccer Sports Bra Riot only further instill upon me the notion that this is a nation of prudes. Until the day comes when we can just accept the occasional exposed breast (Janet), we'll never understand the benefits of exploring sexuality, and we'll continue to get offended when we really should be doing something

Masturbation: The Forgotten Sport

By: Michael Romano Anchor Staff

This week's sex issue brings up the opportunity for me to discuss a sport that people neglect to recognize: MASTURBATION. Sure, I know, it doesn't sound like a sport, but think about it. Masturbation is a great workout tool; putting some pine tar on the bat or going for a 3-point shot always helps those

muscles to expand and contract. Plus, it's great for those lonely weeknights when nobody else can get into the bathroom because I've

locked myself in...I mean...the door is locked.

OK, I'll admit it: I MAS-TURBATE. But, quite frankly, I'm not ashamed about it. It's something that's quite natural among both males and females, and there's also no correlation (if any, it's negligible) with age, sexual orientation, or race. Now, I know

that you didn't pick up this paper to have your intel-

ligence insulted, but there are probably a few confused souls out there who have some misconceptions

about

masturbation, or merely don't understand what it is.

Simply put, masturbation is the self-stimulation of reproductive organs for pleasure. Some common slang terms are (for males) jerking off, beating it, spanking the monkey, choking the chicken,

(for females) flicking bean, plunging the happy hole, double-clicking the mouse, dimming the lights, and giving the bearded lady a poke in the nose.

Those who do masturbate may start at various ages; there is always some sort of curiosity surrounding the genitals. Remember the peri-

odic erections after purposely getting a detention, so you could stay with the beautiful 6th grade teacher? Did you ever wonder why that region



went to about the time you your first boy-girl party, played spin the bottle, and ended up kissing the boy you had a secret crush on, only to feel a bit perky both in the chest and below the waistline? What caused it to happen?

Not everyone masturbates, but there are some sur-

prising statistics that should put your mind at ease (or make you think twice before insulting someone that likes to fly solo). Approximately 4

> out of 5 males begin masturbate at the age of 16, compared about 2 out of 5 females. The female ratio doubles at age 20.

> So, why should it be a sport? Take a look at some of the common aspects between mastur-

petting the one-eyed snake; always swelled up? Or, what bation and sports. Porn stars and pro athletes both get paid to score, whether it's by themselves or with help from someone else. Both can involve big sticks, balls, shots, fingering

holes (for the bowling fans), going deep, trading (while masturbating with someone else), cleaning the rifle, couch hockey for one, or even rowing the boat. The list goes on and on.

Masturbation was never on the list of high school sports, and I felt cheated since I was so great at it. While others were at home practicing free throws and trying to set records by running up and Blackstone

Boulevard until they passed out, I was at home perfecting my stroke. Yet, I never got a chance to shine because it would have been deemed an inappropriate sport. The Department of Athletics did know one thing, however; If masturbation was offered as a sport I would be the MVP (Most Valuable Pounder)...and the only one

to sign up. Just remember, masturbation is a sport. While there may not be any

rules, there's always a great release to look forward to...and not too many lefties, to boot.

OPINIONS

the anchor December 7, 2004 page 7

Hook-Ups

By: Liz Holloway

Anchor Staff

So you want to hookup? Need the action, feel the heat of the moment, the rush you get, the feeling of power, the pleasure? Here are a few things about solely hooking up:

If there are no feelings involved, you will always feel cheap. Powerful, good, but still cheap; I always have. Now, while this topic is not something I am proud of, I feel that people should talk about it. I don't talk about it because it is embarrassing to say that I like to hookup. My friends call me a *hugslut*, and they know what goes on in my bedroom; But they also know what it's like to hold me while I cry after going after a crush and get physical contact in return.

Now, do I regret it? Not most of it. There are some episodes I wish I had been smart enough to see. There was Mick*, a cute singer in my friend's band. The making out and hookups were amazing, but that's all. He and I never talked outside of the "make-out forum". We just got drunk and hooked up. There was no emotion. That situation was bad because I had hooked up with another band member before (alright, and once during the Mick episode). Needless to say, the end result of this was a disaster. There was another boy, Dave*. I liked him and actually thought he liked me back. That is until one night he said "no more of this making out bullshit. I'm a college senior and I expect more than a 7th grade grope fest." And then that was the end of Dave.

One of my friends lost her virginity to a boy that she thought she was dating. After he didn't call her for a week, she asked him what was going on, and he replied, "I thought you were just a hookup." Brad, a boy I went to school with, and I hooked up after graduation. The next morning he forgot I was there. As he got out of bed, he pushed me out of bed onto the cold tile floor. We have not talked since. I'm not ragging on boys here. I have also been known to use boys for some action once in a while.

I never felt bad about some of them as long as we both knew what the rules were and what was going on. I have a friend who I have hooked up with for five years on and off. In between girlfriends and boyfriends, we are each other's sexual crutches. Another buddy of mine has a one-night-stand almost once a week. He doesn't go into anything with false pretenses. And for us, this works.

There are just things you have to be ready for. You have to be honest with yourself and realize that this person is not your boyfriend (or girlfriend), and that you are not even dating. So, it may get weird because you are not close to them psychologically, and yet you are interacting with them on a higher level of intimacy. You may expect more from them than what they want to give.

My advice to you is if you think you are ready for, it then, by all means, do it. I never have a problem with people getting off, but if you have any hesitations, listen to yourself because you are mixing territories here. If you think you might have a crush on them, I say no. Even though it may feel good in that moment, the next morning they are still going to be your crush. With crushes and hookups, you may be in for emotional disaster.

Now cuddling, that's always fun stuff.

*Names have been changed

Happy Holidays & Seasons Greetings from everyone at The Anchor

Justice for All?

By: Laura Durniok Anchor contributor

Have you ever had the urge to change something? Of course you have. We all do. The last time I felt this urge I ignored it. I buried it because I felt there would be no justice, and was I ever right.

Last year, I came out to my car in the middle of the afternoon to find the window pried open. It wasn't until I entered the vehicle, noticing the gauged plastic and twisted metal of the dash that I noticed my \$200 dollar stereo was missing.

I felt violated, confused. Why my car? The windows were up. I locked the doors. I parked my car in the L parking lot behind the dorms. It should have been safe there. It was patrolled by Campus Security, so what went wrong?

When I got out of my car, I realized I was one of the lucky ones. The cars surrounding mine had their

driver side windows smashed. I can still hear the sound of glass shards crunching beneath my rubber soled shoes as I made my way to Campus Security.

The officer who took my statement didn't seem too shocked or interested in my ordeal as he accused me of leaving my windows open. "I never leave my windows open," I answered calmly as a stream of fellow students entered to report similar break-ins. I went back the next day to pick up a police report that didn't match the statement I had given.

The rest of the school year, I made sure to come early to get parking spots closer to the dorms, and farther away from shards of glass—the tiny reminders of the failure of Campus Security.

Fear not, my fellow students! Campus Security is now in full force, protecting us all from laziness! Yes, Laziness. Monday night, I did what I usually do when I

need to grab something from Willard hall before going to the computer lab, I parked out front. I've done this numerous times without repercussion, as I know most of us have.

Monday, November 29th, that laziness cost me \$100 dollars. The overzealous cop on duty Monday night apparently had a really lousy Thanksgiving. lousy, in fact, he decided to ticket my car that was parked in front of Willard for less than five minutes-such a crappie Thanksgiving that he ticketed all the doubled parked cars in L parking lot even though these students have parked there all semester without problems.

Let this be a warning to the stressed, the lazy, the impoverished. If you decide to park at RIC, make sure your holiday shopping is done because you will be paying Rhode Island a \$100 dollar gift. Should we feel safe now?

You Scream, I Scream, We All Scream for...

By: Marissa Nasiatka Anchor Contributor

Call me crazy but in lieu of the Little Debbie and Drakes snack cakes that plague the plastic racks in the cafeteria, I enjoy a twenty-ounce cup of sprinkle encased Old Fashioned Chocolate frozen yogurt. This was the case two weeks ago before heading off to my afternoon classes.

I walked into the Donovan Dining Center, headed through the corral, grabbed a tray and proceeded to apprehend my midweek lunch of a piece of pepperoni pizza and a cherry coke when it happened; I wanted more. You can say it was college induced starvation or a simple craving, but I needed something chocolate. So, I headed over to the frozen yogurt machine, grabbed a twenty-ounce cup, and grasped the lever to dispense the Old Fashioned Chocolate frozen yogurt goodness when I abruptly realized it had been replaced with ALPINE STRAWBERRY. Yes, Strawberry.

I was shocked, disappointed, outraged, and puzzled! Who would think of substituting a chocolate flavored product with one tasting like a fruit? Do the employees at Donovan not realize that chocolate is important to the mental health and well being of college students? Chocolate is a vital part of life. Besides, whoever heard of strawberry and vanilla twist? Beats

I went to class disgruntled and began telling my fellow classmates about the dismay that I had encountered during my lunch, when suddenly one of my peers responded, "Maybe chocolate yogurt is too expensive?"

"Too expensive," I replied brashly, "I pay tuition. A part of that tuition includes dining hall fees. Dining hall fees to buy Old Fashioned Chocolate frozen yogurt." I was furious. Why did he justify the switch? Is he a person that prefers Strawberry over Chocolate? I started to contemplate the possibilities. Does the Donovan staff think no one would recognize the switch? Is chocolate yogurt too expensive? I needed answers fast! I marched into Donovan and accosted one of the lunch ladies, "Why is there no more Old Fashioned Chocolate frozen yogurt in the machine?"

She calmly answered, as only a lunch lady could do, "We tend to clean out the machine every so often and replace the flavors with new ones."

I persisted to inquire further, "Why? What was wrong with chocolate?"

"Nothing," she replied. "Some students simply enjoy a change of pace."

My white flag is up for the time being, but my message is clear. Why fix something if it is not broken? I still feel that Old Fashioned Chocolate is the best choice for the frozen yogurt machine, and no debate can change that opinion.

December anchor

Sexual Violence: Be Aware

By: Ariana Testa Anchor Staff

Sexual assault or rape is defined as oral, anal, or vaginal penetration or union with the sexual organ of another or the anal or vaginal penetration of another by any other. The crime of date rape and sexual violence is becoming more and more of a problem for college students these days. Sexual violence is one of the most frequently reported crimes among college women. The United States Department of Justice statistics state that:\line 1 out of 3 women will be raped in their lifetime 77% of rapes are committed by people the victim knows\line \line 16% of rapes are not reported to the police.

The National Center of Victims of Crimes reports that 1 in every 5 female college students report being course. These are serious and scary statistics. There are steps that can be taken to help keep you safe and not become a statistic.

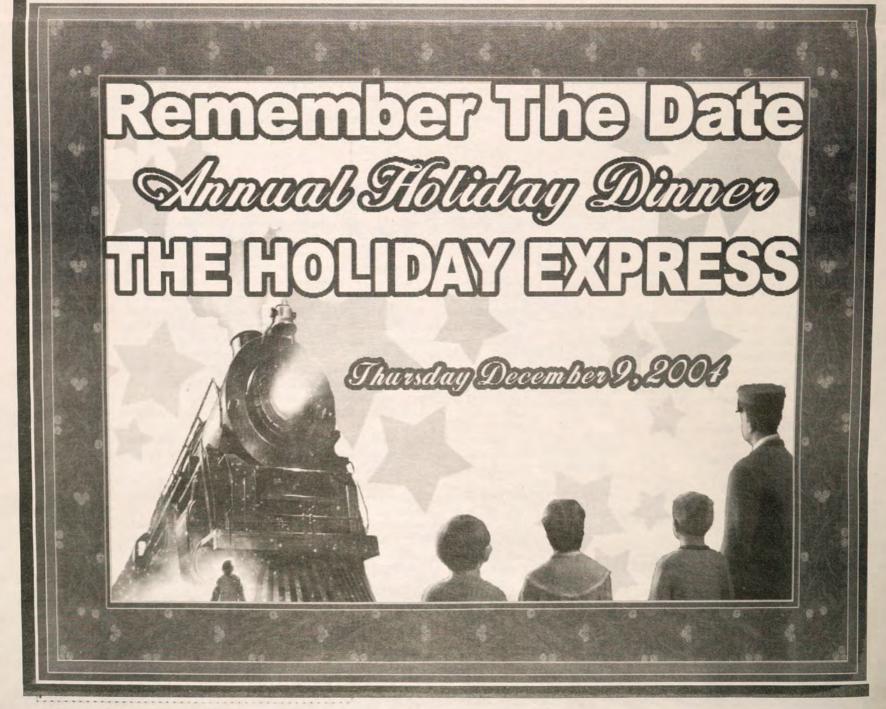
While walking through campus, or anywhere for that matter, plan and know your route. Walk confidently like you know exactly where you are going. Avoid alleys, isolated and badly lit areas. Anywhere where people are not present or within hearing distance (if you needed help) should be avoided whenever possible. If you feel or are scared that you may be being followed go into the nearest building or populated area. If you have a cell phone on you, call someone. If you are getting into your car always have your keys already in hand. Always try to park in well-lit areas and check the backseat and underneath of your car before getting into it. Always

forced to have sexual inter- keep the doors locked, even if you are in the car When on dates or in social situations, never leave your drink unattended and if someone wants to buy you a drink go up to the bar with them. Never take your eyes off of the drink, even if you think you know the person you are with. There are various drugs that can be into your drink and you will not know it until it is too late. For example: Rohypnol- also known as Roofies or the Forget Me Pill is odorless, tasteless and does not affect the look of the drink. They are approximately 10 times the strength of a Valium. Side effects include: drowsiness, impaired motor skills, impaired judgment, dizziness, confusion, amnesia, nausea, loss of inhibition and blackouts. Rohypnol remains in the blood stream for 2 to 4 hours and can be detected in ones urine for up to 72 hours.

Another drug is GHB (Gamma Hydroxybutyrate)also known as Liquid Ecstasy or Liquid E- it comes in a clear liquid form that is also odorless, tasteless and does not affect the look of the drink. This is a central nervous system depressant that is abused for its intoxicating effects. Side effects include: nausea, dizziness, slow heart beat, decreased respiratory effort and blood pressure, lowered inhibitions, unconsciousness, amnesia, seizurelike activity and coma. GHB remains in the blood for 4 hours and the urine for 12

Even if you know the assailant, call the police if you suspect that you have been a victim of a drug related sexual assault. As stated before, 77% of victims know their attacker. Seek immediate medical attention since most of these drugs do stay in the system for up to 3

days. While it may be difficult for you to talk about the assault, it is usually better to get your emotions out in the open, rather than keeping them all bottled up. Call for support from agencies such as RAINN (Rape Abuse and Incest National Network) @ www.rainn.org or 1-800-656-HOPE. They will help you get through the situation and help you cope with the feelings that you are having. It is a myth that it is not rape if you do not fight back. If you have been inhibited by any of the aforementioned drugs, you may have been unable to fight back and therefore your rights have been violated and you have been raped. This article is meant to increase awareness and help to keep you safe in different situations. An unsuspecting person is the best candidate for a sexual assault or rape to happen to. ALWAYS BE AWARE!



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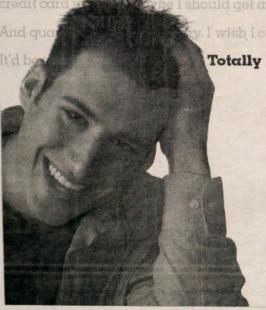
Rhode Island Hospital/Hasbro Children's Hospital

The Miriam Hospital

Bradley Hospital

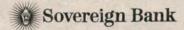
Newport Hospital

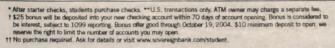
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roving reporter

What would your parents say if you brought someone home of a different race?

by Aaron Bazzle

William Corrente History

"My parents would have nothing against it. My family was not raised to have

mixed feelings about issues such as this, so it would be ok. I am sure it is hard

for some families to deal with, but my family is supportive."



Adebola Adesanmi Junior Nursing

"Being from a different country, I feel my parents will be very

In my country, it would be like I am lost; I don't believe I would ever be able to go home."



Michelle Oliverira

"I don't believe my family would have a problem with the situation. As long as the person proves himself to treat me right and makes me happy, then my family will be happy too." Eric Pachomski Senior **Psychology**

"They wouldn't look at it in a strange manner. I was brought up to see everyone the same, just as they were, so if I am happy, they will be happy for me as well."



Irma Riz Nursing

"My parents are not from this country, so they would be open to a new relationship. However. They would be curious in learning about our two different cultures and how that would work out, but I am sure they would man-age."

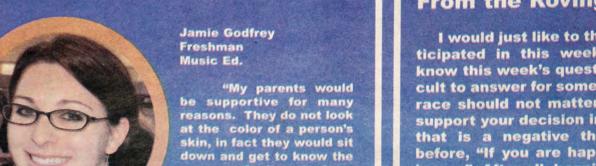


Lumumba Shabaka **Grad. Student** Masters African

"My mom would be a little surprised, but she would support my decision. would be surprised because I have never brought a white girlfriend home. She would be supportive because I am her son, and skin color should not matter."



reasons. They do not look person. As long as I am happy, they are."



From the Roving Reporter:

I would just like to thank the people who participated in this week's Roving Reporter. I know this week's question was somewhat difficult to answer for some, but being of a different race should not matter. If your family cannot support your decision in your relationship, then that is a negative thought. As many said before, "If you are happy, then they should be happy." After all, happiness is what really matters in a relationship.

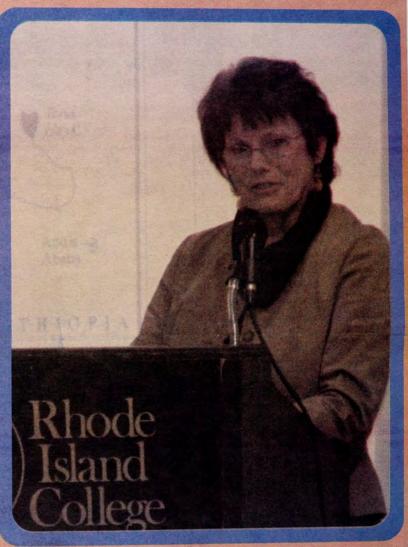
Amnesty International Human Rights Dinner

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KRAZY LARRY by RW



























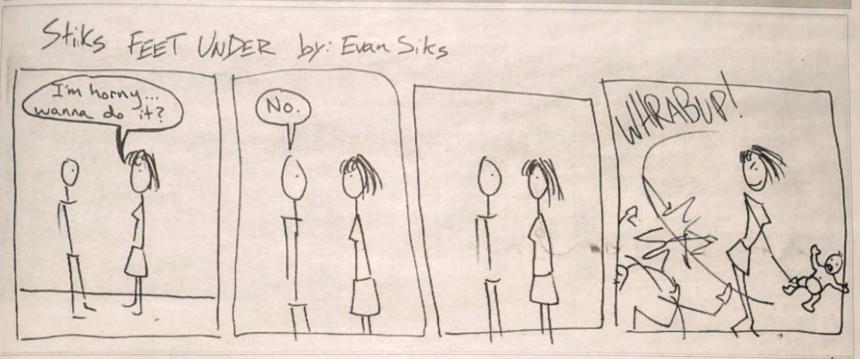








RELATIVELY IMMATURE COMICS



There are
106
(easily accessible)
sexual
positions...

make comics
for The
Anchor

and we know you do too...
oh c'mon of course you do...
who doesn't?
well you should...
anyway...
make comics
for the Anchor

Crossword

- Sufficiently polite
- 6 Stroke gently
- 9 Opera songs 14 Empress of Byzantium
- 15 Stein filler
- Haute, IN
- 17 One who contrives
- Snivel
- 20 Not pro 21 Adult male pig
- Ancient fabulist
- 23 Poor grades
- 24 Ol' Blue Eyes
- 26 __ Ababa 28 Painful
- 29 Infrequent
- 33 Almond or cashew
- 35 Melon coat
- 37 Heifer
- 38 Theater troupes
- 42 Former orphan 44 At this moment
- 45 Devitalizes
- 47 Big __, CA 48 Spike and
- Robert E. 50 Promissory
- notes
- 52 Find a new tenant for a flat
- 56 Mayberry
- matron 59 Rescue
- 60 Prison chambers
- 63 Response times
- 64 At that time
- 65 Pontificate
- 66 Volcanic events
- 68 Cruise ship
- 69 Behold
- 70 Be of one mind Estate
- documents
- 72 Morose 73 Lager and ale

 - DOWN Noisy insect

 - 2 Pressed
 - Aired Carving
 - August sign Vernacular

 - Beatles song Rigby

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12/06/04

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I pity the foo who

don't know how to

play Assassins!

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ARIES (March 21-April 20) Love relationships will now expand to include rare home alliances, family discussions or shared business ventures. Many Aries natives will this week allow long-term



friends or relatives to participate more fully in their private

private lives. Remain dedicated to your own time schedule and all will be well. After Friday, financial restrictions may arrive without warning. Pay close attention to delayed payments and large purchases. Property decisions now require long-term devotion.

TAURUS (April 21-May 20) Over the next few days, romantic partners or longterm friends may ask probing questions or challenge group suggestions. Emotional inse-



curity and social doubt may this week require acy. Stay

added diplomacy. Stay focused and expect loved ones to express strong opinions: your patience will be appreciated. Thursday through Sunday long-term relationships may experience a brief but intense phase of emotional negotiations. Don't hold back: your needs and sensitivities are valid.

GEMINI (May 21-June 21) Home routines and family planning are pleasing over the next 5 days. After Monday,



e x p e c t loved ones to arrange enjoyable private encounters Interpret all

or rare events. Interpret all such attention as a compliment: your public approval may be more important than anticipated. Friday through Sunday also highlight busi-

ness advancement and revised career strategies. New friends or colleagues may soon propose controversial work partnerships. Trust your instincts: all is well.

CANCER (June 22-July 22) Social charisma and emotional influence are high this week. Late Monday, respond quickly to new invitations or suggestive compliments. Someone close may need to witness indications of romantic interest or friendly affection. Don't be shy: your reaction will set the tone for future promises. After mid-week, bosses, managers or older relatives may ask for detailed financial explanations. Stay alert: records, long-term spending or ongoing expenses are highlighted.

LEO (July 23-Aug. 22)
Early this week, a close relative may introduce revised social schedules or new home plans. Over the next 8 days, loved ones will demand more active involvement in your private life. Respond with enthusiasm: your reactions will be carefully scrutinized. Friday through Sunday business or



At present, key officials and co-workers will not easily accept new ideas. Pace yourself and wait for breakthroughs: workplace creativity will soon increase.

VIRGO (Aug. 23-Sept. 22)
Before next week, friends or
relatives may be reluctant to
participate in planned events.
Remain patient but encourage
revised social or romantic
goals. Over the next 8 days,
your emotional influence may



new friendship or workplace relationship may turn briefly romantic. Don't hesitate to express private opinions: potential lovers will respond positively to an honest declaration of long-term expectations.

LIBRA (Sept. 23-Oct. 23) Fast career gains will now take precedence over home obligations. Late Monday, watch for a surprising business alliance or new job offer to arrive. Many Librans will soon begin a meaningful phase of career risk and public responsibility. Stay alert and ask probing



questions: key officials will soon rely heavily on your ability

to finalize projects. Wednesday through Saturday romantic relationships are highly favored. Remain focused: new introductions may soon lead to love.

SCORPIO (Oct. 24-Nov. 22) Unique workplace alliances, long-term investments or privately financed business ventures will soon be proven worthwhile. In the coming weeks, many Scorpios will develop new or secondary sources of income: respond quickly to creative



quickly to creative proposals and carefully paperwork.

study all paperwork. Thursday through Saturday an old friend or past lover may reappear or ask for revised promises. Refuse to be influenced by yesterday's sentiments: unproductive attachments need to fade.

SAGITTARIUS (Nov. 23-Dec. 21) Physical attraction will be distracting over the next 8 days. Passionate commitments are now highly favored: find creative and meaningful ways to cultivate

new relationships. Already attached Sagittarians can expect quick proposals and revised home plans. If so, thoroughly discuss all options: complex family decisions may soon n



become an ongoing theme. After Friday, business

and financial strategies need to change: carefully consider all legal obligations.

CAPRICORN (Dec. 22-Jan. 20) Long-term romantic partnerships will now move steadily forward. After Monday, a brief but intense period of scattered priorities and lost interest will fade:



expect friends a n d lovers to soon discuss seri-

tions

Remain

receptive but dis-

tant:

ous goals, daily expectations and lasting promises. Passions may be high: watch for unexpected outbursts of emotion. Later this week, a previously silent or moody colleague may express strong opinions. Don't be drawn into group discussion: private agendas are in operation.

AQUARIUS (Jan. 21-Feb. 19) Private flirtations will not go unnoticed over the next few days. New colleagues or officials may offer broad compliments this week, subtle emotional promises or rare invita-



too quickly begun, complex social or romantic alliances will be easily derailed. Wednesday through Saturday a younger relative may request delicate employment or career advice. Go slow: long-term business goals will

soon require revised expectations.

PISCES (Feb. 20-March 20) Creativity, family enjoyment and private social requests prove intriguing over the next few days. After Tuesday, expect shared home goals to become an ongoing theme: spend extra time with friends and loved



ones. Before January, man y Pisceans may be asked to

take on added responsibility in the home. Don't hesitate: your devotion is needed. Later this week, plan new business ventures. Stay alert: fast decisions and complex scheduling may soon be necessary.

If Your Birthday is this Week:: Short-term flirtations and new social attractions may be difficult to resist over the next 10 weeks. Over the next few months, many Sagittarians will find it necessary to choose between new sensuality and long-term commitment. If possible, opt for ongoing security over brief encounters: at present, loved ones need to witness your undivided attention and enduring loyalty. February through early April also accent revised family expectations, home renovations and relocation. Home and family plans finalized before mid-April will quickly be realized: stay focused and expect fast progress. Later in 2005, employment changes may be highly distracting. After June 11th, friends or lovers may announce unusual workplace advancements: remain dedicated to ongoing improvements and all will be well.

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classified ads

Providence:-RIC/PC Brand New duplex, Just Built, 3 Bedrooms, 2 Bathrooms, Living Room, Big Kitchen with **Stainless** Steel Refrigerator, Dishwasher, Stove, Washer & Dryer in Unit. Central Air, Full Basement & Off Street Neighborhood. \$1500.00 Per Month Call 401.640.1825.

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Students/Interns Apartment Share/Rooms for Rent. Townhouse Style In Providence - Totally Renovated -\$450- per Bedroom w Heat + Hot. Water 5 Bedrooms Available - Bring Your Friends - Call Chris 569-2878 or Vinny 447-4891 will work w/ secu-

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classified ad form

Classified ads cost \$1 for 30 words and \$3 for over 30 words for enrolled Rhode Island College Students. For anyone who is not a student, classified ads cost \$3 for 30 words, \$5 over 30 words. Please limit classified ads to 50 words.

Date ad placed:	Date o		
Classification: o For Sale/ Rent o Services	o Help Wanted o Personal	o Roommates o Miscellaneous	
Print ad:			
-			
	6		
Name:	Telephone:		

For verification purposes only.

Classified ads will be unacceptable if this form is not filled out completely. Classified ads may be placed, with payment, at The Anchor, Media Center.

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You are cordially invited to our Sannual Holiday Dinner THE HOLIDAY-EXPRESS

Thursday December 9, 2004 Mezzanine Reception 4 - 5³⁰pm Buffet Style Dinner 4⁴⁵ - 7pm

Admission for all Non Residents is \$5.00 Admission is Free for all Residents

Non-Perishable Food Items will be accepted at the door for collection/distribution by theOffice of Campus Ministries

Personal Ads

This article seemed quite appropriate for this week's sex issue. Now, I'm not urging people to go out and have sex with the next breathing soul they see, but hear me out. If you are shy, lonely or just curious, this definitely pertains to you. Think of the people that you may have a crush on here at RIC, of perhaps just someone that you walk by occasionally and have a mutual attraction to. Let's be serious, RIC wasn't voted best spot to meet a significant other last time I checked. But things could be made much easier to find that special someone, especially right around now, someone to spend the holidays with, and don't forget that Valentine's day is right around the corner. So, if you are one of those people, you should consider putting in a personal. All that you need to do is write a little description about 30-50 words of yourself, what you like to do, and what you're looking for. Think short descriptions, nothing involving bondage, foot worship or dildos; we're not the Phoenix Personals. Once you create one, email it to ricpersonals@yahoo.com and your personal will then have a number assigned to it, so that when it appears in the paper, it will be anonymous. You will be emailed the number so that incase you develop amnesia and don't remember which one is yours, you'll have the number. If someone is interested in someone that wrote a personal, email ricpersonals@yahoo.com and provide the number of the personal that interests you. The individual that wrote the personal will then be notified that there is a response...and the rest is history. ALL PERSONAL ADS ARE FREE UNTIL THE NEW YEAR! They will then be one dollar. Good luck!

742000

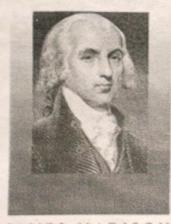
22 yr old, 5ft 6in, blue eyes, brown hair, straight male senior majoring in Justice Studies/Sociology, minor-History. Looking for someone to hang out with and have fun. I like the beach, good movies, inline skating, and being spontaneous. Looking for someone with a great personality and similar interests, around 18-24.

#742001

Hey College Girls...Romantic, Funny and Smart 20/M looking for an intelligent SF, 18-22, to get to know for friendship and potentially more. Looking for someone to keep me on my toes. Must have a sense of humor. 30-50 words won't do be justice. Call for more info. You won't be disappointed.

#742002

55, brown eyes, just like the song. Studious yet knows how to have a good time. I love to dance, movies, anything to have a good time. Looking for someone as crazy as me.



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DARTMOUTH-HITCHCOCK MEDICAL CENTER

Santa from back

More recently, the mall Santa gig has traced the ever-rising educational bar, affecting a growing number of fields. Which explains how I came to be a proud graduate of Santa Claus University, a little known school located in the hallowed halls of Richmond's Hilltop Mall.

Sure, it's only a twohour course, rather than a four-year degree, but you do earn a signed certificate with the legitimate look that only fancy fonts can endow. More important, I learned the dos and don'ts of being a mall Santa that would be critical to my short St. Nick stint.

Squarely "don'ts" category: Santa never gets mad, shows up drunk, picks his nose or flirts with mothers or chil-

"Because Mrs. Claus is very important in his life," explained Jenny Zink of Cherry Hill Photo, who instructed our class of a dozen-or-so veteran and newbie Santas on a recent Saturday morning.

evident , or certainly should, but Zink noted that many of the don'ts were inspired by actual events during the four decades the company has organized Santa programs, which probably explains why Santa now has to pass a background check.

He also "does" always stays in character, meaning jolly with a "twinkle in his eye." And, while Santa should never have a cell phone ringing in his pocket, he should otherwise be every bit the modern man.

He may have smoked a pipe at one time, for instance, but certainly wouldn't set such a bad example for hundreds of small children today, Zink advised. He also understands that some kids have a mom and dad, while others have two moms, two dads or just grandparents. Santa knows it's safer just to say, "folks."

He is ergonomically astute, employing "Santa leg lifts" rather than bending at the back when pick-

This all may seem self- ing up children. After all, few malls could survive the negative publicity of a Santa disability suit.

> Another practical tip: Santa never uses the restroom or takes a lunch break, but he may occasionally have to "feed the reindeer."

> One hour and forty-five minutes into my course, I realized with a start that one topic had not been addressed; an occupational hazard that I needed to come to grips with before I could ever feel comfortable in the role. I raised a timid hand.

> "How often does lap wetting really happen," I posed, "and what do you do if it does?"

> Zink said it was a common problem years ago, but because of the technological miracle of increasingly absorbent diapers, "It's almost gone now."

I began to feel relieved (so to speak), until my classmate Santa Hoyt broke in, "Well, not completely. But that's what your helper elf is there for."

What's Happening at RIC in December

December 2-23

Art: Julie Heffernan: Paintings 7:00 p.m. Exhibit Opening Bannister Gallery December 9, 5:30 p.m. Artist Lecture, Little Theatre in the Nazarian Center

December 8

Session Follows

Music: The Borromeo String Quartet* With Judith Lynn Stillman, Piano Chamber Music Series 1:00 p.m. Sapinsley Question/Answer



RIC students can see all Performing Arts Series events for \$6.00.



Stewie Griffin: Cartoon Sex Symbol?!?

By: Christopher Makolandra Anchor Staff



Griffin, from Family Guy, a cartoon sex symbol?!? I personally think so! Basically, Stewie can get any women or girl that he wants. Just check out that little guy!! He's got the smooth moves on the dance floor, and he can really talk up anything. Plus, he is an evil scientist at heart. What girl wouldn't love someone

who wants to take over the world? That is probably on the top of every girl's "perfect boyfriend" list.

Watch almost any episode of *Family Guy*, and you can see Stewie getting his groove thing on. He can smooth talk the ladies and get almost anything he wants. He even does it to his own mother. Sometimes Stewie will use mental powers to get his way because that is something he can do with his scientific smartness.

Be sure to pick up your copies of Family Guy on DVD or watch the reruns on Cartoon Network's [Adult Swim]. Maybe we can all take some lessons from the smooth talking Stewie Griffin. And yes, Stewie Griffin is officially a Cartoon Sex Symbol!!! The things he does and his looks have sex symbol written all over them!

SANTA CLAUS

At Santa U., classmates learn the ins and outs of work as St. Nick
By: James Temple
Knight Rider Newspapers
(KRT)

RICHMOND, Calif. _ The retail Santa has mirrored many of our nation's economic trends: Flourishing along with department stores in the early 1900s, and shifting to the enclosed malls that defined the subur-

ban landscape starting in the 1950s.

see Santa on page 23



SINGLE GUYS

Heart, body, time build relationships By: Eric Edwards The Orlando Sentinel (KRT)

The new book "He's Just Not That Into You: The No-Excuses Truth to Understanding Guys" has been shaking things up on the talk show and relationship circuits. In a Dr. Phil-like voice, the authors deconstruct the behavior of men and attempt to provide a road map women can follow when trying to figure out if Mr. Right Now is Mr. Right.

The indicators range from the broad to the anecdotal, but a quick discussion of the book with friends revealed to me that many of its commandments are as applicable to men as they are to women.

It is the opinion of this humble columnist that most love relationships are built around heart, body and time.

These factors determine whether there's anything more than just "hanging out" going on between two people. Since we don't have the luxury of seeing behind the eyes of the one we love, we're compelled to take her word for things. But words can be self-serving, and once she has it in her head that we're not for her, she'll generally not be too concerned with the consequences of her actions.

So, it is actions, not words, that become the scale upon which we must base our decisions.

The first way we are shown love is through the heart of another. It sounds intangible, but you know when it's there - a look in the eye, a softness in the voice, a laugh at things that aren't really that funny. Once she gives her heart to you, blind faith steps in, and you will assume to the very end that those signs were always there.

Looking back, though, you'll see how they faded over time and were replaced by more mechanical reactions. In retrospect, you realize that some of those smiles and laughs were reflexive impulses that didn't come from the heart.

If the "loss" of the heart in a relationship is difficult to map, the loss of the body is not. Waning physical contact is unmis-

Waning physical contact is unmistakable. Our bodies love to be touched, and once we've found that perfect balance of trust, love and contact, it's like crack. When it starts to fade, we feel the withdrawal immediately.

Since undecided people don't like to tip their hats, they continue to hold and caress even after the heart has taken a leave of absence.

Naturally, this is very confusing. To the unquestioning member of the duo, things can seem on the surface to be cruising along swimmingly.

Fortunately, if heart and touch are not easily identifiable, time is inescapable. Every day it surrounds us. Every day we can tell if we're getting the time we need or deserve from a partner. It's easy to look around and see who isn't there. It's easy to notice that the time we used to share is now being spent alone or with others.

When that pang of loneliness first strikes, we respond like a firecracker: "Hey, we haven't really been hanging out that much; we need to see more of each other."

The solution to that is the solution to everything. It can take many forms, but it will say one of two things:

1) "Totally, I'm missing you like crazy, things have been hectic, but I need to work you back into my time!" Even though the sacrifice might be a two-sided compromise, the desire is there and so then must be the love.

2) "I'm so busy; I really just don't have time for anything right now." No sacrifices, no compromises, no shared feeling of loss, just a simple excuse for the way things are means it's time to let go. At that point, he or she just isn't that interested any more.

